



July 2023

# Elwha News

*čʔéʔtχʷaʔ syəcəm*

LOWER ELWHA KLALLAM TRIBE



*Melissa Gilman is sworn in by Police Chief Sam White on June 5th, 2023.*

## **Welcome Councilmember** **Melissa Gilman!**

Melissa takes on the role of Secretary/Treasurer from departing member Ed Johnson.

**Thank you Ed, for your years of leadership and support.**



## Letter From the Co-Chair

Dear Lower Elwha Tribal Community,

Thank You, Thank You, Thank You. I am so honored and mostly humbled by getting re-elected to the Lower Elwha Tribal Community's Tribal Council. It has truly been an honor and privilege to serve you the last 24 years! I will make one promise! That is, to continue to do the best I can to represent you in an honorable, respectful, informed and dignified manner. I depend on our staff to enable me to do our work. We have such a knowledgeable and informed staff. I will use Billy Frank's words describing the Northwest Indian Fisheries Commission personnel to describe our staff here at the Elwha Tribe. "The Center of Excellence!" I want to thank them also.

I don't want to bring attention to myself but I feel it's important to let you know what committees and councils that I participate on:

Northwest Indian Fisheries Commission, Environmental Protection Agency (EPA) Puget Sound Partnership Leadership Council, Coast Salish Gathering Steering Committee, EPA National Tribal Toxics Council, EPA Region 10 Tribal Operations Committee, EPA National Tribal Operations Committee, Puget Sound Leadership Task Force and a 6ppd-q work group. All of this plus local tribal issues, I keep real busy. I don't think of my council duties as a job. I feel that is a calling. I love working for my, our people. Besides family, it is what I enjoy the most. Then fishing is on the list last. Thank you again.

I want to get back on track with our Constitutional Amendments. There are nineteen amendments that our lawyers feel should be changed. By lawyers, I am referring not only to lawyers in our employ today, but Russ Busch. He was our long term lawyer back in the day that worked hard for us during the damn dam removal process. We, as a community need to figure out how we want to take on this challenge. All at once, or piece meal it, voting on some amendments at different times and opportunities. I hear folk want all descendants enrolled. I have grandchildren that don't make the muster of one quarter Klallam. I, too, want them enrolled. I fear that if we go to full descendants, it will harm and overwhelm our programs and services. We will have to find more funding from the government to cover the additional enrollments, especially for Contract Health Services. I don't know if that is an easy task. Although, I am up to it. I think of how many more fishers we will have and how little resources we have now. An idea I learned from the other tribes that have done this is, the tribe's voters voted to make everyone on the rolls 100% Indian. This would make our grandchildren eligible to enroll. Then, seven generations later, they can decide their own fate.



## Letter From the Co-Chair

I am real excited about getting the hotel project back on line. In hindsight, I wish that we would've got started on construction before the pandemic hit us. Everything went up in price. Hopefully we can find funding and get going again. We are so behind on getting this accomplished. I feel this could be a money maker for our tribe that could then be used for services provided to our membership.

I am also super excited about the Ceremonial & Subsistence Fishery that we have scheduled from October 1 thru Oct 31 or when we catch 400 Coho. Whichever comes first? Each fisher can catch up to 10 fish per day. I hope that we have six set net sites. Hook & Line will also be an option. I don't know how we will select fishers. I would think we would use a lottery. As we work out details, we will let you know. This is a big thing! We haven't fished our river in 11 years now. I can't wait. I look at this fishery as a research fishery. I say that because all the fish will be sampled by our biologist. Call it what we may, it is exciting.

Another new thing is, we are providing a space for selling fireworks at the Menke Property next to the clinic. All the stands have to conform to rules and regulations. We don't want to start fires or get people hurt. Contact the Tribal Center and talk to Keri Ellis or Tia Skerbeck to get an application to sell fireworks. For those of you who participate, make lots of money but please be Safe and Sane.

These are just a few things I have on my mind. Thank you for taking the time to read my letter. I slacked off during COVID and didn't get back on track. I will make an effort to rectify that and get a letter in each newsletter. I want to remind you that my door is always open, I answer my phone or will call you back.

Respectfully,  
Russell N. (RAZZ) Hepfer

A group called Howard Hughes Medical Institute/Tangled Banks Studio has been filming Elwha Restoration since the time of dam removal. They have finally completed their culminating project, a 30-minute episode called ["Wild Hope- The Beautiful Undammed"](#). The episode prominently features many tribal members, tribal staff, and tribal youth.

I hope that you will all watch it and share it with your friends and families - they've done a lovely job with this little film.



Scan to watch!



## Tribal Operations Officer Update

### TRIBAL OPERATIONS/PUBLIC HEALTH OFFICER UPDATES

#### Air Quality Monitoring

LEKT has installed 3 indoor and 3 outdoor air quality monitors. Visit [purpleair.com](https://purpleair.com) and click on "Maps" to see the air quality in our local area. The green dots on the map are the air quality monitors with the current particulate matter reading.



	US AQI Level		PM2.5 ( $\mu\text{g}/\text{m}^3$ )	Health Recommendation (for 24 hour exposure)
	Good	0-50	0-12.0	Air quality is satisfactory and poses little or no risk.
	Moderate	51-100	12.1-35.4	Sensitive individuals should avoid outdoor activity as they may experience respiratory symptoms.
	Unhealthy for Sensitive Groups	101-150	35.5-55.4	General public and sensitive individuals in particular are at risk to experience irritation and respiratory problems.
	Unhealthy	151-200	55.5-150.4	Increased likelihood of adverse effects and aggravation to the heart and lungs among general public.
	Very Unhealthy	201-300	150.5-250.4	General public will be noticeably affected. Sensitive groups should restrict outdoor activities.
	Hazardous	301+	250.5+	General public at high risk of experiencing strong irritations and adverse health effects. Should avoid outdoor activities.

- Tia Skerbeck, Tribal Operations/Public Health Officer





## Tribal Operations Officer Update

### Water Conservation

As the months heat up we tend to fill up pools, and play in sprinklers and with water bouncy houses more. Pay attention to your water usage and don't use too much water in a 1-2 day time frame. If we all decide to fill our pools on the same day, we use too much from our water tanks (reservoirs) and run the risk of running them too low and having to have emergency water conservation notices issued.



### 65 and older is now eligible for an additional COVID Booster

If you are 65 and older and it has been at least 4 months since your last COVID shot, you are eligible for another COVID booster (and another \$200 promotion check).

### Get It While It's Still Running!

**\$200 adult check/\$100 youth gift card for COVID booster shots**

The COVID vaccine support program is still up and running and offering \$200 for ALL COVID BOOSTER SHOTS (18+), and \$100 gift card for youth booster shots. To apply visit the links on <https://www.elwha.org/covid/covid-vaccine-support-programs/>

### Extreme Heat Awareness

Extreme heat is serious. Heat events kill people, exacerbate chronic health issues like heart and kidney disease, drive injuries, and lead to adverse pregnancy outcomes. Most of our elders' homes have been outfitted with heat pumps that have the ability to cool homes with air conditioning. Now is the time to make sure that the AC on your heat pump is working, filters are cleaned, and the heat pump is in tip top shape.

### Clallam County Fire District 2 is looking for Volunteers

Our local fire district is looking for volunteers for EMTs and fire fighters. EMT training is available through Peninsula College, and there are various fire fighter training opportunities.



Interested? Call 457-2550 or complete a District interest card & submit it to: Volunteer Coordinator Anaka Hughes [ahughes@clallamfire2.org](mailto:ahughes@clallamfire2.org) or drop off at Clallam 2 Fire-Rescue, 1212 East First Street, Port Angeles, WA 98362. Interest cards are available online at [www.clallamfire2.org](http://www.clallamfire2.org) or Administrative offices 1212 East First Street, Port Angeles, WA 98362.



## WILDFIRE SMOKE FACTSHEET



# Indoor Air Filtration

When wildfire smoke gets inside your home it can make your indoor air unhealthy, but there are steps you can take to protect your health and improve the air quality in your home. Reducing indoor sources of pollution is a major step toward lowering the concentrations of particles indoors. For example, avoid burning candles, smoking tobacco products, using aerosol products, and avoid using a gas or wood-burning stove or fireplace. Another step is air filtration. This fact sheet discusses effective options for filtering your home's indoor air to reduce indoor air pollution.

### Filtration Options

There are two effective options for improving air filtration in the home: 1) upgrading the central air system filter, and 2) using high efficiency portable air cleaners. Before discussing filtration options, it is important to understand the basics of filter efficiency.

#### **Filter Efficiency**

The most common industry standard for filter efficiency is the Minimum Efficiency Reporting Value, or "MERV rating." The MERV scale for residential filters ranges from 1 through 20. The higher the MERV rating the more particles are captured as the air passes through the filter. Higher MERV (higher efficiency) filters are especially effective at capturing very small particles that can most affect health.

#### **Central Air System Filter**

The filter used in the central heating/cooling system of the home can effectively reduce indoor particle concentrations when the system is operating or when only the fan is turned on. Most home systems use a low MERV (1-4) fiberglass filter that is 1" thick. Replacing this filter with a medium efficiency filter (MERV 5-8) can significantly improve the air quality in your home. Higher efficiency filters (MERV 9-12) will work even better, and a true high efficiency

filter (MERV 13-16) can reduce indoor particles by as much as 95 percent. Filters with a High Efficiency Particulate Air (HEPA) rating, (or MERV 17-20) are the most efficient. You may need to consult with a local heating and air technician or the manufacturer of your central air system to confirm which (or if) high efficiency filters will work with your system. If you can't switch to a more efficient filter, running the system continuously by switching the thermostat fan from "Auto" to "On" has been shown to reduce particle concentrations by as much as 24 percent.

#### **Portable Air Cleaners**

Portable air cleaners are self-contained air filtration appliances that can be used alone or with enhanced central air filtration to effectively remove particles. How well they reduce air particle concentrations depends on several factors such as the size of the air cleaner, the area to be cleaned, the filter efficiency, how frequently the unit is turned on and the fan speed. Portable air cleaners fitted with high efficiency filters can reduce indoor particle concentrations by as much as 85 percent. Furthermore, portables can be operated continuously at a lower cost compared to the continuous operation of a central system.



## Wellness

# WILDFIRE SMOKE FACTSHEET

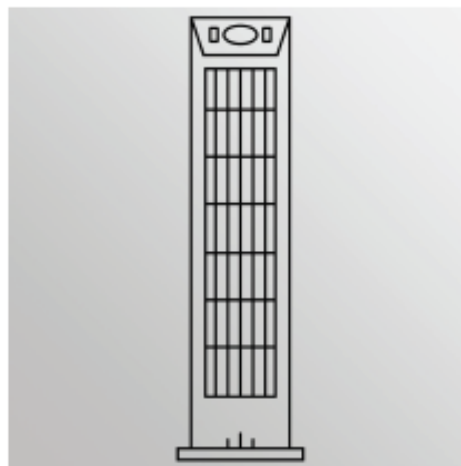
## Reduce Your Smoke Exposure



When wildfires create smoky conditions, there are things you can do, indoors and out, to reduce your exposure to smoke. Reducing exposure is important for everyone's health — especially children, older adults, and people with heart or lung disease.

### Reduce smoke exposure **indoors**

- **Stay inside** with the doors and windows closed. Whether you have a central air conditioning system or a room unit, use high efficiency filters to capture fine particles from smoke. Ask an air conditioning professional what type of high efficiency filter your air conditioner can accept.
- **Seek shelter elsewhere** if you do not have an air conditioner and it is too warm to stay inside with the windows closed.
- **Do not add to indoor air pollution.** Do not burn candles or use gas, propane, wood-burning stoves, fireplaces, or aerosol sprays. Do not fry or broil meat, smoke tobacco products, or vacuum. All of these can increase air pollution indoors.
- **Use a portable air cleaner** to reduce indoor air pollution. Make sure it is sized for the room and that it does not make ozone, which is a harmful air pollutant. Portable air cleaners can be used along with efficient central air systems with efficient filters to maximize the reduction of indoor particles.
- **Create a "clean room"** in your home. Choose a room with no fireplace and as few windows and doors as possible, such as a bedroom. Use a portable air cleaner in the room.
- **Have a supply of N95 respirators** and learn how to use them. They are sold at many home improvement stores and online.
- Long-term smoke events usually have periods when the air is better. When air quality improves, even temporarily, **air out your home** to reduce indoor air pollution.



Use a portable air cleaner to reduce indoor air pollution





## Letter to the Community—Jonathan Arakawa

### **Report from the National Congress of American Indians Mid-Year Convention Prepared by Jonathan J. Arakawa, UNITY Secretary & Northwest Representative**

Dear Lower Elwha Tribal Community,

The National Congress of American Indians (NCAI) Mid-Year Convention was held June 3-8, 2023, at the Mystic Lake Casino Hotel in Prior Lake, Minnesota. We were blessed to be on the traditional homelands of the Shakopee Mdewakanton Sioux Community. I had the honor of attending the convention, representing UNITY, Inc., and fulfilling my role as Ex-Officio Officer on the NCAI Youth Commission.

During the week, Indian Country came together to discuss critical issues and celebrate accomplishments, equally important to all Tribal Nations. The Mid-Year Convention was opened up with prayer, and with vision and clarity by President Fawn Sharp and Executive Director Larry Wright, Jr. Among the many topics discussed among tribal, youth, state, congressional and federal leaders included Environmental Justice & Sustainability, International Climate Change and Indigenous Peoples Issues, Offshore Wind Energy challenges in the Northeast, Water Scarcity and Conservation, and Supreme Court Issues. There's so much more to list!

Members of NCAI had the opportunity to hear updates from our federal counterparts. Each leader/representative iterated and demonstrated strong support and commitment for Tribal Sovereignty and self-governance. **The updates were provided from the following:**

#### **Legislative Branch**

We heard from Senator Amy Klobuchar and Senator Tina Smith from Minnesota, and the U.S. Senate Committee on Indian Affairs. Both Senators spoke to the legislations they supported which benefited Indian Country, whether it was the Infrastructure Law, the recent Spending Package, and much more.

#### **Executive Branch**

We heard from the White House Office of Intergovernmental Affairs, White House Council on Environmental Quality, U.S. Department of Interior, and U.S. Department of the Treasury.

Additionally, we heard from Commissioner Patrice H. Kunesh from the Administrator for the Administration for Native Americans, which is housed in the U.S. Department of Health and Human Services. Commissioner Kunesh highlighted the millions of dollars that's gone out to Tribal Nations over the years through different grants.

We also heard from Lieutenant Governor of Minnesota, Peggy Flanagan. Her words ring loudly. "I'm honored to stand here in a time when Native women leaders are in the spotlight!" Lt. Gov. Flanagan is the highest ranking Native woman elected to office in the nation. Her words left everyone inspired, energized and empowered.

**One of my favorite highlights of the convention:** I'm particularly and immensely proud of our NCAI Youth Commission. Throughout the convention, the commission created a dynamic and inclusive agenda. As part of the NCAI 2<sup>nd</sup> General Assembly, NCAI Youth Commission Co-Vice President, Charli Earth, and Public Relations Representative, Sharon Bassette, spoke before





## Letter to the Community—Jonathan Arakawa

the convention attendees to provide an update on the work the commission has done the past 8 months since their election. Their address reminded me of the address I provided alongside President Yanenowi Logan a year ago, when we served as the Co-Vice Presidents.

From speaking with world leaders, creating change in their communities and mobilizing themselves, the commission is embodied with powerful, fierce and incredible leaders — very much a powerhouse! Speaking of how wonderful the commission is, the officers provided opening remarks for the NCAI Welcome Reception. I'm grateful for how the NCAI staff are ensuring the youth voices are elevated and valued, thus gaining respect and praise from thousands of tribal leaders across Indian Country.

I unexpectedly and surprisingly ran into my Female Co-President, Chenoa Scippio. I was able to witness President Scippio in action as she worked with her team at Grow with Google, hosting workshops and speaking at a working luncheon. There are many opportunities for Tribal Nations and Native Organizations to grow with technology and mobilize all their services through Google. President Scippio and the Grow with Google team shared how people can each individually grow their personal brand and portfolio, and also have professional development and attain certifications through their online training programs.

To that end, all of Indian Country was reminded that we must be united in the face of attacks on Tribal Sovereignty. Our partners at NCAI, Native American Rights Fund (NARF), National Indian Child Welfare Association (NICWA) and Indian Gaming Association (IGA) are closely monitoring the Supreme Court's decision on the Brackeen case (also known as ICWA). In October of 2022, 500+ Tribal Nations signed on to the amicus brief early on, indicating a broad level of support for the cause. If Tribal Nations can act at this scale and align their efforts, Indian Country can be unstoppable. Our leaders at our national tribal organizations are prepared to act through different scenarios and engage Tribal Nations to stand together, regardless of the court's decision.

In segue, IGA and NCAI convened for a joint task force. Two strong leaders I admire, Chairman Ernie Stevens, Jr., and President Fawn Sharp, provided powerful remarks to open up the Task Force. "We need technicians. We need to be energized," said IGA Chairman Ernie Stevens Jr. commenting on the issues forthcoming. The IGA-NCAI Task Force was reinstated this year to discuss the current legal threats to tribal sovereignty and formulate responses to defend against continued attacks on sovereignty, particularly in the courts. NCAI President Fawn Sharp made a powerful comment in regards to the latest attacks on tribal sovereignty, "We have righteous anger."

No matter the circumstance, Indian Country is stronger when we are unified. In the face of challenges and attacks on our sovereignty, Tribal Nations must be aligned to act in a sovereign, unified, fierce, and unapologetic fashion through our inherent, sovereign authority. We have to be ready. We have to be in prayer. We will be faced with a challenging road. I have no doubt in my mind we stand stronger together!

Thank you for reading my report.

Respectfully,  
Jonathan J. Arakawa



Class of 2023

# Class of 2023!



**Nathaneal Surina**



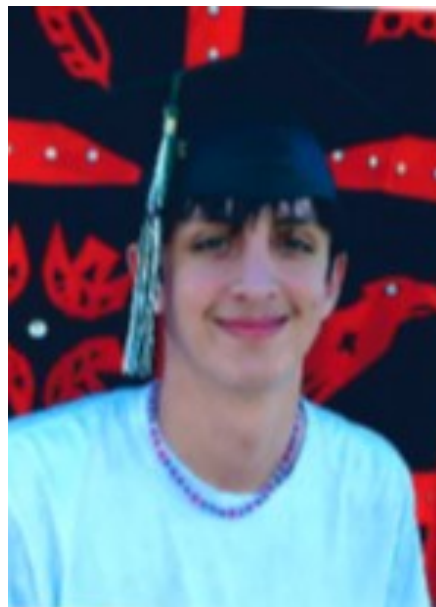
**Cheyenne Zimmer**



**McKenzie Trantham**



**Peyton Cagey**



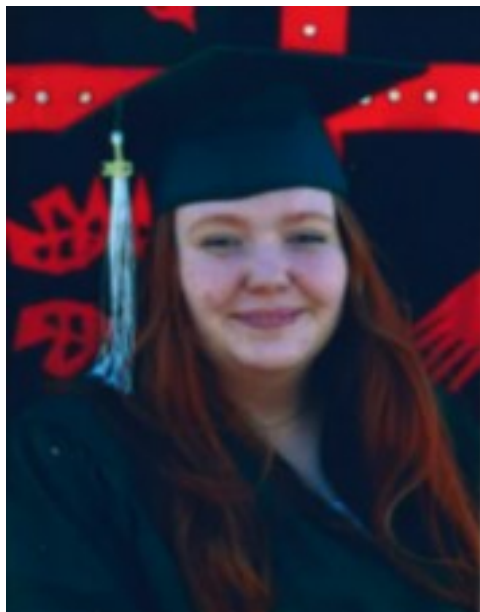
**Tyler Hunter**



**Mikaya Haller**



## Class of 2023



**Kiara Turner**



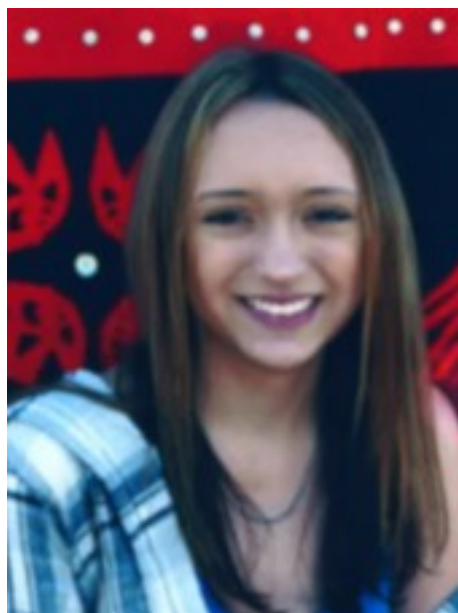
**Meadow Robinson**



**Jaeda Elofson**



**Bryson Graham**



**Cholena Morrison**





# Class of 2023







# Class of 2023







## Library

**Summer Is Here!**

The Library's Summer Reading Program is in full swing, so we figured we'd share some of our favorite summer books!

- *This One Summer* by Mariko Tamaki: "Rose and her parents have been going to Awago Beach since she was a little girl. It's her summer getaway, her refuge. Her friend Windy is always there, too, like the little sister she never had, completing her summer family. But this summer is different. Rose's mom and dad won't stop fighting, and Rose and Windy have gotten tangled up in a tragedy-in-the-making in the small town of Awago Beach. It's a summer of secrets and heartache, and it's a good thing Rose and Windy have each other"
- *The Boxcar Children: Surprise Island* by Gertrude Chandler Warner: "The Aldens spend the summer on Grandfather's island! Joe, the island's friendly handyman, helps them with anything they need, but as the children continue to explore their summer home, they realize there is more to the island—and to their new friend—than meets the eye."
- *All Summer Long* by Hope Larson: "Thirteen-year-old Bina faces her first summer without her best friend, Austin, who has left for soccer camp."
- *Diary of a Wimpy Kid: The Getaway* by Jeff Kinney: "Greg Heffley and his family escape to a tropical island resort for some much-needed rest and relaxation, but sun poisoning, stomach troubles, and venomous creatures all threaten their vacation."
- *Healer of the Water Monster* by Brian Young: "When Nathan goes to visit his grandma, Nali, at her mobile summer home on the Navajo reservation, he knows he's in for a pretty uneventful summer, with no electricity or cell service. Still, he loves spending time with Nali and with his uncle Jet, though it's clear when Jet arrives that he brings his problems with him. One night, while lost in the nearby desert, Nathan finds someone extraordinary: a Holy Being from the Navajo Creation Story—a Water Monster—in need of help. Now Nathan must summon all his courage to save his new friend. With the help of other Navajo Holy Beings, Nathan is determined to save the Water Monster, and to support Uncle Jet in healing from his own pain."
- *The Summer of Bitter and Sweet* by Jen Ferguson: "Lou has enough confusion in front of her this summer. She'll be working in her family's ice-cream shack with...her former best friend, King, who is back in their Canadian prairie town after disappearing three years ago...But when she gets a letter from her biological father...Lou immediately knows that she cannot meet him...While King's friendship makes Lou feel safer...when her family's business comes under threat, she soon realizes that she can't ignore her father forever"



Speaking of the Summer Reading Program, it's not too late to sign up! Drop by the Library to pick up a Reading Record, "I Love Reading" wristband, and Dog Man bookmark! Also, don't forget that we are conducting our weekly prize drawings every Friday at 3pm until Aug. 25. Every 20 minutes participants read that week earns them an entry in the weekly prize drawing. Even better, the grand prize drawing will be Friday, Sep. 1 at 3pm, and the Grand Prize this year is a pair of AirPods! We will also be giving away other awesome prizes at the Grand Prize drawing, including a Squishmallow mystery box, Pokémon cards, and Lego sets! Please see the Reading Record or contact Jason Morris at [jason.morris@elwha.org](mailto:jason.morris@elwha.org) for full rules.

**Weekly Classes**

We are continuing our weekly classes here in the Library every Tuesday at 5pm. This month's schedule is: July 5 (Wed. due to July 4 holiday): Northstar Basic Computer Skills; July 11: Internet Safety 101: How to Stay Safe Online (for all ages); July 18: Northstar Introduction to MS Word; July 25: Internet Safety 101: How to Stay Safe Online (for all ages). Please contact Jason at [jason.morris@elwha.org](mailto:jason.morris@elwha.org) for any questions.



## Language

### KLALLAM LANGUAGE DEPARTMENT

# MIDDLE SCHOOL DROP-IN PROGRAM STARTING JULY 10!



### DETAILS

Monday through Thursday  
10:00am-2:00pm  
Culture Center (Old Child Care)  
322 Stratton Road

### NOTABLES

- Cultural Enrichment
- Language Instruction
- Learning Activities
- Healthy Snacks Provided

### QUESTIONS?

Contact Jonathan Arakawa at  
[Jonathan.Arakawa@elwha.org](mailto:Jonathan.Arakawa@elwha.org)  
or 360-452-8471, ext. 7395.

### DATES TO REMEMBER

**We will NOT have drop-in on the following days:**

**July 17-20-** Middle School Nature Bridge

**July 24-** Canoes will be in Elwha

**We will welcome canoes on the following week days:**

July 25- Canoes landing in Jamestown

July 26- Canoes landing in Port Townsend

July 27- Canoes landing in Port Gamble





## 2023 High School Summer Science Camp: Overnight camp August 6-11, 2023 (going into 9<sup>th</sup>/10<sup>th</sup>/11<sup>th</sup>/12<sup>th</sup>)



Please join us in this overnight summer science camp where you have the opportunity to earn science and physical education credits.

Transportation, meals, and hiking shoes will be provided.

### Daily Schedule:

**August 6<sup>th</sup>:** meet at Swain's to pick out hiking shoes, leave for Nature Bridge from there.

**August 6<sup>th</sup>-11<sup>th</sup>:** Set up cabins at Nature Bridge, students will stay overnight on campus for the week. Participate in science and cultural activities.

Interested in participating? There will be permission slips with Nizhoni Wheeler in the LEKT Library or in the LEKT gym with the recreation staff. This camp is limited to 14 students, first come, first served, LEKT members get priority.


Questions? Contact Nizhoni Wheeler at (360)452-8471 ext. 7426 or

[nizhoni.wheeler@elwha.org](mailto:nizhoni.wheeler@elwha.org)





## Food Bank



**Lower Elwha Food Bank wishing you a very happy 4th of July**  
**The food bank has 1 full time employee and would like to in-**  
**form you that we do seek volunteer help. Volunteer applica-**  
**tions can be pick up at the food bank. If you need hours to**  
**complete I would love to have you volunteer.**  
**And as always we seek plastic bag donations.**  
**Prepackaged produce boxes are available.**

# Food Bank

### Day's & Hours

**Monday—Wednesday & Friday 9:00 a.m.— 4:00 p.m.**

**Tuesday Closed**

**Thursday 9:00 a.m.—11:00 a.m. (Vet Center)**

**Thursday 2:00 p.m.—5:00 p.m.**

**Please remember I can do prepackage for you, and have it ready for**  
**you to pick up.**

**(360) 452-4871 ext. 7690**





## Elders Lunch Menu

# ELDERS LUNCH MENU

July 2023

Monday 3	Tuesday 4	Wednesday 5	Thursday 6	Friday 7
BBQ spare ribs WG Rice Vegetable Blend Apple Crisp	<b>Holiday No Lunch</b> <b>Happy 4<sup>th</sup> of July</b>	Fried Chicken Potato Romanoff Peaches Chopped Salad Ww Bread	Meat Loaf Mashed Potato Roasted Carrots Mandarin Orange	Cobb Salad w/chicken, turkey, & egg Seasonal Fruit Dessert
Monday 10	Tuesday 11	Wednesday 12	Thursday 13	Friday 14
Beef Vegetable Enchilada Saffron Rice Orange Green Salad	Vegetable Soup Chicken Salad on whole grain white bread Banana	Chili Burgers Roasted Peppers & Veggies Nectarines Green Salad	Lemon Peppered Cod Mixed Vegetables Carrot Cake	Hot Turkey Sandwiches w/ Gravy Mashed Potato Applesauce cake
Monday 17	Tuesday 18	Wednesday 19	Thursday 20	Friday 21
Thai Basil Chicken BRown Rice Sautéed Cabbage Orange Oatmeal Cookie	Ww Biscuits and Sausage Gravy Green Beans Pineapple	Mac and Beef Casserole Cauliflower Fresh Orange	Shrimp Kabobs w/ Veggies Brown Rice Peaches	Turkey Pot Pie w/ veggies Pears
Monday 24	Tuesday 25	Wednesday 26	Thursday 27	Friday 28
Caesar Salad WG Spaghetti w/Meat Sauce Green Beans Oranges Cake	Honey Mustard Chicken Au Gratin Potatoes Blend Veggies Applesauce	Beer battered Cod French Fries Green Beans Apricots	Chicken Noodle Soup Grapes  Brownie	Chef Salad Split Pea Soup w/Ham Garlic Bread Melon Pudding
Monday 31	Tuesday 1	Wednesday 2	Thursday 3	Friday 4
Chicken Cacciatore w/Mashed Potatoes Hawaiian Roll Tropical Fruit	Grilled Chicken Burger w/Fixings WG bun Fruit 3-Bean Salad	Crab cakes w/ green tomato slaw Broccoli peaches	Coleslaw BBQ Pork WG Sandwich Sweet Potato Fries Fruit	Beef Stroganoff WG Egg Noodles Mixed Vegetables Fruit

\*\*WW- Whole Wheat Green Salad served with all meals. WG- whole grain

Menu Created by Gina Williams

Menu Subject to change

Approved by Dawn Travelstead, RD: DT 6/20/23

All meals served with WW bread.



## Nutrition & Diabetes

### JUNE 2023 NEWSLETTER

### KLALLAM STRONG: NUTRITION & DIABETES NEWSLETTER

Dawn Travelstead, RD, MS, CDE, Lower Elwha Health Clinic

#### In this issue:

- Preventing Stroke
- Reducing Risk
- Banana Pops
- Did you know?



### Dipped Banana Pops

#### Ingredients:

- 2 medium bananas
- 1/2 cup dark chocolate chips
- 1/2 cup low-fat yogurt
- 1/2 cup granola
- 4 bamboo skewers or popsicle sticks

#### Directions:

1. Line a small baking sheet with parchment paper.
2. Peel the bananas and slice each banana in half. Insert a bamboo skewer or popsicle stick into each banana half. Lay them onto the parchment paper.
3. Melt the chocolate chips using a double-boiler method.
4. Dip 2 banana halves into the melted chocolate, coating as much of the banana as you want. You can also just drizzle the chocolate over the banana as well with a spoon. This step should be done quick since the chocolate may harden quick.
5. Dip the other 2 banana halves into the yogurt. You may have to use a spoon to help coat the yogurt.
6. Place dipped bananas onto the parchment paper, sprinkle over granola and freeze for about 1 hour or until bananas are frozen and enjoy!



#### Did you know?

Walking at a moderate pace for 11 minutes a day could cut your risk of early death by 23%, reduce the risk of heart disease by 19% and certain cancers by 16%.

### Preventing A Stroke

Every 40 seconds someone in the U.S. has a stroke, and 3/4 of those people are over 65. There has been an 11% increase of strokes in younger and middle-aged adults. 80% of all strokes are preventable.

**What is a stroke?** When a blood vessel to the brain becomes blocked by a blood clot.

**What is the major risk factor for a stroke?** Uncontrolled high blood pressure.

#### Ways to Reduce Your Risk:

- Keep your blood pressure below 120/80. About 50% of strokes happen from high blood pressure.
- Limit your sodium to 1500 mg a day. Eliminating fast foods and frozen processed foods is a good start.
- If you have diabetes, get your A1C under 8.
- Make your diet more plant-friendly: veggies, fruits and whole grains.
- Add 150 minutes of exercise a week.
- Watch your alcohol intake. This includes binge drinking.
- Control your stress. Use mindful apps.
- See your PCP routinely.

Don't forget to schedule your diabetes quarterly.

If you would like a nutrition session, please call me @ 360-912-1500.



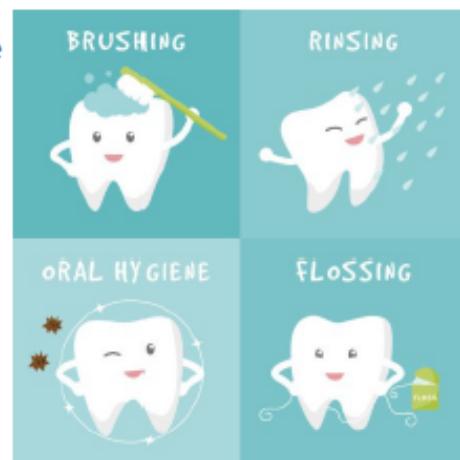




## Dental Clinic

### Some Tips for Brushing you Children's Teeth

- Children should have their teeth brushed at least twice -a-day for 2 minutes each time. Brushing with a wet soft-bristled toothbrush should start after their first tooth emerges.
- **Parents or Caregivers also need to brush their child's teeth until they can effectively brush on their own, which usually happens between the ages of 6 to 9 years,** once after the child wakes up in the morning and again at night before they go to bed.
- At ages 0-2 you may smear a tiny bit of toothpaste on the toothbrush (smaller than a grain of rice). Once the child is 2-5 years old, you can use a rice-sized amount of toothpaste. Ages 5-adult, a pea-sized amount of toothpaste.
- Once the child has two teeth that touch, regular flossing can begin. Parents will want to floss for their children, as it requires a level of manual dexterity kids don't have.
- **Generally, children can start flossing and brushing completely on their own at the age of 10 or 11.**
- Your child can use either a manual or electric toothbrush. When children are first learning to brush on their own, they often brush too hard. An electric toothbrush makes it easier to brush with the appropriate level of pressure. Give your child a new toothbrush (or replace the electric toothbrush head) every three months.
- Teaching your child how to brush properly, including how long to brush, helps develop healthy habits that will benefit them for their entire lives. Fortunately, by modeling good behavior yourself and using fun games, your child can easily learn the correct technique—and that's definitely a reason to smile!



### The Lower Elwha Dental Clinic Welcomes Canoe Journeys!

Paddle to Muckleshoot is at the end of this month and the dental clinic is open to friends and family coming in from out of town. Forgot your toothbrush and floss? We got you! Tooth trouble? Give us a ring!

(360) 452-6252 x2







## Utilities



### **Warm Weather Is Here! Please Do Your Part to Conserve Because Water Conservation Takes All of Us!**

**Did you know:** Less than 1% of all the water on Earth can be used by people? The average household uses more than 300 gallons of water per day? It takes three thousand gallons of water and our well pumps over one hour to fill just one 12 ft. backyard pool? As the population grows, more and more people are using up this limited resource. Therefore, it is important that we use our water wisely and not waste it for our community and infrastructures wellbeing.

Here are some ways you can help conserve water:

- Turn off the water when brushing your teeth or washing dishes.
- Take shorter showers instead of baths and use a water-efficient showerhead.
- Fix all leaks such as water lines, toilets and faucets.
- Run your clothes washer and dishwasher only when full.
- Avoid filling/re-filling temporary pools and only water plants when necessary.
- Teach your children about the importance of water conservation.



### **2022 CONSUMER CONFIDENCE REPORT IS HERE!**

This year we are providing the Elwha Heights and Lower Elwha Valley Consumer Confidence Reports and Water Quality Results electronically.

Simply scan the QR Code



Or visit our website at

[www.elwha.org/departments/publicworks/utilities](http://www.elwha.org/departments/publicworks/utilities).



If you prefer a printed report, they are available at the Tribal Center main entrance or at Public Works. To request a printed report be mailed to your home contact Karl Majerle, Utilities Manager at 360-565-7272.



## LEPD

On May 29, officers from the Lower Elwha Police Department responded to an emergency call for a person in distress. Officers Alex Hamrick and Cody Hesler arrived within minutes of being dispatched. Chief Sam White, Lt. Jimmy Thompson, Sgt. Ernest Grimes, Officer Nekoda White, Fish and Wildlife Enforcement Cpl. Dan Point, and Fish and Wildlife Enforcement Officer Philip Charles responded as well. As the situation developed, other agencies responded to assist in rescue efforts including Clallam County Fire District 2, Port Angeles Fire Department, Clallam County Sheriff's Office, Olympic Ambulance, the United Coast Guard, and Lower Elwha Klallam tribal employees.

Several of the department's officers came in on their time off, some after already completing a work shift for the day. They responded without hesitation and were in their cars within minutes of getting the call out. Their commitment to aid in the rescue is to be commended.

Officer Alex Hamrick acted to the best of his ability in helping the person in crisis. Officer Hamrick's actions may well have saved the person's life, by putting his own life in peril. The Lower Elwha Police Department commends him for acting selflessly and with outstanding courage in the face of peril.

Officer Cody Hesler took initiative and handled communications with PenCom Dispatch Center when other officers could not communicate effectively. Officer Hesler ensured resources were requested through dispatch in a timely manner.

Fish and Wildlife Enforcement Officer Philip Charles came in during his off time and was the first of many responders that reached the person in need of rescue. His quick response ensured other responders would be able to find their way to the patient.

Chief Sam White responded to the incident. Upon arrival he made his way to the beach to assist in rescue efforts from there.

Lower Elwha Klallam Tribal employee Levi Charles was called, and responded with one of the tribe's off-road vehicles. This sort of off-duty response was outside of his regular duties, but he was more than willing to help and came as quickly as he could. The Lower Elwha Police Department appreciates his willingness to help without hesitation in an emergency.







## LEPD

Clallam County Sheriff's Office Search and Rescue team also responded with off-road vehicles to assist in rescue efforts. Sgt. John Keegan, Sgt. Harold Edwards, Deputy Hector Eagan and Deputy Seth Parker were on that team of responders. In the PenCom Dispatch Center handling communications for the night were Communications Officers Deb Homan, Sunny Fortino and Heather Conway. PenCom has some of the best communications officers out there, and we couldn't do what we do without them. Their excellence in what they do is greatly appreciated.

Although the names of all crew members from each fire department and ambulance service isn't known, the Lower Elwha Police Department would like to recognize Margie Brueckner. The initial plan for evacuating the patient was to airlift him from the beach to a location in Port Angeles where care would be transferred to Life Flight. However; at some point, the plan changed and the USCG helicopter went straight from the scene to Harbor View Medical Center with Brueckner on board. With limited life-saving equipment available to her, Brueckner was flown with the patient to Seattle and didn't get back to Port Angeles until 5:00am the following morning.



Ultimately, first responders rescued the patient from the beach by a United States Coast Guard helicopter and flown to Harbor View Medical Center for treatment. The Lower Elwha Police Department extends thanks to everybody that responded. The team that responded doesn't have a lot of experience working together, but everybody came together and did an amazing job.





## The Journey

It is a journey to become a Police Officer. It starts with a desire to serve and protect a community, and a willingness to put the community before one's self. It is a calling that weighs on the heart. For many in the profession, the calling is inescapable. But it is a journey. The timing for an open position must be there. The journey begins by putting pen to paper on the application, resume, and letter of interest. Months may go by, but then comes the Physical Agility Test, and Basic Knowledge Test. Following that comes an interview, where the candidate will face a series of



questions designed to try to get to know the candidate. Making it past this is the easy part. Following the interview is the criminal background check, where the candidate's entire life is examined. Fingerprints and relevant data are run through the computer system. A candidate who makes it past the criminal background check then receives a Conditional Offer of Employment, pending a urinalysis test, a polygraph examination, and a psychological examination. In the polygraph exam, the candidate will be interviewed for hours, and asked questions that delve deeply into the candidate's personal life, then hooked to a machine and questioned about their truthfulness. During the psychological exam the candidate will take a series of psychological tests and be interviewed by a psychologist. This is the phase in which most candidates fail.

For the few who make it to this point, the journey is only beginning. They are at the bottom of the mountain, with a long climb ahead of them. They begin their ascent by traveling to Artesia, New Mexico, where they will attend the Indian Police Academy at the Federal Law Enforcement Training Center. This four and a half month program consists of rigorous and stressful training where the candidate will learn criminal laws and police tactics and patrol procedures. They are tested weekly on their knowledge and skill with each test being a "pass or go home" situation. Each day forges the clay of the candidate, building into their fibers the skills, ethics, morals, techniques necessary to survive the real world application of police work. Then comes the final tests of the Police Academy. The candidate will be tested on their knowledge of the law. They will be tested on their driving skills, their survival tactics, their shooting, and their overall ability to do the job. The Indian Police Academy averages a 30%-60% failure rate.



## LEPD



At the top of the mountain the candidate will graduate from the Police Academy—Certified!!! They have moved from candidate to Trainee Officer. At this point they are standing at the top of the mountain looking down into a dark valley. They will descend into the valley, but not alone. The Trainee Officer will be paired with a Field Training Officer (FTO) who will walk with, and guide them. There are three FTO's who will walk the descent with the Trainee. The first FTO is a teacher.

They will train them on how to apply what they learned at the Police Academy to the real world. This teacher will show them how, and model best practices to help the Trainee. The next FTO will switch roles with the Trainee. The Trainee will start to do the work, with the

FTO assisting them and correcting them when needed, but getting the Trainee closer to doing the job on their own. The final FTO is there to observe and grade. This is where the Trainee proves that they can make the right decisions and perform the basics of police work. At about this time the Trainee will be sent to the Washington State Criminal Justice Training Commission (WSCJTC) to complete the Equivalency Academy, a two week course on Washington State Law and Law Enforcement Practices. For the very few that make it to this point in the journey, those that pass all three phases of FTO and the Equivalency Academy, they stand fully Certified as an Officer, ready to walk into the darkness of night. The failure rate to become a fully certified Police Officer is 98.5%. There is no cheating the process, and the person must complete this daunting journey alone. This person is either one of the 1.5% who become a Police Officer, or they are not.

That is why I am so proud to announce that Nekoda White has walked this entire path to become a fully certified Police Officer for the Lower Elwha Klallam Tribe. He completed every step of his journey. Officer White graduated from the BIA Indian Police Academy on January 6, 2023. He then completed his FTO portion and finally graduated from WSCJTC Equivalency Academy on May 11, 2023. Officer Nekoda White is now serving our tribe on night shift.

I am also excited about Trainee River Bower, who has made it to the bottom of the mountain. Trainee Bower leaves for the BIA Indian Police Academy July 9<sup>th</sup>, 2023. Trainee Bower will climb the metaphoric mountain of the Police Academy, where he will either succeed or fail based on his own efforts, skill, and decision making abilities. I wish him luck.

I challenge my fellow Lower Elwha Klallam Tribal Members. We are descendants of a warrior society! I am looking for the 1.5% who can do this profession! If your heart is to serve our community and you hear that calling, I challenge you to put in for this profession. I would love to see more Tribal Members at the Lower Elwha Police Department.



## Elwha River Casino

### Soft Opening

The Elwha River Casino hosted the soft opening for tribal/community members on Tuesday, June 6<sup>th</sup> from 11am-3pm. Tribal/Community members were seated in the new Salish Winds Restaurant and enjoyed appetizers from the new menu, enjoyed songs from the Lower Elwha Dance group and a chance to win a Yeti cooler won by Garnet V.Charles! The Salish Winds Restaurant was named by Tribal member Delsen Lauderback who received a \$100 dining credit for the submission. It was a great day for tribal/community members to be the first guests to experience our new expansion.

### Grand Opening

Elwha River Casino hosted their Grand Opening on Thursday, June 8<sup>th</sup> @ 12 noon. The highly anticipated grand opening was highlighted with a ceremony led by Mike Watson, General Manager. The event included remarks from esteemed members of the Lower Elwha Tribal Council. The vibrant celebration showcased a blessing song performed by the Lower Elwha Dance group. The grand opening reached its pinnacle with a ribbon cutting and officially opened its doors to the public. The expansion project includes a state-of-the-art gaming floor, showcasing an impressive selection of the latest slot machines. Players will be immersed in a vibrant new atmosphere, complemented by the casino's renowned hospitality and exceptional customer service.







# Elwha River Casino







## LEFA



### Lower Elwha Klallam Tribe - Lower Elwha Family Advocacy Program (Social Services Department)

3080 Lower Elwha Road; Office (360) 565-7275 ext. 7453; (360) 460-1745;

(360) 775-9346 crisis or non-crisis matters.

E-mail: [Beatriz.arakawa@elwha.org](mailto:Beatriz.arakawa@elwha.org)

Assistance to Victims of Domestic Violence, Sexual Assault, Dating Violence, Stalking, and Provide Prevention/Awareness and Support Group.

Mission: Victim's Safety and Autonomy through Advocacy and Community Awareness

Dearest Tribal Members and Readers,

In June 13-14<sup>th</sup>, LEKT Prosecutor attorney Diane Cabrera and I attended the 20<sup>th</sup> ITWG – Intertribal Working Group meeting/training in Scottsdale, Arizona. It was facilitated by the **Tribal Law and Policy Institute**, “A Native American operated non-profit: Dedicated to providing free publication resources, comprehensive training, and technical assistance for Native nations and tribal justice systems in pursuit of our vision to empower Native communities to create and control their own institutions for the benefit of all community members, now, and for future generations.” <https://www.home.tlpi.org/>. Also made possible by the host Salt River Pima- Maricopa Indian Community (Thank you very much). Participants were from many different Tribes that have mostly adapted, enhanced, and implementing special Tribal Criminal Jurisdiction (STCJ) over Non-Indian within the reservation/tribal land, including the Lower Elwha Klallam Tribe since 6/5/2017; however, the LEKT has not fully implemented the STCJ due to many obstacles and preparations.

Some of the discussion at the training concerning of non-Indian jurisdiction include, but not limited to, Indian Civil Rights Act, 25 U.S.C. (1304 Tribal Jurisdiction over covered Crimes) as amended by VAWA 2022 (Violence Against Women Act): assault of Tribal Justice personnel, child violence, sex trafficking, stalking, domestic violence, and reimbursement and grants to Tribal governments.

Are you a victim of or do you know someone who is going through domestic violence, stalking, human/sex trafficking, dating violence, or sexual violence? LEFA is a program that you can count on to help you in any types of advocacies or support, such as, housing-transitional, emergency shelter (hotel voucher), medical, legal, financial, and information and referral. LEFA program has been serving the community since 2000, ensuring to deliver direct services and educational/awareness as addressed in the grants' award.



*Thank you to Darrell Charles Jr. for these beautiful canoe paddles. Have a safety and enjoyable Tribal Canoe Journey 2023 to Muckleshoot*





## Housing



### Lower Elwha Housing Authority July 2023 Newsletter

# July



Inspections started at the end of June and will continue through July and August, wrapping up before the end of September.

Please keep your pets secured when LEHA staff is scheduled to visit your home.

When your dogs are outside please keep them restrained to your yard and clean up after them. We have received reports of dogs running loose on LEHA properties.



Please be mindful of maintenance staff while they are mowing. Encourage children to stay a safe distance away from the mowers, and other lawn care equipment, even when they are not in use. Keep your yards clean and clear of trash, toys, and debris.

**Fireworks should NOT ever be stored inside homes or garages.**

**Never let children use fireworks without adult supervision!!!**

**\*\*We encourage all tenants to practice conscientious water usage during the drier summer months.\*\***





## Enterprise



### LOWER ELWHA FOOD AND FUEL

NUMBER : (360) 452-5550

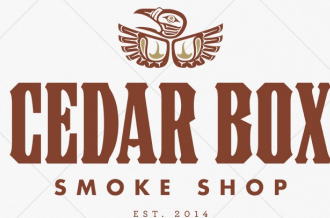
HOURS : 4:30PM - 10:00 PM



### KWITSEN GRILL

NUMBER : (360) 912-7532

HOURS : 11:00AM - 7:00PM



### CEDAR BOX SMOKE SHOP

NUMBER : (360) 452-9250

HOURS : 6:00AM - 7:00PM



### ELWHA PEAKS

NUMBER : (360) 912-7533

HOURS : 8:00AM - 10:00PM

## WANNA VEND? FOLLOW ALL SITES ON

Are you interested in vending your merchandise in our parking lot?

We would like to invite anyone who is interested to sell here in our lot!  
If interested, please get in contact with our management to submit a request to set up, as soon as possible. Get your product seen by the thousands who pull through this lot, everyday!

CONTACT : [MARKETING@ELWHAINC.COM](mailto:MARKETING@ELWHAINC.COM)





## Community News



**Happy 67<sup>th</sup> Birthday to my beautiful mother Charlene Charles!! I love you!! Love, Roxy**

*Congratulations to Payton Caggey, he graduated on May 26<sup>th</sup> 2023 from the Eaglecrest High School in Aurora Colorado.*

*And Happy Birthday on May 27<sup>th</sup>*



LEKT's Vocational Rehabilitation Program's new online store is NOW OPEN!

**[BlackFishTradingPost.com](https://BlackFishTradingPost.com)**

This project allows Native Americans experiencing disabilities to gain valuable work experience while also allowing us to serve as a venue for our artists and artisans to showcase their work.

Must purchase through the website. Use coupon code "FIRST20" for 20% off your order. Delivery is available via USPS, or pick up in person at the Heritage Center. Sorry, no payroll deductions.



Funding for this project is provided by the Rehabilitation Services Administration through the US Department of Education.



## LEPD

<b>2023 Service Record for L &amp; O</b>	<b>May</b>
911 Hang-Up	10
Abandoned Vehicle	1
Alarm/Alarm Check	3
Assault	4
Business Check	176
Citizen Assist	7
Citizen Contact	3
Civil	2
Community Oriented Policing	62
Court Paperwork/Service	4
CPS/APS	2
Courtesy Transport	1
Disturbance	5
DUI	1
DV	4
Follow Up	12
Found/Recovered/Lost Property	2
Frequent Patrol Request	76
Harrassment	1
Junk Vehicle	1

Mental/ITA	1
Misc. Info/False Reporting	37
Noise Complaint	1
Other Agency Assist	8
Parking Complaint	1
Prisoner Transport	3
Report of Open Door/Window	3
Runaway	3
Suicide/Suicidal	3
Suspicious Person/Vehicle	6
Theft	3
Threats	2
Traffic Control/Emphasis/Hazard	3
Traffic Stops	39
Trespass	4
Unwanted Person	3
Vehicle Accidents	7
Welfare Check	7
Warrant Attempts	1
Warrants-Tribal	2
Warrants-Non-Tribal	2
<b>Total</b>	<b>516</b>







## Resolution List

Date	Resolution Number	Title	Vote For/Against/ Abstain		
5-30-23	48-23	Rescission of Public health emergency declaration due to the threat of Corona Virus Disease COVID-19 and transition to COVID-19 recovery operations	2	0	0
5-30-23	49-23	Approval of agreement to purchase fish food	2	0	0
5-30-23	50-23	Dry Creek sewer main construction phase 1,2 & 3	2	0	0
5-30-23	51-23	Authorization of FY 23 Timber, Fish and Wildlife supplemental funds	2	0	0
5-30-23	52-23	Authorization of FY 23 Pacific Salmon treaty funds	2	0	0
6-2-23	53-23	Exclusion of Jamel Anwar Soliman	2	0	0
5-30-23	54-23	Response to special exceptions I preliminary title opinion for acquisition of the little river property in trust for the LEKT and to add such lands to the LEKT reservation	2	0	0
5-30-23	55-23	Response to the special exceptions to preliminary title opinion for acquisition of the Spokwes drive property in trust for the LEKT and to add such lands to the LEKT reservation	2	0	0
5-30-23	56-23	Response to special exceptions in preliminary title opinion for acquisition of the Elwha river property in trust for the LEKT and to add such lands to the LEKT reservation	2	0	0

**HELP WANTED****Volunteer*****FIREFIGHTERS & EMTS*****CLALLAM 2 FIRE-RESCUE*****360-457-2550***



## Tribal Directory

### **Tribal Center**

2851 Lower Elwha Road  
Port Angeles, WA 98363  
360.452.8471

### **Executive Director**

Tonya Greene, Ext. 7469

### **Tribal Operations Officer**

Tia Skerbeck, Ext. 7420

**CFO** Froilan Sarmiento, Ext. 7463

### **Accounting**

2851 Lower Elwha Road  
Melissa Gilman, Grants  
Administrator Ext. 7461  
Jo Klinski, Controller/Payroll  
Ext. 7460

### **Cedar Box Smoke Shop**

4779 S Dry Creek Road  
Leif Ellis, 360.477-1170

### **Children's House of Learning (Early Head Start, Head Start, Child Care, Prenatal Program)**

291 Spokwes Dr  
360.504.3141  
Lola Moses, Early Learning Director  
Ext. 7471

Bobi Clark, Child Care Program  
Manager Ext. 3402  
Deanna Murray, Health Manager  
Ext. 7470  
Ralena Cornelison, Family and  
Community Partnership Ext. 7474  
Darla Owens, Prenatal Program  
Ext. 7475

### **Education**

Jessica Egnew, Director Ext. 7425

### **Elwha Peaks Cannabis**

4775 S Dry Creek Rd, Port Angeles  
360.912.3469

### **Elwha River Casino**

631 Stratton Road, 452.3005  
Mike Watson, General Manager

### **Elder Services**

Samantha Acosta, Coordinator  
Ext. 7466

### **Employment Services/HR/TERO**

Sandra Johnson, Director Ext. 7429

### **Enrollment Services**

Maurice Raub Ext. 7477

### **Facilities & Maintenance**

Warren Stevens, Director Ext. 7432

### **Food Bank**

22 Spokwes Drive  
360.452.8471  
Dorene Charles, Coordinator  
Ext. 7690

### **Gaming Commission**

631 Stratton Road  
360.452.5628  
Elaina Begay, Director

### **Health Clinic**

243511 Highway 101 West  
360.452.6252  
Lorinda Robideau, Health Services  
Director

### **Heritage Center**

401 E. First Street, 360.417.8545  
Nicole Volkmann, Manager  
Ext. 2912

### **Human Resources**

Ext. 7430

### **Housing Authority**

22 Kwitsen Drive, 360.457.5116  
Janet Hren, Interim Director  
Ext. 7552

### **Information Technology**

Ken Giersch, Director Ext. 7541

### **Justice Center/Tribal Court**

341 Spokwes Drive  
360.452.6759

### **Klallam Counseling Services**

243613 W Hwy 101, Port Angeles  
360.452.4432  
Stormy Howell, Treatment  
Manager

### **Law & Order/Police Dept.**

### **Justice Center**

341 Spokwes Drive  
360.452.6759  
Sam White, Chief of Police Ext.  
2922

### **LOWER ELWHA FOOD & FUEL**

360.477-1170

### **Natural Resources/Fish Hatchery**

760 Stratton Road  
360.457.4012  
Matt Beirne, Director Ext. 7485

### **Planning & Development**

Arlene Wheeler, Director Ext. 7437

### **Prevention Health/GYM**

Jason Wheeler, Ext. 7440

### **Social Services**

3080 Lower Elwha Road  
360.565.7252  
Becca Sampson-Weed, Director  
Ext. 7456





## BUSINESS COUNCIL



Frances G. Charles  
Tribal Chairwoman, Ext. 7411



Russ Hepfer  
Vice Chairman, Ext. 7412



Melissa Gilman  
Secretary/Treasurer Ext. 7414



Steve Joaquin Robideau  
Council Member, Ext. 7413



Anthony Charles  
Council Member, Ext. 7415

### **Dates to Remember:**

7/4 Fourth of July  
7/5 Summer Youth Kickoff  
7/10 Middle School Drop-In Starts  
7/23—7/24 Canoes Land at Elwha  
7/30 Canoes Land at Muckleshoot  
7/31 Canoe Journeys Protocol Begins

Safe Journey to all of our  
Pullers, and anyone  
travelling to  
Muckleshoot!



To submit an article or join our email distribution list please send a note to [Newsletter@Elwha.org](mailto:Newsletter@Elwha.org).

You can also find each monthly edition at  
<https://www.elwha.org/newsletter/>

Lower Elwha Klallam Tribe  
2851 Lower Elwha Road  
Port Angeles, WA 98363

**PRSRT STD**  
**U.S. Postage**  
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**Olympic Mailing**  
**Services**

## Change Service Requested

## ELWHA NEWS

Lower Elwha Klallam Tribe

[illegible]

## “THE STRONG PEOPLE”

The *Elwha News* is a monthly publication of the Lower Elwha Klallam Tribe to inform, educate and stimulate interest in the Tribe and community affairs. It also raises awareness and respect for the Reservation and its resources. For news articles, please send to the address below by the third Friday of the month.

Chrissi Ducotey  
Administrative Education & Training  
Specialist  
Elwha Klallam Heritage Center  
401 E First St  
Port Angeles, WA 98362  
Phone: 360.417.8545  
[Newsletter@elwha.org](mailto:Newsletter@elwha.org)

Note: This newsletter is uploaded monthly to the Lower Elwha Klallam Tribe webpage *elwha.org*

You can find it under the  
“Announcements” section titled:  
**Newsletter**

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