



February 2023

Elwha News

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LOWER ELWHA KLALLAM TRIBE

Love Yourself Wellness Event

siyáʔ, skʷáči Sweetheart day

February 14th, 2023 | 3 p.m. - 6 p.m.

Lower Elwha Gym 2851 Lower Elwha Rd.



Get caught up with

- COVID vaccinations (6 months and older)
- Dental exams
- Blood sugar tests
- Blood pressure checks



Stay active!

- Have a sports mouth-guard fitting
- Check out recreation and sports opportunities
- Participate in physical activity



Find out about

- Nutrition
- Wellness and staying healthy
- Oral health



Love your future!

Learn about

- Higher education funding assistance
- Library and literacy resources
- Head Start enrollment
- LEKT employment information



Take care of yourself.

See resources for

- United Way
- Mental health outreach
- Substance use treatment
- Social services



Coordinate Child Wellness Exams, call Lower Elwha
Health Department (360) 452-6252



Tribal Operations/Public Health Officer Update

Love Yourself Wellness Event

Come down to the gym on 2/14 from 3-6 to get update on your COVID shots, flu shot, dental exam, have your blood pressure or blood sugar checked, or receive information on many of the wellness services or support LEKT offers to the community.



6 months and older are now eligible for the Bivalent Booster!

The new COVID-19 booster includes a booster for the Omicron variant and the original COVID strain. Call LEHD to schedule your booster 360-452-6252.

Free COVID Tests

Lower Elwha Klallam Tribe is also offering free COVID tests for local community members that have a recent exposure or COVID symptoms.

To request the test to be dropped off for local homes visit: <https://app.smartsheet.com/b/form/7e651f2fbbeb54e8eac868f98687d50d0>

To pick up tests, you can stop by the front desk of Social Services or the Tribal Center, House of Learning, or the Food Bank.

State of Washington is offering Free COVID tests as well, they can be ordered here: <https://www.sayyescovidhometest.org/>

\$200 adult check/\$100 youth gift card for COVID booster shots

The COVID vaccine support program is still up and running and offering \$200 for ALL COVID BOOSTER SHOTS (18+), and \$100 gift card for youth booster shots. To apply visit the links on <https://www.elwha.org/covid/covid-vaccine-support-programs/>

Indoor Gatherings?

We're still in Phase 5 of the COVID reopening plan. Gatherings outdoors and indoors with unlimited number of participants, masks are strongly encouraged for indoor gatherings.

Do We Still Have COVID Cases?

Yes! We have seen a big increase in cases. Please make sure to stay home if you are sick. Test yourself, even if you think it's something else that's causing symptoms.

- Tia Skerbeck, Tribal Operations/Public Health Officer



Vaccine Information

AIHC Tribal and Urban Indian Health Immunizations Coalition



COVID-19 vaccines are safe and available for everyone 6 months and older!

Now that COVID-19 vaccines are available for everyone 6 months of age and up, even younger family members can be part of the #VacciNation! Getting children and teens vaccinated against COVID-19 can help keep them from getting really sick if they get COVID-19. Plus, vaccines can help protect our Elders, Family, and Community from COVID-19 while getting our kids back to the fun things in life!

**Questions?
Check with
your Tribal
Health
Provider or
Doctor.**





Vaccine Information

AIHC Tribal and Urban Indian Health Immunizations Coalition

Protect your children under 5 from COVID-19

Questions? Check with your Tribal Health Provider or Doctor.

American Indian Health Commission
Tribal/Urban Indian Health Immunizations Coalition
<https://aihc-wa.com/immunizations>

PULLING TOGETHER FOR WELLNESS

Did you know...

Boosters are approved for everyone 6 months and older.

Call the Lower Elwha Health Department to schedule your family's COVID-19 vaccines at (360) 452-6252.



Family Advocacy



Lower Elwha Klallam Tribe - Lower Elwha Family Advocacy Program (Social Services Department)

3080 Lower Elwha Road; Office (360) 565-7275 ext. 7453; (360) 460-1745; (360) 775-9346 crisis or non-crisis matters. E-mail: Beatriz.arakawa@elwha.org

Assistance to Victims of Domestic Violence, Sexual Assault, Dating Violence, Stalking, and Provide Prevention/Awareness and Support Group.

Mission: Victim's Safety and Autonomy through Advocacy and Community Awareness

Dearest Tribal and Community Members!

Happy Presidents' Day and happy Valentine's Day!

- The Social Services Department interview panel has selected Rita Hazen as a new Family Advocacy Advocate & Community Outreach Specialist for the Lower Elwha Tribal community. Ms. Hazen has accepted the job position and started on 1/24. She will be working under the supervision of Social Services Director Becca Sampson-Weed. She will be advocating victims/survivors of domestic violence, dating violence, sexual assault, and stalking, as well as providing community educational awareness events, support group, outreach, and partnership with stakeholders. Ms. Hazen, thank you for accepting the position and welcome to the Lower Elwha Family Advocacy Program - Social Services Department Team.*
- January was National Stalking Awareness month, but I was not able to provide awareness due to many circumstances. However, I am in a process of organizing a virtual and in-person on-site training for March. Stay tuned!*
- Thank you very much Becca Sampson-Weed, Council, and CEO for my certificate of recognition for being an employee and provided services for 22 + years. This meant so much to me.*
- I will be out of the office for a bereavement and personal leave from January 26th until March 1st. Contact Social Services Department at 360-565-7257 and receptionist will direct your call to appropriate staff that would answer your needs. As always, even I will be out, I will do my best to answer any calls or emails whenever I am able at 360-460-1745.*

Stalking – The term “stalking” means engaging in a course of conduct directed at a specific person that would cause a reasonable person to fear for his or her safety or the safety of others or suffer substantial emotional distress. National Center for Victims of Crime 1-855-4-VICTIM (1-855-484-2846)
<https://www.justice.gov/ovw/stalking> or contact us at above contact information.



Elder's Lunch Menu

February 2023				
Monday	Tuesday	Wednesday 1	Thursday 2	Friday 3
Green Salad Beef Stroganoff Egg Noodles Mixed Vegetables Fruit Dessert	Caesar Salad Vegetable and Chicken Casserole Fruit	Green Salad Teriyaki Meat Balls Brown Rice Oriental Vegetables Fruit	Pea Salad Garlic Chicken Mashed Potatoes Mixed Vegetables Fruit	Ham and Bean Soup Carrot Raisin Salad Dessert Apples
Monday 6	Tuesday 7	Wednesday 8	Thursday 9	Friday 10
Green Salad Tater Tot Casserole Corn Fruit Dessert	Green Salad Sloppy Joes w/ ww bun Sweet Potato Fries Fruit	Green Salad Sweet and Sour Pork Meatballs Brown Rice Oriental Vegetables Fruit	Green Salad Chicken Lasagna Green Beans Fruit	Green Salad Creamy Chicken Soup w/ veggies Ww Biscuits Fruit Dessert
Monday 13	Tuesday 14	Wednesday 15	Thursday 16	Friday 17
Green Salad Ham Glazed Au Gratin Potato Carrots Fruit Desserts	Beef Stew w/ carrots, potato, and celery Rolls ww Fruit Dessert	Green Salad Orange Chicken Cauliflower Brown Rice Fruit Dessert	Green Salad Beef Slider Hamburger with the works Roasted Parsnips and Carrots Fruit	Green Salad Tuna Sandwich ww bread Clam Chowder Grapes Dessert
Monday 20	Tuesday 21	Wednesday 22	Thursday 23	Friday 24
NO LUNCH HOLIDAY	Green Salad Chicken Taco salad w/ whole grain tortilla chips and veggies Kiwi	Green Salad Salmon Burger w condiments on ww buns Baked Potato Wedge Oranges Coleslaw	Pea Salad Pork Fried Rice Mixed Vegetables Fruit Dessert	Green Salad Sub Sandwiches turkey and ham ww pasta salad w/ broccoli Blackberries
Monday Nov 27	Tuesday 28	Wednesday	Thursday	Friday
Green Salad Chicken and dumpling casserole w/mixed veggies Creamy Fruit Salad	Caesar Salad Spaghetti w/meat sauce Ww rolls Fruit Dessert			
Created on 1/10/2023 by Gina Williams Approved by Dawn Travelstead, RDE 1/11/23 Suggestions: 2/6 & 2/7 both bun days, 2/8- add br. rice				



Nutrition & Diabetes

JANUARY 2023 NEWSLETTER

KLALLAM STRONG: NUTRITION & DIABETES NEWSLETTER

Dawn Travelstead, RD, MS, CDE, Lower Elwha Health Clinic

In this issue:

- Resolutions
- Lifestyle Goals
- Low cost vegies
- Did you know?



Don't Make Resolutions; Have a Healthy Lifestyle!!

Resolutions are rules that you make for yourself that can be easily broken. When that happens, you feel discouraged and then 'what's the use', takes over your psyche. Instead, change the mindset by saying 'how can I live a healthy lifestyle'?

"Health is Wealth" can be your new motto.

Low Cost Vegie Options.

With food costs high, here are some vegies that won't break the budget.

- | | |
|------------------|--------------------|
| 1. Carrots | 7. Bok choy |
| 2. Cabbage | 8. Chinese cabbage |
| 3. Beets | 9. Celery |
| 4. Green beans | |
| 5. Zucchini | |
| 6. Roma tomatoes | |

Other suggestions:

- * use frozen vegies in soups and stews.
- * Add flavor to the vegies: check out the recipes at this site; www.foodhero.org.
- * Make stir fry
- * Add vegies to casseroles



Tools for a Healthy Lifestyle:

1. Eat a balanced diet of fruit, vegies, whole grains and quality protein.
2. Limit intake of processed and sugary foods and drinks.
3. Increase your water intake
4. Regular exercise— don't waste your money if a gym isn't your thing. Be active with friends and family members. Play games with your kids like hop scotch, dodge ball, and jump rope.
5. Avoid smoking and excessive alcohol intake.
6. Keep stress in check.
7. Get quality sleep— at least 7 hours.

Don't forget to schedule your diabetes quarterly.

Did you know?

The US government gives agribusiness about \$38 billion annually, but only 0.4% of that amount subsidizes the production of fresh fruit and vegetables. Oh my!!!!

If you would like a nutrition session, please call me @ 360-912-1500.





Health Department

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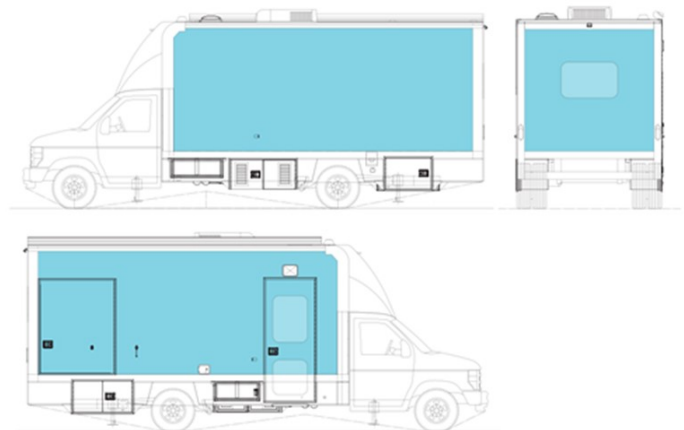
Welcome Jennifer Smith-Grady ARNP, nurse practitioner

The Lower Elwha Health Department would like to introduce our new provider Jennifer Smith Grady ARNP to the community. She is trained in primary care and is now accepting appointments. She can see patients for urgent problems, performs wellness exams, and provides all aspects of general, and chronic medical care. Call for an appointment at 360-452-6252



Mobile Medical Vehicle

The Lower Elwha Health Department is happy to announce that we are getting closer to having a mobile medical vehicle. Now we need to plan for the design on the outside. We would like to hear from you what design you would like to see. Maybe even give us a drawing! 360-452-6252





Dental Clinic



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February is National Children's Dental Health Month. Visit [ADA.org/NCDHM](https://ada.org/NCDHM) for more activity sheets.

HEALTHY SMILE TIPS



BRUSH YOUR TEETH 2X/DAY
WITH FLUORIDE TOOTHPASTE.



CLEAN BETWEEN YOUR
TEETH DAILY.



EAT HEALTHY FOODS AND
LIMIT SUGARY BEVERAGES.



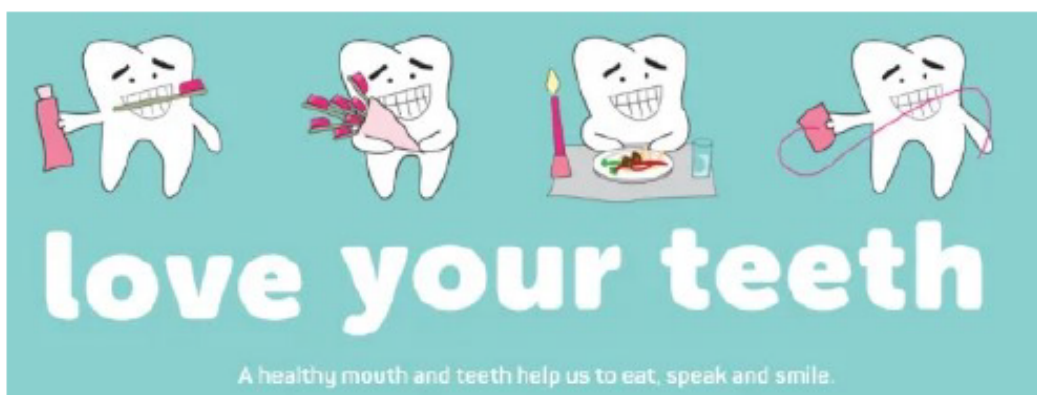
SEE YOUR DENTIST AT LEAST
TWICE A YEAR.

ADA American
Dental
Association®



Dental Clinic

February is National Children's Dental Health Month



Every day is dental health day at the dental clinic, but February is still a really special month... The ADA (American Dental Association) has been observing February as Children's Dental Health month since 1981, and it's a great way to bring together professionals, healthcare providers, and educators to promote the benefits of good oral health to children and their caregivers.

Developing good habits at an early age and scheduling regular dental visits helps children get to a good start on a lifetime of healthy teeth and gums. This year there are four great tips for a solid foundation:



SEE YOUR DENTIST AT LEAST TWICE A YEAR.

Not only are we super fun to hang out with, but we have all sorts of ways of helping keep your smile in tip top shape! Regular dental visits help keep you and your little ones on track for oral health excellence.



EAT HEALTHY FOODS AND LIMIT SUGARY BEVERAGES.

Diet is foundational for good health. Healthy teeth are one of many benefits of solid nutrition. Frequent consumption of snacks and sugary beverages make it hard for your saliva to do its job of maintaining strong teeth.



CLEAN BETWEEN YOUR TEETH DAILY.

Brushing alone can't clean those spaces in between teeth. And it turns out most cavities actually start in those spaces! Cleaning between teeth with floss or a floss-aid is important for remaining cavity free!



BRUSH YOUR TEETH 2X/DAY WITH FLUORIDE TOOTHPASTE.

Brushing twice a day for at least two minutes is a great way to keep your pearly whites sparkly. Make sure to check after your kids brush to make sure they got all the plaque!

Looking for a way to make tooth brushing time fun? Chompers is a short little podcast that gives kids something fun to listen to while they are brushing their teeth. Each episode is a little over 2 minutes long and has an engaging variety of trivia, jokes, and stories. Each week has a different theme—morning and night, there is always something for kids to look forward to!





Dental Clinic

WELCOME!



Welcome Ashley to the Dental clinic Team!

My name is Ashley Tinoco. I have many different titles- granddaughter, daughter, mom, sister, auntie but the newest one I have acquired is dental assistant trainee at the Lower Elwha Dental Clinic. I am the granddaughter of Beverly Bennett and the late Frank Bennett. The daughter of the late Jim and Deborah Reems. I am very excited to join the team and look forward to servicing members of the community. I am an enrolled member and have spent my whole life in Elwha. I attended peninsula college and graduated back in 2014 with my AA transfer degree as well as my medical assistant certificate. I am very much looking forward to expanding my knowledge into the dental field. It is an honor to be able to be of service to the community.



reminder

You can always call the dental clinic at (360) 452-6252 x2 to see if you are due for anything.

We love to see your smile!

Peninsula College's CDL Training program starts April 2023!

This 4-week intensive course will help you get your Commercial Driver's license quickly and efficiently. For enrollment help and questions, please contact Nicole Volkmann Get your license today!

Nicole.Volkmann@Elwha.org—(360) 417-8545 x2912—Heritage Center—401 First Ave



Drum Group and Community Classes

Every Monday from 10-4:30pm will be leather medicine bags.

Wool Weaving Class:

February 7, 10am-7pm

February 21, 10am-7pm

February 12, 10am-5pm

Drum Group Dates:

February 14, 5pm-7pm

February 28, 5pm-7pm

**Cut on the line and tape the labels around your house,
A pronunciation video will be published soon.**

sút	door
sút	door
sút	door
sút	door
<u>súk'wəṇáwtx'w</u>	bathroom
súk'wəṇáwtx'w	bathroom
<u>sx'wčáwá?čáy</u>	cupboard
sx'wčáwá?čáy	cupboard
sx'wčq'u?cáya	stove
sx'w'k'wəya?k'wənúsen	mirror
sx'w'k'wəya?k'wənúsen	mirror
sx'w'k'wəya?k'wənúsen	window
sx'w'k'wəya?k'wənúsen	window
cé?ten	table



Child Care



Lower Elwha Child Care

February Newsletter

The Children's House of Learning

291 Spokwes Drive Port Angeles WA 98363

Phone (360) 504 3141 Fax (360) 504 3651

Program Manager Bobi Clark EXT 3420

Administrative Assistant Deann Lester

Receptionist / Assistant Tiana Fieldsend

Classrooms:

- Infant/ Ducks 1-11 Months -Teacher Brenda
 - Toddler / Hummingbirds 12-29 Months -Teacher Cara (Brophy) *Now Hiring for a Full Time T.A*
 - Preschool / Wolves 30-60 Months - Teacher Cat
 - Afterschool / Whales 5-12 Years -Teacher Juanita *Now Hiring for a Full Time T.A*
- Teacher Assistants: Amy, Kelsie, Julie, Tatiana, Ella



**Closed
Monday
February
20th for
President's
Day**



FREE Clothing Closet Open
Every Tuesday from 8:30 – 4:30.



Valentine's Day in the classrooms...

Teacher Nitters (Juanita) in the afterschool room is looking forward to exchanging valentines, celebrating with some goodies and having a party for her whales on Valentine's Day!



The wolves in the preschool room will be doing crafts and celebrating the day with an exchange of valentines.

Our little hummingbirds will be drawing names the morning of the 13th for their valentine's goodie & used book exchange. AT 2:00PM on Valentine's Day they will be exchanging their goodies and having a party.

And surely we will be seeing some cute artwork from Teacher Brenda and our little Ducks in the infant room!



House of Learning

The **House of Learning** has **OPEN SPOTS** in Head Start your child must turn 3 years old And must not turn 5 years old before August 31. We are working on putting our application on the website. For now come to our office to pick one up.

We are **HIRING** we have a number of open positions throughout our building. Apply online or pick up an application.

We would love for you to **VOLUNTEER**. Come, hangout and play with our children as they learn. Volunteer Applications are available

Christmas concert. The children practiced hard and gave an amazing performance. Thank you to all our teacher, aids, and support staff for all the hard work you put in, and to the parents/guardians, family members and friends who came and enjoyed singing, hot chocolate, hot apple cider and desserts after the performance.

Family Night: Was held January 18 we had 45 participants, parents, children and staff. What an awesome turnout. Jamie Valadez did story telling and gave her family history. The parents made dream catchers while they listened. Crystal Hren served a delicious hamburger soup salad and dessert cookies. Our next **Family Night is February 15, 5:30-7:00**. WE encourage all our Early Head Start/Head Start families to come and join in on the fun.



Policy council meet and approved 2 new students into our head start program. Reviewed the enrollment policy, our next meeting for **Policy Council is February 8th. 5:30-7:00**.

Our classrooms

Ravens: Happy January to the Raven's Families. We had so much fun doing Christmas activities and practicing for the Christmas concert in December!

Now, we are talking about Winter animals and what some of them do to get ready for the winter. Please remember to send an extra set of clothes for your kiddo in case of accidents. We always try and get outside so warm coats, hats and gloves are good to have. Just a reminder that our second round of teacher conferences will be coming up the last two weeks of February and I will get a signup sheet ready soon. Thank you for being such an important part of our program. We appreciate all our parents!!! The Raven's Teachers, Teacher Sarah, Teacher Crystal and Teacher Janet

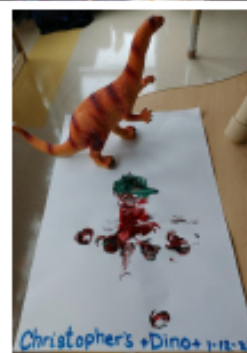
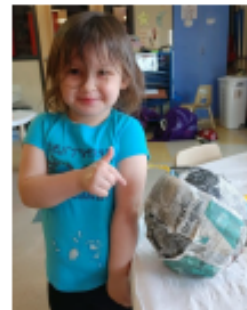


K'weynsen: Have just begun studying about Space. We are learning about how the earth orbits around the sun and the moon around the earth. We have looked at the Northern Lights and discovered that the Sun is a hot star. We watched astronauts play soccer in space and are discussing the differences of gravity and oxygen on earth and in space. We will continue to explore these ideas for the next three weeks.

Bears: The Bears Class has been working on dinosaurs and learning about fossils to extinction., as well as counting dinosaurs to patterns. Next step moving onto volcanos and dinosaurs. Daily we continue to work on Klallam Language and counting to 20 in Klallam, the bears are doing a Grrrrreat job learning this. Next month we will be moving into friendships and Feelings. Hoyt Hi Families...

Chipmunks: We have been doing a lot of signing and Drumming on our Native American Drums. Currently we are working on our Valentine's Day crafts.

Otters: This month we have been learning our shapes and numbers. We can count all the way to 5 in Klallam

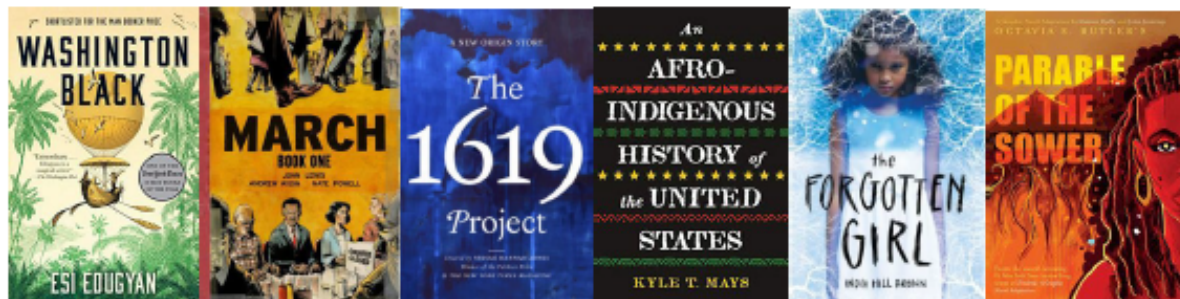




Library

February is Black History Month!

Join the Library this month in celebrating African-American history and heritage! We will be featuring many books by Black authors, along with books about Black history and the Civil Rights Movement. African-Americans have had an outsized impact on American history and culture, and February is the month to recognize and appreciate that influence. Here are a few of our favorite books:



- *Washington Black* by Esi Edugyan: Eleven-year-old George Washington Black, a field slave on a sugar plantation, is initially terrified when he is chosen to be the manservant of his master's brother. To his surprise, however, the eccentric Christopher Wilde turns out to be a naturalist, inventor, and abolitionist. Soon Wash is initiated into a world where two people, separated by an impossible divide, can begin to see each other as human. But when a man is killed and a bounty is placed on Wash's head, they must abandon everything and flee. Spanning the Caribbean to the frozen Far North, London to Morocco, *Washington Black* is an adventure to behold.
- *March* trilogy by former US Rep. John Lewis
- *The 1619 Project: A New Origin Story* by Nikole Hannah-Jones: The animating idea of *The 1619 Project* is that our national narrative is more accurately told if we begin not on July 4, 1776, but in late August of 1619, when a ship arrived in Jamestown bearing a cargo of twenty to thirty enslaved people from Africa. Their arrival inaugurated a barbaric and unprecedented system of chattel slavery that would last for the next 250 years. This is sometimes referred to as the country's original sin, but it is more than that: It is the country's very origin. *The 1619 Project* tells this new origin story, placing the consequences of slavery and the contributions of Black Americans at the center of the story we tell ourselves about who we are as a country.
- *An Afro-Indigenous History of the United States* by Kyle T. Mays
- *The Forgotten Girl* by India Hill Brown: When eleven-year-old Iris sneaks out at night to make snow angels, she was not expecting to raise the ghost of Avery Moore, a girl her own age; but bringing to light the segregated and abandoned Black cemetery seems like the perfect way to help Avery get the recognition she craves, and it will also be a good idea for the school project about the history of her small North Carolina town, where racial tensions are never far from the surface--only it seems that if Avery gets everything she wants Iris will join her as a ghost, best friends forever.
- *Parable of the Sower* by Octavia E. Butler, a graphic novel adaptation by Damian Duffy and John Jennings

Elder Book Delivery

We are considering starting a new program at the Library which would deliver books to Tribal Elders weekly or as often as necessary. Participants in the program would select books (either through the Library's web catalog or by contacting us directly) to be delivered to their home and books will be picked up as well when finished. We are currently assessing the feasibility of such a program and would like to hear your feedback to understand how much demand exists for the program. If this sounds like a program you would be interested in participating in, please contact Jason with any feedback you might have. You can visit us during our business hours, Mon, Thu, and Fri 8-4:30 and Tue and Wed 10-6:30 or call at 360-452-8471 extension 7431, or email jason.morris@elwha.org or jessica.egnew@elwha.org. We look forward to hearing from you!

Northstar Digital Literacy Now Available in the Library!

We are very excited to be able to provide the community with the opportunity to utilize Northstar Digital Literacy in the Library to learn digital literacy skills including MS Word, Windows, and others. Please see our flyer on the next page for more information.



Library & Heritage Center

DIGITAL LITERACY CLASSES AVAILABLE

Essential Computer Skills

- Basic Computer Skills
- Internet Basics
- Using Email
- Windows
- Mac OS

Essential Software Skill

- Microsoft Word
- Microsoft Excel
- Microsoft PowerPoint
- Google Docs

Using Technology in Daily Life

- Social Media
- Information Literacy
- Career Search Skills
- Accessing Telehealth Appointments
- Your Digital Footprint
- Supporting K-12 Distance



The Tribal Library and the Heritage Center have partnered to bring you Digital Literacy Classes through Northstar! Assessments and certificates are available upon request. Contact Jason Morris to schedule at the library, or Chrissi Ducotey to schedule at the Heritage Center.

Tribal Library - Upon Request
Jason.Morris@elwha.org
360-451-8471 x7431

Heritage Center - Wednesdays,
10am & 5pm
Chrissi.Ducotey@elwha.org
360-417-8545 x2902



The implications of new salary disclosure laws in Washington state

Adapted from an article found in GeekWire, December 2022 by Monica Nickelsburg

As of January 1, 2023, employers in Washington are now required to include the minimum and maximum salary they're willing to pay on job listings. The law applies to companies with more than 15 employees that do business in Washington or recruit employees who are based in the state. If a position is remote and employees in Washington could apply for it, then the salary range must be disclosed.

The requirements will usher in a new era of salary transparency for the many industries, which often keep compensation data private to gain an edge over competitors in the labor market. Washington will become one of several states and cities mandating salary disclosure in a trend that's driving companies to change their policies nationwide.

"With pay transparency, the genie is out of the bottle and there is no going back," said Maggie Hulse, executive vice president and general manager of enterprise for Indeed, via email. "By setting clearer pay expectations upfront between a job seeker and employer, better matches happen — faster."

Hulse also noted that these laws can help "close pay gaps that still exist across gender, race/ethnicity and other factors."

California, Colorado, New York City, and other jurisdictions have enacted salary disclosure laws in recent months. The laws are forcing some companies to list salary ranges for remote positions. A listing for a remote senior software engineer position at Microsoft notes: "for the state of Colorado, the salary range for this role is from \$133,900-\$200,900." Another for a remote Salesforce engineer includes ranges for both those based in California (\$146,600-\$258,700) and Washington state (\$133,400-\$215,600).

Proponents say these laws keep workers from leaving money on the table by shifting the onus of valuing work from candidates to employers.

But critics worry the law could hurt Washington's competitiveness in a tight labor market. They have also expressed concern that public compensation data may be a disadvantage for workers because employers could offer less money based on a candidate's previous salary.

The legislation is written to protect against that practice, however. Employers are prohibited from seeking past salary information about candidates or asking how much they earned in their previous position on a job application.

Companies also "cannot avoid disclosing wage and salary information requirements by indicating within a posting that the employer will not accept Washington applicants," according to new rules.

Job listings must include a clear minimum and maximum under the law. Open-ended phrases like "\$70,000 per year and up" or "up to \$20 an hour" are not allowed.

Washington's new law goes beyond salary transparency in job listings with additional rules designed to make compensation more equitable: It requires employers to provide equal pay to "similarly-employed" workers regardless of gender, race, or identity differences. Companies are allowed to consider differences in experience, seniority, or work performance, as well as regional compensation trends.

Employers can't stop employees from discussing their wages with each other or retaliate against them from doing so under the law.

"It's mostly a win for workers but I've been surprised by how much employers have embraced it," Hendrickson said. "They want to own their own narrative around how they set pay."

Companies are still grappling with a future in which employees don't just know the pay range for their position, but also the salary expectations for their bosses and executives.

"They're beginning this big shift from just focusing on pay transparency to looking at opportunity transparency," Hendrickson said.

"What does it look like to move up in my organization? How do I do that and what will be the impact on my compensation if I do?"

There is some anecdotal evidence of remote-work exclusion in Colorado — meaning, job listings from around the country that specifically exclude candidates living in the state because of its salary transparency laws.

But some experts believe wage disclosure laws could actually be a competitive advantage for states because of the overall impact they can have on the labor market.

"There may be some concern that states with disclosure laws could be undercut by other states looking to attract their best talent, however, salary disclosure can actually make states more competitive among the best talent as it enables workers to make better career decisions over time and meets their demand for such transparency," said LinkedIn Senior Economist Kory Kantenga.

Excluding candidates in places with salary disclosure laws may also become untenable as more jurisdictions follow Colorado's lead. At the beginning of 2022, Colorado was the only state with this type of law on the books, but there are now at least seven jurisdictions requiring pay ranges in job listings, according to Hendrickson.

"Pay ranges are here to stay," she said. "Most larger, multi-jurisdictional employers are taking a nationwide approach to these laws."

** Please note: This new law does not apply to sovereign tribal governments.*



Emergency Management

Long-term Water Storage



Without water what would we do? We use it for everything, cooking, cleaning, drinking, sanitation etc.... Storing water for use during a disaster can be problematic. How and where it is stored is very important. Here are some instructions for long term water storage.

01

Decide how much water to store. The average person needs 1 gallon (4 liters) of water each day, half for drinking and half for food preparation and hygiene. Increase this number to 1.5 gallons (5.5 L) per person or more for children, nursing mothers, and sick people, and for anyone in a hot or high-altitude climate. Based on these numbers, try to store a 30 day supply for your household. In case of an emergency evacuation, store a 3 day supply in easily transportable containers.

Consider bottled water. In areas that regulate bottled water, including the U.S. and E.U., sealed bottles of water are already sanitary and will stay good indefinitely. If you go this route, you do not need to worry about selecting appropriate containers or purifying the water.

02

03

Select food grade containers. Plastic food or beverage containers marked "HDPE" or with a #2 recycling symbol are excellent options. Plastics #4 (LDPE) and #5 (PP) are also safe, as is stainless steel. Never reuse a container that held anything besides food and drink, and only use brand-new empty containers if they are marked "food grade," "food safe," or with a knife and fork symbol. Milk and fruit juice leave residue that is difficult to remove and encourages bacterial growth. Do not reuse containers that held these drinks. Glass jars are a last resort, since they can easily break in a disaster. Traditional unglazed pottery jars can help keep water cool in warm climates. Use one with a narrow mouth, lid, and tap if possible to encourage sanitary handling.

04

Avoid containers made from hazardous plastics. Look for the resin identification code on plastic containers, which typically consists of a number printed next to the recycling symbol. Avoid containers marked "3" (for polyvinyl chloride, or PVC), "6" (for polystyrene, or PS), and "7" (for polycarbonate). These materials can be hazardous to your health.



Emergency Management

05

Clean the containers thoroughly. Wash them with soap and hot water, then rinse. If a container previously held food or drink, disinfect it with one of the following methods:

Fill with water and mix in 1 tsp (5 mL) liquid household bleach for every quart (approximately 1 liter) of water. Swish to touch all surfaces, then rinse well. For stainless steel or heat-safe glass, submerge in boiling water for 10 minutes, plus 1 minute for each 1,000 ft (300 m) of elevation above an altitude of 1,000 ft (300 m). This is the best method for steel, since chlorine bleach can corrode the metal.

Disinfect water from unsafe sources. If your tap water is not safe to drink or if you get your water from a well, disinfect it right before storage. The best way to do this is to bring the water to a rolling boil for 1 minute, or 3 minutes at elevations above 5,000 ft (1,000 m).

If you cannot boil the water, or do not want to lose water by boiling it, bleach is the next best option:

Mix in ½ tsp (2.5 mL) of unscented, additive-free bleach for every 5 gallons (19 liters) of water. Double the amount of bleach if the water is cloudy or discolored. Let the water sit for half an hour.

If you cannot smell a faint chlorine scent, repeat treatment and let sit another 15 minutes.

In an emergency, you can also disinfect small amounts of water with water purification tablets. However, use these sparingly, as excessive use can impair thyroid function

06

Storing the Water

- * **Seal the container tightly. Take care not to touch the inside of the cap with your fingers, to avoid contamination.**
- * **Label the container. Write "drinking water" on the side, along with the date you bottled it or purchased it.**
- * **Store in a cool, dark place. Light and heat can damage containers, especially plastic ones. Sunlight can also cause algae or mold to grow in clear containers, even sealed, store-bought bottles**
- * **Do not store plastic containers near chemical products, especially gasoline, kerosene, and pesticides. Vapors can pass through some plastic containers and contaminate the water.**
- * **Store a 3 day supply in small containers near an exit, in case of an emergency evacuation.**
- * **Check on the supply every 6 months. If stored properly, unopened, store-bought bottled water should stay good indefinitely, even if the bottle has an expiration date. If you bottled the water yourself, replace it every 6 months. Replace plastic containers when the plastic becomes cloudy, discolored, scratched, or scuffed.**
- * **You can drink or use the old supply of water before replacing it.**
- * **Open 1 container at a time. If you need to use your emergency supply, store open water containers in a refrigerator or cold location. Use an open container within 3 to 5 days in the refrigerator, 1 to 2 days in a cold room, or a few hours in a warm room. After that, purify the remaining water again by boiling it or adding chlorine.**
- * **Drinking directly from the container or touching the rim with dirty hands increases the risk of contamination.**

07



Housing

LOWER ELWHA HOUSING AUTHORITY NEWSLETTER



Notable days in February:

February 2nd: Ground Hog Day

February 14th: Valentine's Day

February 20th: President's Day – **The L.E.H.A office will be closed.**

We would like to remind tenants who receive Social Security to bring in a copy of their 2023 benefit letters.

Looking for money for college??

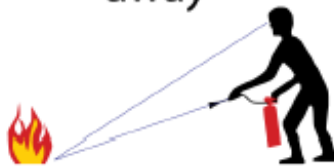
The NWIHA 2023 Youth Scholarship Program is now accepting applications, applications can be found at www.nwiha.org/youth-scholarship-program/. Please note that all applications and supporting documents must be submitted by email to info@nwiha.org on or before 5:00 PM PST, March 31, 2023. Any questions regarding the application process can be sent to the above email address or by calling (360) 220-9212.

The safety of our tenants is always our top priority, so we'd like to share a quick reminder about fire extinguisher use and safety. Most fire extinguishers operate using the following P.A.S.S. technique:

Pull
the pin



Aim at base
of fire 8'-10'
away



Squeeze



Sweep



LEHA tenants: If you have extra fire extinguishers in your home please bring them in to the office. If your extinguisher has a 2022 or older stamp on the tag, bring it in and we will exchange it for a new one.



Transportation

TRANSPORTATION IMPROVEMENT PLANS UPDATE

Lower Elwha Road Pedestrian Path Project

Design plans for the Lower Elwha Road Pedestrian Path Project are almost complete. We plan to construct a walkway for pedestrian travel on Lower Elwha Road between Stratton Road and Billy Whiteshoes Ballfield. The plans include improved lighting, crosswalks, and fencing. Plans are available to view in the Tribal Center.



Spokwes Road Transit Stop Project

Design plans are complete to place a new Transit Stop near the corner of Spokwes Road and Lower Elwha Road. Construction of the platform and installation of the Transit Stop is expected to take place later this year.



Your feedback is welcome and appreciated. If you have any questions contact Susan Matthews, Public Works Assistant Director at Susan.Matthews@elwha.org or (360)452-8471*7468 or visit Public Works at 465 Stratton Road.



Natural Resources

Hey, what are the Natural Resources people up to?

Good question! Glad you asked.

We're counting **sčánnəxʷ** and **kʷəmámah** (salmon and trout).

January is a transition period for fisheries folks. It marks the end of coho spawner surveys, and the beginning of smolt trapping. From mid-November to mid-January, we survey 32 streams from Little Hoko to Morse Creek, tallying adult coho and their redds to estimate total coho abundance in the Strait of Juan de Fuca.



*Little River screw trap during a high flow event.
The water is supposed to flow under the pontoons!*

From January to August, we use rotary screw traps to catch smolts in the Elwha watershed. Smolts are baby salmonids on their way to the ocean. They develop silvery scales when they're ready to begin the journey. Right now, there is a screw trap on Indian Creek and one on Little River. By the time you read this, we will likely have two more screw traps on the Elwha – one near the state hatchery, and another near the Warrior Path. Our numbers help inform abundance and trends as salmon rebuild following dam removal.



A shiny steelhead smolt from last year's trapping season

We're hatching **kʷítšən** (Chinook salmon).

Our hatchery is enjoying their first year of **kʷítšən** propagation!

We received 250,000 eggs to raise into smolthood. Next year, we hope to get half a million eggs, which should take more weight off the shoulders of WDFW, reduce fish transport, and enhance tribal stewardship. At this point, our **kʷítšən** are already fry size. They grow up so fast!

We're nourishing **tsiqʷáy** (Ediz Hook)

The Restoration Crew is stationed at **tsiqʷáy** with their excavators, moving a whole lot of sand.

Last fall, the tribe collaborated to remove the old Cooke Aquaculture wharf. A heap of surplus sand from the Cooke project, 7-8000 cubic yards, gained a new purpose as the sixth **tsiqʷáy** restoration project. Our crew is relocating the extra sand to complete two continuous miles of fish-friendly shoreline along the hook. It will provide habitat for forage fish, proper substrate for eelgrass, and a better migratory path for salmonids.



Natural Resources

Volunteer Opportunities!

The last phase of this year's *tsiqwáy* restoration is to install coastal native plants along the shore in order to prevent erosion, combat climate change, and improve terrestrial habitat.

Other planting events include native and cultural use plants along the Elwha River.

This will take place in February and March.

If this sounds cool, contact:

chelsea.behymer@elwha.org

Who's Chelsea?

The ten-year anniversary of dam removal has brought us back together with a community of Elwha scientists from various agencies.

In August, many of us attended a symposium in order to share updates and brainstorm on a future vision for Elwha science. While we celebrated successes, we also reflected on areas that need improvement, and ultimately identified a need for more community outreach and citizen science opportunities.

Enter: Chelsea Behymer, the newest addition to our Natural Resources family. Chelsea, an American Conservation Experience (ACE) intern and graduate student, will work part-time with Elwha Natural Resources in facilitating Citizen Community Science (CCS) and making our studies more accessible.



Originally from the central coast of California, with a background in marine biology and environmental education, I have worked as an educator, Naturalist and outdoor guide on marine tour vessels around the world since 2014. In just a short time after landing on the Olympic Peninsula, I developed a strong desire to become invested in the community and to help maintain healthy relationships across this dynamic and wondrous social ecological system. I began by leading people along some of the wild coastline via sea kayak and mountain bike, fulfilled by the enthusiasm of visitors to learn about this place with me. Yet, I still found myself wanting to explore more locally-based outreach opportunities. I then spent a deeply rewarding year as an education manager at NatureBridge Olympic, where I realized the value of community

partnerships to facilitate collaborative learning through time spent interacting with the landscape. A pivotal moment came when I participated in a staff training led by Elwha research ecologists to support student collection of data for long-term river monitoring efforts. I felt the magnitude of where we were standing: the former Lake Aldwell reservoir. I closed my eyes, heard birds' songs between gusts of wind rattling leaves in young cottonwood trees amid the sounds of eager conversations and the current navigating through rocks. When I opened my eyes, butterflies in my periphery were quickly overwhelmed by a large black figure across the bank – a black bear, meandering along the river looking for salmon. A living river community is an incredibly special thing to witness and facilitating more opportunities for tribal members, youth and the broader community to engage in ongoing research and restoration through this internship position is a privilege. I am thrilled to learn from you all and support continued healing and reciprocation of the energy and joy the Elwha has provided so many for generations!



Family Advocacy

Wildlife

This winter, the wildlife program is continuing to monitor radio-collared cougars. Cougars act as umbrella species to provide information on important habitats and movement corridors for all species of wildlife on the peninsula. We are studying habitat connectivity, cougar diets, cougar genetics, and working towards getting a population estimate of cougars on the north Olympic Peninsula (how many cougars do we have?). We are also embarking on a new study to radio-collar bobcats to understand bobcat diets and movement patterns. We continue to monitor deer, elk, bears, coyotes, cougars, and bobcats using wildlife cameras, and have collected hundreds of thousands of images to help us understand how many animals of each species are found on the north Olympic Peninsula, and what habitats they require.



Bramble the Cougar



Noah the Corps Member

Who's that blue crew?

The Washington Conservation Corps (WCC) crew has wrapped up Phase 1 of this year's Environmental Justice project. So far, they have removed 21 acres of Himalayan blackberry and Scots broom from the Elwha Reservation. In April and June, they will be back, using chemical control to ensure that the weeds won't regrow.

Thank you to Department of Ecology's WCC program for donating 14 weeks of crew time to this effort, and thank you to the crew members on the ground for all their hard work, which is showcased on Kaycee Way Hill, Tweitzen, and Spokwes Drive.

Office Days

When our biologists aren't in the field, they're back at the office typing away!

Ray Moses' most recent grant supported a pilot project called Selective Fisheries, which helped identify fishing methods that reduce bycatch. He has recently applied for a continuation of this project.

Our newest biologist, Justin Stapleton, is managing his first grant which will assess lamprey presence in Port Angeles urban streams.

Kim Sager-Fradkin is applying for grants that could support cougar studies, bear studies, and outdoor education.

Her primary goals are to start a youth education program for tribal members around the natural resources sciences; specifically, how to thrive and survive in the outdoors, how to understand plants and animal sign, and how to study fish and wildlife.

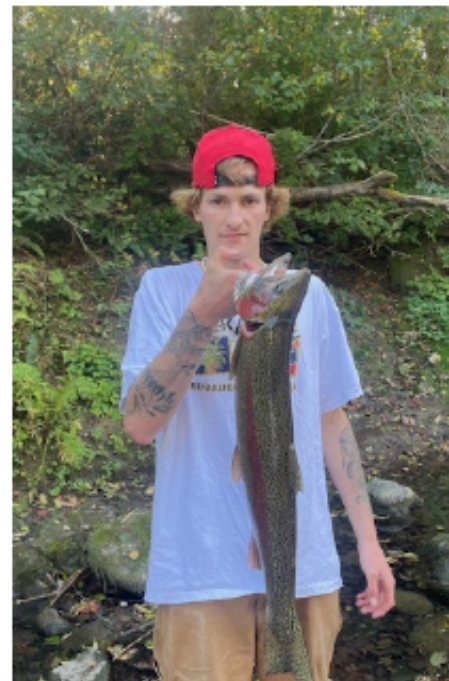
Among many grants to manage and apply for, Mike McHenry is most excited about finalizing the Little Hoko restoration plans for log jam construction. Stay tuned for more updates!



Natural Resources

Gabe Ritchie

I am a new Natural Resources technician, I started October 3rd 2022. I have already learned a ton and I am always willing to learn new things. It's really nice to have a good role in this department and I have loved it ever since I've been here, I'm always learning new stuff every day from others to better my learning and become better at what I do. I love to support all sides of natural resources and my favorite part about the job is the people, the community, and just being a part of everything and doing all different things. It can go from fisheries to wildlife to restoration to the hatchery they have me all over and I love it. I am a decedent from the Elwha tribe, enrolled in the Cherokee tribe and part of my family originated from the Makah tribe at the Pysht village. I have been a part of this community and the people surrounded in the tribe since I was just a little boy, I went to Klallam head start, child care and also did 3 years of Klallam language. My mother is Tonya Greene and my father is Chris Ritchie, my Makah and Elwha side come from my mom and my Cherokee side comes from my dad. I am happy to be here and wouldn't change it for anything. I love every part of Natural Resources and I am very excited for bigger and better projects!!! Thanks.



Randall Recently: An update on GIS analysis

COMPLETED

- comprehensive cougar crossing map for WDFW
- Ennis Creek culvert replacement site location map
- new hatchery well location map depicting new well placements
- another Elwha River (Lake Aldwell) revegetation map depicting exotic weed treatment sites

COMPLETING

- chinook redd survey data for 2022
- Refining the parcel ranking tool he's created to rank parcels in the Elwha River watershed for habitat conservation
- utility spreadsheets for water and wastewater for 2023
- steelhead redd survey data for 2022

Harvest Department:

There is always a shellfish season occurring in the harvest management division and right now our focus is on sea urchins. Lower Elwha has a number of fishers who participate in commercial red and green sea urchin harvest. These fisheries are conducted with dive gear. The urchins are harvested for their roe (eggs) that make up about 8% of the animal's live weight.

Biometrics by Lolinthea

I've recently been exploring different methods to estimate the number of juvenile salmon that are out-migrating from the Elwha and its tributaries to the ocean. The salmon management pre-season planning is also getting underway, which involves large scale modeling to predict the number of fish returning to their native rivers and streams and then determine appropriate harvest rates of salmon for the upcoming year. Additionally, there are plenty of other topics of analysis that are ongoing discussions, including pinniped management opportunities, Southern Resident Killer Whale biological assessment, and more!

Climate Change

Our most recent climate change mitigation has been the installation of two Electric Vehicle (EV) chargers on the back side of our office building.



1910 Indian Shaker Church

Lower Elwha 1910 Indian Shaker Church



Local Elders

Traveling Missionary-Margaret Sawyer
1st Elder-Johanna Bowechop

Jonathan J. Arakawa
Cell: 360.565.6957

Email: jonathan_arakawa@outlook.com

Secretary/Treasurer

Johanna F. Bowechop
jofranb63@yahoo.com

CHURCH ANNOUNCEMENT FOR 2023

Happy New Year! The Lower Elwha 1910 Indian Shaker Church remains active in our community and is ready to help. As we start anew in 2023, we want to remind our community of the services we provide.

Church Openings- We open on the 3rd weekend of each month. Our primary location is the Elwha Veterans Center. Announcements will be made on the Elwha Newsletter and Facebook. No invite is needed to attend church.

Mark Your Calendars: Please join us for church February 17-19, 2023.

Other Services- Funerals, Memorials, Baptisms, Weddings, House/Building Blessings, and Opening Prayers.

Please contact any of our license holders for the services listed above. Our Minister and Traveling Missionary are authorized to officiate funerals, weddings, memorials and baptisms. We are happy to assist you.

Our prayers are with our community. We pray for health, healing, prosperity and blessings for you and your family in 2023. God bless you. Masi.

Sincerely,
Minister Jonathan J. Arakawa



Community News



Congratulations Jericho Stuntz on completing his Surface supplied air, Nitrox, and dry suit certification! Officially fully certified to dive commercially! Your family and community are so proud of you and look forward to seeing where this certification takes you! Good job!

Happy Birthday

Hendrix!!!

From Bub



Happy 25th Anniversary Mark Elofson!!! You're the best Husband, Daddy, Papa and friend. You changed my life forever and I love the life that we built together. Here's to 25 more :)



Congratulations to Virginia Brady for being voted Top 3 in the Best of the Peninsula "Best Massage" category!

**Happy Birthday to
Raymond L.**

Bennett Jr.

75 on Feb. 4th!



TRAFFIC CONTROL / FLAGGING CERTIFICATION



FEBRUARY 17TH, 2023

ELWHA KLALLAM HERITAGE CENTER

401 E FIRST ST

PORT ANGELES, WA 98362

(360)417-8545 X2912



LEPD

Service Record for L & O	Dec.
911 Hang-Up	13
Alarm/Alarm Check	2
Animal Calls	4
Boating Activity/Hunting	1
Burglary	3
Business Check	179
Citizen Assist	11
Citizen Contact	1
Civil	1
Code Enforcement	1
Community Oriented Policing	48
Court Paperwork/Service	14
Courtesy Transport	4
Disturbance	2
DV	2
Eluding	1
Follow Up	13
Found/Recovered/Lost Property	1
Frequent Patrol Request	60

Harassment	1
Malicious Mischief	3
Mental/ITA	2
Other Agency Assist	6
Prowler/Vehicle Prowler	1
Report of Open Door/Window	2
Runaway	1
Suicide/Suicidal	2
Suspicious Person/Vehicle	6
Traffic Control/Emphasis/Hazard	3
Traffic Stops	12
Trespass	4
Unwanted Person	1
Violation of Court Order	1
Vehicle Accidents	6
Vehicle Disabled	3
Welfare Check	5
Warrant Attempts	8
Warrants-Tribal	5
Total	433



Real ID requirements have changed, again. What WA residents should know about the new ID

Story by Alyse Messmer-Smith, The Bellingham Herald (Bellingham, Wash.) * December 15, 2022

Dec. 15—The Real ID deadline has been pushed back, allowing Americans to have more time to obtain their new identification cards. But what does this mean for Washington residents?

Here's what Washington residents need to know about Real ID, and when they will be affected by the new requirements. Why do I need a Real ID?

On Dec. 5, the U.S. Department of Homeland Security pushed back the deadline for Americans to get their Real IDs from May 3, 2023 to May 7, 2025.

On May 7, 2025, if you do not have a form of identification that meets the Real ID requirements, federal agencies such as the DHS and TSA may turn you away from entering a federal building or boarding a domestic flight.

For Washington state residents, these forms of identification will be accepted as forms of Real ID, according to the Washington State Department of Licensing:

- Permanent Resident Card (Green Card)
- U.S. Military ID, U.S. Passport, U.S. Passport Card, Foreign Passport,
- U.S. Citizenship and Immigration Services Employment Authorization Card (I-766),
- Federally recognized, tribal-issued photo ID, Enhanced Driver License (EDL) and
- Enhanced Identification Card (EID)



Resolution List

Date	Resolution Number	Title	Vote		
			For	Against	Abstain
1-9-23	04-23	Approving Lower Elwha Liquor Ordinance	4	0	0
1-9-23	05-23	Adopting the articles of incorporation for a non-profit entity to raise funds for the cultural preservation and interpretive facilities at Tse-Whit-Zen and the Port Angeles waterfront	4	0	0
1-9-23	06-23	Application to the US for acquisition of Spokwes Drive property in trust for the LEKT and to add such lands to the Lower Elwha Res.	4	0	0
1-9-23	07-23	Application to the US for acquisition of the Elwha River property in trust for the LEKT and to add such lands to the Elwha Res.	4	0	0
1-9-23	08-23	Application to the US for acquisition of the Little River property in trust for the LEKT and to add such lands to the Lower Elwha Res.	4	0	0
1-10-23	10-23	Bureau of Indian affairs tribal youth initiative funding proposal for FY 2023	4	0	0

Sleep

When we sleep, our brain and body are resting, relaxing, rejuvenating and repairing.

To help you sleep better:

- Eat at least four hours before you go to bed
- Try to stay on a regular sleep schedule
- Develop a bedtime ritual (bath/shower, meditate, prayer)
- Get regular exercise during the day
- Get good daylight during the day
- Create a comfortable space to sleep in
- Turn off electronics before you sleep



NATIVE WELLNESS

nativewellness.com

Protect your children under 5 from COVID-19



Get them vaccinated today!

Emergency Rental Assistance Program

The Emergency Rental Assistance (ERA) Program is no longer accepting applications (continued, new, or emergency). The program is in the close out phase, with no more assistance available to applicants.



Tribal Directory

Tribal Center

2851 Lower Elwha Road
Port Angeles, WA 98363
360.452.8471

Executive Director

Tonya Greene, Ext. 7469

Tribal Operations Officer

Tia Skerbeck, Ext. 7420

CFO Froilan Sarmiento, Ext. 7463

Accounting

2851 Lower Elwha Road
Melissa Gilman, Grants
Administrator Ext. 7461
Jo Klinski, Controller/Payroll
Ext. 7460

Cedar Box Smoke Shop

4779 S Dry Creek Road
Leif Ellis, 360.477-1170

Children's House of Learning (Early Head Start, Head Start, Child Care, Prenatal Program)

291 Spokwes Dr
360.504.3141
Lola Moses, Early Learning Director
Ext. 7471

Bobi Clark, Child Care Program
Manager Ext. 3402
Deanna Murray, Health Manager
Ext. 7470

Michelle Charles, Family and
Community Partnership Ext. 7474
Donna Goldsbury, Prenatal
Program Ext. 7475

Education

Jessica Egnew, Director Ext. 7425

Elwha Peaks Cannabis

4775 S Dry Creek Rd, Port Angeles
360.912.3469

Elwha River Casino

631 Stratton Road, 452.3005
Mike Watson, General Manager

Elder Services

Samantha Acosta, Coordinator
Ext. 7466

Employment Services/HR/TERO

Sandra Johnson, Director Ext. 7429

Enrollment Services

Marilyn Edgington, Ext. 7444

Facilities & Maintenance

Warren Stevens, Director Ext. 7432

Gaming Commission

631 Stratton Road
360.452.5628
Elaina Begay, Director

Health Clinic

243511 Highway 101 West
360.452.6252
Lorinda Robideau, Health Services
Director

Heritage Center

401 E. First Street, 360.417.8545
Nicole Volkmann, Manager
Ext. 2912

Human Resources

Ext. 7430



Housing Authority

22 Kwitsen Drive, 360.457.5116
Janet Hren, Interim Director
Ext. 7552

Information Technology

Ken Giersch, Director Ext. 7541

Justice Center/Tribal Court

341 Spokwes Drive
360.452.6759

Klallam Counseling Services

243613 W Hwy 101, Port Angeles
360.452.4432
Stormy Howell, Treatment
Manager

Law & Order/Police Dept.

Justice Center

341 Spokwes Drive
360.452.6759
Sam White, Chief of Police Ext.
2922

LOWER ELWHA FOOD & FUEL

360.477-1170

Natural Resources/Fish Hatchery

760 Stratton Road
360.457.4012
Matt Beirne, Director Ext. 7485

Planning & Development

Arlene Wheeler, Director Ext. 7437

Prevention Health/GYM

Jason Wheeler, Ext. 7440

Social Services

3080 Lower Elwha Road
360.565.7252
Becca Sampson-Weed, Director
Ext. 7456



BUSINESS COUNCIL



Frances G. Charles
Tribal Chairwoman, Ext. 7411



Russ Hepfer
Vice Chairman, Ext. 7412



Ed Johnson
Secretary/Treasurer Ext. 7414



Steve Joaquin Robideau
Council Member, Ext. 7413



Anthony Charles
Council Member, Ext. 7415

Dates to Remember:

2/2 Groundhog Day
2/14 Love Yourself Wellness Event
2/14 Valentine's Day
2/20 President's Day



To submit an article or join our email distribution list please send a note to Newsletter@Elwha.org.

You can also find each monthly edition at
<https://www.elwha.org/newsletter/>

Port Angeles, WA 98363

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