November 2022

# Elwha News

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# LOWER ELWHA KLALLAM TRIBE



### YOU ARE INVITED TO LEKT'S



TRANSPORTATION AVAILABLE If you would like to be a vendor please contact: Nancy Hamilton -360-912-1302 nancy.hamilton@elwha.org

Vendor and Busser Door Prizes!

DECEMBER 16TH AND 17TH FRIDAY-10AM-4PM SATURDAY- 10AM -3PM LOWER ELWHA GYMNASIUM 2851 LOWER ELWHA RD. PORT ANGELS, WA 98363



(Entry Fee waived for LEKT Tribal Members)



### Tribal Operations/Public Health Officer Update

# \$200 adult check/\$100 youth gift card for COVID booster shots

The COVID vaccine support program is still up and running and offering \$200 for ALL COVID BOOSTER SHOTS (18+), and \$100 gift card for youth booster shots. To apply visit the links on <a href="https://www.elwha.org/covid/covid-vaccine-support-programs/">https://www.elwha.org/covid/covid-vaccine-support-programs/</a> New Bivalent COVID-19 booster!!

The new COVID-19 booster includes a booster for the Omicron variant and the original COVID strain. Call LEHD to schedule your booster 360-452-6252

### Free COVID Tests

Lower Elwha Klallam Tribe is also offering free COVID tests for local community members that have a recent exposure or COVID symptoms.

To request the test to be dropped off for local homes visit: <u>https://app.smartsheet.com/b/form/7e651f2fbeb54e8eac868f98687d50d0</u> To pick up tests, you can stop by the front desk of Social Services or the Tribal Center, House of Learning, or the Food Bank.

<u>State of Washington</u> is offering Free COVID tests as well, they can be ordered here: <u>https://www.sayyescovidhometest.org/</u>

### **Do We Still Have COVID Cases?**

We have seen a very small number of COVID cases in our community.

# We are still in Phase 5 of our Re-Opening Plan and Yellow for mask wearing.

We're still in Phase 5 of the COVID reopening plan. Gatherings outdoors and indoors with unlimited number of participants, masks are strongly encouraged for indoor gatherings.

- Tia Skerbeck, Tribal Operations/Public Health Officer



Vaccine Information

# **Why** should I get a COVID-19 booster?

Boosting helps protect against newer variants like Omicron

Everyone benefits from updated COVID-19 boosters... Even for people who have had COVID already And even for people who already got boosted

Boosters help protect people around us



What are the new boosters?

The bottom line: Boosters energize your immune system to improve protection against COVID-19. You should get boosted to protect yourself and those around you. Monovalent shot: original booster Bivalent shot: new, updated booster protecting against more COVID strains

# When can I get a COVID-19 booster?

It depends on your age and whether you have finished a full ("primary") vaccine series. Find your age group in the graphic below. This graphic only applies to people that completed their primary series.





Call the Lower Elwha Health Department to schedule your COVID-19 vaccines 360-452-6252





Vaccine Information

# Don't tempt fate, stay up to date.

#### Why get an updated COVID-19 vaccine?

- Your immunity to COVID-19 goes down over time. If you had COVID-19 before, you could still get it again!
- · Vaccination helps to prevent severe illness and even death-let alone high hospital bills.
- COVID-19 isn't leaving any time soon. Why get sick and miss out?

#### Are the updated vaccines really safe?

- Yes! All of the COVID-19 vaccines are safe.
- Billions of people from around the globe have been given the vaccine. Bad reactions are extremely rare.

#### But, what about side effects?

- Muscle aches, headaches, and difficulty concentrating are common side effects from the vaccine.
- But, side effects of COVID-19 are far worse, and include shortness of breath, feeling weak or fatigued, and let's not forget-loss of life.

#### OK, but what's with variants?

- Variants, or different strains, come from viruses being allowed to spread among a lot of people, not from vaccinations.
- Remember: if it can't spread, it can't get stronger and become a new strain.
- Protect your community and don't let it be the source of the next variant.

#### What if I'm pregnant or trying to get pregnant?

- COVID-19 vaccines do not lower your chances of getting pregnant.
- COVID-19 vaccines are safe for pregnant people and their unborn babies.
- Pregnant people who test positive for COVID can have more serious reactions. Get vaccinated now and don't risk your health or the health of your baby.

#### I feel fine without the vaccine.

- Good! But remember, we have to keep our elders and other relatives safe, too.
- You may be well and healthy now, but there's no telling how severe COVID-19 will be if or when you get it. Don't tempt fate, stay up to date.





# Now what?

Call the Lower Elwha Health Department to schedule your COVID booster and other immunizations at (360) 452-6252



**Emergency Management** 



Fall is here and winter is fast approaching. Now is the time to winterize both your car and your home.

• The National Weather Service is saying that we will start with a La Nina winter which means colder and wetter. That usually translates to more snow in the Northwest.

 Are your car tires up to the challenges of driving on snow and ice? If not then now is the time to change them.

 If you heat with wood is your chimney clean of dangerous soot? Now is the time to check and have it cleaned if necessary.

Please see the insert in this month's newsletter for more tips on safe winter driving and winterizing your home!

- Lower Elwha Klallam Department of Emergency Management







#### AGENDA

#### One Day Economic Community Visioning Session Lower Elwha Klallam Tribe December 1st, 2022 5:30pm-7pm

Time	Topic
5:30pm-5:40pm	Opening Prayer / Welcome/Serve Dinner (working dinner)
5:40pm-5:45pm	Introductions Blue Stone Strategy Partners
5:45pm-6:00pm	Project Overview Process and Next Steps
6:00pm-6:25pm	Survey Feedback ♦ Review key priorities and themes from Tribal Community Survey
6:25-6:50pm	Prioritization of Goals Prioritize Goals and Objectives
6:50pm-7:00pm	Closing Thoughts



Strategic Planning

# Strategic Planning

We are updating our Comprehensive Strategic Plan through a community-led approach. The Comprehensive Strategic Plan will serve as a roadmap of initiatives based on the vision, priorities, and goals identified for both the Tribal Government and Economic Development.

As a follow up to the recent survey open to our Tribal Members, we will be holding a Community Visioning Session open to Tribal Members to review the information collected and further refine our priorities and goals.

The Community Visioning Session will be facilitated by Blue Stone Strategy Partners in a townhall format. It provides an opportunity to share information with the Community and is a format for comments, questions, and feedback.

Our goal is to provide everyone in attendance an opportunity to participate so we have incorporated facilitation methods for community members to participate verbally, in writing, and via zoom.

# When: December 1st, 2022 5:30-7pm

- Where: Dining Hall –in person Zoom –virtual Meeting ID: 869 7505 0172 Passcode: 558136
  - \$50 check for attendance (must attend entire meeting). Check will be issued the week following the event
  - Dinner provided
  - 1 raffle ticket entry for flat screen TV
  - Recreation activities in the gym for youth
  - Door prizes for in-person participants



### Ecology

A Himalayan Blackberry and Scotch Broom removal effort will be taking place throughout the LEKT community during the month of December, 2022 and in April 2023.

The Department of Ecology's Washington Conservation Corps has donated crews to remove the Class B&C WA state noxious weeds in areas where its thickets are encroaching undesirably in common spaces and in private yards throughout the community. LEKT staff Allyce Miller of Natural Resources and Lester Moses of the Public Works Department and are leading this effort, so if there are any concerns about preserving a beloved harvest patch or identifying a place where you would like to see these weeds gone, please reach out to them. These weeds are being controlled because they are considered noxious due to their growing habit and can take over native plant habitat. These weeds are weeds that have been designated by an agricultural or other governing authority as a plant that is injurious to agricultural or horticultural crops, natural habitats or ecosystems, or humans or livestock. Most noxious weeds have been introduced into an ecosystem by ignorance, mismanagement, or accident and can grow rapidly out of control. By removing these undesirable species, it will clear the space for native plants to grow and for the land to be utilized recreationally. When you see a crew of young adults in yellow hard hats going after thickets with brush cutters in December and April, that's what they're up to.

You can contact Allyce Miller at allyce.miller@elwha.org; (360) 457-4012x7489 or Lester.moses@elwha.org with any comments or questions. The Himalayan Blackberry will not be eliminated, it will just be reduced so there will still be patches to harvest from. However, let them know if there are any places you don't want to see a patch removed.





New Employees

# <u>Welcome, and Congratulations</u> to these employees in their new and <u>changing roles!</u>



My name is Danielle Johnson and I couldn't be more delighted to be the fresh, new TANF Youth Advocate.

I grew up in Port Townsend, made my way all over the country and I am blessed to say, the Pacific Northwest will always be home.

I am a North Carolina Choctaw descendant and my husband is Makah, from the Johnson family. My blended family has been built on traditions of our ancestors.

Being a mother and nurturer comes first for me and I believe our youth need to feel heard, loved and important.

I am an open book and if you have any questions, never hesitate to reach out. Danielle Johnson (360)797-8715

Hello everyone. My name is Gregory Montesz Kelley Shears, Montesz for short. I am the new academic support specialist at Stevens. I have lived and worked in your community for over five years in the schools. I'm proud and honored to be able to serve you all and

learn from you. I'm open for questions, comments, concerns or just to get to know me. I love working with young people. I believe that our world can learn a lot from the minds and hearts of those we have entrusted our future to.

Thank you and thank you!

gregory.kelley-shears@elwha.org 360-809-9274 Montesz Kelley-Shears





Kristina Cain is joining the Mental Health Department after working in Education with Dry Creek students since 2018. Kristina grew up in Anchorage, Alaska and moved to the Pacific Northwest to attend college in 2009. She has lived in Port Angeles since 2016. She is Iñupiaq. Her father grew up in Utqiagvik and her great-grandparents are Bruce and Jennie Nukapigak. She is pursuing her master's degree in Clinical Mental Health Counseling and Art Therapy. She is delighted to be able to complete her internship while remaining in the community. She currently provides administrative support and will begin to see clients as a Mental Health Intern in January 2023.



Nutrition & Diabetes

#### OCTOBER 2022 NEWSLETTER

#### **KLALLAM STRONG: NUTRITION & DIABETES NEWSLETTER**

#### Dawn Travelstead, RD, MS, CDE, Lower Elwha Health Clinic

#### In this issue:

- Vegies
- Kids & vegies
- Recipe
- Did you know?

#### Cheesy Beef Pasta

1/2# lean ground beef

- 1 diced onion
- 1 small chopped zucchini
- 24 ounces red spaghetti pasta sauce
- 1/2 tsp dried basil, oregano and garlic powder
- 12 ounces rotini pasta
- 1/2 c shredded cheddar cheese
- 1 1/2 c shredded mozzarella cheese

Cook beef, onion and zucchini till brown and drain off fat. Add sauce and spices, simmer 15 minutes. Cook pasta in another kettle, drain and then add to skillet. Stir in cheese and serve once melted. Enjoy!

Recipe: www.foodhero.org

#### Did you know?

By soaking your vegies in 1 tsp of salt water for 20 minutes you can reduce pesticides and make your vegies crispier; also creates a sweeter taste.



# Your asking ME to eat more vegies?

Why is this important? Vegies are rich in nutrients and antioxidants. The fiber can help lower blood sugar and heart disease as well as making you feel full longer.

#### Creative Ways to Eat More Vegetables:

- 1. Use more vegie-based soups
- 2. Try vegetable lasagna
- 3. Add vegies to omelets
- Experiment with vegetable noodles
- 5. Grill or roast vegies with olive oil
- 6. Try stuffed bell peppers

#### Getting kids to eat vegies:

- Have them help you prepare the vegies
- Add shredded vegies to pasta sauce
- Add parmesan cheese
- Use ranch dressing dip for raw vegies
- Give them a choice in vegies
- Eat together and smile!

#### Don't forget to schedule your diabetes quarterly.

If you would like a nutrition session, please call me @ 360-912-1500.





#### Dental Clinic



#### Meet your Dental Team!

The Dental Clinic is proud to serve the Elwha Klallam community and we would love to help you with any oral health needs you may have! Some of us have been around for a while and some of us are quite new. Here's an overview of our current staff:

Tracey Sanchez — Tracey is an enrolled Elwha Klallam tribal member and the office manager / receptionist at the dental clinic. She has been with the dental clinic since November of 2009 (about 13 years!). Betsy Simpson — Betsy is the dental hygienist here at the dental clinic. Hygienists focus on working with people to help them maintain optimal health of

their gums. Because buildup on our teeth leads to inflammation and irritation of our gums, Betsy spends a lot of time working with patients to remove plaque and tartar and helping find good strategies for care of gums and teeth at

home. Betsy has been with the dental clinic since March of 2011 (over 11 years!).

Diane O'Hara — Diane is a dental assistant and our infection control officer. Diane does a lot of logistics for the dental clinic to help make sure patients are seated on time and every visit is the safest visit. You might find Diane chairside sometimes, but usually she is everywhere all at once helping everybody out. Diane has been on the dental clinic team since November of 2015 (about 7 years!).

Joseph Churchill — Dr. Churchill is a dentist and director of the dental clinic. Dr. Churchill sees patients full time and works to lead the team in the right direction so the dental clinic is a place where our community can receive excellent quality dental services. Dr. Churchill joined the dental clinic team in February 2018 (almost 5 years ago). Paisley Charles — Paisley is an enrolled Elwha Klallam tribal member and a dental assistant. As a dental assistant Paisley sits chairside with the dentist and does routine dental procedures like x-rays, sealants, impressions, and tooth polishing. Paisley joined the dental team a little over 1 year ago in August of 2021.

Sara Moore — Sara is also an enrolled Elwha Klallam tribal member and a dental assistant. Sara joined the team shortly after Paisley, in November of 2021 so she has been with us for about 1 year now!

William Catelli — Dr. Catelli is a dentist here at the dental clinic. Dr. Catelli has been practicing for over 30 years and brings a wealth of wisdom and experience to the team. Dr. Catelli joined on in March of 2022.

Adaija Zuniga — Adaija is a dental assistant trainee. As a trainee she is taking a course on dental assisting and getting lots of hands on training; in a few months she will be fully trained (it takes some time to learn the ropes around here!). Adaija joined the team in September of 2022.

Jessica Laungayan — Jessica hasn't quite joined the dental team (yet!) but she was here for her working interview for the dental assistant trainee position the day we took this photo and we are hoping to have her on board with us by November! Jessica is an enrolled Elwha Klallam tribal member.

?a?á?il nəxwnənəčíŋəs ?iyəm ?a?yəcltáyŋxw Beautiful smiles. Strong people.





Drum Group

# **Lower Elwha Drum Group**

SAVE THE DATES: Tuesday, November 8th and November 22nd, from 5pm-7pm is drum group practice at the Culture Center, 322 Stratton Rd.

On December 16th, 6pm-9pm, we will be hosting a Christmas themed Intertribal/Jam Session at the Tribal Center's dining hall. Jamestown and Port Gamble S'Klallam Tribe will be in attendance and would love for you and your family to join us as well. There will be a small regalia repair station of beads, thread, needles, and buttons. If you need anything repaired (\*activate Bob Barker voice) Come on down!



Contact Information: Harmony Arakawa 360.452.8471 x7422 or Harmony.Arakawa@elwha.org



### Head Start & Early Head Start

#### November Events!

1st—4th: Parent/Teacher Conferences — Classes end at noon
11th: Veterans' Day Holiday — No School
16th: Family Night 5:30—7:00 pm. Rattle Making
17th: Wear your Moccasins Day
24th & 25th: Thanksgiving Holiday — No School
30th: Teacher Inservice Day — No School





# Family Night Fun!

Several families joined us on October 19th for an evening of pizza and making moccasins. Each family was able to create a pair of moccasins for their child. This year we are providing opportunities for families to create lasting memories with a cultural theme.



Don't miss the next Family Night on November 16th for Rattle Making!

Head Start has several openings for students 3 to 4 years old. Children who were three or four on August 31st can apply. Drop by 291 Spokwes Drive, or call 360-504-3141, or email lola.moses@elwha.org for an application.



Child Care

# Lower Elwha Child Care

November Newsletter

The Children's House of Learning

291 Spokwes Drive Port Angeles WA 98363

Phone (360) 504 3141 Fax (360) 504 3651

Program Director Bobi Clark

Administrative Assistant Deann Lester

Receptionist Tiana Fieldsend

Happy Birthday to our Maintenance Supervisor Ryan!

Closed

Veteran's Day November 11<sup>th</sup> & Thanksgiving Break November 24<sup>th</sup> & 25<sup>th</sup>

As the weather is getting colder, we will be moving our Clothing Closet back indoors. Come on in between the hours of 8:30 – 2:00 on Tuesdays. <u>Clean</u>, <u>gently used</u> clothing donations can be dropped off anytime at the front desk during business hours. Thank you to the community for all the donations!



Lead Teacher & Teacher Assistant positions available! Infant/ Ducks 1-11 Months T.A's Amy, Jaylynn & Kelsie

Toddler / Hummingbirds 12-29 Months T.A's Julie, Cara & Ella

Preschool / Wolves 30-60 Months Teacher Cat & T.A Tatianna

Afterschool/ Whales 5-12 Years Teacher Juanita & T.A Elliana

All classrooms are currently full. Registration packets are available if you would like your child added to the waiting list.

# Library

#### November is Native American Heritage Month!

November is Native American Heritage Month, so the Library will be featuring books by Native American authors all month-long. We have books from Native authors in every genre and for every age, so no matter what type of book you're looking for, you can find one from a Native author! Here are just a few of our award-winning and nominated books by Native American authors:

- Apple Skin to the Core by Eric Gansworth: "The term "Apple" is a slur in Native communities across the country. It's for someone supposedly "red on the outside, white on the inside." The story of Gansworth's family, of Onondaga among Tuscaroras, of Native folks everywhere. Eric shatters that slur and reclaims it in verse and prose and imagery that truly lives up to the word heartbreaking." Winner, American Indian Library Association Youth Literature Award, Young Adult, 2022; Honor book, Michael L. Printz Award for Excellence in YA Literature, 2021; Longlisted for National Book Award, 2020.
- The Night Watchman by Louise Erdrich: "Based on the extraordinary life of Erdrich's grandfather who worked as a night
  watchman and carried the fight against Native dispossession from rural North Dakota all the way to Washington, D.C.,
  this powerful novel explores themes of love and death with lightness and gravity and unfolds with the elegant prose, sly
  humor, and depth of feeling of a master craftsman." Winner, Pulitzer Prize for Literature, 2021.
- The Firekeeper's Daughter by Angeline Boulley: An 18-year-old Anishinaabe kwe (Ojibwe woman) must go undercover and use her knowledge of chemistry and Ojibwe traditional medicine to track down the source of a lethal new drug. Honor book, AILA Youth Literature Award, 2022; Winner, Michael L. Printz Award for Excellence in YA Literature, 2021; Winner, William C. Morris YA Debut Award, 2022
- We Are Water Protectors by Carole Lindstrom: "An indigenous girl explains why water is sacred and that the "Black Snake" (pipelines) will destroy the earth. She takes up a rallying cry with her people to defend water and the planet." Winner, Randolph Caldecott Medal, 2021.



#### Digital Literacy Classes

Jason will be offering two Digital Literacy classes in November. The first will be Staying Safe Online: How Protect Yourself, Your Kids, and Your Information on the Internet and will focus on keeping your data secure online, as well as how to teach your kids to stay safe on the internet. It will be held Tuesday, Nov. 15 at 5pm in the Library. The second class will be geared towards kids, and is called Be Internet Awesome: Helping Kids be Safe, Confident Explorers of the Online World. It will cover much the same information as the first class, but in a way that is easier for kids to understand and engage with, and will utilize a program designed by Google. It will be the following week, Tuesday Nov. 22 at 5pm.

#### Elder Book Delivery

We are considering starting a new program at the Library which would deliver books to Tribal Elders weekly or as often as necessary. Participants in the program would select books (either through the Library's web catalog or by contacting us directly) to be delivered to their home and books will be picked up as well when finished. We are currently assessing the feasibility of such a program and would like to hear your feedback to understand how much demand exists for the program. If this sounds like a program you would be interested in participating in, please contact Jason with any feedback you might have. You can visit us during our business hours, Mon-Fri 8am-4:30pm, call at 360-452-8471 extension 7431, or email jason.morris@elwha.org or jessica.egnew@elwha.org. We look forward to hearing from you!





# Lower Elwha

# FOOD BANK

November 2022

Hours Mon, Wed & Fri 8:30a.m. – 3 p.m. At 22 Spokwes Drive

Thurs 12 p.m. – 3 p.m. Vet Center Upper Elwha Closed Tuesdays

November holiday closure November 11, 2022 Veterans Day November 24 & 25 Thanksgiving Lower Elwha Food Bank Coordinator Dorene Charles (360) 452-8471 ext. 7690



#### Crescent Indigenous Students Committee



# **Crescent Indigenous Students Committee**

On October 6, 2022 Crescent Indigenous Students Committee held an assembly for the elementary and middle school to share a part of their culture and acknowledge the land as Klallam Territory. The student-led group was brought together by Audrey Gales and all Indigenous students in Crescent High School are able to participate.

The group had stations of different parts of their culture they wanted to share, which included Canoes, Regalia, Cedar weaving, Drums, Beading, Kickball and even frybread.

They ended the event with a land acknowledgment and speech by Audrey Gales recognizing Indigenous Peoples Day as well as mentioning the closest documented village is Crescent Bay. The Klallam Culture Department came and supported the group, helping with the speech and singing and dancing.

A special Thanks to all the students who participated:

Audrey Gales, Jeremy Charles, Eli Tipler, Carter Clifford, Payton Watson, Shawnee Tom, Ciara Cargo-Acosta, Hailey Charles, Conner Ferro-May, Sahnai Charles, Chloe Ferro-May, Jared Gadberry, Loki Ellis, Donovon Allen, Zeek Bird, Kaiden Charles, and James Spears.

My hands go up to you all, you represented yourselves and your community beautifully!

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Melissa Gilman





# Crescent Indigenous Students Committee





Family Advocacy



Greetings!

The following are few **Outreach and Awareness** I have done since I last sent the newsletter article for October.

• On Tuesday, October 25<sup>th</sup> 2022, under the LEFA program and the Elwha Domestic

Violence and Sexual Assault Task Force Team, we will celebrate the annual October National Domestic Violence Awareness Month and October Domestic Violence Awareness Month on the Lower Elwha Klallam Tribe Reservation. The theme of this year awareness is "*Walk the Path of Healing through Awareness/Advocacy - šéteŋ'st cə súł ?a? cə tátu?*". I will send result and photos of this event for December newsletter. For now, I would like to extend my heartfelt gratitude for all of my partners and collaborators especially the Elwha Domestic Violence and Sexual Assault Task Force Team members (staff of LEKT different programs) who have been helping, organize, and ensuring this awareness/advocacy will be done safe and successful.

- October 19<sup>th</sup>, LEFA staff participated on the Clallam Job Fair.
- October 18<sup>th</sup>, during the Lower Elwha Business Committee meeting, the Business

Committee approved and signed the Proclamation as official recognition of October as Domestic Violence Awareness Month on the Lower Elwha Klallam Tribe Reservation. This is in similar October is National Domestic Violence Awareness/Action Month. Thank you so much Council for your support. I am also grateful to Prosecutor Attorney Diane Cabrera for writing the letter and the proclamation.

• The Elwha DV/SA Task Force Team met 3 times for the planning and preparation of October awareness event.

• Beatriz participated in an annual Veteran Stand Down on October 6<sup>th</sup> at Clallam Fair Ground.

• September 21 to 23, Honorable Frances Charles, Attorney Diane Cabrera and I attended

the 17<sup>th</sup> Annual Government-to-Government Tribal Consultation in Anchorage, Alaska. Many Tribal leaders, Tribal representatives throughout the 49 States including Alaskan Tribes have provided in-person testimony in matters affecting victims/survivors of domestic violence, sexual assault, staking, dating violence, and missing and murder indigenous people. This consultation was sponsored and facilitated by the DOJ-OVW- Department of Justice –Office of Violence Against Women. In September 21<sup>st</sup> while we were at the consultation, Chairwoman Frances Charles received an award notification from Justgants. Honorable Charles forwarded the email to me and other staff. The email states, *"Congratulations! Application GRANT13621074 submitted under the 2022 OVW Fiscal Year 2022 Grants to Indian Tribal Governments Program Solicitation has been selected for an award."* This is the grant application we submitted in May 24, 2022, a total grant award of \$720,000.00 for Lower Elwha Family Advocacy Program. A HUGE THANK YOU to OVW, LEKT Council, Grant Writing Department (Arlene Wheeler, Craig Smith and Delsen Lauderback), Social Services Director Becca Sampson-Weed, Dee Koester at WomenSpirit Coalition, and anyone who helped us of this grant application a success.

Thank you to all Veterans! Happy Thanksgiving everyone! Sincere gratitude to all of you who have been supporting this program!

Best Regards,

Beatriz B. Arakawa, LEFA Program Manager and Victim Advocate





Recovery Awareness



# Recovery Awareness Walk & BBQ

Approximately 65 people attended the Recovery Awareness Walk & BBQ coordinated by KCS & Healthy Transitions on September 22nd. The purpose of the walk was to bring awareness to the fact, people recover from Substance Use Disorders. The walk started at the LE Housing Authority and ended at the Billy Whiteshoes Memorial Park, immediately following the walk was the BBQ /community celebration. Community members were honored for their leadership in Recovery, and some shared their stories of experience, strength & hope. It was a fun time of fellowship!

We look forward to doing this annually during the month of September, and hope to see more people from our community attend next year!

# Thank you, Elwha River Casino for sponsoring & LEKT Law Enforcement for escorting us safely during the walk!

-- Jessica Peterson/Klallam Counseling Services



### Community News

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Shaker Church



### Minister's Report from the 2022 Washington Convention

On October 8, 2022, Minister Jonathan Arakawa delivered the oral report of the Lower Elwha 1910 Indian Shaker Church, and Local Traveling Missionary Report, during the 2022 Washington Convention was held at Mud Bay as it was Election Year. Lower Elwha is in good standing for another year.

Following church reports, members present at Convention elected our **new** 1910 Indian Shaker Church Bishop and Board of Elders for the State of Washington.

The following were chosen by God: Bishop: Dennis Anderson (Muckleshoot, WA) 1st Elder: Hoss Tulee (White Swan, WA) 2nd Elder: Wayne Barr (Oakville, WA) 3rd Elder: Rose Davis (Mud Bay, WA) 4th Elder: Jimmie Tyler, Jr. (Satus, WA) 5th Elder: Marianne Charley (Malott, WA) Secretary Organizer: Sela Kalama (Queets, WA) 2023 Washington Convention: The Muckleshoot 1910 Indian Shaker Church will host the 2023 Washington Convention on October 13-15, 2023.

Thanking our Lord for his healing and blessings. Masi.



Service Record for L & O	Sept.	Fraud	2
	6	Frequent Patrol Request	45
911 Hang-Up Abandoned Vehicle		Harassment	1
	1	Misc. Info/False Reporting	3
Alarm/Alarm Check	3	Noise Complaint	1
Animal Calls		Other Agency Assist	3
Auto Theft	2	Overdue Person	1
Burglary	1	Report of Open Door/Window	2
Business Check	212	Sex Offense/Monitor	1
Citizen Assist	10	Suicide/Suicidal	1
Citizen Contact	178	Suspicious Person/Vehicle	12
Civil	6	Theft	2
Community Oriented Policing	46	Traffic Control/Emphasis/Hazard	6
Court Paperwork/Service	10	Traffic Stops	43
CPS/APS	3	Trespass	2
Courtesy Transport	3	Violation of Court Order	1
Disturbance	5	Vehicle Accidents	6
וווס	2	Weapons Discharge/Violation	2
v	1 Welfare Check		5
Eluding	1	REATY OF Warrant Attempts	1
Explosion 1		1955 Warrants-Tribal	1
Follow Up 25			_
Found/Recovered/Lost Property	3	Warrants-Non-Tribal	4



# Student Loan Relief Is Now Available

Who Qualifies?: You qualify to have up to \$10,000 forgiven if your loan is held by the Department of Education and you make less than \$125,000 individually or \$250,000 for a family. If you received Pell grants, which are reserved for undergraduates with the most significant financial need, you can have up to \$20,000 forgiven. If you are a current borrower and a dependent student, you will be eligible for relief based on your parents' income, rather than your own.

Apply Here: https://studentaid.gov/debt-relief/application

The application is simple and takes 5 minutes!



Date	Resolution Number	Title		Vote For/Against/Abstain		
9-6-22	83-22	Approval of special diabetes program for Indians grant application 2023-2028	4	0	0	
10-3-22	85-22	Approval to submit FY 2022 Mass Marking research funding proposal	3	0	0	



# Election Day is Nov 8th. - Get prepared today!

 Register to vote. Online at VoteWA.gov until 10/31. In person until 11/8.

 Learn about candidates and issues.

Check your Voters Pamphlet. Get more info about candidates at Vote411.org

□ Mark your ballot choices.

# □ Sign the envelope.

*Make sure your signature matches your driver's license, state ID or voter registration.* 

# ] Return your ballot

*Use a ballot drop box until 8pm on 11/8. or use US mail (recommend mailing by 10/31).* 

# Track your ballot

*Check the status of your ballot on VoteWA.gov and make sure it was received.* 

# 2022 elections are for county, state, and national offices. Get ready!



#### Tribal Directory

Tribal Center 2851 Lower Elwha Road Port Angeles, WA 98363 360.452.8471 Executive Director Tonya Greene, Ext. 7469 Tribal Operations Officer Tia Skerbeck, Ext. 7420 CFO Froilan Sarmiento, Ext. 7463

Accounting

2851 Lower Elwha Road Melissa Gilman, Grants Administrator Ext. 7461 Jo Klinski, Controller/Payroll Ext. 7460

**Cedar Box Smoke Shop** 4779 S Dry Creek Road Leif Ellis, 360.477-1170

#### Children's House of Learning (Early Head Start, Head Start, Child Care, Prenatal Program)

291 Spokwes Dr360.452.360.504.3141Lorinda FLola Moses, Early Learning DirectorDirectorExt. 7471Bobi Clark, Child Care ProgramHeritageManager Ext. 3402401 E. FiDeanna Murray, Health ManagerNicole VoExt. 7470Ext. 2912Michelle Charles, Family andExt. 7474Donna Goldsbury, PrenatalExt. 7430

**Education** Jessica Egnew, Director Ext. 7425

Elwha Peaks Cannabis 4775 S Dry Creek Rd, Port Angeles 360.912.3469 Elwha River Casino

631 Stratton Road, 452.3005 Mike Watson, General Manager

**Elder Services** Samantha Acosta, Coordinator Ext. 7466

Employment Services/HR/TEROJustice Center/TribSandra Johnson, Director Ext. 7429341 Spokwes Drive

Enrollment Services Marilyn Edgington, Ext .7444

Facilities & Maintenance360.452.4432Warren Stevens, Director Ext. 7432Stormy Howell, Treatment

Gaming Commission 631 Stratton Road 360.452.5628 Elaina Begay, Director

Health Clinic 243511 Highway 101 West 360.452.6252 Lorinda Robideau, Health Services Director

Heritage Center 401 E. First Street, 360.417.8545 Nicole Volkmann, Manager Ext. 2912

Human Resources Ext. 7430



#### Housing Authority

22 Kwitsen Drive, 360.457.5116 Janet Hren, Interim Director Ext. 7552

Information Technology Ken Giersch, Director Ext. 7541

Justice Center/Tribal Court 341 Spokwes Drive 360.452.6759

Klallam Counseling Services 243613 W Hwy 101, Port Angeles 360.452.4432 Stormy Howell, Treatment Manager

Law & Order/Police Dept. Justice Center 341 Spokwes Drive 360.452.6759 Sam White, Chief of Police Ext. 2922

**LOWER ELWHA FOOD & FUEL** 360.477-1170

Natural Resources/Fish Hatchery 760 Stratton Road 360.457.4012 Matt Beirne, Director Ext. 7485

Planning & Development Arlene Wheeler, Director Ext. 7437

**Prevention Health/GYM** Jason Wheeler, Ext. 7440

Social Services 3080 Lower Elwha Road 360.565.7252 Becca Sampson-Weed, Director Ext. 7456



# **BUSINESS COUNCIL**



Frances G. Charles Tribal Chairwoman, Ext. 7411



Russ Hepfer Vice Chairman, Ext. 7412



Ed Johnson Secretary/Treasurer Ext. 7414



Steve Joaquin Robideau Council Member, Ext. 7413



Anthony Charles Council Member, Ext. 7415

# Dates to Remember:

11/7 Election Worker Heroes Day
11/8 Drum Group Practice
11/8 Election Day
11/11 Veteran's Day
11/16 Family Night at Head Start
11/22 Drum Group Practice
11/24 Thanksgiving



#### WOULD YOU RATHER NOT RECEIVE A PAPER?

We are evaluating the level of Interest for emailed newsletters. If you would rather not receive the newsletter by mail, please contact Chrissi Ducotey by email (chrissi.ducotey@elwha.org). She will begin to gather a list of those who prefer to receive electronic files only, and we will determine if this is a workable option.

Newsletter submissions and suggestions may now be received at Newsletter@Elwha.org Lower Elwha Klallam Tribe

2851 Lower Elwha Road

Port Angeles, WA 98363

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#### ELWHA NEWS Lower Elwha Klallam Tribe

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#### **"THE STRONG PEOPLE"**

The *Elwha News* is a monthly publication of the Lower Elwha Klallam Tribe to inform, educate and stimulate interest in the Tribe and community affairs. It also raises awareness and respect for the Reservation and its resources. For news articles, please send to the address below by the third Friday of the month.

Chrissi Ducotey Administrative Education & Training Specialist Elwha Klallam Heritage Center 401 E First St Port Angeles, WA 98362 Phone: 360.417.8545 Chrissi.Ducotey@elwha.org

<u>Note</u>: This newsletter is uploaded monthly to the Lower Elwha Klallam Tribe webpage *elwha.org* 

You can find it under the "Announcements" section titled: Newsletter

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