



January 2023

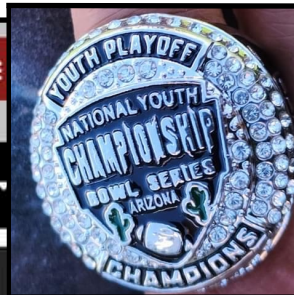
Elwha News

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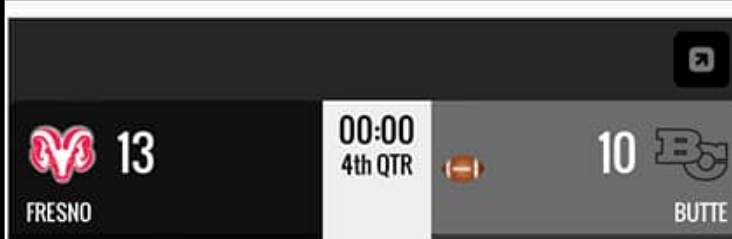
LOWER ELWHA KLALLAM TRIBE

Elwha Athletes Recognized

Congratulations to Tyler Hunter, Walter Williams and Daryl Duckett Jr for their recent achievements!



Football



Tyler Hunter, Port Angeles basketball

ATHLETE OF THE WEEK:
Tyler Hunter, Port Angeles boys basketball



Tribal Operations/Public Health Officer Update

A LOT OF ILLNESS IS GOING AROUND

Folks are experiencing a lot of sickness in the past month. RSV has started to drop off in hospitalization rates, but influenza A, Strep Throat, and COVID are all over in our community. IF YOU ARE SICK STAY HOME. If you have to go into crowded places, wear a mask and limit your time at indoor gatherings.

6 months and older are now eligible for the MODERNA Bivalent Booster!

The new COVID-19 booster includes a booster for the Omicron variant and the original COVID strain. Call LEHD to schedule your booster 360-452-6252.

\$200 adult check/\$100 youth gift card for COVID booster shots

The COVID vaccine support program is still up and running and offering \$200 for ALL COVID BOOSTER SHOTS (18+), and \$100 gift card for youth booster shots. To apply visit the links on <https://www.elwha.org/covid/covid-vaccine-support-programs/>

Indoor Gatherings?

We're still in Phase 5 of the COVID reopening plan. Gatherings outdoors and indoors with unlimited number of participants, masks are strongly encouraged for indoor gatherings.

Free COVID Tests

Lower Elwha Klallam Tribe is also offering free COVID tests for local community members that have a recent exposure or COVID symptoms.

To request the test to be dropped off for local homes visit: <https://app.smartsheet.com/b/form/7e651f2fbeb54e8eac868f98687d50d0>

To pick up tests, you can stop by the front desk of Social Services or the Tribal Center, House of Learning, or the Food Bank.

State of Washington is offering Free COVID tests as well, they can be ordered here: <https://www.sayyescovidhometest.org/>

Do We Still Have COVID Cases?

Yes! We have seen a big rise in cases and a huge jump in other illness (strep, hand food mouth, cold, etc.). Please make sure to stay home if you are sick!

- Tia Skerbeck, Tribal Operations/Public Health Officer



Vaccine Information

IS IT A COLD OR FLU?

SIGNS AND SYMPTOMS	COLD	FLU
Symptom onset	Gradual	Abrupt
Fever	Rare	Usual
Aches	Slight	Usual
Chills	Uncommon	Fairly common
Fatigue, weakness	Sometimes	Usual
Sneezing	Common	Sometimes
Chest discomfort, cough	Mild to moderate	Common
Stuffy nose	Common	Sometimes
Sore throat	Common	Sometimes
Headache	Rare	Common

#FIGHT FLU



Think of it as essential.

Get a flu vaccine.

KnockOutFlu.org





For the Love of A Dog

Farewell Tessa Girl

August 2010 to December 2022

**"She was a Tribal Member"
because she was loved by
everybody.**



"She ate like a Queen"



**"She was the first dog
I ever heard snore"**

**"Something about diesel
trucks & their tires"**

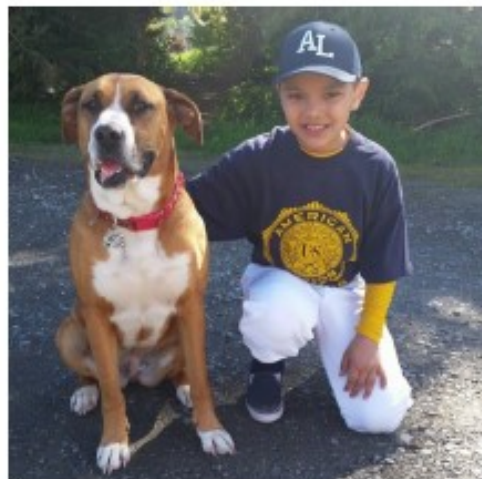
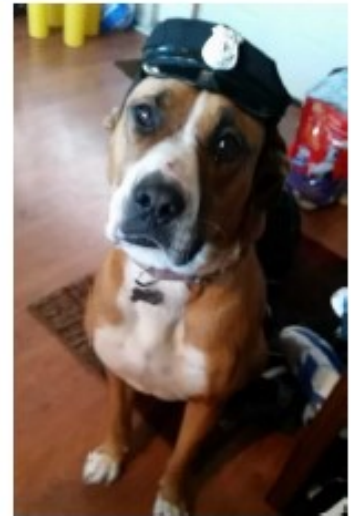


"She loved kids"





For the Love of a Dog





Nutrition & Diabetes

DECEMBER 2022 NEWSLETTER

KLALLAM STRONG: NUTRITION & DIABETES NEWSLETTER

Dawn Travelstead, RD, MS,CDE, Lower Elwha Health Clinic

In this issue:

- Winter BLues
- Best Foods
- Foot Care
- Did you know?



Fighting the Winter Blues!

As winter approaches, seasonal depression can also bring along low energy levels, increasing moodiness and low sleep quality.

The result can be:

- ♦ weight gain
- ♦ Increase in carbs
- ♦ Depression

There is hope. Don't Fret.

Here are some dietary changes to help your brain chemistry.

1. Eat enough carbs. The carbs must have fiber.
2. Salmon/Tuna. Omegas can calm the brain.
3. Vitamin D. 2000 IU can help with mood.
4. Legumes. Helps regulate brain chemicals.
5. Walnut/Almond. Omegas & magnesium.
6. Berries. Reduces cortisol and helps mood.
7. Fermented foods (sauerkraut/kefir/kombucha), can reduce anxiety.
8. Eggs. Contains Vitamin D
9. Dark chocolate. Improves my mood....

Diabetes Foot Care Tips

Diabetic nerve damage can lessen your ability to feel sensations like pain, heat, and cold. You could have a blister or a cut and not even know it.

Diabetes causes the blood vessels to narrow and harden, which can result in poor circulation. Follow these tips for protecting your feet:

1. **Practice good daily foot care.** Check your feet for cuts and sores. Apply a moisturizer for dry feet, but not between your toes.
2. **Trim your toenails.** Cut straight across and use an emery board to file down any sharp edges.
3. **Choose the right footwear.** Don't go barefoot and wear socks in slippers for added protection. Make sure there are no small rocks in your shoes, and always have good fitting shoes.
4. **Get moving.** Exercise helps with circulation.
5. **Get your yearly foot exam from your provider!!!!**



Did you know?

People who ate more home-cooked meals were 28% less likely to be overweight and 24% less likely to have excess body fat. You eat more fruit/vegies when you eat at home.

Don't forget to schedule your diabetes quarterly.

If you would like a nutrition session, please call me @ 360-912-1500.





Language & Culture

Culture & Language Events

Culture Center

322 Stratton Rd



January 10, 2023	Drum Group	5-7pm
January 17, 2023	Dance Clacker Class	9-7pm
January 24, 2023	Drum Group	5-7pm
January 31, 2023	Dance Clacker Class	5-7pm

Drum Group: Dinner and rides home will be provided

Community Classes: !Attention Klallam Whale and Owl Dancers!

Join us in making your first dance clackers or rattle. The difficulty for this class is easy and will be held as a first come first serve basis that will take 1-2 hours to complete.

Contact Information: Harmony Arakawa 360.452.8471 x7422 harmony.arakawa@elwha.org

Materials: <https://www.etsy.com/listing/1092685767/engraved-leather-dog-collar-personalized?ref=cart>
<https://www.etsy.com/listing/400149397/100-deer-hooves-toes-crafts?ref=cart>
Instructions: <https://www.powwows.com/mounting-deer-toes/>



Language & Culture



Klallam Language Department

322 Stratton Road | Port Angeles, WA 98363

Middle School Program, High School Support & College Update

ʔáy'sk^wáči,

There have been many great things happening in the Middle School Program and other services I am honored to provide! My update encloses only a snippet of all the great work going on. You will also find a “Did You Know?” segment to spark Language Learning Interest.

Stevens Middle School Klallam Language Class

Our students in the Klallam Language class at Stevens have been doing tremendously well! Each day is eventful and a new adventure. Our class has been learning useful phrases around “What are you doing” and “What is your (family term) doing” to use in conversation. Our students are some of the best speakers of our language; catching on and receiving it well.

Middle School Cultural Outreach Efforts

Cultural Outreach at Stevens has been underway. This semester, I presented in the 7th grade WA State History class on Klallam History and 8th Grade Civics class on Tribal Sovereignty and the Cultural Significance. After the New Year, I will have the privilege to present on Tribal Economics for a second round to the WA State History Class. We will repeat this next semester to cover all 7th and 8th grade students.

I will potentially have the opportunity to present in one of the middle school classes at Crescent School District. Growth and expansion!

High School Support Efforts and Expansion

For the past few months, I have been privileged to provide daily support to Wendy Sampson in her Klallam Language classes at Port Angeles High School. There are some strong, potential Klallam Language Teacher candidates in those classes! These classes focus a lot on the Klallam Grammar lessons and integrating useful conversations weekly.



Language & Culture

By providing this support has broadened my focus. On the week of December 12th, I have the opportunity to present on Tribal Government to the PAHS Eastern Washington Univ. Civics 12th grade class. This presentation will span into two days to cover all the classes during their block schedule days.

Peninsula College Klallam Language Classes – KLA 121

Our Klallam Language class is finishing up Fall Quarter strong! So far, we have covered 7 chapters/lessons in the *Klallam Grammar* book. This has been our main curriculum. We will continue through the grammar during Winter Quarter. 15 students, both graded and auditing, have been attending class daily. This is my first quarter as an instructor, and excited to see where this year will take us.

Thank you for reading my update to the community. If you have any questions, please email me at Jonathan.Arakawa@elwha.org or call ext. 7395.

On behalf of all of us at the Klallam Language Department, we wish you and your family máli kásməs (Merry Christmas) and ʔáyəs ʔəwəs sčíʔánəʔ (Happy New Year)!

****Did You Know?****

The Language Program made many YouTube videos to teach the community/public our Language by our Youth through a 2013 ANA Grant, "Teaching Language through Technology"??

You can go to YouTube and search "Klallam Language" to watch Basic, Advanced and Grammar Webinar videos!



BLACKFISH SAVES A CANOE

This story is about a Klallam man named Pysht Jack. His Indian name was Yuwíntən. He was our elder teacher, Adeline's šáškʷuʔ, grandfather. She's passed this story on to us.

Yuwíntən, lived during the turn of the century. When people always helped each other. Back then, it was just the way things were; if you had more than enough of something, you shared it with someone who didn't have enough. Or, if you seen someone who needed help, you just went and helped them without asking. That's the way the Klallams were.

Yuwíntən had a widowed relative with several children, so he always helped her. One time she caught a lot of fish and needed to go trade it. At the time Victoria, or mətúliə, was the only big city around. Most of the Native American's traveled there to go trade with each



other. That was where she needed to go. So, Yuwíntən helped pack her salmon into a canoe. Back then Klallam people traveled in canoes everywhere, and it wasn't a big deal to paddle across the Strait to mətúliə. There are many Klallam villages on both sides of the water.

It was a bad day to cross the water. The weather was stormy, it was raining hard and very windy but they still had to go. When they got there, to mətúliə, they went to work trading for what they needed; as fast as they could. After she had traded all her fish they decided it was time to come back, and that's when the storm really hit.

At first, the wind started to hit harder. So they just paddled harder, trying to get home faster. Then the rain *really* started in, and you know when the rain and wind get together it can really sting when it hits you, so they just put their heads down and really dug in as they paddled even harder! The waves started rocking them in their little canoe, and the rain with the wind. It was just scary and they thought they were going to drown for sure!

Now, the lady that was with Yuwíntən started praying and chanting for the, q'útuməčən, blackfish to come and help them. In those times, there were special people who could speak to the q'útuməčən. She was one of those people with that power that could call upon the q'útuməčən. So she did. And, it wasn't very long until the q'útuməčən appeared.

The waves that were rocking the canoe slowed down, and pretty soon they looked up and seen they were surrounded by q'útuməčən! As far as the eye could see, there were



Language & Culture

q'úuməčən, guarding them from the waves.
Guiding them all the way home.

The q'úuməčən brought them clear across the Strait over here, to the mouth of the Elwha River. She thanked the q'úuməčən and then the q'úuməčən left.

It has always been said by the Klallam people that the q'úuməčən are our friends.



q'úuməčən stíyəm - Blackfish Song

wéy ley ú? hey, wéy ley ú? hey, wu? wéy ley ú? hey, wéy ley ú? hey, wu?, hu, hu, hu

wu? hu? q'úuməčən k'wənnəx^w cn (I see a blackfish)

nił k'wi k'wənnəx^w cn (This is what I see)

q'úuməčən k'wənnəx^w cn (I see a blackfish)

a-hey, a-hey

wéy ley ú? hey, wéy ley ú? hey, wu? wéy ley ú? hey, wéy ley ú? hey, wu?, hu, hu, hu

wu? nesčəyá?čə? q'úuməčən (My friend, blackfish)

nił k'wi k'wənnəx^w cn (This is what I see)

nesčəyá?čə? q'úuməčən (My friend, blackfish)

a-hey, a-hey

wéy ley ú? hey, wéy ley ú? hey, wu? wéy ley ú? hey, wéy ley ú? hey, wu?, hu, hu, hu

wu? hu? há?nəŋ cn q'úuməčən (Thank you blackfish)

nił k'wi k'wənnəx^w cn (This is what I see)

há?nəŋ cn q'úuməčən (Thank you blackfish)

a-hey, a-hey

wéy ley ú? hey, wéy ley ú? hey, wu? wéy ley ú? hey, wéy ley ú? hey, wu?, hu, hu, hu



Recreation

GYM CALENDAR

January 2023						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 New Year's Day	2 New Year's Day Observed	3 630am AM Fitness 12pm Lunch Fitness 230pm AS Activity 630pm Youth Basketball	4 630am AM Fitness 12pm Lunch Fitness 230pm AS Activity 630pm Volleyball	5 630am AM Fitness 12pm Lunch Fitness 230pm AS Activity	6 630am AM Fitness 12pm Lunch Fitness 230pm AS Activity 630pm PA Rams	7 Gym Hours 10am-6pm Activities TBD
8	9 630am AM Fitness 12pm Lunch Fitness 230pm AS Activity 630pm Basketball	10 630am AM Fitness 12pm Lunch Fitness 230pm AS Activity 630pm Youth Basketball	11 630am AM Fitness 12pm Lunch Fitness 230pm AS Activity 630pm Volleyball	12 630am AM Fitness 12pm Lunch Fitness 230pm AS Activity	13 630am AM Fitness 12pm Lunch Fitness 230pm AS Activity 630pm PA Rams	14 Gym Hours 10am-6pm Activities TBD
15	16 Martin Luther King Jr.	17 630am AM Fitness 12pm Lunch Fitness 230pm AS Activity 630pm Youth Basketball	18 630am AM Fitness 12pm Lunch Fitness 230pm AS Activity 630pm Volleyball	19 630am AM Fitness 12pm Lunch Fitness 230pm AS Activity	20 630am AM Fitness 12pm Lunch Fitness 230pm AS Activity 630pm PA Rams	21 Gym Hours 10am-6pm Activities TBD
22	23 630am AM Fitness 12pm Lunch Fitness 230pm AS Activity 630pm Youth Basketball	24 630am AM Fitness 12pm Lunch Fitness 230pm AS Activity 630pm Youth Basketball	25 630am AM Fitness 12pm Lunch Fitness 230pm AS Activity 630pm Volleyball	26 630am AM Fitness 12pm Lunch Fitness 230pm AS Activity	27 No School Field Trip TBD	28 Gym Hours 10am-6pm Activities TBD
29	30 630am AM Fitness 12pm Lunch Fitness 230pm AS Activity 630pm Youth Basketball	31 630am AM Fitness 12pm Lunch Fitness 230pm AS Activity 630pm Youth Basketball				



Head Start & Early Head Start

Happy New Year!

We are very pleased to start the new year welcoming Ralena Cornelson, known to all as Reba, as our new Family & Community Partnership Manager.

My name is Ralena Cornelson, I am from the Charles family, and an enrolled tribal member of Lower Elwha



Klallam Tribe (LEKT). I am the new Family Community Program Manager for the Head Start House of Learning. My previous employers were: PAHS - Native American Interventionist for 11.7 years, where I worked with mostly high school students, their families and the school district to help them succeed in school; LEKT - JOM Coordinator for 2 years in which I worked with K-12 Native Americans in the PASD and CSD; LEKT- The Program Assessment Team Coordinator, were my team and I developed the first wrap around system and wrote the policies and procedures for what is now called systems of care. I am truly excited about my next adventure working with the littles of our community. I look forward to building new relationships. I am also currently a German Shepherd breeder of Czech working lines, and I practice my treaty rights commercial fishing with my husband Josh and sons Peyton and Daniel Cable. My daughter LeAndra is the Native American Interventionist for Dry Creek and my grandson Carson is in early head start.

January Events

11th—Teacher Inservice Day: No School
16th—Martin Luther King Jr. Day Holiday
18th—Family Night, 5:30-7 pm
19th—Wear Your Elwha Gear Day
26th—Treaty Day Holiday

What's Up in the Classrooms?

The Chipmunks have been growing like weeds! We're seeing first steps and new language skills.

Otters have been learning about shapes and weather. In January they will start exploring what winter means.

Bears have been creating many winter art projects and working on spelling their own names! They were so happy to add a new friend to their classroom in December!

Eagles will be flying into space this month, learning about the planets and stars. In December they learned about the Klallam culture and also welcomed a new student!

Ravens have are starting a unit on clothing: how it's made and how it helps us keep warm. They are also learning more about winter weather and what clothes to wear.

Head Start has several openings for students. Children who were three or four on August 31st can apply. Drop by 291 Spokwes Drive, or call 360-504-3141, or email lo-la.moses@elwha.org for an application.



Child Care

Lower Elwha Child Care

January Newsletter

The Children's House of Learning

291 Spokwes Drive Port Angeles WA 98363

Phone (360) 504 3141 Fax (360) 504 3651

Program Director Bobi Clark EXT 3420

Administrative Assistant Deann Lester

Receptionist Tiana Fieldsend

Happy New Year!

We will be closed January 16th
for Martin Luther King Jr. Day
& January 26th for Treaty Day

Our **Clothing Closet** is open every Tuesday from 8:30 – 4:30. Swing by and do some shopping. All items are FREE and you can take as much as you would like.

Donations of clean and gently used items free of rips and stains are accepted during business hours. A giant thank you to the community for all of the wonderful donations!

Infant/ Ducks 1-11 Months Teacher Brenda & T.A's Amy & Kelsie

Toddler / Hummingbirds 12-29 Months Congrats to our new Teacher Cara!! We are excited to have you lead the way for our Hummingbirds! T.A's Julie & Ella

Preschool / Wolves 30-60 Months Teacher Cat & T.A Tatianna

Afterschool/ Whales 5-12 Years Teacher Juanita & T.A Elliana

All classrooms are currently full. Registration packets are available if you would like your child added to the waiting list.



We still have one full time & one part time Teacher Aid position available! Apply at elwha.org



Child Care

Looking back at December.....



The kids, staff and guests enjoyed our themed Christmas trees. It seemed that among the superhero and unicorn trees that the pink sparkles won most of the admiration and seemed to be the crowd favorite.



You could also find several Christmas themes throughout the building as our teachers decorated their entrances with snowmen, gingerbread men and the Grinch.



Library

Happy New Year from the Library!

You may have heard that with the New Year comes a new crop of copyrighted works entering the public domain. But what does that mean? Put simply, copyright means works created by authors, artists, musicians, and others can only be copied and licensed by their creator or copyright owner. Currently, US copyright law says that works are protected for the creator's life plus 70 years for works published since 1978. However, for works published before 1978, the law says copyrights are good for 95 years from publication. This means that works published in 1927 are entering the public domain in 2023. Public domain means that anyone can use the works in any way they wish. For example, there is a new horror movie coming out this year based on A. A. Milne's *Winnie the Pooh* (now owned by Disney), but not licensed by Disney. The creators of this movie are allowed to use the character of Winnie the Pooh because the character was created in 1926, and therefore the original copyright on the famous bear expired in 2022. Some notable works entering the public domain in 2023 include: *Steppenwolfe* by Herman Hesse; the first three *Hardy Boys* books by Franklin W. Dixon; *The Casebook of Sherlock Holmes* by Arthur Conan Doyle (meaning 100% of the original Sherlock Holmes works are now public domain); and the classic film *Metropolis*. If you've ever wanted to create adaptations of the characters from the *Hardy Boys* or *Sherlock Holmes*, or any other works entering the public domain this year, you can now do so freely! If you're interested in creating your own adaptation, or if you have any other questions on copyright or works in the public domain, come by the Library and we'll be happy to help!

Books We're Looking Forward to in 2023



- *Just Like Grandma* by Kim Rogers (Wichita) – coming January 2023
- *The Rediscovery of America: Native Peoples and the Unmaking of US History* by Ned Blackhawk (Western Shoshone) – coming April 2023
- *Heroes of the Water Monster* by Brian Young (Navajo) – coming May 2023
- *We Still Belong* by Christine Day (Upper Skagit) – coming August 2023

Digital Literacy Classes

Jason will be offering two Digital Literacy classes in January. The first will be Staying Safe Online: How Protect Yourself, Your Kids, and Your Information on the Internet and will focus on keeping your data secure online, as well as how to teach your kids to stay safe on the internet. It will be held Tuesday, Jan. 10 at 5pm in the Library. The second class will be geared towards kids, and is called Be Internet Awesome: Helping Kids be Safe, Confident Explorers of the Online World. It will cover much the same information as the first class, but in a way that is easier for kids to understand and engage with, and will utilize a program designed by Google. It will be the following week, Tuesday Jan. 17 at 5pm.

The Library remains open Mon/Thu/Fri 8am-4:30pm and Tue/Wed 10am-6:30pm. Jason is available anytime during these hours for homework help, research assistance, computer help, book recommendations, and more.



Library

What's Happening in the Library?

We've rearranged!



We've brought back the kids table as well as added a couple of bean bags to provide more space for everyone.



Valerie Charles and Skylar Wheeler get comfy reading on the bean bags.



Nizhoni Wheeler helps Tydus Woods with his homework.



Jason Morris reads to Tydus Woods.



Housing

LOWER ELWHA HOUSING AUTHORITY NEWSLETTER



Happy New Year from the Lower Elwha Housing Authority staff!!

Christmas is over, but winter will be around for a few more months. Winters can be unpredictable, so cold weather preparedness is essential.

- If you have heat pumps make sure the filters are clean, call the office if your filters are missing or damaged.
- If you have a fireplace or wood stove check your dampers to make sure they open and close properly. When not in use, keep the damper closed to prevent a draft and heat loss.
- Test smoke and carbon detectors, change batteries if needed
- Clean up around the exterior of the house, remove any brush and wood near the house to prevent rodent infestations, mice will be looking for a nice place to stay warm.
- Dump funds are still available for tribal members.

The Lower Elwha Housing Authority office will be closed December 23rd through January 2nd. We will re-open at 8:00 am Tuesday, January 3rd, 2023.

L.E.H.A. tenants can call 360-457-4849 to report maintenance EMERGENCIES.

The Lower Elwha Housing Authority is happy to welcome Josh Wood as our new maintenance supervisor. He has 18 years of general contracting experience and a wealth of knowledge regarding maintenance and home repair. Josh worked as a paraprofessional for the Port Angeles school district before joining our team.

Reminders:

Recertifications should be completed 60 to 120 days before due date.

Don't forget to update your waiting list file annually.

Remember to update us if you change your phone number, communication is essential.

****We have LIHEAP applications available at the front desk. ****



Emergency Management

When we think about preparing for a natural disaster its usually in the context of being at home.

But it is possible that we could be at work or on the road. So its a good idea to have a disaster kit in your vehicle. Pictured is a commercially available kit that costs about \$120. It contains food, water, blankets, hygiene kit, small tools, sanitation supplies, first aid kit, lights and chargers.



You can also make your own for cheaper. I

suggest that you add a few items such as books and other forms of entertainment.

Its important to have the kit in your vehicle but don't forget about it.

Check it at least every 6 months to make sure that everything is still in good working order.

If you ever get stuck in your vehicle for an extended period of time then you'll be glad that you did.



**How are you
preparing for cold and
flu season this year?**

**Help keep our community
safe and healthy all year long.**

**Call the Lower Elwha Health Department to
schedule your vaccines at (360) 452-6252.**





Family Advocacy



Lower Elwha Klallam Tribe - Lower Elwha Family Advocacy Program (Social Services Department)

3080 Lower Elwha Road; Office (360) 565-7275 ext. 7453; (360) 460-1745;

(360) 775-9346 crisis or non-crisis matters. E-mail: Beatriz.arakawa@elwha.org

Assistance to Victims of Domestic Violence, Sexual Assault, Dating Violence, Stalking, and Provide Prevention/Awareness and Support Group.

Mission: Victim's Safety and Autonomy through Advocacy and Community Awareness

Happy New Year 2023 Readers, Tribal and Community Members!

Below is review of the Lower Elwha Family Advocacy Program staff Activities in 2022.

The entire year, LEFA has one personnel while continue advertising one advocate and awareness specialist position. Along with the Planning Department staff, lead by Arlene Wheeler, Social Service Director Becca Sampson-Weed, and I (Beatriz) co-wrote two grants applications to the DOJ-OVW - Department of Justice Office of Violence Against Women. However, it was only one grant application accepted and awarded in the amount of \$720,000.00 for the Lower Elwha Family Advocacy Program. The OVW grant FY 2017 was extended and will end on March 2023.

Attended meetings/trainings: Virtual/Zoom: Washington Coalition of Sexual Assault Program conference; 17th Inter-Tribal Working Group, Office of Violence Against Women and Tribal Law Policy and Institute; WSCADV Peninsula and Regional meeting; Native Financial Empowerment and Recovery; Indian Health Services - ECHO; MMIW Task Force; R3N Resource/Housing; Technology-enabled abuse; Human Trafficking; Mindfulness Zoom Classes; Northwest Coast Tribal Partners; Point-in-time with Serenity House- Port Angeles, WA; DV National Day Count; Cybercrime LEKT Know be4; Mandatory New Grantee Orientation - OVW FY 2022 grant; Honoring Veterans: Past, Present, and Future; Klallam Language class

In-person: 18th Inter-Tribal Working Group, Office of Violence Against Women, Tribal Law Policy and Institute and NAC - Columbia, SC; Washington State Coalition Against Domestic Violence Conference - Lynnwood, WA; 17th Tribal Government to Government Tribal Consultation - Anchorage, AL; WomenSpirit Coalition Family Safety Center Inaugural meeting - Sequim, WA; 19th Inter-Tribal Working Group, Office of Violence Against Women and Tribal Law Policy and Institute - Palm Springs CA; 17th DOJ-OVC - Office of Victims of Crime National Indian Nations Conference - Palm Springs, CA; LEKT Business Committee for grants and DV proclamation; and involved in several other event opportunities.

Provided Educational Awareness and in partnerships with many programs: January - Virtual National Stalking Awareness and Teen Dating Violence Awareness; April - in-person National Sexual Assault Awareness; May- in-person National Missing and Murdered Indigenous Women/People; October - in-person National Domestic Violence Awareness month/Lower Elwha Domestic Violence Awareness month with resource fair and walk; Virtual Women's Support Group scheduled; in-person/Zoom Elwha Domestic Violence and Sexual Assault Task Force meetings; Eleven Elwha newsletter articles submitted.

Reports: 2 OVW semi-annual narrative/progress reports; 2 BIA-Bureau of Indian Affairs Financial and Assistance and Social Services reports; 2 LEKT Director monthly reports which started in October; 1 National Domestic Violence Count Day report; 1 Clallam County Point-in-Time count report. Other participation and outreach: National Domestic Violence Count Day, Clallam County Point-in-Time count, Veteran Stand Down, and Clallam Job Fair.

Direct Services and Information and Referrals: Approximately 50 unduplicated direct services with multiple direct services. About 200 information and referrals - non-victims/survivors direct services. Recognition: 2021 Board of Directors Appreciation from WomenSpirit Coalition.



Family Advocacy

Staff personal journey and healing: I was granted to take personal leave several times. Dec/Jan, I went home to the Philippines with some family members and with my late sister Carmelita's remain. There, I witnessed the Tingian traditional funeral service for my sister. I met relatives and friends that have not seen for about 39 years. The day before my departure to U.S.A, I got COVID-19 which delayed my return to the U.S. Despite of my COVID experienced, in June, I went back to my birth place took care of my parents' real estate, attended 18th birthday debut celebration, visited two relatives that passed away, and visited Singapore for the first time. During 2022, I also visited Hawaii twice for family members' doubled-funeral service, and I attended my niece wedding party. Thankfully, with all of personal travels, I managed to response calls and emails as possible. The rest of calls and personal services were rendered by my supervisor Becca Sampson-Weed and co-department worker Iliana Jones. In fall season, I challenged myself and took virtual Klallam Language class at Peninsula Community College. I truly loved it and learned quite a bit.

Thank you (háʔnəŋ cn) so much to all of you who had and have helped me, encouraged me, supported me, and collaborated/partnered with me in many activities/awareness and victims' services. Together, we made differences into the lives of so many people in needs of our advocacy. Thank you to my family, co-department workers, and friends for your love.



Pictures: WSC – WomenSpirit Coalition Shawl in honored victims/survivors of DV, SA, MMIW/P, and LGBTQ; Ms. R. Jones, OVW my grant manager was appreciated with blanket at 19th ITWG meeting 12/06; Rachel J, Diane C, Jessica G, and myself at the 17th OVC National Indian Conference in Palm Springs, CA 12/06-09 amongst with about 1,500 participants.

All the best this year 2023, Beatriz B. Arakawa, LEFA Program Manager/Victim Advocate



Community News



Congratulations!

Ciara Cargo-Acosta was voted Junior Homecoming Royalty at Crescent School

Audrey Gales was honored to be voted Sophomore Homecoming Royalty for Crescent High School 2022!



Congratulations to Walter Williams (son of Georgina Gilman) and the Bellarmine Lions on your Championship win at the National Youth Championship Bowl in Arizona in November!

Love you Bubbas, Aunty Bug

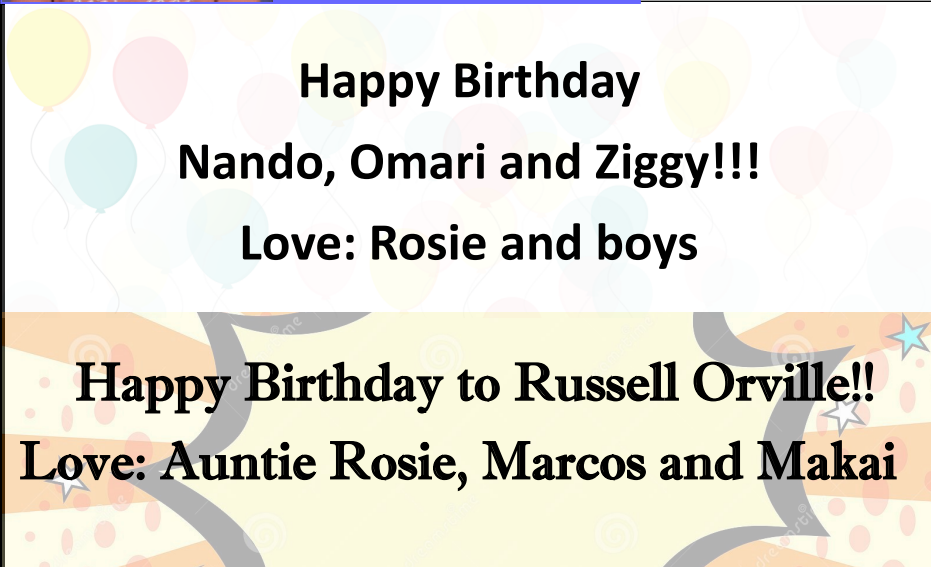
Walter and his family would like to thank the community for the support in fundraising to be able to travel to Arizona for this Championship Bowl!



HAPPY 12th BIRTHDAY to my favoritest princess in the whole wide world! I love you the mostest like hostess and I hope you have the best year on earth yet Zoey
Love always,
Mom.

Congratulations Cheyenne Zimmer
We are very proud of you on your academic letter award.

Love you forever and always
Grandma & Grandpa



Happy Birthday Nana !

I love you !

Love Taylor Allen





Community News



Happy Birthday Nana !



My Momma, Loretta A Charles AKA Nana will be 91 years young on January 3, 2023! She is very Klallam Strong, she is the oldest living elder on the Lower Elwha Klallam reservation. My girls and I, wanted to give her a Birthday Shout out and let her know she is "So very special to us" and to many in the community. She is loved so much! I love you Mom.

Love,
Cindy, Pebbles & her daughters Rosie, Diana and Melaine
and their kids.

PS. HBD to Diana J, Elvira Rose, Makai,
Nando, Omari & Ziggy!



Happy 11th Birthday Makai J!!

We love you so much.



Love: Mom and the fam ☺

Happy 13th Birthday Elvira Rose!



Love: Auntie Rosie and boys

Happy birthday to my
beautiful granddaughter

Miss Elvira Rose

January 25th

Love you so much

Love grandma Dorene



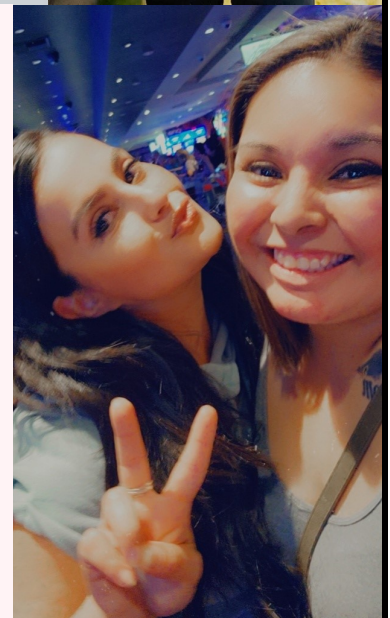
Happy 13th
Birthday Sis

Love, Mom

Happy Birthday
Nando, Omari &
Ziggy! –Melaine &
Kids



Happy Birthday
Diana J! Love
Melaine & Kids





LEPD

Service Record for L & O	NOV
911 Hang-Up	2
Alarm/Alarm Check	8
Animal Calls	2
Burglary	1
Business Check	179
Citizen Assist	3
Citizen Contact	1
Civil	1
Community Oriented Policing	52
Court Paperwork/Service	12
Courtesy Transport	1
Disturbance	5
Drug Violation	1
DV	2
Follow Up	21
Found/Recovered/Lost Property	2
Fraud	2
Frequent Patrol Request	56
Indecent Exposure	1

Junk Vehicle	1
Malicious Mischief	1
Mental/ITA	2
Misc. Info/False Reporting	4
Other Agency Assist	7
Prisoner Transport	1
Report of Open Door/Window	3
Suicide/Suicidal	1
Suspicious Person/Vehicle	9
Theft	3
Threats	1
Traffic Control/Emphasis/Hazard	7
Traffic Stops	4
Trespass	1
Unwanted Person	1
Vehicle Accidents	6
Vehicle Disabled	1
Welfare Check	5
Warrant Attempts	1
Warrants-Tribal	1
Total	412



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DOH 348-585 October 2022

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Deaf or hard of hearing customers, please call 711 (Washington Relay) or email civil.rights@doh.wa.gov.



Resolution List

Date	Resolution Number	Title	Vote		
			For	Against	Abstain
11-15-22	99-22	Approval of Head Start & Early Head Start application FY 2023	2	0	0
12-8-22	101-22	Approval of renewed outside attorney contract w/ Kanji & Katzen	2	0	0
12-8-22	102-22	Approving petroleum card services (PCS) merchant services agreement for the Elwha Food and Fuel, Cedar box smoke shop, and food truck, w/ limited waiver of tribal sovereign immunity	2	0	0
12-8-22	103-22	Approval of recodified Elwha Justice Code	2	0	0
12-8-22	104-22	Approval of agreement to Shopify terms and conditions, including a potential personal guarantee for business funds the tribe may owe Shopify	2	0	0
12-8-22	105-22	Approving amendments to sections 207, 701.5, 701.7 and 802 of the Tribal Government employee handbook	2	0	0
12-8-22	106-22	Approval of master sales agreement between Empire technology group LTD (EGT) and LEKT dba Elwha River Casino with a limited waiver of sovereign immunity	2	0	0
12-8-22	107-22	Approval of sale agreement between Scientific Games and LEKT dba Elwha River Casino	2	0	0
12-8-22	108-22	Approval of the LEKT General Assistance (GA) policies and procedures	2	0	0
12-8-22	109-22	LEKT Title VI elder nutrition and caregiver program; US Admin on aging	2	0	0

Oh hi, this is Maurice “Moe” Charles-Raub from Enrollment.

Lately I’ve been trying to put all our descendant applicants into our system, if you or you know someone who is a descendant then please come fill out an application. This helps us a lot especially with CIBs (Certificate of Indian Blood) so we know who you are. If you have any questions my ext. is 7477 and our address is 463 Stratton Rd in the tiny building.

Have a great day.



Tribal Directory

Tribal Center

2851 Lower Elwha Road
Port Angeles, WA 98363
360.452.8471

Executive Director

Tonya Greene, Ext. 7469

Tribal Operations Officer

Tia Skerbeck, Ext. 7420

CFO Froilan Sarmiento, Ext. 7463

Accounting

2851 Lower Elwha Road
Melissa Gilman, Grants
Administrator Ext. 7461
Jo Klinski, Controller/Payroll
Ext. 7460

Cedar Box Smoke Shop

4779 S Dry Creek Road
Leif Ellis, 360.477-1170

Children's House of Learning (Early Head Start, Head Start, Child Care, Prenatal Program)

291 Spokwes Dr
360.504.3141
Lola Moses, Early Learning Director
Ext. 7471

Bobi Clark, Child Care Program
Manager Ext. 3402
Deanna Murray, Health Manager
Ext. 7470

Michelle Charles, Family and
Community Partnership Ext. 7474
Donna Goldsbury, Prenatal
Program Ext. 7475

Education

Jessica Egnew, Director Ext. 7425

Elwha Peaks Cannabis

4775 S Dry Creek Rd, Port Angeles
360.912.3469

Elwha River Casino

631 Stratton Road, 452.3005
Mike Watson, General Manager

Elder Services

Samantha Acosta, Coordinator
Ext. 7466

Employment Services/HR/TERO

Sandra Johnson, Director Ext. 7429

Enrollment Services

Marilyn Edgington, Ext. 7444

Facilities & Maintenance

Warren Stevens, Director Ext. 7432

Gaming Commission

631 Stratton Road
360.452.5628
Elaina Begay, Director

Health Clinic

243511 Highway 101 West
360.452.6252
Lorinda Robideau, Health Services
Director

Heritage Center

401 E. First Street, 360.417.8545
Nicole Volkmann, Manager
Ext. 2912

Human Resources

Ext. 7430



Housing Authority

22 Kwitsen Drive, 360.457.5116
Janet Hren, Interim Director
Ext. 7552

Information Technology

Ken Giersch, Director Ext. 7541

Justice Center/Tribal Court

341 Spokwes Drive
360.452.6759

Klallam Counseling Services

243613 W Hwy 101, Port Angeles
360.452.4432
Stormy Howell, Treatment
Manager

Law & Order/Police Dept.

Justice Center

341 Spokwes Drive
360.452.6759
Sam White, Chief of Police Ext.
2922

LOWER ELWHA FOOD & FUEL

360.477-1170

Natural Resources/Fish Hatchery

760 Stratton Road
360.457.4012
Matt Beirne, Director Ext. 7485

Planning & Development

Arlene Wheeler, Director Ext. 7437

Prevention Health/GYM

Jason Wheeler, Ext. 7440

Social Services

3080 Lower Elwha Road
360.565.7252
Becca Sampson-Weed, Director
Ext. 7456



BUSINESS COUNCIL



Frances G. Charles
Tribal Chairwoman, Ext. 7411



Russ Hepfer
Vice Chairman, Ext. 7412



Ed Johnson
Secretary/Treasurer Ext. 7414



Steve Joaquin Robideau
Council Member, Ext. 7413



Anthony Charles
Council Member, Ext. 7415

Dates to Remember:

1/1 New Years Day
1/16 Martin Luther King Jr Day
1/26 Treaty Day



WOULD YOU RATHER NOT RECEIVE A PAPER?

We are evaluating the level of Interest for emailed newsletters. If you would rather not receive the newsletter by mail, please contact Chrissi Ducotey by email (chrissi.ducotey@elwha.org). She will begin to gather a list of those who prefer to receive electronic files only, and we will determine if this is a workable option.

**Newsletter submissions and suggestions may
now be received at
Newsletter@Elwha.org**

Lower Elwha Klallam Tribe
2851 Lower Elwha Road
Port Angeles, WA 98363

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ELWHA NEWS

Lower Elwha Klallam Tribe

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“THE STRONG PEOPLE”

The *Elwha News* is a monthly publication of the Lower Elwha Klallam Tribe to inform, educate and stimulate interest in the Tribe and community affairs. It also raises awareness and respect for the Reservation and its resources. For news articles, please send to the address below by the third Friday of the month.

Chrissi Ducotey
Administrative Education & Training
Specialist
Elwha Klallam Heritage Center
401 E First St
Port Angeles, WA 98362
Phone: 360.417.8545
Chrissi.Ducotey@elwha.org

Note: This newsletter is uploaded monthly to the Lower Elwha Klallam Tribe webpage *elwha.org*

You can find it under the
“Announcements” section titled:
Newsletter

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