



December 2023

Elwha News

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LOWER ELWHA KLALLAM TRIBE



Chairwoman Frances Charles was honored with the Ecotrust Indigenous Leadership Award, Wednesday October 18th.

“Guided by Indigenous values, elders, and cultures, the 2023 Indigenous Leadership Awardees are diligently working to ensure healthy, safe, and vibrant futures for tribal communities and homelands. Their unshakeable commitment and impact on a wide range of issues and needs are deeply meaningful. Ecotrust is honored to recognize them and their humble dedication.”



Letter From the Co-Chair

December 2023

Dear Lower Elwha Tribal Community Members,

I hope everyone had a Happy Thanksgiving! The tribe handed out a turkey, razor clams from the Quinault Pride Seafood, fish, vegetables and a one hundred dollar check. Now, Merry Christmas is in order. It is that time of year again. This year went by so fast. I don't know where it went. We have been busy here at the council table all year.

I usually don't use my newsletter submission to brag, but here goes. What a month October was! My Grandson Kason Albaugh went to Washington State High School Football Championship Series. I was honored to witness two games in that series. I am so proud of Kason and what he has accomplished. Stay the Course Grandson. Another grandson, Myles Cayenne won District Baseball Championship out of Chehalis. Still two more, Jeremiah Reynolds and Ely King played youth football out of Sequim. That's it for bragging rights. Thank you

We finally got to go fishing in the Elwha River after eleven years. YaHoo!!!! I didn't even try to sport fish. If my life depended on me catching a fish with a sport pole I wouldn't make it. I don't have the patience to catch one fish at a time. I am glad that so many went out and tried it. It sounded like a learning curve. Our Tribal Members are smart and resilient. They figured out how to do it. Altogether, I think we caught 205 Coho salmon. That was so much fun. I hope that we can do it again. This time I think we need to get in the river a little earlier as the run had got by us in October. Regardless, I am proud that we finally got to fish our river again.

I hope that you noticed all the culverts being replaced along our highways. This construction is because of the Salish Sea, Puget Sound Tribes suing the State of Washington over the fish blocking culverts along state highways. I have to smile and be patient whenever I get delayed along the highway because it is our fault. I am proud of us tribes because the fish may have a better chance once the culverts are fixed. Although there are more culverts to be dealt with. Such as county, city and federal culverts.

There is a newly discovered obstacle our salmon have to deal with now. It is a more serious one to me. I've been speaking about the tire dust issue called 6ppd. This chemical is found in tires and helps prevent or slows down degradation to the tire. When exposed to the ozone it turns into 6ppd-q. This is the tire dust also caused from degradation and friction. The tire dust is on the roadway and when it rains, flows down in the storm water drains. We know where that goes next... into the streams and rivers that support our salmon. This chemical has been found to kill Coho salmon almost instantaneously. It kills from small fry to adult Coho salmon. This is a serious problem along the I-5 corridor. Not so much on the peninsula but it is still here. I have been speaking about this issue because we need to protect our salmon. When the adults swim by here to go home and spawn, we need the opportunity to catch them.



Letter From the Co-Chair

There are resolutions to stop this newly discovered poison to our salmon. The most obvious of them is to outright ban the chemical. Alternative chemicals would also help. Although we would have to be sure the alternative chemical isn't as bad as or worse than the current one. Storm water gardens have been found to be effective to separate out 6ppd-q from the water before it hits our streams.

This issue came to me via the Nisqually Tribe because I am on the National Tribal Toxics Council (NTTC). I became a member through my work on Water Quality issues and the Fish Consumption Rate. This led to the Region 10 Tribal Operations Committee (RTOC) and my seat from there to the National Tribal Caucus (NTC). These are all sub groups of the Environmental Protection Agency (EPA). This issue is now being discussed nationwide as scientists have found that it is killing trout also. Hopefully the EPA with all its authorities will do something about this chemical before it is too late.



All of the fishery negotiations are starting up. Halibut will come first in January, Pacific Fisheries Management Council starts in January also. That runs through April. Shellfish is ongoing but I have told you about that a number of times. It involves a lot of meetings and travel.

I want to thank my family Nyle and my wife Jamie for allowing me to do all the work and travel necessary to make sure Lower Elwha Tribe has opportunity to fish. Without salmon we won't have a treaty so all my work I feel is very important.

I also want to thank you for trusting me to do all the work I do for you and our environment. It is truly an honor. I do not take my elections for granted. I feel that I have to work honorably and hard to keep my position and do that to the best of my ability. Thank you.

Respectfully,

Russell (RAZZ) N. Hepfer

A handwritten signature in blue ink, reading "Russell (RAZZ) N. Hepfer".



Tribal Operations/Public Health Officer Update

USDA Local Food Purchase Assistance Cooperative

These **food items** in the Thanksgiving holiday boxes were brought to you by a new two-year USDA Local Food Purchase Assistance Cooperative (LFPA) managed and administered by the Tribes Executive Office, to purchase local (within 400 miles) nutrient rich, healthy and traditional foods for our local LEKT community.

Keep an eye out for future food opportunities through the LFPA

Please take this brief 2 minute survey to tell us more about the foods you would like to see.

Scan this QR code to take the survey



Native Network Internet

If you live on the lower/tower areas, and you receive the free internet from Native Network, keep a lookout for a letter in the mail. The tribe will no longer be subsidizing the internet service, but resources are available through the Affordable Connectivity Program (ACP), and will be sending registration information to your homes. To complete the ACP application scan the QR code.



Lower Elwha Camp Crier Mobile App

We are excited to announce the launch of our Lower Elwha Klallam Tribe Camp Crier app! Please visit the app store/Google Play store to download the app and begin to receive updates on news, announcements, and community happenings.

COVID 2023-2024 Vaccine

Call your health provider to schedule your 2023-2024 COVID shot, and make sure you apply for the \$250 adult or \$150 youth vaccine promotion (see details below)



Tribal Operations/Public Health Officer Update

\$250 for 2023-2024 COVID Vaccines!

The COVID vaccine support program has increased the amount for the 2023-2024 COVID vaccines. Adults can now receive \$250 check for their vaccine, and youth receive \$150 Walmart gift card.

Adults online form found
by scanning the QR code



Youth online form
found by scanning
the QR code



- Tia Skerbeck, Tribal Operations/Public Health Officer



From Lower Elwha Elders Program



Wellness

Christmas Tree Safety



As you deck the halls this holiday season, be fire smart. A small fire that spreads to a Christmas tree can grow large very quickly.



PICKING THE TREE

- Choose a tree with fresh, green needles that do not fall off when touched.



PLACING THE TREE

- Before placing the tree in the stand, cut 2" from the base of the trunk.
- Make sure the tree is at least three feet away from any heat source, like fireplaces, radiators, candles, heat vents or lights.
- Make sure the tree is not blocking an exit.
- Add water to the tree stand. Be sure to add water daily.



LIGHTING THE TREE

- Use lights that are listed by a qualified testing laboratory. Some lights are only for indoor or outdoor use.
- Replace any string of lights with worn or broken cords or loose bulb connections. Read manufacturer's instructions for number of light strands to connect.
- Never use lit candles to decorate the tree.
- Always turn off Christmas tree lights before leaving home or going to bed.



After Christmas

Get rid of the tree after Christmas or when it is dry. Dried-out trees are a fire danger and should not be left in the home or garage, or placed outside against the home.

Check with your local community to find a recycling program.

Bring outdoor electrical lights inside after the holidays to prevent hazards and make them last longer.

FACTS

- ! **Almost one third** of home Christmas tree fires are caused by electrical problems.
- ! Although Christmas tree fires are not common, when they do occur, they are more likely to be serious.
- ! A heat source too close to the tree causes more than **one in every five** of the fires.



Your Source for SAFETY Information

NFPA Public Education Division • 1 Batterymarch Park, Quincy, MA 02169

Your Logo



Wellness

Handwashing: Keeping Your Family Healthy

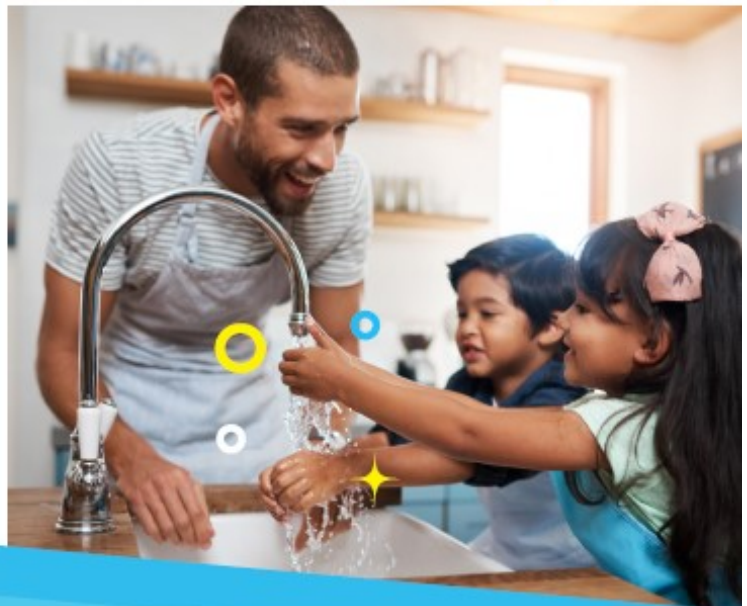
Handwashing is an easy, cheap, and effective way to prevent the spread of germs and keep kids and adults healthy. When your family is healthy, you don't have to worry about missing school, work, or other activities.

Help your child develop handwashing skills

Parents and caretakers play an important role in teaching children to wash their hands. Handwashing can become a lifelong healthy habit if you start teaching it at an early age. Teach kids the [five easy steps for handwashing](#)—wet, lather, scrub, rinse, and dry—and the key times to wash hands, such as after using the bathroom or before eating. You can find ways to make it fun, like making up your own handwashing song or turning it into a game.

Lead by example

Young children learn by imitating the behaviors of adults in their lives. When you make handwashing part of your routine, you're setting an example for your children to follow.



LIFE IS BETTER WITH

**CLEAN
HANDS**



www.cdc.gov/handwashing



This material was developed by CDC. The Life Is Better with Clean Hands Campaign is made possible by a partnership between the CDC Foundation, GOJO, and Staples. HHS/CDC does not endorse commercial products, services, or companies.

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Salmon, Cedar, Rock & Rain



2 Lower Elwha Tribal members, Jamie Valadez and Wendy Sampson, are featured authors in the new book *Salmon Cedar Rock & Rain*. The book release held at the Port Angeles North Olympic Library on Friday 10/20 was an amazing success. The Carver room was full to capacity, with community members watching through the doors and windows. Each author spoke, took questions from the audience and signed books for excited attendees. It was a wonderful evening, full of pride and hope for a shared future where we can work together to preserve the natural beauty of our beautiful home, while still respecting and honoring Indigenous treaty right, views and beliefs.

In *Salmon, Cedar, Rock & Rain*, Tim McNulty explores the Olympic Peninsula's complex--and ongoing--story of development, conservation, restoration, and cultural heritage, while writers from the Lower Elwha Klallam, Jamestown S'Klallam, Port Gamble S'Klallam, Makah Tribe, and Quinault Indian Nation share some of their own history, stories, and perspectives.



Halloween 2023

Halloween Celebration 2023!



The LEKT Community once again came together to create an awesome time!
Community members voted on the best department station, and for the 2nd year in a row Social Services has taken the gold for their innovative Fortnite obstacle course! Congratulations Social Services!
Congratulations to The Justice Center for taking home the trophy for the candy drive in the large department category!
Congratulations to our Finance Department for taking home the trophy for our small department category!
Every department provided amazing raffle items for everyone to enjoy!

Thank you Elwha River Casino for providing the pizza gift cards for the winning departments as well as the Food for the event!

And last but not never least, congratulations to our Costume, Thriller dance, and Raffle Prize winners!!





Holiday Bazaar

**ALL PROCEEDS
GO TO
THE ELDERS PROGRAM
12:00 PM**

**FRIDAY, DECEMBER 8TH
DURING THE HOLIDAY BAZAAR!**

**BRAISED BEEF
AND MASHED
POTATOES!**

**CASH ONLY
PAYROLL DEDUCT AVAILABLE**

SALAD BAR INCLUDED!



\$7.00



Holiday Bazaar



\$ 8 SPAGHETTI LUNCH

12pm

Saturday, December 9th

DURING THE LEKT

HOLIDAY BAZAAR!

(meal includes salad, garlic bread and water)



ALL PROCEEDS GO TOWARDS OUR COASTAL SISTERS NATIVE BASKETBALL TEAM!

há?nəŋ cn!

PAYMENT OPTIONS:

Cash

Payroll Deduct

CaSh App- \$Elwhalola

Paypal: @Lola-Moses

Venmo: @Lola-Moses

Scan Me:



CaSh App



Paypal



venmo



Holiday Activities



CHRISTMAS WORD SEARCH



O P R I N L I G G Q Q R G L U N H Z E F
C H Z Q E J A O R E I N D E E R I R L Q
M B M O L S Z T V W U P O B N D T T V V
N H N J O L L Y N U Y E N M I H C C E U
X P M N P P S F I A G K A C L Y V H S Z
D L A E H X C E L B S F P G C E T Q E G
Z O M N T H E D A Y S G N I T E E R G M
S D Z I R V T Q P S G S B W C C P W V Q
P U I Z O V A J A E O R U A C F S O G S
G R E H N X R L B P Y N N N H R S O I L
B N Z C S T B H J O M D P I M O A B V M
Y M I S T L E T O E Y R D E E S M C I U
G O C N O R L D K C O Q O N R T T W N B
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L O R T K L C N I C G P N R Y L I N X S
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M Y A D I L O H L S U H J A W N Z A M J
I X P D B T V H S K M W S E L D N A C U

BELLS
CANDLES
CANDY CANE
CARDS
CELEBRATE
CHIMNEY
CHRISTMAS

RUDOLPH
SANTA
SEASON
SLEIGH
STOCKING
TREE
WREATH

ELVES
FROSTY
GIFT
GIVING
GREETINGS
HOLIDAY
JOLLY

JOY
MERRY
MISTLETOE
NOEL
NORTH POLE
REINDEER





Holiday Activities



TWAS THE NIGHT BEFORE _____ when all through the house,

not a creature was _____ not even a mouse.

The smoke alarms were hung on the ceiling just right in hopes that _____ would test them tonight.

The children were nestled all snug in their beds, while visions of fire drills _____ in their heads.

Before bed time they planned the fire escape route. They mapped it on _____ and planned two ways out.

When out in the street there arose such a clatter. I sprang from the _____ to see what was the matter.

I _____ to the window and there I stayed, I tore open the _____ and rolled up the shade.

When what to my wondering _____ should I see?

Our family meeting place right by the tree and also some _____ eating a snack.

But _____ was eagerly calling them back.

"Now _____! Now _____, Now _____ and Vixen!

On _____, on _____, on _____ and Blitzen!"

And then I heard the creak of the door! I went down to investigate and find out more.

There stood _____! He didn't move from his spot.

But said, "Forget about chimneys! That fire's too hot!"

He gave me a wink and said, "Do not fear." He tested our smoke alarms and waited to hear the infamous warning of "Beep, Beep, Beep." My family arose but he said, "Go back to sleep."

"This is only a test to make sure alarms work." He wiggled his _____ and turned with a jerk.

But I heard him _____ as he drove out of sight,

"Test you smoke alarms and practice, your fire escape drill tonight!"

Happy Holidays!



SPARKY® IS A TRADEMARK OF THE NFPA.

Check out **Sparky.org** for more fun!



Food Bank

HAPPY HOLIDAY

Wishing you all a Merry Christmas & a very happy new year.

The Elwha food bank is open 4 days a week, and as always you can call in or email for prepackaged stuff to be ready for you to pick up. Any non perishable non expired food can also be donated to the food bank. Along with any plastic bags.

Open Mon, Wed & Thur 8:30am-5pm Fri 8am-4pm
(360)452-8471 ext. 7690





Nutrition & Diabetes

NOVEMBER 2023 NEWSLETTER

KLALLAM STRONG: NUTRITION & DIABETES NEWSLETTER

Dawn Travelstead, RD, MS, CDE, Lower Elwha Health Clinic

In this issue

- Healthy Carbs
- Caffeine
- Did you know?



Does Caffeine Affect Blood Sugar?

Caffeine stimulates the release of adrenaline and cortisol which in turn can increase your blood sugar temporarily, especially if you drink coffee on an empty stomach.

Adrenaline can release glucose into your bloodstream that has been stored in your liver.

In type 2 diabetes, the 2 major organs involved are the PANCREAS and the LIVER.

What is unique about diabetes, as being part of the "Endocrine System", is that many other hormones are also affected and regulated by insulin production.

Other factors that can raise blood sugar include: illness, infection and stress.

Did you know?

Eating 1/2 c. of blueberries most days provides you with a high dose of antioxidants, vitamins and fiber. Blueberries can tame inflammation, improve your vision and help your digestion....fresh or frozen, it doesn't matter. Costco frozen blueberries are cost effective (or pick your own!)

Adding Healthy Carbohydrates to Your Diet!

Carbs have been getting a bad rap the past decade. About 40-50% of our diet should be from carbs. Carbs keep us feeling full, provide fiber and can prevent blood sugar spikes.

What are the RIGHT carbs to eat?

- Grains with fiber
- Fruit with seeds or skins
- Any vegetables

The 7 Healthiest Carbs:

1. Quinoa
2. Oats
3. Berries
4. Beans/Legumes
5. Pasta made with semolina or whole wheat flour
6. Lentils
7. Sweet Potatoes



How to know if you aren't getting enough carbs in your diet?

- Always tired
- Difficulty concentrating
- Hungry after a meal
- Digestion and colon irregularity

If you would like a nutrition session, please call me @ 360-912-1500.





Language & Culture

Crescent School District was awarded a grant to help support the Klallam Language through OSPI. As part of this endeavor, a sound reduction booth was purchased and stationed at our culture building to help enhance the quality of future audio recordings by our language teachers and their students.

This meeting room is equipped with a built in Samsung flat screen with a 180 Jabra Panacast camera for conferencing capability. It has an outlet hub and wireless charging station. It is made from recycled PET materials and engineered to reduce office noise by 30 decibals. This exciting new workspace makes for a peaceful and complimentary addition to our Culture Department and the great work that they do.

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Peninsula College Indigenous Language Programs Attend the Indigenous Language Institute Symposium in Albuquerque, NM

Submitted by Jonathan J. Arakawa

The Peninsula College Indigenous Language Programs had the opportunity to attend the 11th Annual Indigenous Language Institute Symposium (Oct. 23-25, 2023) in Albuquerque, New Mexico on the beautiful homelands of the Sandia Pueblo. This year's Symposium upheld the theme "Our Indigenous Languages in 50 Years: An Optimistic Vision." This optimistic vision looks ahead to the year, 2073.

The information was presented was great and meaningful. From a 50-Year Language Vision, Language Programs as Health Programs, Affirming and Validating the Local Community Expectations for Language Learning, to Native Languages Programs and Tribal Schools, there's so much to learn and digest. In some ways, the presenters shared the hard truth and realities on the state of our Native languages, thus proving we have a lot of work ahead for language protection and preservation.

When we attend such conferences, there are unseen benefits when looking from the outside. The value of this particular symposium was a new approach of looking at learning and teaching material in new ways that we had not seen before. Both the work done by Tribal Nations to incorporate technology into teaching children and the stunning scientific findings to make connections between language and health were beyond anyone's imagination.

The symposium shows how the federal government must meet its trust and treaty obligation. It also shows how Tribal Leaders must take the health disparities seriously given the data we have retrieved. Further, it showed that our Traditional-Ecological Knowledge (TEK) and science are coming together to present the unadulterated truth.



Recreation Calendar

December 2023						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 8am & 9am Personal Training 10am & 11am Elders Movement 12pm Lunch Time Fitness 230pm After School Activity 5pm Black Light Youth Night	2 10am-6pm Open Gym 3pm Movie TBD
3 Volleyball Tournament	4 8am & 9am Personal Training 10am & 11am Elders Movement 12pm Lunch Time Fitness 230pm After School Activity 5pm Sports Camp 630pm Adult Basketball	5 8am & 9am Personal Training 10am & 11am Elders Movement 12pm Lunch Time Fitness 230pm After School Activity 5pm Sports Camp 630pm PA Rams Basketball	6 <u>6am Fitness Class</u> 8am & 9am Personal Training 10am & 11am Elders Movement 12pm Lunch Time Fitness 230pm After School Activity 5pm Sports Camp 630pm Adult Volleyball	7 Gym Hours 8am-530pm Limited Gym Use Christmas Bazaar Set-up	8 Gym Closed Christmas Bazaar After School Trip to Hatchery	9 Gym Closed Christmas Bazaar
10 PA Rams Home Game – Elwha Gym	11 8am & 9am Personal Training 10am & 11am Elders Movement 12pm Lunch Time Fitness 230pm After School Activity 5pm Youth Sports 630pm Adult Basketball	12 HoL Christmas Concert 5pm Set-up All Day – Limited Gym Use After School Activity Dining Hall Movie TBD	13 <u>6am Fitness Class</u> 8am & 9am Personal Training 10am & 11am Elders Movement 12pm Lunch Time Fitness 230pm After School Activity 5pm Youth Sports 630pm Adult Volleyball	14 8am & 9am Personal Training 10am & 11am Elders Movement 12pm Lunch Time Fitness 230pm After School Activity 5pm Youth Sports 630pm PA Rams Basketball	15 8am & 9am Personal Training 10am & 11am Elders Movement 12pm Lunch Time Fitness 230pm After School Activity 5pm Black Light Youth Night	16 10am-6pm Open Gym 3pm Movie TBD
17	18 8am & 9am Personal Training 10am & 11am Elders Movement 12pm Lunch Time Fitness 1pm Basketball Camp 630pm Adult Basketball	19 9am Dr Dish Shooting 10am VertiMax Session 12pm Lunch Time Activity 1pm Basketball Camp 630pm PA Rams Basketball	20 <u>6am Fitness Class</u> 8am & 9am Personal Training 10am & 11am Elders Movement 12pm Lunch Time Fitness 1pm Jon3 Basketball 630pm Adult Volleyball	21 9am Dr Dish Shooting 10am VertiMax Session 12pm Lunch Time Activity 1pm Basketball Camp 630pm PA Rams Basketball	22 Winter Ball Family Dance Gingerbread House & Cookie Decorating Rudolph & Charlie Brown Movie	23 Closed
24 Christmas Eve	25 Christmas Day	26	27	28	29	30 Closed
31 New Year's Eve	Regular Gym Hours M-F 8am-830pm – Sat 10am-6pm (Closed 2-230pm Lunch) Wed 6am Fitness Class					



Library

Happy Holidays from the Library!

We're getting into the holiday spirit here at the Library and that means we're featuring books this month about the holiday season.

- *Native American Night Before Christmas* by Gary Robinson: "A whimsical look at what a Native American Christmas Eve might be like when Old Red Shirt (Santa Claus) comes a-calling in his old wooden sleigh pulled by a team of flying white buffalo to deliver commodities, fry bread, and other goodies to the Rez."
- *Coyote Christmas* by S. D. Nelson: "His stomach rumbling, Coyote approaches a house on Christmas Eve hoping to trick the family there out of a hot meal by dressing as Santa Claus, but Sister Raven sees the strange events and plays a wonderful trick of her own."
- *Home for the Holidays* by Craig Manning: "Share in the joy with Elmo and friends in this special story that proves no matter what you celebrate, there's no place like home for the holidays!"
- *Celebrate Hanukkah* by Deborah Heiligman: "With dazzling images and engaging text, readers learn about the historical and cultural significance of Hanukkah and why it is celebrated around the world. From the lighting of the menorah to the special foods that are shared to the spinning of the dreidels, they'll get insights about this holiday's traditions and the Jewish faith."



Winter Reading Program Begins Dec. 18th

Kids up to 18 are invited to participate in this year's Winter Reading Program! We have lots of cool prizes, including Legos, games, toys, and more. All participants need to do to be entered into the prize drawing is to read! For every 20 minutes participants read, they will earn an entry into the prize drawing, which will take place on Jan. 2nd at 3pm here in the Library. Simply use the Reading Log (which you can find here in the Newsletter or come pick up in the Library) to record every 20 minutes of reading, and be sure to bring it with you to the prize drawing. We will draw three names, and the winners will get to choose their prizes in the order drawn. We will also have a super special secret prize for all participants which we will give out at the prize drawing, so be sure to read and come to the drawing! The Winter Reading Program runs from Dec. 18th through Jan. 2nd, and any reading done by participants during that time counts toward prize drawing entries. For any questions, call Jason M. at 360-452-8471 ext. 7431 or come into the Library.

Weekly Class for December

We are continuing our weekly class series each Wednesday at 5-6pm in the Library. This month's schedule is as follows: Dec. 6: Introduction to MS Word with Northstar Online Learning; Dec. 13: Information Literacy: How to Tell Fact from Fake; Dec. 20: Introduction to MS Excel with Northstar Online Learning; Jan. 3: Career Search Skills. There will be no class on Dec. 27.

Playaway Audiobooks are Coming to the Library

Starting this month, Playaway audiobooks will be available for checkout in the Library. What are Playaway audiobooks? Put simply, they are portable media players (think iPod) which are preloaded with an audiobook ready to play. They can be listened to through headphones, or through an aux port in your car. Some of the titles we have on order include: *Killers of the Flower Moon* by David Grann; *The Night Watchman* by Louise Erdrich; *My Heart is a Chainsaw* by Stephen Graham Jones; and many more! Come on in to find your next audiobook!



Natural Resources

It makes my heart feel so good to have our people fishing the river again ... You get fish hungry after a while. "
– Cheryl Charles



C&S COHO FISHERY SNAPSHOT

Here are some highlights from the historic Coho fishery October 9–31st, 2023 ...



Although returns were fewer than expected, this is consistent with statewide trends. Memories were made and lessons learned in this important step toward restoring tribal fishing on the Elwha River.

THANK YOU to all who participated in this effort and helped our staff collect data that is critical to ensure future Elwha fisheries.



203

Total Coho caught
(137 by hook & line)

Non-target species
caught & released

5

Bull trout
Pink
Chum
Cuthroat
Rainbow



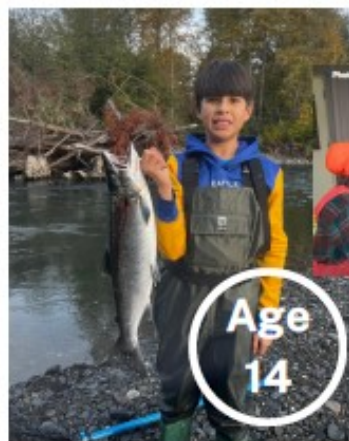
66: 33

Percent of Natural
Origin versus
Hatchery Origin



151

registered fishers



Age
14

youngest
Fisher



5

fishers caught fish
for elders

"Awesome. It was just awesome to have fresh, real fish, not town fish ... It's been too long. I like to think about it again, brings tears to my eyes." – Geni Black



Natural Resources

A huge thank you to James Beasley of Wicked fishing!

Port Angeles local owner of Wicked Fishing Lures, James Beasley, volunteered his time and donated tackle boxes filled with Wicked Lures to encourage tribal youth to get out fishing. He instructed tribal members on how to fish Wicked Lures and casting techniques to be the most successful fishing. We would like to raise our hands to James! Also thank you to everyone who came out to participate. Hopefully we will have many more events to come!





Housing



LEHA December 2023 Newsletter

Christmas is approaching quickly and the LEHA would like to share a few holiday reminders. Keep Christmas trees away from heaters, those who use cut trees need to remember to keep them watered to prevent fire hazards, when putting up you tree and decorations please don't block doors and windows (emergency exits).

Murrey's Disposal will charge tenants for overfilled and overweight trash cans, so please remember to use the provided dumpsters for any excess trash that accumulates during the holiday season.



The LEHA office will be closed December 25th through 29th for Christmas!

***Did you pick up your air purifier?**

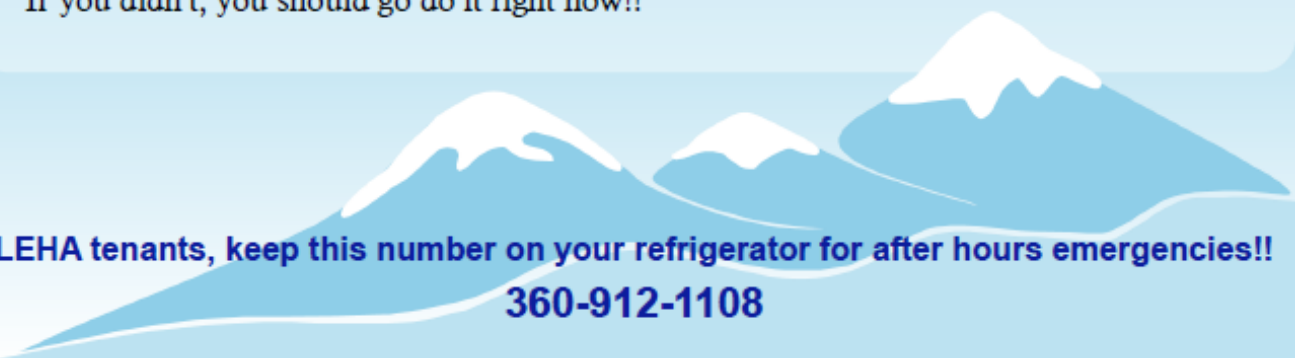
The LEHA office still has quite a few new purifiers left. The air purifiers are NOT only for LEHA tenants, they are for any tribal member in our area who did not receive one during the previous two rounds. Please call the office at 360-457-5116 to see if your name is on the list to receive one. (ONE air purifier per household)

***Did you change your smoke detector batteries when you set your clocks back??**

If you didn't, you should go do it right now!!

LEHA tenants, keep this number on your refrigerator for after hours emergencies!!

360-912-1108





LEFA



Lower Elwha Klallam Tribe - Lower Elwha Family Advocacy Program (Social Services Department)

3080 Lower Elwha Road; Office (360) 565-7275 ext. 7453; (360) 460-1745;

(360) 775-9346 crisis or non-crisis matters.

E-mail: Beatriz.arakawa@elwha.org

Assistance to Victims of Domestic Violence, Sexual Assault, Dating Violence, Stalking, and Provide Prevention/Awareness and Support Group.

Mission: Victim's Safety and Autonomy through Advocacy and Community Awareness

Dearest Lower Elwha Klallam Tribal Community members and readers,

October was one of my busy months to send November newsletter. However, I still want to send my sincerest appreciation to everyone who participated and those who worked so hard to make the **commemoration of October National Domestic Violence Awareness Month walk, "No One Walks Alone": ʔáwana húʔis ʔat šátanʔ** which was held Wednesday, October 18th at Tribal Center.

I want to especially acknowledge the following: **Social Services** (Becca SW, Director – continuing support of the staff, Kelsie G, co-organizer, ordered promotional items, created certifications, assisted in the gym prepaton, arranged transportation from and Upper Elwha, monitored food and water in the River Casino, walked with family, and made some posters, Brad H - co-organizer, managed silhouettes, helped prep/cleaned up the gym, walked with daughter, named the theme of the event, Iliana J – co-organizer and searched for statistics and fatalities, Janet E - mailouts, Kerrie M, Keeoma M, and Tessa V - co-organizer, decorating, made posters, walked with families and more, Julie H, Jeremy A, Samantha A, Sateva H, Vashti W, Autumn C, and Becky C – provided support whenever needed and walked with families); **Recreation** (Jason W – co-organizer, Jared M, and Cheyenene W – prepared, monitored and cleaned up the gym), **Law Enforcement** (Chief Sam W, Rachelle J, and Jessica G – co-organizers and walked w/ families, Glen R, Alex Hamrick, and Daniel LaTourette escorted the walk and transported couple elders, Sergeant Jimmy T – also participated, Detavious W, Phil C, and Nekoda W). EPD donated water bottles. The EPD surprised me with a plaque of appreciation of years of services – Thank you very much! **Justice Center** - attorney Diane C; **Chief Executive Office** - Tia S and Nancy H –co-organizer, **Clinic – Klallam Counseling and Mental Health** - Sandra S, Roxy C, and Roxy P, **Natural Resource** - Gordon C – Elwha Shuttle Driver; **Education and Culture** - Jessica E, Harmony A (donated cedar roses), and Jonathan A – co-organizers, Mariah F, Karrin F, Charmaine W, Maurice R, and Ashley P); **Elwha River Casino** - Rena B – co-organizer, Randy G, Elaina B, Joseph B, and the cook; thank you so much for donating delicious food; **Elwha Food and Fuel Store** for posting our flyer; **Dylan G** – Jamestown Tribe community members, donated ribbons and took photos; Gayla J - WomenSpirit Coalition, Beverly L - Mariposa House, Daryl T - Healthy Families; I cannot thank you enough **Elwha Domestic Violence and Sexual Assault Task Force Team**, Elwha staff and members, neighboring communities Erick Johnson Sr. that took pictures that extended their time and energy for the success of this event.

In addition, my heartfelt gratitude to Business Council for your unwavering support of our awareness activity even when you were not present. The awareness walk was scheduled at the same time Chairwoman Frances Charles received her *Ecotrust Indigenous Leadership Award* in Portland. Congratulation Chairwoman Frances Charles!

Furthermore, through many years of working for the Lower Elwha Klallam Tribe, I am blessed with



LEFA

magnificent and passionate people. They had and have mentored me, assisted me, co-developed and organized many community activities with me. In so, in October 18th, I have honored some of them with certification of appreciation because I honestly could not accomplished many educational information, outreach, trainings, family nights, and direct services if I did not have partners, collaborators, and corroborators, like the following: **Business Committee:** Frances Charles - LEKT Business Committee Chairwoman, Russell Hepfer - LEKT Business Committee Vice-Chairman, Melissa Gilman - LEKT Business Committee Secretary and Treasurer, Anthony Charles - LEKT Business Committee Council Member, Steve Robideau - LEKT Business Committee Council Member; **Executive Office:** Tonya Green, Tia Skerbeck, Keri E, Elaine M, and Nancy H; **Justice Center and Police Dept:** Attorney Cabrera, Rachel J., Chief Sam White, Sergeant J. Thompson, LEKT Law Enforcement, and

Jessica G; Arlene W at Grant Writer dept; **Childcare/Preschool:** Lola M; **Housing Authority:** Jennifer H; **Recreation Department:** Jason W, Jared M, and Cheyenne W; **Social Services Department:** Becca S-W, Janet E, Becky C, Tammie S, Kelsie G, Julie H, Tessa V, Vashti W, Sateva H, Autumn C, Samantha A, Jeremy A, Nicole V, Chrissi D, Jim A, and Dorene C; **Healthy Transition:** Iliana, Kerrie, Taylor, Keeoma, Brad, and Sandra; **Information Technology – IT:** Ken G, Steven H, Beau G, and Paul G; **Elwha River Casino:** Rena B, Randy G, and Joseph B; **Education and Culture/Language Program:** Wendy S, Ashley P, Jonathan A, Harmony A, Karrin F, Mariah F, and Jessica E; **WomenSpirit Coalition;** **Elwha Finance Department;** **LEKT Health Clinic Department:** Stormy H, Becky S, Luana A, and Emma B; **Healthy Families of Clallam County:** Leslie B and Daryl T; **Quelittle New Beginning;** **Mariposa House or Forks Abuse Program:** Beverly L and Ann S; **Peninsula Daily News;** **Jamestown S’Klallam Tribe:** Dylan Godsey; **Maintenance Department:** Warren S, Sky A, Garnet C, Levi C, Lani C, Phelix M, and Aaron K; **other volunteers:** Ellen F, Sheryl CW, Lori A, and Dawn S. I highly appreciated all of you!



The 5th Annual Tribal Program Summit in Jacksonville, Florida 9/25-27/2023 (left to right: Victoria Ybanes - Executive Director of Red Wind Consulting and Host of the summit; Martha Tommie – Seminole Tribe did open and closing prayer; Gene Tagaban - Native Wellness Institute “The power of story”



10/17th North Olympic Library - DV Awareness Documentary screening exhibit reception; photos are from Sarah Marrison, Librarian – North Olympic Library System

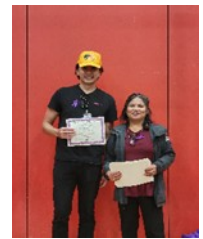
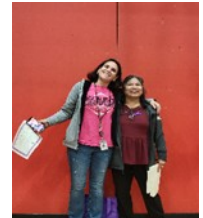
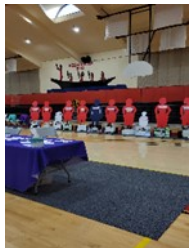


LEFA



10/18th Clallam County Job Fair: Jeremy & Beatriz

10/18 DV Awareness “No One Walks Alone -
ʔáwəṇə húʔiʔs ʔəʔ ʕátəŋ”



When in doubt of your safety due to domestic/dating violence, sexual assault, stalking or other crimes, call us. You can reach us 24/7 hours. Emergency? Call 9-1-1

Lower Elwha Family Advocacy: 360-565-7257 ext. 7453; 360-460-1745 or 360-775-9346

National DV hotline: 800-799-7233

StrongHeart - Native Hotline: 1-844-7NATIVE

Mariposa House: 360-374-6411

Crime Victim Advocate: 360-775-5029

Healthy Families: 360-452-HELP

WomenSpirit Coalition: 360-681-3701

Merry Christmas and Happy Holidays to all of you!

Respectfully, Beatriz B. Arakawa, LEA Program Manager and Victim Advocate



Public Works

Solar Power Energy

Did you know that solar power could be stored for an emergency?

We Need Your Help

The Public Works Department is doing a study to see if solar power could help our community in case of an emergency.



SCAN TO TAKE SURVEY

Your input matters!
Please respond by
January 1.



CONGRATULATIONS
BECCA!

**YOU'RE
OFFICIALLY
GETTING
OLDER!**

AND BY THAT I JUST MEAN:
HAPPY BIRTHDAY!

FROM YOUR FAVORITE SISTER
SAMANTHA KAYE



Happy birthday sister! Hope you have the bestest day. You deserve it! Love Teva and Zoe Zoe.



CONGRATULATIONS!

Congratulations to our boys.
7-0 that's right the Port Angeles 8U Future Riders are 2023 Champions.
Kameron Tinoco # 31 & Tydus Woods # 8.
A huge shout out to Coach Lil E, Coach Laz, Coach Woods & Coach Pasqua. Thank you to these boys for all the hard work and dedication you put into the game.
Parents thank you for your support.
Congratulations Kameron & Tydus
Love always
Grandma Dorene
Auntie Dorene



King Wyatt Owens, a lineman for the Crescent High School football team, left, and Queen Ciara Cargo were named homecoming royalty at halftime of the Loggers' game against Darrington on Saturday. Both are seniors at the school. (Dave Logan/for Peninsula Daily News)



PHOTO
Crescent royalty

Dave Logan For Peninsula Daily News
Monday, October 30, 2023 1:30am

NEWS CLALLAM COUNTY



LEPD

Chief Sam White was appointed to Washington Association of Sheriffs and Police Chiefs (WASPC) Executive Board in the early part of COVID. Chief White is the first and only Native American to ever serve on the WASPC Executive Board. While Chief White was serving as a WASPC Board Member in 2022, Washington State Attorney General's Office (AGO) under Bob Ferguson created the Missing and Murdered Indigenous Women and Peoples (MMIWP) Taskforce. Chief White was nominated to represent WASPC on the MMIWP Taskforce. During the initial foundation of the MMIWP Taskforce meeting, Chief White was nominated to the executive board and to Co-Chair the MMIWP sub-committee Criminal Justice and Public Safety. The MMIWP meetings were hard work, long and often. The task force was able to see the WSP Alert bill go through, the creation of the MMIWP Cold Case Unit legislation be approved and more legislation will go to Washington State Senate for approval to improve the States responsibility to our missing and murdered love ones.

The AGO hosted its second MMIWP Taskforce Summit this last November 1 and 2, 2023. During this Summit, Chief White sat on a panel with WASPC Executive Director Steve Strachan, FBI Special Agent in Charge Rick Collodi, FBI Seattle Office Kelly Smith, Washington State Patrol Tribal Liaison Dawn Pullen, and Rich Barker, Assistant U.S. Attorney, United States Attorney's Office for the Eastern District of Washington. During this even Washington State Senator Manka Dhingra asked the panel question around the area of Jurisdiction and how it hinders the MMIWP response, investigations and end results. The main people in the audience where family survivors of MMIWP.

Patricia Whitefoot is a MMIWP Family survivor and one of the original grass roots driving forces in the MMIWP movement at the Federal and State Level serving on both the Federal and State MMIWP Taskforces. Patricia Whitefoot is a Yakama Tribal member. Patricia Whitefoot and her family honored Chief White and the work he has done on the MMIWP Taskforce after the panel with a ribbon shirt that she made.

Chief White continues to serve on the WASPC Executive Board and the AGO's MMIWP Taskforce along with his regular duties a Chief of Police. Chief White is also working in a workgroup with many Washington State Tribes, Senator Dhingra and House Representative Debra Lekanoff on a Tribal Warrants bill that will hopefully go through this short legislative session.





LEPD

2023 Service Record for L & O		OCT		
911 Hang-Up		2	Harassment	2
Abandoned Vehicle		1	Junk Vehicle	2
Alarm/Alarm Check		3	Malicious Mischief	1
Animal Calls		2	Misc. Info/False Reporting	3
Business Check		118	Other Agency Assist	3
Citizen Assist		9	Parking Complaint	1
Citizen Contact		2	Report of Open Door/Window	8
Civil		6	Sex Offense/Monitor	2
Code Enforcement		1	Stone Garden	7
Community Oriented Policing		14	Suspicious Person/Vehicle	7
CPS/APS		1	Theft	1
Disturbance		2	Traffic Control/Emphasis/Hazard	33
Eluding		1	Traffic Stops	6
Follow Up		5	Trespass	6
Found/Recovered/Lost Property		1	Vehicle Accidents	8
Fraud		2	Welfare Check	3
Frequent Patrol Request		49	Total	312

The police department would like to congratulate and welcome back River Bower. River was hired by the department earlier this year. Prior to joining the Lower Elwha Police Department River served in the Navy for 7 years from 2016-2023. River left to attend the Basic Police Officer Training Program at the Federal Law Enforcement Center in Artesia, New Mexico in July. The program is 13 weeks, and he was set to graduate October 6th, but the class was held up a week because of a Covid-19 outbreak. River graduated October 12th. After he came back home he was given some well-deserved time off to relax and spend time with his family. River returned to work on November 5th and began his field training with Sgt. Grimes. We expect River to complete field training and be out on patrol on his own in February.





Tribal Directory

Tribal Center

2851 Lower Elwha Road
Port Angeles, WA 98363
360.452.8471

Executive Director

Tonya Greene, Ext. 7469

Tribal Operations Officer

Tia Skerbeck, Ext. 7420

CFO Froilan Sarmiento, Ext. 7463

Accounting

2851 Lower Elwha Road
Rachelle Wheeler, Grants
Administrator Ext. 7465
Jo Klinski, Controller/Payroll
Ext. 7460

Cedar Box Smoke Shop

4779 S Dry Creek Road
360.477.1170

Children's House of Learning (Early Head Start, Head Start, Child Care, Prenatal Program)

291 Spokwes Dr
360.504.3141
Lola Moses, Early Learning Director
Ext. 7471

Bobi Clark, Child Care Program
Manager Ext. 3402
Deanna Murray, Health Manager
Ext. 7470
Ralena Cornelison, Family and
Community Partnership Ext. 7474
Darla Owens, Prenatal Program
Ext. 7475

Education

Jessica Egnew, Director Ext. 7425

Elwha Peaks Cannabis

4775 S Dry Creek Rd, Port Angeles
360.912.7533

Elwha River Casino

631 Stratton Road, 452.3005
Mike Watson, General Manager

Elder Services

Samantha Acosta, Coordinator
Ext. 7466

Employment Services/HR/TERO

Sandra Johnson, Director Ext. 7429

Enrollment Services

Maurice Raub Ext. 7477

Facilities & Maintenance

Warren Stevens, Director Ext. 7432

Food Bank

22 Spokwes Drive
360.452.8471
Dorene Charles, Coordinator
Ext. 7690

Gaming Commission

631 Stratton Road
360.452.5628
Elaina Begay, Director

Health Clinic

243511 Highway 101 West
360.452.6252
Lorinda Robideau, Health Services
Director

Heritage Center

401 E. First Street, 360.417.8545
Nicole Volkmann, Manager
Ext. 2912

Human Resources

Ext. 7430

Housing Authority

22 Kwitsen Drive, 360.457.5116
Janet Hren, Interim Director
Ext. 7552

Information Technology

Ken Giersch, Director Ext. 7541

Justice Center/Tribal Court

341 Spokwes Drive
360.452.6759

Klallam Counseling Services

243613 W Hwy 101, Port Angeles
360.452.4432
Stormy Howell, Treatment
Manager

Law & Order/Police Dept.

Justice Center

341 Spokwes Drive
360.452.6759
Sam White, Chief of Police Ext.
2922

LOWER ELWHA FOOD & FUEL

360.477-1170

Natural Resources/Fish Hatchery

760 Stratton Road
360.457.4012
Matt Beirne, Director Ext. 7485

Planning & Development

Arlene Wheeler, Director Ext. 7437

Prevention Health/GYM

Jason Wheeler, Ext. 7440

Social Services

3080 Lower Elwha Road
360.565.7257
Becca Sampson-Weed, Director
Ext. 7456



BUSINESS COUNCIL



Frances G. Charles
Tribal Chairwoman, Ext. 7411



Russ Hepfer
Vice Chairman, Ext. 7412



Melissa Gilman
Secretary/Treasurer Ext. 7414



Steve Joaquin Robideau
Council Member, Ext. 7413



Anthony Charles
Council Member, Ext. 7415

Dates to Remember:

12/3 Volleyball Tournament
12/6 Intro to MS Word
12/8 - 12/9 Holiday Bazaar
12/10 PA Rams Home Game
12/12 House of Learning Christmas Concert
12/13 Information Literacy
12/20 Intro to MS Excel
12/22 Winter Ball Family Dance
12/25 Christmas Day
12/31 New Years Eve



To submit an article or join our email distribution list please send a note to Newsletter@Elwha.org.

You can also find each monthly edition at
<https://www.elwha.org/newsletter/>

Lower Elwha Klallam Tribe
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Port Angeles, WA 98363

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ELWHA NEWS

Lower Elwha Klallam Tribe

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“THE STRONG PEOPLE”

The *Elwha News* is a monthly publication of the Lower Elwha Klallam Tribe to inform, educate and stimulate interest in the Tribe and community affairs. It also raises awareness and respect for the Reservation and its resources. For news articles, please send to the address below by the third Friday of the month.

Chrissi Ducotey
Administrative Education & Training
Specialist
Elwha Klallam Heritage Center
401 E First St
Port Angeles, WA 98362
Phone: 360.417.8545
Newsletter@elwha.org

Note: This newsletter is uploaded monthly to the Lower Elwha Klallam Tribe webpage *elwha.org*

You can find it under the “Announcements” section titled: **Newsletter**

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