



August 2023

# Elwha News

*čʔéʔtχʷaʔ syəcəm*

LOWER ELWHA KLALLAM TRIBE



**NatureBridge: The Middle Schoolers and Nizhoni pose for a photo on a sea stack at Second Beach**



## Letter From the Co-Chair

July 2023

Dear Lower Elwha Tribal Community,

Thank you once again for allowing me to represent you. It was great to see the number of turnout for voting. Thank you. I want to thank Ed Johnson for all that he has taught me during this terms on Tribal Council. I am constantly learning new things and Ed has taught me a lot. Thank you Ed for your patience with me. I've enjoyed the comradery that we have shared.

In the same vein, I would like to welcome Melissa Gilman to Tribal Council. She comes from a respected family and has worked in our Finance Department for a number of years now. I don't think there is too much of a learning curve as far as a tribal organization, issues and projects. She is pretty savvy. I look forward to continued work with learning from her also.

By the time you read this Canoe Journeys will be over. Just the same, it is an exciting time. All the preparation and buzz around the landing and hosting. I want to thank Emma Bankson and her crew. I know from experience that it takes hours of prep and getting things ready for our guests. The hard part for me back in the Paddle to Elwha 2005, when I as a coordinator, was taking care of our elders. Making sure all their needs are met. Each elder is different and their needs are different also. Our Maintenance Crew and Summer Youth have been busy preparing the rez for camping. Mowing lawns, clearing brush and making our place presentable again. Our youth have been working real hard. That is good to witness. I want to thank the Elwha Tribal Council for all their support during our mini hosting. Frances and Melissa took care of a lot of shopping and planning. Anthony used his boat to support from here to Alki Beach. Joaquin was available to help out where needed. I would name some more but I would miss a lot of them. Our whole tribe and staff have stepped up to make our mini hosting a success and safe place to be.

I have continued working on the various fishing issues. That is the work I really enjoy. Elwha Tribe is at the forefront on many issues. In addition to fishery issues we have a lot of negotiations dealing with shellfish. It is hard when another tribe digs in and doesn't want to be fair and equitable to each other. In the end we come together to agree upon something to get all of us on the water. I've learned that we don't always get what we want and no one is ever truly happy about the end result. But like I said, we get on the water. The process starts all over again in early January and will conclude in early March. I look forward to representing Elwha again. Thank you.





## Letter From the Co-Chair

I had a phone message from a frustrated and concerned tribal member. He stated that no wonder I had an “Open Door Policy!” you are never there! Well..... that is almost true. I am out attending meetings, talking to other governments about Elwha issues and concerns a lot. There is always something going on. I did return his call and got his issue resolved. So, if you have an issue or concern and I am not here at the Tribal Center, please call and leave a message. I take pride on returning phone calls to no matter who. My Open Door Policy still applies.

Thank you for taking the time to read my newsletter letter. I will try to keep you informed on what I am doing and thinking. Of course, if you have an idea or concern, let me know.

Respectfully,

Russell (RAZZ) N. Hepfer



LEKT's Vocational Rehabilitation Program's new  
online store is NOW OPEN!

**[BlackFishTradingPost.com](https://BlackFishTradingPost.com)**

This project allows Native Americans experiencing disabilities to gain valuable work experience while also allowing us to serve as a venue for our artists and artisans to showcase their work.

Must purchase through the website. Use coupon code "FIRST20" for 20% off your order. Delivery is available via USPS, or pick up in person at the Heritage Center. Sorry, no payroll deductions.



Funding for this project is provided by the Rehabilitation Services Administration through the US Department of Education.



## Community Calendar

please visit **elwha.org**  
community calendar



**Ṗáyskʷáči!** In addition to Community and Department Event notification, The Community Calendar will also be used for tribal facility reservation. Tribal facilities are open to the Lower Elwha Tribal Community for use. To notify the Lower Elwha community of your event or to reserve a space for an event please contact:

**Nancy Hamilton**, cell phone: **360.912.1302**, ext: 2960,  
**[nancy.hamilton@elwha.org](mailto:nancy.hamilton@elwha.org)** with your request.

There is a \$100.00 deposit for personal facility reservation. This deposit will be returned to you in a timely manner after verification of completion of the cleaning checklist you are given upon signing of your LEKT facility rental agreement. For **LEKT Gym** reservations the person responsible must schedule a walk-through no later than a week prior to their reservation date and time with LEKT recreation staff to go over expectations in care.

### **The facilities available to reserve on the community calendar :**

**Tribal Center Dining Hall and Kitchen**, 2851 Lower Elwha Rd.  
( Weekdays- 5:00pm-9:00pm, Weekends- Holidays- 8:00am-9:00pm )

**Tribal Center Gymnasium**, 2851 Lower Elwha Rd.  
( Saturday, 6:30pm-9:00pm, Sundays and Holidays, 8:00am-9:00pm )

**Gathering Place / Veteran's Center**, 247 NS'Klallam Dr.  
( Monday-Sunday, 8:00am-9:00pm )

**Billy Whiteshoes Softball Field**

Monday-Sunday – Dawn to Dusk

*\*Calendar will be marked as **RESERVED** for the given time frame. Only  
Pertinent details will be visible to the public\**





## Housing



### August 2023 Newsletter



We would like to thank all of the vendors and community members who attended the LEHA 1st Annual Housing Fair! We have included some photos of community members participating in some of the Fair activities that were available.



A **BIG thank you** to the staff at LEHA for making it a successful event for our community!



**\*\*Inspections are on-going and will continue through most of September.**  
If you have any questions regarding inspection requirements and house-keeping responsibilities please call the office. **\*\***

A friendly reminder that the **Section 184 informational meeting is on September 6th.**  
**The sign-up sheet is here at the housing office,** if you wish to be added please call the office at 360-457-5116. Keep an eye out for other classes USDA, Section 184, Insurance basics, etc. .





## Nutrition & Diabetes

### JULY 2023 NEWSLETTER

## KLALLAM STRONG: NUTRITION & DIABETES NEWSLETTER

Dawn Travelstead, RD, MS, CDE, Lower Elwha Health Clinic

#### In this issue:

- Food Additives
- Diabetes Care Guidelines
- Did you know?



### Diabetes Care Guidelines

Keeping healthy with the diagnosis of diabetes can be time consuming and challenging. The American Diabetes Association created diabetes care guidelines to help keep you healthy and offset complications. Our goal is to keep you healthy!

1. Having an eye exam once a year. Diabetes can damage blood vessels in the retina.
2. Teeth cleaning twice a year. Glucose increases bacteria and plaque buildup.
3. Yearly foot exam from your PCP. Checking for nerve and blood flow.
4. A1C test. Ideally 3-4 times a year. Your 3 month blood sugar average. Goal <8.
5. Lipid test. Once a year for your cholesterol and triglycerides.

I will be calling you in the next few months updating this information in your chart.

#### Did you know?

It only take 150 minutes of exercise a week to keep your heart healthy! That is only 20 minutes a day, but only 1 in 4 people meet this goal. Are you one of them?



### Food Additives to Avoid

*How they can harm you—and where they may lurk.*

Over the past two decades hundreds of food additives have entered the food system without rigorous safety review by the FDA. Consumer Reports have been focusing on these 5:

- **Brominated vegetable oil**—used in soft and sports drinks to keep ingredients from separating. It builds up in the body and can affect the thyroid, memory and cause headaches. (ie-mountain dew, squirt)
- **Potassium bromate**— an oxidizing agent that makes bread swell and doughy. Potential for cancers and headaches. Also called bromated flour. (ie-bagels, pizza dough ,bread)
- **Propyl paraben**— A preservative used in pastry, tortillas and cosmetics. Found to disrupt hormones. Companies like weight watchers, little Debbie, sara lee use this.
- **Red Dye #3**- A synthetic dye made from petroleum. Used in food and drinks to give its red color. Linked to cancer and ADHD.
- **Titanium dioxide**- A powder added to whiten foods and products. On label may say 'color added'. Accumulates in the body and can have a carcinogenic effect. Found in skittles, coffee creamer, gummies, etc.

Currently all 5 of these products are banned in Europe Union & Japan, but allowed in the USA.  
For more information —[www.cr.org/ingredients](http://www.cr.org/ingredients)

If you would like a nutrition session, please call me @ 360-912-1500.







## Dental

### Dental Meeting for IHS Dental Clinics



Your very own dental clinic will be representing at the upcoming IHS area dental meeting on August 15th and 16th at the Suquamish Clearwater Resort. Clinic staff from all IHS dental clinics in Washington, Oregon, and Idaho will be coming together in the spirit of improving dental services for the communities we serve. We are excited about the new skills and insights we will be able to bring back to the Elwha Klallam community!

Please note that on Tuesday August 15th and Wednesday August 16th, the dental clinic will be closed as we attend this meeting. Folks with dental emergencies can contact Dr. Churchill on his cell phone (360-461-6705) for consultation. The clinic will be open as normal on Thursday August 17th.

### Get your čənəs checked!

Hard to believe summer break is almost over! Fall sports and school will be in session soon, what better time for a dental exam? Give us a call for an appointment for an exam and cleaning. If you are in need of a mouthguard for sports, now is a great time to get fitted for a custom guard for the season.



Lower Elwha Dental Clinic: (360) 452-6252 x2



TVR

# Lower Elwha Klallam Tribal Vocational Rehab

Employment Services For Natives With Disabilities

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**ENROLLED NATIVE AMERICANS WITH  
DOCUMENTED DISABILITIES MAY BE  
ELIGIBLE TO RECEIVE SERVICES AND  
FUNDING TOWARD VOCATIONAL AND  
EDUCATIONAL GOALS.**

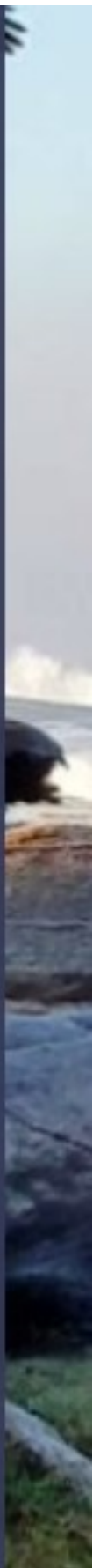
For more information:

Elwha Klallam Heritage Center - 401 E First St Port Angeles  
(360)417-8545 x2910 - [Jim.Allene@Elwha.org](mailto:Jim.Allene@Elwha.org)

Lower Elwha Klallam Social Services

(360)452-8471 x7457 - [Jeremy.Acosta@Elwha.org](mailto:Jeremy.Acosta@Elwha.org)

[www.facebook.com/LEKTVR](https://www.facebook.com/LEKTVR)





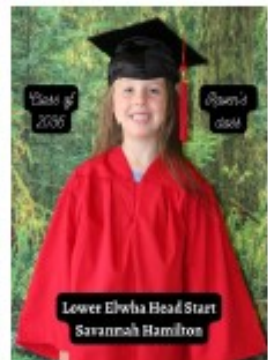
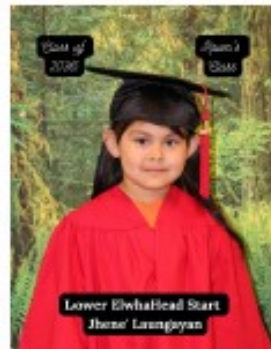
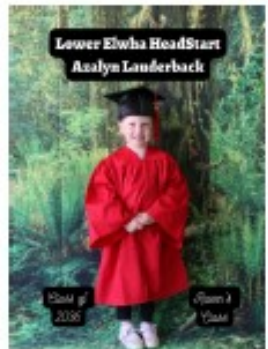
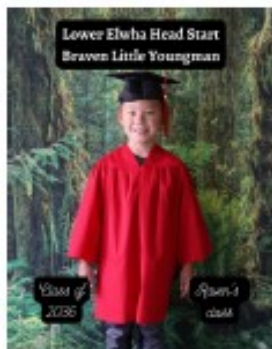
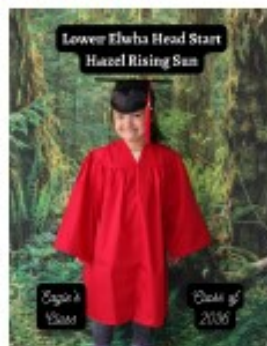


## Head Start & Early Head Start

### HEAD START EARLY HEAD START ARE ACCEPTING APPLICATIONS.

Please turn in your application ASAP. Space is limited. We accept applications year round but our cut off date for this next year to start to build classes is July 31.

**2023 Graduation** was a huge success. Thank you to all who help decorate, clean up, cooks, servers, parents, and donors. We couldn't do this without you.



Class of 2036. Thank you to all the families for allowing us to share in the education of your young children. Please continue to support them throughout high school. You can always call us if you need assistance.

Ralena (Reba) Cornelson  
360-452-8471 ex 7474





## Congratulations Graduates—Graduate Profile



**Name:** Zelby Rae Gloria

**Age:** 18 yrs. old

**Enrolled:** Lower Elwha Klallam Tribe

**Other Tribal Affiliations:** Tlingit (Gloria), Jamestown S’Klallam (Sullivan)

**Parent:** LaTrisha Suggs (Kardonsky-Cook)

**Grandparents:** Theresa (Kardonsky-Cook) and Lloyd Lehman; and Late Nellie (Sullivan) and Late Kasko Gloria

**Biological Father:** Raymond Gloria, Lower Elwha Klallam (Sullivan)

**School:** Port Angeles High School and Peninsula College (Running Start)

**School Activities:** Orchestra, Band, Thespian Club, Garden Club, Native American Club (Senior Year-Chairperson), Soccer-Freshman Year, High School Plays (an actor, costume director, lighting director, and producer)

**Other Activities:** Port Angeles Education Foundation-Youth Representative, Northwest Portland Indian area youth cohort -Junior year to Current, attended National Congress of American Indians Youth Leadership Program-Summer 2022, volunteered at the Port Angeles Public Library for two summers, and local beach clean-up events.

### Future:

Attend Peninsula College to complete her AA degree to prepare to transfer to a 4-year college. I would like to try writing, maybe not as a career, but as a hobby though I wouldn’t mind writing as a job. I would like to pursue an education in psychology as it would be a worthwhile career. I have a passion for film and screenwriting, it is one of many hobbies, and I would love to pursue a career in that industry. Finally, I would like to explore Indian law and what that contains. Careers in Indian law are very much needed today and seem a worthwhile path that would benefit my community. The process of government is interesting and complex, and I can see myself pursuing it. I can see myself teaching my language as well.

I want to give back to my community and utilize my creativity. I hope to try everything and make people happy. If I do a film, I hope to make powerful films, if I do psychology I hope to come back to my community and make my services available and if I did government, I would most want to become a tribal leader. For right now though I would like to finish my AA degree at Peninsula College.





## Library

### Summer Reading Program is in Full Swing!

The Library's Summer Reading Program is off to a great start! If you haven't gotten your child signed up for the program, don't worry, it's not too late! Kids up to 18 have the chance to win awesome weekly prizes, and can be entered to win one of our great grand prizes, which are a Star Wars X-Wing Lego set, a Pokémon Cards booster pack, a Squishmallow mystery box, and a pair of AirPods! Weekly prize drawings are every Friday at 3pm in the Library until Aug. 25, and the grand prize drawing will be Sep. 1 at 3pm, also in the Library. For every 20 minutes kids read, they will earn one entry into that week's prize drawing! For every five entries into the weekly drawings, they will earn an entry into the grand prize drawing, up to a maximum of four. If you have any questions, please contact Jason Morris at [jason.morris@elwha.org](mailto:jason.morris@elwha.org). You can pick up a reading record from the Library!



### Elder Book Delivery

We are considering starting a new program at the Library which would deliver books to Tribal Elders weekly or as often as necessary. Participants in the program would select books (either through the Library's web catalog or by contacting us directly) to be delivered to their home and books will be picked up as well when finished. We are currently assessing the feasibility of such a program and would like to hear your feedback to understand how much demand exists for the program. If this sounds like a program you would be interested in participating in, please contact Jason with any feedback you might have. You can visit us during our business hours, Mon, Thu, Fri 8am-4:30pm and Tue, Wed 10am-6:30pm, call at 360-452-8471 extension 7431, or email [jason.morris@elwha.org](mailto:jason.morris@elwha.org). We look forward to hearing from you!

### Another Year at NatureBridge in the Books

We just got done with the Middle School Nature Bridge camp where students were able to check out LaPush's Second Beach, hike Mt. Storm King, canoe across Lake Crescent, and even participated with Natural Resource where they were able to help identify and catch salmon! There was also an Elementary camp end of June that was just as fun and exciting! You can find some pictures of the excitement below.

REMINDER: High School ESEP camp will be August 6-11 and this one will be an overnight camp where you will also be able to receive science and physical education credits. There is limited space so get your forms in to Nizhoni Wheeler. You can find permission slips in the LEKT Library or via email [Nizhoni.Wheeler@Elwha.Org](mailto:Nizhoni.Wheeler@Elwha.Org).

### Follow Us on Facebook

We always post events and reminders on the Library and Education Department Facebook page, so be sure to follow us to make sure you don't miss a thing! Find us at [facebook.com/lekt.library](https://facebook.com/lekt.library).





## NatureBridge



Valerie Charles and James Spears search for macroinvertebrates (aka bugs) on the Elwha River near the Madison Falls Trailhead. They were searching for indicator species, species which can indicate how clean or polluted a river is.

James and Valerie found tons of bugs, including many species which indicate the river is clean!







## NatureBridge



Chelsea Behymer from the Natural Resources Department shows the kids a sculpin caught in a fish trap. Kids also got to see and handle salmon and lamprey.

The Middle Schoolers watch on as Natural Resources staff bring in a seine. The fish caught in the net were measured and counted with the help of the kids.







## NatureBridge



Kamia Jennings and Skylar Wheeler use a radio tracker to find the other kids, who were acting as a deer with a radio collar. The Natural Resources Department demonstrated how they use these trackers to find collared wildlife.

The Middle Schoolers pose for a photo on the Stormking Trail overlooking Lake Crescent.





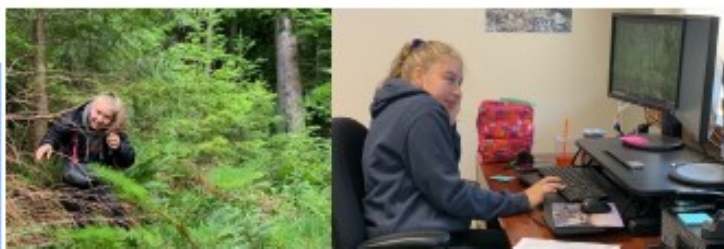


## Natural Resources

## Summer Youth in Natural Resources share their experiences

### Bridget Weed

is in her second Summer working with the Wildlife team, spending most of her time helping maintain camera traps and analyze the photo data that is collected. She has also had the opportunity to join attempted cougar captures for collaring. Bridget says that even when she's not in the field, she really enjoys looking through the images at all of the different wildlife. Bridget likes learning about plants and birds too, and has become more confident moving through the woods to find her own routes.



When not finding her way in the forest, Bridget looks through hundreds (sometimes thousands!) of images collected by one motion-sensor camera to monitor wildlife activity.

**"One time there was a picture of a bobcat looking directly into the camera! I get surprised by how much the animals are actually all around. When I'm out in the field & see all of their tracks, I wonder how they can be so big & be unnoticed!"**

### Javier Hernandez



has spent the past three summers working with Natural Resources, mainly helping with Fisheries research and monitoring. When Javier started, he didn't realize Natural Resources involved so many things! He has helped with tagging and collecting DNA from fish, conducting snorkel surveys for salmon, seining the Elwha estuary to count and measure fish, and even sorting through sediment samples this year to see what food is available for fish living in the estuary. Javier says one of his favorite parts of the job is releasing salmon after they catch them for tagging.

**"I like to see how fast they are, how strong. I enjoy all of the things we do and I look forward to coming here every day in Summer."**

Javier spends a lot of time in the water, either geared up in waders to count and measure fish in the estuary or fully prepared to swim in a drysuit for snorkeling the mainstem Elwha River and looking for returning salmon.

### Carter Clifford & Eli Tipler

**"We had no idea many of these places existed, like where it used to be a lake. I also can't believe we've been here for 16 years and are just now learning about Herb Robert; it's everywhere! It outcompetes the other plants, so I like that we are doing work that needs to get done."**



are supporting Revegetation efforts, but have also been able to conduct some Fisheries field work. They have mainly been pulling weeds, specifically an invasive species called Herb Robert or "Stinky Bob" because of its potent, not-so-pleasant, fragrance. Both of them admit that it's hard work, but appreciate always getting a good workout in! Carter has spent two Summers working with Natural Resources and says that one of the most surprising things has been learning about all of the cool places that they go and work.

Carter and Eli haul out trash bags full of the invasive plant Herb Robert, which they've pulled out by hand. Some days they enjoy the break from weed pulling to help the Fisheries team.





## Natural Resources



*Build your path to the future!*

Gain hands-on experience, serve outdoors throughout Washington, and develop your résumé!

### Olympic Peninsula Crews



**CHIMACUM/NORTH OLYMPIC SALMON COALITION:** Based on the beautiful Olympic Peninsula, this crew is sponsored by the North Olympic Salmon Coalition. WCC AmeriCorps members on this crew will improve habitat for salmon and wildlife throughout Jefferson and Clallam Counties. The crew partners with many different natural resource management organizations. The crew is primarily focused on riparian improvement but may also conduct trail projects, minor construction, noxious weed control, salmon surveys and more. Weed control may be done with hand tools, machines, and or herbicide.

**PORT ANGELES/DNR RECREATION:** This crew serves with Washington State Department of Natural Resources (DNR). The crew is based out of Port Angeles and serves primarily on the North Olympic Peninsula. Eighty percent of the projects focus on restoring degraded and eroding recreational trails including multi-use trail systems such as 4x4, hiking, stock, undesignated (user-built) sites and designated trails. The remaining twenty percent of projects focus on campground maintenance, habitat restoration, and invasive species removal.

**PORT ANGELES/CLALLAM COUNTY MULTIPLE SPONSORS:** Based in Port Angeles with the Lower Elwha Klallam Tribe, this crew will serve across the Olympic Peninsula to support the efforts of several partners in both habitat restoration and recreational access improvement. This crew will serve with state, tribal, federal and non-profit organizations and gain experience in riparian restoration, noxious weed control, and trail work while serving in beautiful locations.

**PORT ANGELES/OLYMPIC NATIONAL PARK & MULTIPLE SPONSORS:** This crew will serve with Olympic National Park for the majority of the term. Our schedule is typically Tuesday to Friday from 7 a.m. - 5:30 p.m. and we meet in Port Angeles at the National Park Headquarters. The crew serves with other partners during winter months, typically completing restoration projects. Projects for Olympic National Park include building and maintaining front and backcountry trails throughout the park, trail feature construction and carpentry, erosion control, chainsaw projects, campgrounds maintenance, and more. In the summer, we will adopt the eight days on, six days off "spike" schedule, and camp in the backcountry. Stock support is often available in the form of 4-8 mules for longer trips. Food and lodging (camping access) is provided on all spike assignments.

**Must be \*18-25 years old.** Members earn a living allowance of \$1253 twice a month (\$2506 per month, pre-tax) and an AmeriCorps Education Award upon successful completion of their term. Formal and informal training is provided. Educational loan forbearance, health insurance and a Member Assistance Program (MAP) are available. Strong preference will be given to Washington state residents. Successful applicants will be required to verify their vaccination record or seek a medical or religious exemption for the 22-23 service term. *\*Age restrictions do not apply to those with military service or with mental or sensory disabilities.*

**Term lengths available:** WCC offers three service term lengths. 11-month positions begin in October, 9-month positions begin in January, and 3-month positions begin in June. All terms end in early September.



Learn more: [www.ecology.wa.gov/wcc](http://www.ecology.wa.gov/wcc)

Follow us: @ecologywcc







## Natural Resources

"I'm Kristin Kirkman, the supervisor for the Washington Conservation Corps crew you've probably seen driving around in those big blue trucks! In collaboration with the LEKT Natural Resources and other sponsors, our crew does restoration work such as invasive species treatment, planting native species, and monitoring/maintenance of riparian zones around the Olympic Peninsula. Our crew is hiring 18-25 year olds or veterans who are interested in learning about riparian restoration, power tool use, native plant identification, trail work, and more! This AmeriCorps service position is a great opportunity for people who are new to the ecology field and want a wide breadth of experience in fieldwork. Members receive on-the-job training, certifications, biweekly stipends, and a scholarship at the completion of their term. No experience is required!

To learn more and apply, visit  
[www.ecology.wa.gov/wcc](http://www.ecology.wa.gov/wcc) or email me at  
[krki461@ecy.wa.gov](mailto:krki461@ecy.wa.gov)





## UNITY



### **Tribal Member Elected to Serve as Co-President for National Native Organization - UNITY, Inc.**

**Washington, D.C.** — United National Indian Tribal Youth, Inc. (UNITY) recently hosted the 2023 National UNITY Conference in Washington, DC. 2,400+ Native youth and advisors traveled to the Nation's capital to network and learn. Throughout the week, conference attendees experienced an empowering and inspiration-infused agenda with keynote speakers, panels, workshops, regional caucuses, business meeting, and more.

UNITY's 10 regions hosted 2 caucuses each at the conference, allowing Native youth to address issues in their communities. 140+ Native youth from the Northwest Region attended the conference, representing Tribal Nations located in Washington, Alaska, Oregon and Idaho. As outgoing Northwest Representative, Jonathan Arakawa chaired the Northwest caucuses. "Thank you Northwest Region for allowing me to serve you the past 2 years. We've seen tremendous growth and incredible progress. I've been honored to serve with amazing Executive Committee members who worked tirelessly to uphold UNITY's Mission and Vision," remarked Jonathan Arakawa on his term. "From Native youth leading their communities out of unprecedented times, to revitalizing youth programming, the strength and spirit of Native youth has been stronger than ever. I have no doubt in my mind that you'll continue a path towards reciprocity and restitution."

The National UNITY Council held elections for its Executive Committee. The Executive Committee is comprised of 12 members, consisting of a male and female Co-President and 10 regional representatives, who are elected by the National UNITY Council.

Mr. Arakawa took a healthy risk and ran for the Male Co-President position. He recently completed his 2<sup>nd</sup> and final term as Secretary and Northwest Representative. It opened the way for two region members to run for the position. To fill his place, Mazie Countryman was elected. "I'm honored to pass the torch to our newly elected Northwest Representative, Mazie Countryman," said Arakawa. Ms. Countryman proudly represents the Northern Arapaho, Navajo and Eastern Shoshone. "I have full faith and confidence in her ability to lead our region to greater heights."





## UNITY



*Incoming Co-President provides his acceptance speech during the Annual UNITY Gala.*

Mr. Arakawa was elected to serve as Co-President on July 2, 2023. He will serve with 11 other members. "I'm honored to have been duly elected to serve as Co-President on the National UNITY Council Executive Committee," remarked Arakawa on his election. "I'm looking forward to the progress we make this term."



*Passing of the Torch from the Outgoing Co-Presidents to the Incoming Co-Presidents.*

Mr. Arakawa will serve in this position for one year. As part of his term, the mission of the National UNITY Council is to represent the UNITY Network so that common concerns are studied and addressed with a positive and unified voice. This will be accomplished through midyear and national meetings and projects that develop the leadership skills of Native youth by drawing upon their Native heritage and teachings.

### **About UNITY:**

*UNITY is a national network organization promoting personal development, citizenship, and leadership among Native American youth. UNITY has a long (40+ years) and impressive track record of empowering and serving American Indian and Alaska Native youth. UNITY is well regarded among the nation's Native American organizations, tribal leaders, and government officials.*



## LEFA



### Lower Elwha Klallam Tribe - Lower Elwha Family Advocacy Program (Social Services Department)

3080 Lower Elwha Road; Office (360) 565-7275 ext. 7453; (360) 460-1745;

(360) 775-9346 crisis or non-crisis matters.

E-mail: [Beatriz.arakawa@elwha.org](mailto:Beatriz.arakawa@elwha.org)

Assistance to Victims of Domestic Violence, Sexual Assault, Dating Violence, Stalking, and Provide Prevention/Awareness and Support Group.

Mission: Victim's Safety and Autonomy through Advocacy and Community Awareness

Greetings Everyone!

July has been absolutely rewarding, learning experience as well as reporting grant time. With the paddle of the canoe journey to Muckleshoot Indian Tribe empowered my mind, body and spirit. Thank you so much to Lower Elwha Klallam Tribal Council, all canoe journey team, and the entire Muckleshoot Tribe for hosting the 2023 Canoe Journey.

Staff attended a summer community connection meeting with Olympic Healthy Community Coalition in Sequim, in which she learned many recourses within Sequim and Port Angeles.

#### New and still existing Resources:

- ⇒ *Snap Produce Match* –use EBT/SNAP to buy \$10 of fruits and vegetables get \$10.00. for more information, visits: [doh.wa.gov/SNAPProduceMatch](https://doh.wa.gov/SNAPProduceMatch),
- ⇒ *WSU Extension of Clallam County* – 2023 Master Gardener events, visits: [extension.wsu.edu/Clallam/master-gardener-calendar/](https://extension.wsu.edu/Clallam/master-gardener-calendar/)
- ⇒ *Lois's Legacy – Neighbor Helping Neighbor* is a non-profit organization that serve seniors in east Clallam County, contact 360-683-4307;
- ⇒ *Kathleen Sutton Fund* – assist women who have cancer in Clallam, Kitsap, Jefferson, and Mason Counties with free transportation. Contact 360-328.1049 or visit: [www.kathleensutton.org](https://www.kathleensutton.org);
- ⇒ *Soroptimist International of Port Angeles-Noon Club* will be having a called “Dream It Be It” for girls 14 to 18 years old event. Contact: [dana@naturesacademy.org](mailto:dana@naturesacademy.org)
- ⇒ *Operation Uplift* – cancer support for the North Olympic Peninsula. Contact 360-457-5141 or [www.operationuplif.org](https://www.operationuplif.org)
- ⇒ *VHCC – Volunteer Hospice of Clallam County* – Grief and bereavement program, call 360-452-1511 – or [volunteerhospice.org](https://volunteerhospice.org)
- ⇒ *Clallam Mosaic* – empower individuals with developmental disabilities with classes: art exercise, cooking and many more. Visit: [www.ClallamMosaic.org](https://www.ClallamMosaic.org) or 360-681-8642.





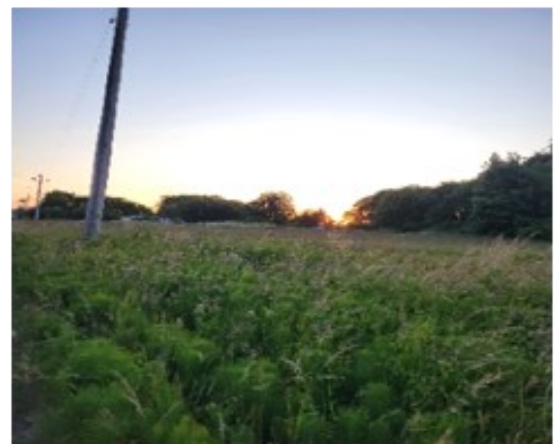
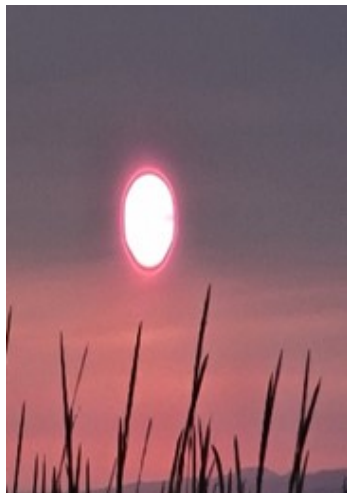
## LEFA

- ⇒ *Unbound Horizons* – a non-profit organization that provide healing retreat for trauma survivors. Visit at [www.unboundedhorizons.org](http://www.unboundedhorizons.org)
- ⇒ *Olympic Personal Growth Center* – services for substance use disorders; contact: 360-681-8463

August - staff will be attending trainings and doing core planning implementation of OVW grant funds FY2022 activities. Staff will be attending the **2023 Department of Justice 18th Annual Government-to-Government Violence Against Women Tribal Consultation in Tulsa, Oklahoma 8.08-10**; and the *Savvy Caregiver in Indian Country Train-The-Trainer Training in Worley, Idaho 8-15-17*.

On 22<sup>nd</sup> from 10:00 am to 11:30 am in-person/virtual planning meeting with *Elwha Domestic Violence and Sexual Assault Task Force* Team and partners to discuss about October Awareness Walk and LGBTQ+ support group.

\*\*\*Know that LEFA will assist victims/survivors of Domestic Violence, Sexual Assault, Dating Violence, Stalking, and Sex Trafficking who resides within the Lower Elwha Klallam Tribe services area of Port Angeles, WA.



In Solidarity,  
Beatriz B. Arakawa,  
LEFA – Lower Elwha Family Advocacy Program Manager and Victim Advocate



## Enterprise



### LOWER ELWHA FOOD AND FUEL

NUMBER : (360) 452-5550

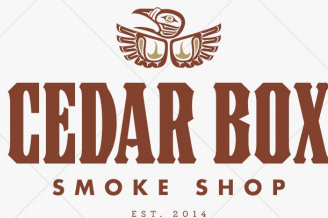
HOURS : 4:30PM - 10:00 PM



### KWITSEN GRILL

NUMBER : (360) 912-7532

HOURS : 11:00AM - 7:00PM



### CEDAR BOX SMOKE SHOP

NUMBER : (360) 452-9250

HOURS : 6:00AM - 7:00PM



### ELWHA PEAKS

NUMBER : (360) 912-7533

HOURS : 8:00AM - 10:00PM

## WANNA VEND? FOLLOW ALL SITES ON

Are you interested in vending your merchandise in our parking lot?

We would like to invite anyone who is interested to sell here in our lot!  
If interested, please get in contact with our management to submit a request to set up, as soon as possible. Get your product seen by the thousands who pull through this lot, everyday!

CONTACT : [MARKETING@ELWHAINC.COM](mailto:MARKETING@ELWHAINC.COM)





## Community News



**Happy 21st Birthday Jada  
Cargo-Acosta**

**We love you, Mom, Dad,  
Ciara, and Teigan**



**Happy 19<sup>th</sup> Birthday  
Antonio! (8/27)**

**I love you! Love Always:  
Mom <3**



*Happy Birthday wishes to:*

*Jessica Egnew, Charlene Lauderback, Juanita  
Charles, Becky Charles, Carol Brown, Ralph  
Ellsworth, George Charles.*

*Love, Elaine*



Share

Fundraiser

**Chlo\$ Holloway**

\$4,115 Raised

\$5,000

Chlo\$ would like to thank everyone for their support in her fundraising efforts this year. She raised the 2<sup>nd</sup> highest amount of money for the entire country!! Over \$4,000 she raised. All money went to the leukemia and lymphoma society through the BMX foundation. Our hands go up to everyone who continues to support Chloe.



## LEPD

<b>2023 Service Record for L &amp; O</b>	<b>June</b>
911 Hang-Up	9
Abandoned Vehicle	1
Alarm/Alarm Check	6
Animal Calls	4
Assault	1
Business Check	158
Citizen Assist	5
Citizen Contact	9
Code Enforcement	1
Community Oriented Policing	25
Court Paperwork/Service	17
CPS/APS	1
Disturbance	7
Drug Violation	1
DUI	2
DV	5
Eluding	1
Follow Up	15
Found/Recovered/Lost Property	1
Fraud	2
Frequent Patrol Request	60
Homicide	1
Junk Vehicle	1

Mental/ITA	2
Misc. Info/False Reporting	7
Other Agency Assist	8
Overdose	1
Overdue Person	1
Prisoner Transport	2
Prowler/Vehicle Prowler	1
Report of Open Door/Window	5
Runaway	1
Suicide/Suicidal	3
Supervisor	1
Suspicious Person/Vehicle	7
Theft	4
Threats	1
Traffic Control/Emphasis/Hazard	10
Traffic Stops	54
Trespass	6
Vehicle Accidents	2
Weapons Discharge/Violation	1
Welfare Check	4
Warrant Attempts	2
Warrants-Tribal	3
Warrants-Non-Tribal	1
<b>Total</b>	<b>460</b>







## Resolution List

Date	Resolution Number	Title	Vote For/Against/ Abstain		
6-13-23	57-23	Approval of Tribal business committee signing authority for First Federal Bank	2	0	1
6-13-23	58-23	Approval of Tribal business committee signing authority for Salal Credit Union	2	0	1
6-13-23	59-23	Approval of Tribal business committee signing authority for Wells Fargo	2	0	1
6-13-23	60-23	Approval of Tribal business committee signing authority for First Security Bank	2	0	1
6-13-23	61-23	Approval of Tribal business committee signing authority for US Bank	2	0	1
6-13-23	62-23	Approval of Tribal business committee signing authority for Bank of America	2	0	1
6-13-23	63-23	Approval of Tribal business committee signing authority for Pinnacle Bank	2	0	1
6-13-23	64-23	Approval of Tribal business committee signing authority for Umpqua Bank	2	0	1
6-13-23	65-23	Approval of Tribal business committee signing authority for Morgan Stanley	2	0	1
6-8-23	66-23	Office of Victims of crime FY 23 Tribal victim services set-aside formula	4	0	0
6-13-23	67-23	Approval of FABRICash financial services master agreement and ATM management master agreement for the Elwha River Casino	3	0	0
6-21-23	68-23	2023 Wildfire season disaster declaration	2	0	0
6-23-23	69-23	LEKT temporary food establishment policy	2	0	0
7-10-23	70-23	National fish and wildlife foundations American the beautiful challenge funding proposal FY 2023	4	0	0



## Tribal Directory

### **Tribal Center**

2851 Lower Elwha Road  
Port Angeles, WA 98363  
360.452.8471

### **Executive Director**

Tonya Greene, Ext. 7469

### **Tribal Operations Officer**

Tia Skerbeck, Ext. 7420

**CFO** Froilan Sarmiento, Ext. 7463

### **Accounting**

2851 Lower Elwha Road  
Rachelle Wheeler, Grants  
Administrator Ext. 7465  
Jo Klinski, Controller/Payroll  
Ext. 7460

### **Cedar Box Smoke Shop**

4779 S Dry Creek Road  
360.477.1170

### **Children's House of Learning (Early Head Start, Head Start, Child Care, Prenatal Program)**

291 Spokwes Dr  
360.504.3141  
Lola Moses, Early Learning Director  
Ext. 7471

Bobi Clark, Child Care Program  
Manager Ext. 3402  
Deanna Murray, Health Manager  
Ext. 7470  
Ralena Cornelison, Family and  
Community Partnership Ext. 7474  
Darla Owens, Prenatal Program  
Ext. 7475

### **Education**

Jessica Egnew, Director Ext. 7425

### **Elwha Peaks Cannabis**

4775 S Dry Creek Rd, Port Angeles  
360.912.3469

### **Elwha River Casino**

631 Stratton Road, 452.3005  
Mike Watson, General Manager

### **Elder Services**

Samantha Acosta, Coordinator  
Ext. 7466

### **Employment Services/HR/TERO**

Sandra Johnson, Director Ext. 7429

### **Enrollment Services**

Maurice Raub Ext. 7477

### **Facilities & Maintenance**

Warren Stevens, Director Ext. 7432

### **Food Bank**

22 Spokwes Drive  
360.452.8471  
Dorene Charles, Coordinator  
Ext. 7690

### **Gaming Commission**

631 Stratton Road  
360.452.5628  
Elaina Begay, Director

### **Health Clinic**

243511 Highway 101 West  
360.452.6252  
Lorinda Robideau, Health Services  
Director

### **Heritage Center**

401 E. First Street, 360.417.8545  
Nicole Volkmann, Manager  
Ext. 2912

### **Human Resources**

Ext. 7430

### **Housing Authority**

22 Kwitsen Drive, 360.457.5116  
Janet Hren, Interim Director  
Ext. 7552

### **Information Technology**

Ken Giersch, Director Ext. 7541

### **Justice Center/Tribal Court**

341 Spokwes Drive  
360.452.6759

### **Klallam Counseling Services**

243613 W Hwy 101, Port Angeles  
360.452.4432  
Stormy Howell, Treatment  
Manager

### **Law & Order/Police Dept.**

### **Justice Center**

341 Spokwes Drive  
360.452.6759  
Sam White, Chief of Police Ext.  
2922

### **LOWER ELWHA FOOD & FUEL**

360.477-1170

### **Natural Resources/Fish Hatchery**

760 Stratton Road  
360.457.4012  
Matt Beirne, Director Ext. 7485

### **Planning & Development**

Arlene Wheeler, Director Ext. 7437

### **Prevention Health/GYM**

Jason Wheeler, Ext. 7440

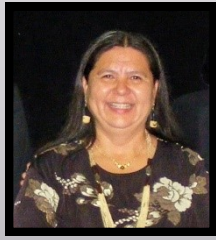
### **Social Services**

3080 Lower Elwha Road  
360.565.7252  
Becca Sampson-Weed, Director  
Ext. 7456





## BUSINESS COUNCIL



Frances G. Charles  
Tribal Chairwoman, Ext. 7411



Russ Hepfer  
Vice Chairman, Ext. 7412



Melissa Gilman  
Secretary/Treasurer Ext. 7414



Steve Joaquin Robideau  
Council Member, Ext. 7413



Anthony Charles  
Council Member, Ext. 7415

### **Dates to Remember:**

8/1—8/6 Paddle to Muckleshoot Protocol  
8/6—8/11 High School ESEP Camp  
8/15—8/16 Dental Clinic Closed  
8/21 Stevens Middle School Registration  
8/22—8/25 PAHS Registration  
8/24 Crescent School Registration & BBQ



To submit an article or join our email distribution list please send a note to [Newsletter@Elwha.org](mailto:Newsletter@Elwha.org).

You can also find each monthly edition at  
<https://www.elwha.org/newsletter/>

**Lower Elwha Klallam Tribe**  
**2851 Lower Elwha Road**  
**Port Angeles, WA 98363**

**PRSRT STD**  
**U.S. Postage**  
**PAID**  
**Olympic Mailing**  
**Services**

### Change Service Requested

## ELWHA NEWS

Lower Elwha Klallam Tribe

[illegible]

## “THE STRONG PEOPLE”

The *Elwha News* is a monthly publication of the Lower Elwha Klallam Tribe to inform, educate and stimulate interest in the Tribe and community affairs. It also raises awareness and respect for the Reservation and its resources. For news articles, please send to the address below by the third Friday of the month.

Chrissi Ducotey  
Administrative Education & Training  
Specialist  
Elwha Klallam Heritage Center  
401 E First St  
Port Angeles, WA 98362  
Phone: 360.417.8545  
[Newsletter@elwha.org](mailto:Newsletter@elwha.org)

Note: This newsletter is uploaded monthly to the Lower Elwha Klallam Tribe webpage *elwha.org*

You can find it under the “Announcements” section titled: **Newsletter**

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