



June 2025

Elwha News

čʔéʔxʷaʔ syácam



Two months left until the 2025 Paddle To Elwha!

June 2025

Dear Lower Elwha Tribal Community Members,

It's been a while since I've composed an article for our newsletter. I will explain, it was due to my various health issues. I am doing much better now. In mid-September of 2024, I started to get a hoarse voice. This continued for quite some time and my doctor sent me to a specialist. He didn't think it was cancer but sent me to another doctor in Seattle. She diagnosed that I had cancer on the bottom of my right vocal cord. It was the size of the tip of a ball point pen. Very small. They said I caught it early. I thought, "EARLY"! It took five months to see her. In the meantime, I developed ulcerated colitis. I lost thirty-eight pounds from this condition. My cancer doctor prescribed a twenty-eight-day radiation treatment regime. Every day for twenty-eight days. I wasn't supposed to lose a lot of weight from radiation. I began to lose a lot of weight, and my doctor said I had to eat more. I told her it was from my gut problem, which hadn't been diagnosed yet. My primary doctor had me take over the counter medicine and diet to stop diarrhea. That didn't work. The cancer doctor was just worried about the cancer and my treatments. I told her the problem was in my guts. She talked to my primary and I was sent to a gastroenterologist. I had to have a colonoscopy. He diagnosed my problem as UC. I received four pushes of steroids through IV. I finally got things under control. I now have to take Entyvio, probably for the rest of my life. The radiation treatments were ongoing through all of this. I had the last one on March 31. I lost my voice for a little while, but it is getting stronger daily. It got harder and harder to swallow. I had to train my muscles to swallow again. I still aspirate once in a

while. I didn't realize how many muscles it takes to just swallow. I did a lot of therapy exercises. I also developed an upper respiratory condition. This was going around the community and was also diagnosed early. So, I recovered quickly with medicine. My immune system was low because of everything else going on. You wonder why I am sharing all this. Too much information! A lot of community members and others from around Indian Country were praying for me and I wanted to thank them. Anyway.... I am in recovery and thankful for all the prayers.

During all of that, I was trying to keep up with tribal issues, such as fisheries. North of Falcon was going on. All the negotiations between tribes and our co-managers, the state. Thank God, Lane Jackson was there to back the tribe and myself up. I wasn't available all the time and he was there. I made it to the last big meeting in San Jose, California. It didn't go well, and we came home with no agreement. This created a mess because without an agreement, we would have no protection for the take of Endangered Species such as Chinook, Coho and Chum caught as bycatch during our harvests. Environmental groups and others could and would sue. After more talks, the tribes finally agreed to a List of Agreed Fisheries. (LOAF) Because of the agreement, we can now all go fishing and not get sued. I wasn't sure that we would make it. I recently traveled to Washington D. C. to represent the tribe at the annual Puget Sound Day On The Hill (PSDOH). It is a group of folks from the Northwest Indian Fish Commission (NWIFC) and other groups from around the Puget Sound. We go to D. C. to talk to our representatives about funding for the various projects around the sound. Usually, we ask for more funding but this year we were just

interested in maintaining our current funding and staffing that are achieving Puget Sound recovery success. This includes funding for the Puget Sound Geographic Program at \$57 million, National Estuary Program at \$50 Million, Pacific Coast Salmon Recovery Fund at \$70 Million and the Duckabush Estuary Restoration Project at \$84 million. These funds help support the sonar project on the Elwha River counting fish. The Duckabush project pays for the new



bridge planned to cross the estuary in Hood Canal. It's very important to at least maintain what we have. Nobody knows what is going to happen with this administration. We talked to the different Republican appropriators and their staff about all this funding. I felt it important to talk to the other side of the aisle as they hold the votes. I think they listened and most were in support. I hope our efforts worked.

Things are going well at the Protocol Site down by the casino. 2Grade is putting the access roads necessary for installing the various tents that have been ordered for the site. I'm excited about this Canoe Journey as we are celebrating 20 years after dam removal. What a job that is still ongoing. We are still working on getting the Project Lands in our name. The Olympic National Park wants to build an access road to the former upper dam. We are still in talks about that. I want to showcase our restoration of the river like the park but I don't want to harm the river by doing it. We need to compromise on the road project.

Canoe Journey will help celebrate all the good that has happened since dam removal. We now harvest for Ceremonial and Subsistence of Coho now. We are going into our third year. Hopefully the harvest of steelhead is next.

Thank you again for taking the time to read my letter. I still feel that my duties as Vice Chairman isn't a job! I like what I do for our tribe. I am honored and humbled to work for our treaty rights to ensure protection and to assist salmon recovery so that future generations can harvest our salmon. Without our salmon we will have no treaty.

Thank You,

Russell N. (RAZZ) Hepfer



TEACH THEM EARLY

Teach children to get comfortable in the water and swim at an early age and educate them early about water safety.

ACTIVE SUPERVISION, BARRIERS, AND SIGHTLINES

Always actively supervise children when they're both in and around the water; ensure that pools are secured with appropriate barriers; and require children to swim within designated areas that are within sight of guardians and certified lifeguards.

WHO'S YOUR BUDDY?

Never let children swim alone; always designate swimming buddies before visiting the beach or pool.



DON'T BE PUSHY

Instruct children to never run, push or jump on others in and around the pool.

WEAR SUNSCREEN

Protect your skin from sun burn and sunstroke by wearing hats and sunglasses and applying sunscreen of SPF 15 or higher and limiting direct exposure to sunlight for prolonged periods of time.



SUIT UP!

Make sure children always wear life jackets and use proper water safety and flotation devices.

I'M ON A BOAT!

Children should always wear a PFD (personal flotation device) while on a boat. If it doesn't fit, get one that does.



STAY HYDRATED

Ensure that kids drink plenty of fluids to stay properly hydrated, especially on hot days.

GET CERTIFIED

Become certified in infant and child First Aid and CPR.



CONGRATULATIONS

to the Class of 2025

We're so incredibly proud of you and excited to witness your journey forward.



Aubree Hebert

Port Angeles High School
Parents: Christina Bourm
& the late Francis O.
Charles
Future Plans: Attend Bel-
lingham Technical Col-
lege to become a nurse.
Travel.



Audrey Gales

Crescent High School
Parents: Melissa Gilman
Future Plans: Attend Pen-
insula College to become
a Fish and Wildlife
officer.



Avery Martin

Port Angeles High School
Parents: Chelsea and Ja-
cob Martin
Future Plans: Going into
the National Guard, then
using his GI bill for col-
lege later.



Brett Stevens

Port Angeles High School
Parents: Terry Stevens
Future Plans: None submitted.



Bridget Weed

Port Angeles High School
Parents: Rebecca
Sampson Weed & Trevor
Weed
Future Plans: Attend
WWU for Marine Biology.



Isabel Turrey

Peninsula College
Parents: Kelsie Gish
Future Plans: Attend PSU
Honors College for Graphic
Design with a minor in
American Sign Language.



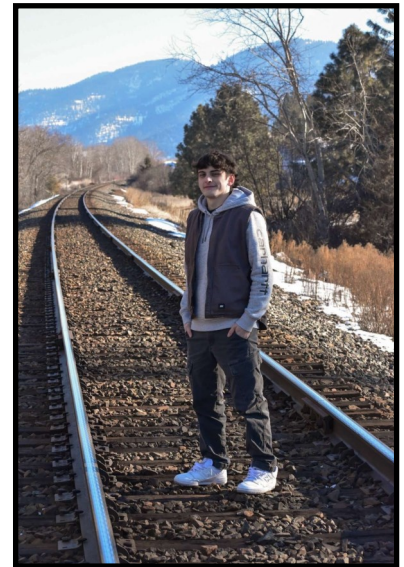
Javier Hernandez

Fife High School
Parents: Nylene Charles
& Rodrigo Hernandez
Future Plans: Chiroprac-
tor college.



Jeremy Charles

Crescent High School
Parents: Frances & Jerry
Charles. Christopher
Charles & the late Crystal
Grall
Future Plans: Attend Pen-
insula College or NWIC.



Jesse Vail

Polson High School
Parents: Nicole Kaplan &
Jesse Vail
Future Plans: Attending
University of MT for Athletic
Medicine while competing
in Track and Field.



Kaeden Indelicato

Port Angeles High School
Parents: Robert Elofson-
Gilbertson & Gina Indeli-
cato

Future Plans: Move to Ari-
zona to pursue Software
Engineering.



Kaiden Point

Port Angeles High School
Parents: Kaila Cruz &
Daniel Point

Future Plans: Work on
the Coho and attend Pen-
insula College.



Keerah Brown

Port Angeles High School
Parents: Lindsey & Lorna
Mike

Future Plans: Study early
childhood education to
become a kindergarten
teacher.



Lucas Williams

Thomas Jefferson High
School

Parents: Jennifer & Mi-
chael Williams

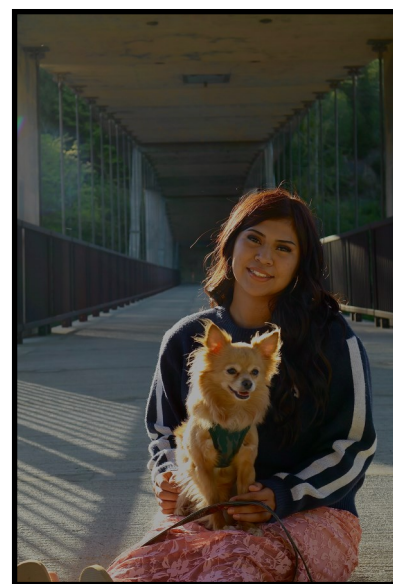
Future Plans: Attend
Highline College then
transfer to PLU.



Malena Marquez

Port Angeles High School
Parents: Wendy
Sampson & Logan
Marquez

Future Plans: Attend
Peninsula College.



Marciella O Salazar

Seaview Academy
Parents: Hugo & Monica
Salazar

Future Plans: MA pro-
gram at OMC. Travel.



MarKeith Penn

Neah Bay High School
Parents: Keith Penn &
Jessica Laungayan
Future Plans: Attend PC,
then transfer to WSU for
Landscape Architecture.



Nyle River Hepfer

Port Angeles High School
Parents: Russell Hepfer &
Deanna Lester
Future Plans: Attending
Peninsula College to be-
come a Welder.



Payton Fieldsend

Crescent High School
Parents: Tiana Clark &
Rob Fieldsend
Future Plans: MA certifi-
cation next fall. She wait-
resses in her spare time.



Serenity Romo

Port Angeles High School
Parents: Manuel & Katri-
na Romo
Future Plans: College



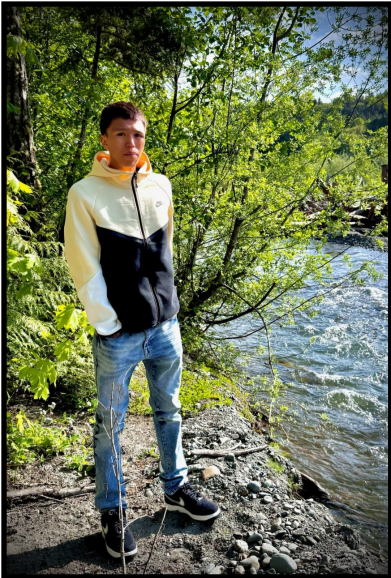
Tatum Moses

Port Angeles High School
Parents: Raymond & Lola
Moses
Future Plans: Tatum is
planning on finishing her
AA at Peninsula College.



Trentan Spencer

Seaview Academy
Parents: Jennifer & Eric
Spencer
Future Plans: Attend per-
sonal trainer college.



Xavier Bolstrom

Port Angeles High School

Parents: Melissa Gilman.

Mariesa Manuel & Jay Bolstrom

Future Plans: Attend Peninsula College for welding.



PENINSULA COLLEGE, STUDIUM GENERALE & ʔaʔkʷustəŋáwtʰ HOUSE OF LEARNING, PENINSULA COLLEGE LONGHOUSE PRESENT

Lifting^{the} Old Ways

Memories of the 1989 Paddle to Seattle & Its Legacy

Thursday, June 12

Port Angeles Campus • Visit pencol.edu/events for Event Schedule

Photo by Alan Berner/Seattle Times



PENINSULA COLLEGE



@peninsulacollege



@peninsulacollege



@pencollege



pencol.edu/events



Class 2025

GRADUATION EVENTS

2025 JOM High School Graduation Parade & Jam

June 6, 2025 | 5pm LEKT Community & Gymnasium

Lincoln High School Graduation Ceremony

June 9, 2025 | 6pm Field Arts & Events Hall

Seaview Graduation Ceremony

June 10, 2025 | 6pm Field Arts & Events Hall

2025 5th, 6th & 8th Grade Promotion Parade

June 12, 2025 | 5pm LEKT Community

Port Angeles High School Graduation Ceremony

June 13, 2025 | 3pm Parade (Town) & 7:30pm Ceremony Civic Field

Crescent High School Graduation Ceremony

June 14, 2025 | 5:30pm Crescent Gym

Lower Elwha Head Start Graduation Ceremony

June 18, 2024 | 5pm LEKT Gymnasium

March Dry Creek Honor Roll

We want to celebrate the following students for getting awards in Cooperation, Poetry, and Kindness for the month of April”

Cooperation Award :

Tyodus Woods,
Jonny Ermineskin,
Nevaeh Korsmo

Poetry Award:

Genesis Peters

Kindness Award:

Oosha Goldsbury

We want to celebrate the following students who had %95 or more attendance for the month of February:

Tiadosa Tom
Vanna Tom
Addisu Dujue
Zyrriah Lok
Zayne Lok
Violet Austin
Elijah Austin

Angelo Dailing
Aurelia Dailing
Jaidyn Eastman
Jaxon Williams
Ciara Charles
Malena Charles
Dasan Charles-Elofson
Reighlynn Charles-Elofson
Sherri Charles
Lisa Charles
Zachary McGarvie
Frank Bennett
Christopher Bennett
Jediyah Jackson
Foster Jackson
Jordyn Singleton
Austyn Singleton
Oosha Goldsbury
TJ Goldsbury
Ruben Peters
Kyler Robideau
Kaylee Konopatski
Tyler Elofson-Cross
Russell Jackson
Lucien Bolstrom
Jarison Moses
Kamia Jennings
Max Sero
Chloe Holloway
Marlei Svec
Phoenix Charles
Kameron Tinoco
Tyodus Woods

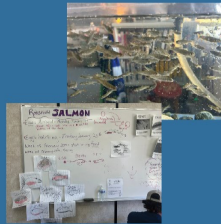
Bryant Saluskin
Winter Redner
Jonny Ermineskin
O'Shea Charles
Leilani Cornelson
Azalynn Lauderback
Braven Little Youngman
Huxley Heiner
Emma Marquez
Katherine Charles





Washington Salmon in the Schools programming provides 73 school districts across the state with aquaria, lesson plans and instructional support for 4th and 5th grade students to raise salmon in their classrooms. Participating school districts in Clallam County are supported by the North Olympic Salmon Coalition (NOSC), a community-based salmon habitat restoration non-profit organization.

Last Fall, NOSC partnered with LEKT House of Salmon to raise Elwha River Coho in all five Port Angeles elementary schools.



Throughout the school year students experience the life cycle of salmon, learning about biology and healthy ecosystems. The program culminates in a field trip to release their fish into the river.



Funding provided by OSPI and donations. We hope to continue collaborating to provide programs in the future!



LEKT HOUSE OF SALMON GREETES PORT ANGELES 4TH & 5TH GRADERS!



During six fun-filled days this Spring, Franklin, Roosevelt, Dry Creek, Jefferson, and Hamilton classes visited Lower Elwha. NOSC Education & Outreach Coordinator Lindsay McCord, Port Angeles School District Tribal Liaison & LEKT Culture Manager Carmen Watson-Charles, and NOAA Fisheries Community Engagement Specialist Chelsea Korbolic worked together to weave Elwha Klallam culture, river restoration ecology and stewardship teachings into the field trip schedule for students to make meaningful, place-based connections.



Activities included a hatchery tour, using their senses to navigate like salmon, making habitat observations and listening to the traditional story "Salmon Boy".



Robert Blankenship, Rayin Blewett, Steven Lauderback, and the NOSC team provided additional support to share Klallam stories and Elwha River recovery science with

337 LOCAL STUDENTS !



Intro to nəxʷsłáyəmícən

Who's invited: All welcome

What we are doing: Intro to Klallam Language-
Workbooks Provided

When: Thursdays @ 5 pm- 6 pm

Starting June 12th-August 7th

Where:

Elders Lounge at Tribal Center (2851 Lower Elwha Road)

Why: To keep our language alive.

For more information contact:

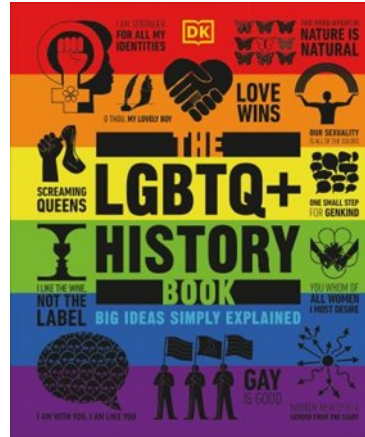
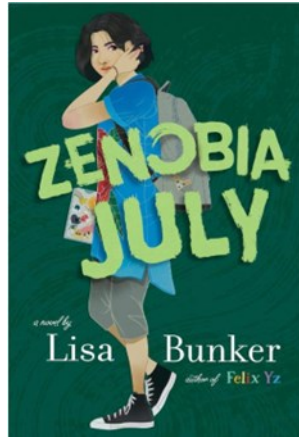
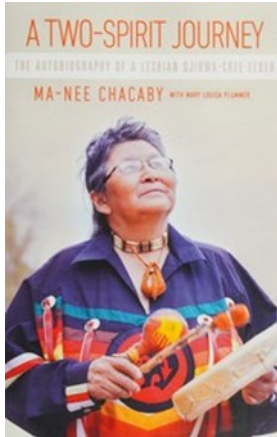
Keeoma Messenger at 360-461-4916

Brought & Taught to you by TVR & Culture

Celebrate LGBTQ+ Pride Month in the Library

Happy Pride Month from the Library! As I'm sure you well know, each month we feature some of our favorite books for the theme of the month, and this month is no different! Here is just a small selection of books we're featuring for Pride:

- *A Two-Spirit Journey: The Autobiography of a Lesbian Ojibwa-Cree Elder* by Ma-Nee Chacaby
- *Zenobia July* by Lisa Bunker
- *The LGBTQ+ History Book* by Michael Bronski, editor
- *The Deep Dark* by Molly Knox Ostertag



Summer Reading Program

Summer is already almost here, and that means that the Summer Reading Program is just around the corner! Beginning June 16th, kids up to 18 can read to earn entries into weekly prize drawings, and our end-of-summer grand prize drawing. How do kids get prize entries? Simple! You can find a Reading Log in the Library. Every time kids read a book, record it and how many minutes of reading they did in the log. For every 20 minutes of reading, kids will earn an entry into our weekly prize drawing. Weekly prize drawings will take place each Friday at 3pm in the Library. For every hour of reading, kids will receive an entry into the grand prize drawing, which will take place on Friday, August 29th at 3pm, which is also the final day of the program. Prizes to be announced.

Weekly Class Schedule for June

The Library's weekly class schedule can be found below. Classes labeled with NSDL have optional certification exams which can be used in job hunting. All classes are Wednesdays from 5pm-6pm and are offered through Microsoft Teams at the link you can find in the Education and Recrea-

tion channel of Camp Crier or at the QR code below and may be attended in-person upon request. One-on-one tutoring is also available upon request on a variety of digital literacy subjects; please email Jason M at Jason.morris@elwha.org for more information. Additionally, if there are days or times which work better for you to attend classes, please email Jason with your preferences.

- June 4: Career Search Skills & Resume Workshop (NSDL)
- June 11: Basic Computer Skills (NSDL, in-person at the Library)
- June 18: Internet Basics (NSDL)
- June 25: Internet Safety for Parents
- July 2: Information Literacy in the Post-Truth Era: How to Tell Fact from Fake



LEKT to Operate Summer Food Service Program for Summer 2025

The Lower Elwha Klallam Tribe announces the sponsorship of the Summer Food Service Program for children. Meals are available at no charge to children 18 years of age and younger. Children or parents/guardians may come to pick up prepared lunches from 11:30am to 1:45pm Monday-Friday and may choose to stay and eat or leave and eat somewhere else. This program will run starting June 16th, 2025 and will end Aug. 29th, 2025.

Meals will be served at the following locations:

Site Name and Address	Inclusive Dates	Meals/Times	Contact and Phone Number
Lower Elwha Klallam Tribal Center Dining Hall 2851 Lower Elwha Rd., Port Angeles, WA 98363	June 16 th -Aug. 29 th , 2024 Monday-Friday (except July 4 th -5 th)	Lunch 11:30pm - 12:10pm	Jason Morris (360)452-8471 ext. 7431
Children's House of Learning 291 Spokewes Dr, Port Angeles, WA 98363	June 16 th -Aug. 29 th , 2024 Monday-Friday (except July 4 th -5 th)	Lunch 12:25pm - 1:00pm	Jason Morris (360)452-8471 ext. 7431
The Gathering Place 247 NS'Klallam Dr, Port Angeles, WA 98363	June 16 th -Aug. 29 th , 2024 Monday-Friday (except July 4 th -5 th)	Lunch 1:20pm-1:45pm	Jason Morris (360)452-8471 ext. 7431

In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA.

Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotape, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English.

To file a program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, (AD- 3027) found online at: http://www.ascr.usda.gov/complaint_filing_cust.html, and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by: mail: U.S. Department of Agriculture, Office of the Assistant Secretary for Civil Rights, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410; fax: (202) 690-7442; or email: program.intake@usda.gov.

This institution is an equal opportunity provider.

RECREATION CALENDAR—June 2025

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 Gym Hours 8am-830pm Elders Movement 10am & 11am 230pm ASP 4pm - Youth Softball Camp 6pm Adult Women's Slow Pitch	3 Gym Hours 8am-830pm Lunchtime Fitness 230pm ASP 4pm – Youth Basketball Camp Adult Basketball League	4 <i>Gym Hours 615am-830pm</i> Elders Movement 10am & 11am 230pm ASP 630pm MS/HS Basketball	5 Gym Hours 8am-830pm 230pm ASP 4pm – Youth Soccer Camp Adult Basketball League	6 Gym Hours 8am-830pm Elders Movement 10am & 11am ASP TBD Gym Floor Closed – JOM Jam	7 <i>Gym Hours 10am-6pm</i>
8	9 Gym Hours 8am-830pm Elders Movement 10am & 11am 230pm ASP 4pm - Youth Softball Camp 6pm Adult Women's Slow Pitch	10 Gym Hours 8am-830pm Lunchtime Fitness 230pm ASP 4pm – Youth Basketball Camp Adult Basketball League	11 <i>Gym Hours 615am-830pm</i> Elders Movement 10am & 11am 230pm ASP Party 630pm MS/HS Basketball	12 Gym Hours 8am-830pm 230pm ASP 4pm – Youth Soccer Camp Adult Basketball League	13 <i>Gym CLOSED</i> End of School Year Party <i>Elementary</i>	14 <i>Gym Hours 10am-6pm</i>
15	16 Gym Hours 8am-830pm Elders Movement 10am & 11am 4pm - Youth Softball Camp 6pm Adult Women's Slow Pitch	17 <i>Gym Hours TBD</i> End of School Year Party Middle/High School	18 <i>Gym CLOSED</i> Headstart Graduation Project Venture – Beach Run Race	19 CLOSED	20 Gym Hours 8am-830pm Elders Movement 10am & 11am Mario Kart Tournament Movie Night - TBD	21 <i>Gym CLOSED</i> 3 on 3 Basketball Tournament – Elwha Food & Fuel
22	23 Gym Hours 8am-830pm Elders Movement 10am & 11am 2pm - Youth Softball 6pm Adult Women's Slow Pitch	24 <i>Gym Hours TBD</i> Salt Creek Trip 1st – 12th Grade Adult Basketball League	25 <i>Gym Hours 615am-830pm</i> Elders Movement 10am & 11am 630pm MS/HS Basketball	26 Gym Hours 8am-830pm 2pm – Youth Soccer Camp Adult Basketball League	27 Gym Hours 8am-830pm Elders Movement 10am & 11am Super Smash Bros Tournament NERF Night - TBD	28 <i>Gym Hours 10am-6pm</i>
29	30 Gym Hours 8am-830pm Elders Movement 10am & 11am 2pm - Youth Softball 6pm Adult Women's Slow Pitch	All Summer 25 Trips will be for students entering grades for the 25-26 school year				

What Goes on at the Heritage Center?

The Heritage Center hosts a wide range of vocational and lifestyle trainings! These programs are, unless otherwise specified, open to Elwha community members, employees, and their families. We work with tribal programs such as TANF, GA, TVR, and Healing Court to address the needs of their clientele.

We offer Employment Training and upskilling such as Traffic Control & Flagging Certification, Commercial Driver's License Certification, MAST & Food Handler's Permits, Budgeting & Finance, Resume Writing, Job Search Strategies, and Digital Literacy with NorthStar. And more are added all the time!



Our Lifestyle Classes include Culinary Experiences with Chef Toga Hertzog, Weaving with Jamie Valadez, Beadwork with Michelle Fast Horse, Holistic Health with Aleilah Lawson, and Nutrition and Food Preparation with Bridget Light. We are always looking for new offerings, so if you have a skill you'd like to share, please contact us at heritage.center@elwha.org or (360) 417-8545.

We are proud to support 2025 Paddle to Elwha preparation with ongoing drop-in gift making from 9am – 3pm Monday through Friday, and every other Saturday (June 10th and 24th this month). We supply the materials, just bring your creativity and good intentions to join us painting, sewing, and beading.

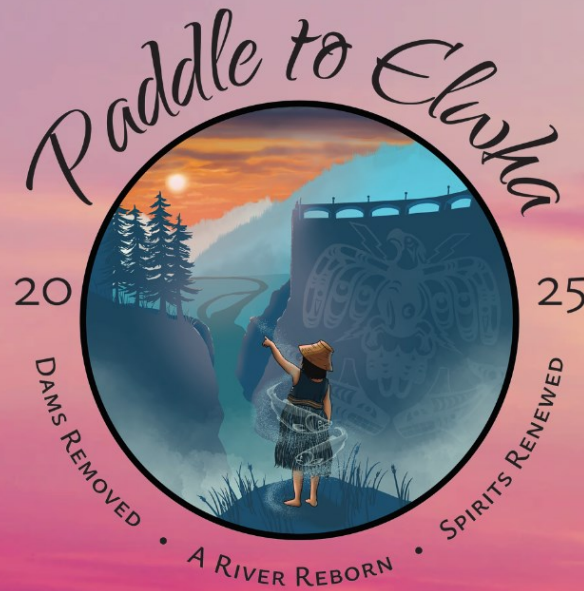


GIFT-MAKING

— FOR JOURNEYS —

HERITAGE CENTER

MONDAY THROUGH FRIDAY | 9AM - 3PM
OPEN SATURDAYS 6/14 & 6/28



DROP IN



SUPPLIES PROVIDED

401 E FIRST ST
PORT ANGELES, WA 98362
(360) 417-8545

Wellness Classes at the Heritage Center

Bridgette is a holistic nutritionist and currently studying plant medicine and indigenous food pathways. Bridgette is an enrolled citizen of the Jamestown S'klallam Tribe and started working for WSU Clallam County Extension in March of 2024 as the SNAP-Ed Nutrition Educator. She will be teaching classes at the Food Bank with the Heritage Center covering a variety of food and cooking nutrition classes that are centered around tribal food sovereignty and traditional foods.

Scan the QR code to join the interest list!



TRAFFIC CONTROL / FLAGGING CERTIFICATION



JUNE & JULY DATES TBA
ELWHA KLALLAM HERITAGE CENTER

401 E FIRST ST
PORT ANGELES, WA 98362
(360)417-8545 X2912



Scan to Sign Up!



LOWER ELWHA FAMILY ADVOCACY PROGRAM

We help Tribal and Community Members with:

- Advocacy - Domestic & Dating Violence, Sexual Assault, Stalking, and Sex Trafficking.
- Support with Protection Orders
- Address Confidentiality Program
- Resources & Referrals
- Case Management Assistance
- Prevention & Awareness
- Crisis Intervention Support
- Support Groups

Contact Information

Beatriz Arakawa, Program Manager
3080 Lower Elwha Road
Port Angeles, WA 98363
Office: 360-565-7257, Ext. 7453
Cell: 360-460-1745
Emergency: 360-775-9346



Mission: Victim's/Survivor's Safety and Autonomy through Advocacy and Awareness

YOU ARE NOT ALONE!

Happy Graduation Year 2025 Graduates, Happy End of School Year 2024-2025 & Happy First Month of Summer!
June is LGBTQ+ Pride Awareness Month

A million thank you to everyone who contributed to the success of May 5th - MMIWP -missing and murdered Indigenous women and people awareness walk. Special gratitude to the following: The families and friends of MMIWP that we honored, KONP Radio Station, MMIWP Cold Case Unit Advocate State of WA Tor Parker, Chairwoman Frances Charles, Council Tia Skerbeck, Council Melissa Gilman, LEKT Community Liaison Nancy Hamilton; Social Services: Director Becca, Jeremy, Brad, Janet E, Tammie, Becky, Samantha, Sativa; Education: Jessica E and Jason M; Elwha River Casino: Rena B and the cook; Lower Elwha Food and Fuel: Joshua; Jamestown Tribe: Adrian S, Kayla and Council/representatives; Lower Elwha police dept: Lieutenant Thompson, Chief White, Glen Roggenbuck; City of Port Angeles Police Dept: Sgt. Sean Ryan plus Officers, Officer Harold Balderson; Elwha Clinic: mental health, Klallam Counseling, and SART; City of Port Angeles: The Councils, Recreation Manager Carter D; WomenSpirit Coalition: Dee, Michelle, Cheryl, Erin, Delphine; Retired Law Enforcement Swift (volunteer); Healthy Families of Clallam County: Leslie and staff; Quileute

Tribe: Ann-Penn and team; Finance Brian C; Peninsula Daily News; Peninsula Community College and Native Youth Club; Mark Charles - emcee, Jerry Foster welcoming blessing song; OVW Stapp; Elwha Heritage Center: Nicole, Chrissi, Jim, Keeoma, and Cody; Makah Tribe Council/representatives; Clallam County Prosecutor Office; Emily M— WA State Patrol MMIWP Unit.

Lastly, on behalf of the planning team, I would like to thank anyone's support from planning, coordinating location, invitation, billboard and radio announcements, flyer mail-out, walk, ceremonies, presentation, roads safety, food donation and cook, monitored the Gateway site, posters making to clean up. Thank you to anyone that wanted to attend but was unable to. We would not have done this magnitude of event without your help.

Once again, condolences and thank you so much to the Roberts family for their blessings and permission to continue the walk as planned.

Pictures from Elwha Heritage Center to The Gateway and HC: Welcoming opening blessings and songs from Chairwoman Frances Charles, Mark Charles and Jerry Foster, followed by WomenSpirit Coalition and LEFA- Lower Elwha Family Advocacy's Shawls ceremony, walk for awareness with MMIWP families, friends, and supporters with the generosity of the Lower Elwha Klallam Tribe-Polic Dept and the City of Port Angeles Police Dept. At The Gateway, welcoming and ceremony of MMIWP victims. The family of the victims were honored with a blanket, rose, leather medicine bag and cedar branch.



Grateful to our grant funder:

"This project was supported by Grant No. _ 15JOVW22GG3388TRIB_ awarded by the Office on Violence Against Women, U.S. Department of Justice. The opinions, findings, conclusions, and recommendations expressed in this publication/program/exhibition are those of the author(s) and do not necessarily reflect the views of the U.S. Department of Justice." OVV

May 2025 Newsletter

Klallam Strong: Nutrition & Diabetes Newsletter

Dawn Travelstead, RD, MS, CDE, Lower Elwha Health Clinic

In this issue:

- * **Vitamin Deficiency**
- * **Nitric Oxide**
- * **Did You Know**



What's All the Talk about Beets?

You have probably seen the TV ads for beet supplements, so what is their importance?

Nitric Oxide

Nitric oxide is naturally in our body that plays an important role in blood circulation and overall health.



People with low levels are at greater risk for high blood pressure, heart disease, depression and cognitive decline. Nitric oxide relaxes the blood vessels.

Best food sources: beetroot and spinach, kale

Did you Know? If you have diabetes, you should have an eye exam once a year.

Nutrient Deficiencies Among Patients with Diabetes

Research looking at 52,000 patients found these vitamin deficiencies:

1. Vitamin D. 61% deficient

Food Sources: Salmon, mushrooms, fortified dietary products.

Supplement: 2,000 IU/day

2. Magnesium. 42% deficient

Food Sources: Pumpkin seeds, chia seeds, almonds, spinach, black beans

Supplement: 400mg/day

3. Vitamin B12. 29% deficient.

Especially if taking Metformin (Glucophage).

Food sources: beef liver, clams, oysters, salmon, tuna, beef.

Supplement: 5– 25 mcg/day.

Please call me if you have any nutrition issues for your family that you would like assistance with from me. No charge for tribal member's and their family.

360-912-1500





Save the date:

**The Lower Elwha Housing Authority's
3rd Annual Housing Fair will be held on
June 25, 2025 from 12 pm to 4 pm
at 22 Kwitsen Drive, Port Angeles, WA 98363**

A Few Tips From LEHA:

- ⇒ Place a strainer in your sink drain so food doesn't go in the pipes!!
- ⇒ If your looking for a temporary employment, apply at housing we're hiring for yard maintenance, house cleaning, and housing repairs.

The 2026 Indian Housing Plan (IHP) will be posted late June at the LEHA office and the Tribal Center.



LOANER ITEMS FOR YOUR USE

We are happy to inform you that we now have the items listed below for you to borrow. Come into the office to fill out a quick form and pick up the item you'd like to use.

Call the office at **360-457-5116** if you have any questions.

We have new battery powered

- ◆ **Lawn Mowers**
- ◆ **Weed Eaters**
- ◆ **Pressure Washers**
- ◆ **Batteries and Chargers**





Class of 2025

High School Graduate of Neah Bay.

To the most amazing person I know. Thank you for being in my life.

It is a honor and privilege to be a part of your journey.

There is no stopping you know, the excitement for the next chapter in your life will be what ever you want it to be.

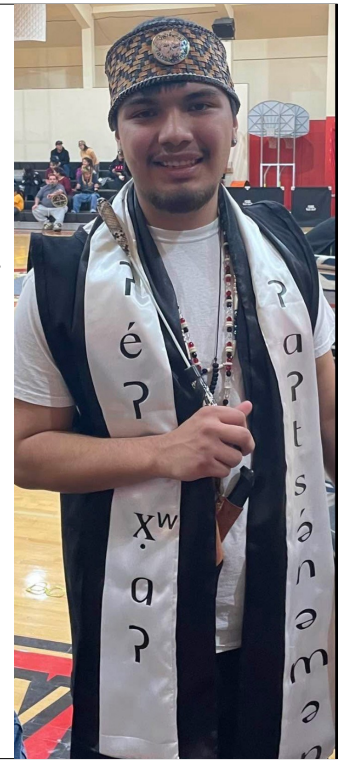
Keep shining and moving forward with a positive attitude.

Congratulations Class of 2025 MarKeith Penn I am very proud of you.

Love always Grandma Dorene



2025 PA High School Graduate.
To my 1st born grandson Roger Tinoco Jr.
You did it Grandson.
Thank you for never giving up and continuing with your education.
You make me proud.
Keep shining and moving forward with a positive attitude.
Love always
Grandma Dorene



CONGRATULATIONS!! To Zoey, Lukas, Gia, Alaine and Maci! For graduating to high school! You all are amazing kids and I love watching you grow into your own human. Keep up the great work!
Love Aunty Tev!





ERC News Letter

June 2025

Promotions:

Monday & Tuesday-

JIM BEAM :GIFT GIVEAWAY

Elwha Reward Member Invite ONLY
12pm-8pm
While Supplies Last!

Wednesday- **SENIOR DAY**

Elwha Reward Members 55+ ONLY
\$25 Hot Seats 11am-5pm
2x Points All Day
20% OFF Salish Winds when you visit the
Player's Club

Thursday- **Camp Chair Earn & Get**

All Elwha Reward Members
Earn **475pts** to qualify for a
ERC Custom Camping Chair

Friday - **Flower Power Hot Seats**

All Elwha Reward Members
7pm-9pm
Cash Prizes up to \$1,000!

Sunday
June 15th

Dad's Day Free Play

Elwha Reward Members Men ONLY
First 50 Gentleman @10am
qualify for \$10 Free Play

Events:

Come visit the Salish Winds
Restaurant for live music played
@8pm-11pm

6/14

by The Queens & Aces

21+

Salish Winds Specials:

6/15 Father's Day Special:

Prime Rib Special

\$24.99

No Discounts or Coupons

Salish Winds
RESTAURANT

Hours: Mon-Sat 11am-11pm Sunday 11am-8pm



2025

**CONGRATULATIONS
CLASS OF 2025!
FROM ALL OF US AT THE
ELWHA RIVER CASINO!**



2025 Shop With a Hero



The Shop With a Hero team is excited to announce we have partnered with the Seattle Mariners for a fundraiser. Scan the QR code to buy tickets. \$10 from every ticket sale goes to Shop With a Hero. Join us at T-Mobile Park to cheer on the Mariners and support this year's Shop With a Hero!

Seattle Mariners vs. Houston Astros

July 20th @ 1:10pm



Scan me



**Happiest Father's Day to my
boys.**

Love always, Mom

Happy Father's Day to a person that took on the responsibility of being the father figure to my children.

Thank you for always being my rock.

Happy Father's Day Hammer.
Love always your sis, Dorene





On May 12, Corporal Alex Hamrick was given the Officer of the Year award from the International Footprint Association Olympic Peninsula Chapter. The International Footprint Association is a non-profit organization that promotes and encourages fellowship, respect, cooperation, and helpfulness between all arms of law enforcement and all others (individuals, business persons, and professionals) who are sympathetic with and understanding toward law enforcement and all its agencies. Each year the IFA asks local first responder agencies for their department's Officer of the Year.

Alex has been with the Lower Elwha Police Department for 5 ½ years. He has recently taken on the responsibility of being a frontline supervisor and has been promoted to corporal. He has also taken on the role of training new officers in the department as a field training officer. Alex is proactive in fostering good relationships within the community and especially with the youth. When he is able he has stopped by the after school program to play games with the kids, visit and give them a positive interaction with law enforcement. Alex's commitment to the community and department is appreciated by the leadership. We thank him for his service and look forward to as many years with him as he can give us.



Congratulations on your graduation Aubree Lolia,
your Dad (Orv) is cheering you on! So proud of you!
Love you bunches, Auntie Jalen & Russell Orville

2025 Service Record	April
911 Hang-Up	3
Alarm/Alarm Check	7
Animal Calls	1
Boating Activity/Hunting	1
Business Check	156
Citizen Assist	13
Citizen Contact/paperwork /service	27
Civil	6
Community Oriented Policing	35
CPS/APS	3
Disorderly	1
Disturbance	6
DUI	1
DV	2
Follow Up	14
Fraud	2
Missing person	1
Junk Vehicle	2
Smoke investigation	1

Mental/ITA	1
Vehicle Accident	8
Other Agency Assist	12
Patrol Request	104
Prisoner Transport	3
Report of Open Door/Window	7
Repossession	1
Stone Garden	17
Suicide/Suicidal	3
Suspicious Person/Vehicle	7
Theft	3
Transport Courtesy	4
Traffic Stops/Control/Emphasis/Hazard	39
Trespass	3
Unattended Child	1
Unwanted Person	2
Violation of Court Order	4
Weapons Violation	1
Welfare Check	4
Warrant Attempts/Arrests	5
Total	511

Sexual Assault Response Team (SART)

Get free, confidential support whenever you're ready.



Lower Elwha Health Clinic
 243511 Hwy 101 West
 Port Angeles, WA 98363
 (360) 452-6252, Ext. 1
After Hours: (541) 526-9256



Whether you have experienced sexual assault yourself, or want to know more about how to help your child, a friend or someone else, we're here 24/7 with support and information to empower you to take your next steps.

SART Team Members: January Austin, ND; Lillian Easton, ARNP; Melissa Ellis, RN; and Iliana Jones

We provide support and services to youth (18 years and under) in the LEKT Tribal Community, Clallam County and surrounding Tribal Communities. SART can provide pediatric forensic exams, advocacy, support and referrals to youth and families in need of assistance.

Date	Resolution Number	Title	Vote		
			For	Against	Abstain
5/13/25	48-25	Surplus Property Transfer of Historical Tribal Homestead Lands	4	0	0
5/6/25	51-25	Department of Ecology FY2025 Climate Capacity Flood Hazard Ordinance	3	0	0
5/6/25	52-25	Subaward Agreement: Distressed Area Recomplete Pilot Program with the North Olympic Development Council	3	0	0
5/6/25	53-25	Approval of Spencer Parcel Purchase and Sale Agreement	3	0	0
5/6/25	54-25	Administrative Services Agreement with Rx Benefits Inc.	3	0	0
5/6/25	55-25	Dialysis Claims Administration Agreement Terms & Conditions with Amerihealth Administration Inc, with a Limited Waiver of Sovereign Immunity	3	0	0
5/6/25	56-25	Approval of Master Equipment Lease/Purchase Agreement between Bluberi Gaming Inc, and LEKT DBA Elwha River Casino with a Limited Waiver of Sovereign Immunity	3	0	0
5/6/25	57-25	The Stage Depot Agreement for the Purchase and Delivery of a Portable Stage System	3	0	0
5/6/25	58-25	Approving 3 Year Microsoft License Renewal for Tribal Government via Softchoice Corp; with a Limited Waiver of Sovereign Immunity	3	0	0
5/13/25	59-25	Appointment of Members to the Gaming Commission	4	0	0
5/13/25	60-25	Approval of \$574,150.00 Budget Modification Grant 90CI010030 for the Lower Elwha Head Start and Early Head Start Programs	4	0	0



Tribal Center

2851 Lower Elwha Road
Port Angeles, WA 98363
360.452.8471

Executive Director

Tonya Clark, Ext. 7469

Tribal Operations Officer

Lorinda Robideau, Ext. 7633

CFO

Brian Carroll , Ext. 7464

Accounting

Jo Klinski, Ext. 7460

Rachelle Wheeler, Ext. 7465

Elena Lifoifo, Ext. 7476

Jessica Wright, Ext. 7667

Jalen Sampson, Ext. 7462

Cedar Box Smoke Shop

4779 S Dry Creek Road
360.477.1170

**Children's House of Learning
(Early Head Start, Head Start,
Child Care, Prenatal Program)**

291 Spokwes Dr—

360.504.3141

Lola Moses, Ext. 7471

Deann Lester, Ext. 3402

Deanna Murray, Ext. 7470

Ralena Cornelson, Ext. 7474

Darla Owens, Ext. 7475

Education

Jessica Egnew, Ext. 7425

Elwha Peaks Cannabis

4775 S Dry Creek Road
360.912.7533

Elwha River Casino

631 Stratton Road, 452.3005
Mike Watson, GM

Elder Services

Samantha Acosta, Ext. 7466

**Employment Services/HR/
TERO**

Sandra Johnson, Ext. 7429

Brandy Williams, Ext 7427

Enrollment Services

Ext .7477

Facilities & Maintenance

Warren Stevens, Ext. 7432

Food Bank

22 Spokwes Drive
360.504.3678

Gaming Commission

631 Stratton Road

360.452.5628

Elaina Begay, Director

Health Clinic

243511 Highway 101 West

360.452.6252

Heritage Center

401 E. First Street,

360.417.8545

Nicole Volkmann, Ext. 2912

Housing Authority

22 Kwitsen Drive,

360.457.5116

Jennifer Hutto, Ext. 7554

Information Technology

Ken Giersch, Director Ext. 7541

Justice Center/Tribal Court

341 Spokwes Drive

360.452.6759

Klallam Counseling Services

243613 W Hwy 101,

360.452.4432

Stormy Howell, Ext. 7513

Law & Order/Police Dept.

Justice Center

341 Spokwes Drive

360.452.6759

Sam White, Chief of Police Ext.
2922

Library, Ext 7430

Lower Elwha Food & Fuel

360.477.1170

**Natural Resources/Fish Hatch-
ery**

760 Stratton Road

360.457.4012

Matt Beirne, Ext. 7485

Planning & Development

Arlene Wheeler, Ext. 7437

Prevention Health/GYM

Jason Wheeler, Ext. 7440

Social Services

3080 Lower Elwha Road

360.565.7257

Rebecca Sampson-Weed, Ext.
7456

BUSINESS COUNCIL



Frances G. Charles
Tribal Chairwoman, Ext. 7411



Russ Hepfer
Vice Chairman, Ext. 7412



Melissa Gilman
Secretary/Treasurer Ext. 7414



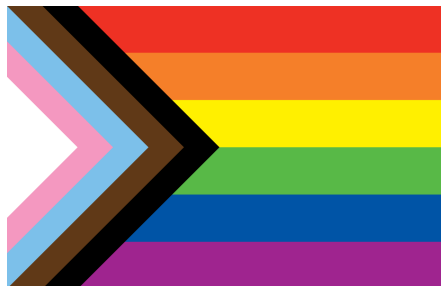
Steve Joaquin Robideau
Council Member, Ext. 7413



Tia Skerbeck
Council Member, Ext. 7420

Dates to Remember:

6/4 Career Search Skills & Resume Workshop
6/6 JOM High School Grad Parade & Jam
6/9 Lincoln High School Graduation
6/10 Seaview Graduation
6/11 Basic Computer Skills Class
6/12 Promotion Parade for 5th, 6th & 8th Grades
6/12 Lifting the Old Ways Studium Generale
6/12 Intro to Klallam Language Begins
6/13 Port Angeles High School Graduation
6/14 Crescent High School Graduation
6/14 Drop In Crafting at Heritage Center
6/15 Fathers Day
6/16 Summer Food Service Program Begins
6/18 LEKT Head Start Graduation
6/18 Internet Basics Class
6/19 Juneteenth
6/21 3-on-3 Basketball Tournament
6/25 Housing Fair
6/25 Internet Safety for Parents Class
6/28 Drop In Crafting at Heritage Center



To submit an article or join our email
distribution list please send a note to
Newsletter@Elwha.org.

Submissions must be in an editable format, and will
be adjusted to fit our publication.

You can view past editions at:

<https://www.elwha.org/newsletters/>

Port Angeles, WA 98363

& Printing

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