July 2022



Elwha News

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LOWER ELWHA KLALLAM TRIBE

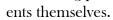
Happy Retirement

Janet Cameron

It is with the best regards that we see Janet Cameron retire on June 22nd. We will miss her beautiful voice of Christian song and her warm welcomes every morning! We would like to thank her at the end of her 32 years at Lower Elwha Klallam tribe from the positions of clerical work to office manager to reception desk. We also thank her for her service in the Air Force Reserve. Janet let us know that she will be keeping busy with baking and weaving cedar baskets. Janet also says she will forever answer the phone "Tribal Center! How may I help you?" We would like to congratulate her on her retirement. Happy retirement, Janet!

Saying Goodbye

My 30+ years that I have worked for the Tribe has been an honor and privilege to me for being treated so well from day one The benefits of being an employee here are so many I cannot list them all. I'm thankful I have made so many friends within the community, elders, and staff members that put up with me. Another memory keeper has been able to see babies that were born, young children growing up and becoming par-





I loved helping out in the kitchen when needed over the years, including making bread or cinnamon rolls for Genie and Loretta when they were the cooks. Helping out in different areas through the years including the kitchen was a lot of fun to be a part of. The thankfulness in my heart for the Tribal Councils through the years for being so very understanding with my numerous health issues has been a blessing. Time tells so many stories of so many happy times with staff and community I cannot tell a lie I will miss everyone with all their goofiness and a little bit of mine. With that thought I know I well volunteer with a smiling face in the kitchen for needed events or to sing if there is a need. Elaine and Melissa know my phone number to get in touch.

Klecko Klecko.

Tribal Operations/Public Health Officer Update

The adult vaccine support program has reopened!! www.elwha.org/COVID

We are still in Phase 4 of our Re-Opening Plan and Yellow for mask wearing.

We're still in Phase 4 of the COVID reopening plan. Gatherings outdoors with unlimited number of participants, and gatherings indoors with no more than 40 people.

Free COVID Tests

<u>Lower Elwha Klallam Tribe</u> is also offering free COVID tests for local community members that have a recent exposure or symptoms. To request the test to be dropped off for local homes visit: https://app.smartsheet.com/b/form/7e651f2fbeb54e8eac868f98687d50d0
To pick up tests, you can stop by the front desk of Social Services or the Tribal Center, House of Learning, or the Food Bank.

<u>Federal Government</u> is offering free COVID tests that can be delivered through the US Postal Service. To order your free tests visit: https://www.covidtests.gov/

<u>State of Washington</u> is offering Free COVID tests as well, they can be ordered here: https://www.sayyescovidhometest.org/

Do We Still Have COVID Cases?

We have had a significant increase in COVID case in the recent month! To see case numbers visit elwha.org/COVID

When Can Youth Get Their Vaccines?

<u>Kids ages 6 months -17 are now all eligible for COVID vaccinations.</u> Call the clinic now to schedule! 360-452-6252.

Youth 5 and older and now eligible for the booster dose if it has been 5 months since they completed their primary COVID series. Call the clinic now to schedule! 360-452-6252.

50 AND OVER OR IMMUNOCOMPROMISED? CALL LEHD TO SCHEDULE YOUR SECOND COVID BOOSTER DOSE Tip Skorbook, Tribal Operations / Public Health Office

Tia Skerbeck, Tribal Operations/Public Health Officer

How COVID-19 Vaccines Work

COVID-19 vaccines help our bodies develop immunity to the virus that causes COVID-19 without us having to get the illness.

Different types of vaccines work in different ways to offer protection. But with all types of vaccines, the body is left with a supply of "memory" immunity cells (T-lymphocytes as well as B-lymphocytes) that will remember how to fight that virus in the future.



It typically takes a few weeks after vaccination for the body to produce Tlymphocytes and B-lymphocytes. Therefore, it is possible that a person could be infected with the virus that causes COVID-19 just before or just after vaccination and then get sick because the vaccine did not have enough time to provide protection.

Sometimes after vaccination, the process of building immunity can cause symptoms, such as fever. These symptoms are normal and are signs that the body is building immunity. Talk to a doctor about taking over-the-counter medicine, such as ibuprofen, acetaminophen, aspirin (only for people age 18 or older), or antihistamines for any pain and discomfort experienced after getting vaccinated.

 mRNA vaccines (Pfizer-BioNTech or Moderna) gives our cells instructions for how to make a harmless protein that is unique to the virus. After our cells make copies of the protein, they destroy the mRNA. The mRNA does not go near our DNA or alter it. Our bodies recognize that the protein should not be there and build T-lymphocytes and B-lymphocytes that will remember how to fight the virus that causes COVID-19 if we are infected in the future. The protein is eliminated from the body after this process.



LOWER ELWHA KLALLAM TRIBE

7ə74xwə nəxwsxayəm "Strong People" 2851 Lower Elwha Road Phone: 360.452.8471 Port Angeles, WA 98363 Fax: 360.452.3428

Dear LEKT Family,

As school starts to wrap up and summer starts to swing in motion we want to remind your family of how important it is for every eligible member of your household to get their COVID vaccine, even the youngest household members.

COVID-19 vaccines are available for children ages 6 months and

<u>older</u>. We are excited to offer vaccines at the Lower Elwha Health Department to help protect children against COVID-19. Getting children vaccinated against COVID-19 can help keep them

- from getting really sick even if they do get COVID-19
- in school and daycare
- · safely participating in sports, playdates, and other group activities

Call 360-452-6252 to schedule your child's COVID-19 vaccine today.

We know parents and caregivers have questions and want more information. Here's what you need to know.

Children can still get very sick from COVID-19.

Children can get infected with COVID-19, get very sick, suffer short- and long-term health complications, and spread COVID-19 to others.

COVID-19 vaccination has been studied carefully in children. The U.S. Food and Drug Administration (FDA), Centers for Disease Control and Prevention (CDC), and the expert panel that works with them have reviewed the data from clinical trials. Through ongoing safety monitoring, vaccination for children continues to be safe and effective. Here are some important points about COVID-19 vaccination for children:

- COVID-19 vaccine dosage is based on age on the day of vaccination, not by size or weight. Children get an age-appropriate dose that is the right amount for them.
- The safety of COVID-19 vaccine continues to be monitored. Serious health events, including severe allergic reactions and myocarditis and pericarditis, after COVID-19 vaccination are rare.
- The benefits of COVID-19 vaccination for children outweigh the known and potential risks.
- Your child may get the COVID-19 vaccine and other vaccines, including flu
 vaccine, at the same time.

Side effects may occur and are mild and temporary.

Your child may have some side effects after getting vaccinated. These are normal and usually go away in a few days. Some common side effects are

- · Pain, redness, or swelling on the arm
- Tiredness
- Headache
- Muscle pain, chills, or fever
- Nausea

Some children will have no side effects and severe allergic reactions are rare. If your child experiences a severe allergic reaction after getting a COVID-19 vaccine, we are ready to respond. Most of the time, the only things your child might need after vaccination is rest, a non-aspirin pain reliever, and a cool washcloth at the injection site. Contact us if you need more information about treating potential side effects. After vaccination, enroll your child in v-safe, which provides personalized and confidential health check-ins to share how your child feels.

Call 360-452-6252 to schedule your child's COVID-19 vaccine today. Contact us with any questions at 360-452-6252



2022 LEKT ELECTION RESULTS

The LEKT Business Committee election was held on Saturday, May 7, 2022, 9AM-5PM. The results are as follows:

255 total valid ballots were cast of which, 108 were drive-thru poll ballots, 83 ballots mailed-in and 66 ballots dropped off. 2 ballots were invalid, 2 of which had no accompanying voter affidavit.

Vote totals for each candidate were as follows:

Frances "Gator" Charles	130	Write In:	
Robert Elofson	53	Ryan Charles-Elofson	1
George Charles	43	Steve J. Robideau	1
Lola Moses	27		

Frances G. Charles is the candidate with the highest number of votes and has accordingly been elected to a three-year term on the Lower Elwha Klallam Tribe's Business Committee.

The LEKT Tribal Chairperson was held on Saturday May 28, 2022, 9AM-5PM. The results are as follows:

165 total valid ballots were cast of which, 69 were drive-thru poll ballots, 53 ballots mailed-in and 43 mail-in ballots were dropped off. 1 ballots was invalid, which had no accompanying voter affidavit.

Vote totals for each candidate were as follows:

Frances "Gator" Charles	109	Steve Joaquin Robideau	8
Russell "Razz" Hepfer	28	Anthony Charles	2
Edward V. Johnson	18		

Frances "Gator" Charles is the candidate with the highest number of votes and has accordingly been elected to a one-year term as the Lower Elwha Klallam Tribe's Business Committee Chairperson.



Culture & Language



Klallam Language Grant Update -by Wendy Sampson

In 2021 the Klallam Language Program was awarded a 3-year American Rescue Plan Emergency Native Language Fund Grant through the Administration for Native Americans. Under the grant Jamie Valadez is reviewing/editing the Klallam grammar book, creating grammar assessments, working on Klallam stories and mentoring me to be her successor teacher for the Port Angeles School District.





The grant work is going well. Using the Klallam Grammar book Jamie created a student workbook, with assessments, lesson plans and teaching schedule for lessons 1- 10. She's also had a story book with Ed Sampson, Sr.'s story of the "Ghost in the Wagon" printed for use teaching the language in the high school classes. I've taught 5 classes during the 2021-2022 school year. The classes are: Klallam language year 1 and 2, U.S. History from a Native American Perspective & Native American Studies/WA State History at PAHS and a new Klallam Language Class at Stevens Middle school. During this same time, I completed the Native

Pathways program and earned my Bachelor of Arts degree at Ever-

green State College. I will continue teaching next school year, while working towards a Masters in Teaching degree through the online U-ACT program at UW.

It's been great getting to work directly with the youth again. The students are amazing, smart and funny. They created some amazing language and history projects which were displayed virtually during the 8th Annual Culture Fair hosted by Peninsula College. It's been a great school year. You can See projects at https://sites.google.com/gg.pasd.wednet.edu/2022-culture-fair/home





In closing, I'd like to thank Jamie Valadez for her guidance and advice, and for being so patient with me over the years. I'm honored to work with you, and carry on the work you've started in the public schools. I'd also like to thank Ralena "Reba" Cornelson, the PAHS Native American Interventionist. For 14 years she's been a fierce advocate for tribal students, is supportive and encouraging to both youth and adults. She is leaving her position this year to be a stay-at-home dog-mom. Best wishes to you Reba, please come visit often! And with that, thank you parents, students and families. Check to make sure

your kids are signed up for my classes at PAHS & SMS. Next year will be even better. -wrs





Klallam Language Learning Opportunity

Interested in learning nəx™sXayəm'úcən?

In September 2022, 'Introduction to the Klallam Language' will be offered for a third year at Peninsula College!

What you need to know to start planning...

- Class held via Zoom, Tuesday-Friday, 12:00-1:00 p.m.
- Fall 2022 Registration begins May 23, 2022
- Fall Quarter begins September 27, 2022

SCHOLARSHIPS AVAILABLE FOR TRIBAL PEOPLE

Email longhouse@pencol.edu

Questions? Contact...

LEKT: jonathan_arakawa@outlook.com

JST: lgreninger@jamestowntribe.org

PGST: brooke.wellman@me.com;

karrons@pgst.nsn.us













Culture, Language & Summer Youth



2022 Middle School Klallam Language & Culture Summer Drop-In Program

Starting July 18, 2022

The Klallam Language Department will host its 2022 Middle School Klallam Language & Culture Summer Drop-In Program!

Days:

Times:

Monday-Thursday 10:00 a.m.-3:00 p.m.

Location:

Monday & Tuesday

<u>Elwha Klallam Veterans Center</u>

247 Ns'Klallam Drive

Wednesday & Thursday
Klallam Language Building
322 Stratton Road

Questions? Contact Klallam
Language Teacher, Jonathan
Arakawa, at
jonathan.arakawa@elwha.org
or 360.565.6957 to sign up!

lf you s

2022 Summer Youth will be starting soon!

If you submitted an application before our June 24th deadline for the 2022 Summer Youth Season we will **begin work the**

week of July 11th.

Unfortunately, we will not be accepting *any* late applications, as we will be making placements and creating an official agenda by July 5th.

For additional details please be in contact with Brandy Williams in HR at 360-452-8471, 7427. Or keep an eye out in the mail for a welcome letter.



Nutrition & Diabetes

JUNE 2022 NEWSLETTER

KLALLAM STRONG: NUTRITION & DIABETES NEWSLETTER

Dawn Travelstead, RD, MS, CDE, Lower Elwha Health Clinic

In this issue:

- Food cures
- Diabetes Guidelines
- Diabetes Quartly
- Did you know



Diabetes Care Guidelines

As you approach the next 6 months of 2022, here are the tests are considered necessary to help you prevent complications.

- Eye Exam. Done once a year.
 Blood sugar can cause damage to
 blood vessels. Getting proper
 treatment before a major issue
 happens, is the key. No one wants
 vision loss!
- Foot Exam. Should be done at each PCP visit or a minimum of once a year. Neuropathy and foot issues can be addressed if found. Happy feet & toes!
- Dental Exam. Try and visit your dentist twice a year. Sugar can affect your gums and lead to dental issues.
- Blood Tests. Your A1c should be checked quarterly; lipids and kidney function-once a year.

Did you Know?

Meditation Can Ease Pain

Study- After 9 months of daily meditation clients were able to cut their opioid dose by 50%.



Food Cures for Ailments

Gout: Tart Cherry Juice

Gout is caused by a buildup of uric acid that leads to crystals. Drinking 1 cup of tart cherry juice a day for a month can reduce uric acid levels. Needs to be 100% tart, not sweetened.

⇒ Avoid: alcohol, fatty meat and sugary drinks

Constipation: Raspberries/chia seeds/artichokes

The best sources of fiber is the *insoluble* kind. Dried prunes and apricots can also help as they have their own laxative affect.

⇒ Avoid: refined carbs, fatty meat, dairy

Depression: Salmon/tuna/trout/sardines

Omega 3 oils in these cold water fish or by taking 1000 mg of omega 3 supplement can help improve depression. Aim for at least 2 servings a week.

⇒ Avoid: processed/refined foods, low fiber foods, white carbs. Research shows that the gut has its own mini nervous system that is connected to the brain. When you have digestive issues, the gut can signal the brain and can increase anxiety and depression.

Don't forget to schedule your diabetes quarterly.

If you would like a nutrition session, please call me @ 360-912-1500.



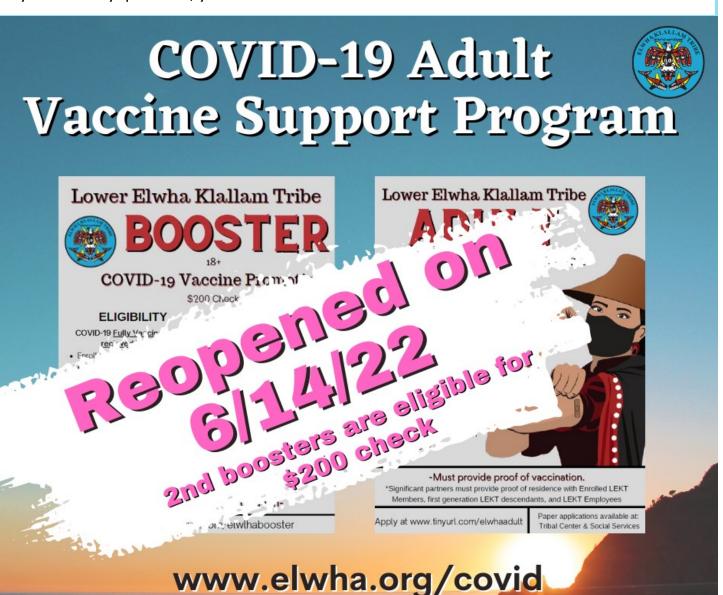
Nutrition, Diabetes & Vaccine Support Program

Elwha Nutrition Committee

By: Dawn Travelstead, RD

The first Elwha nutrition committee met in May. There are 5 members in the committee, and we are excited about this opportunity to keep our youth 'Elwha Strong". Our mission and goal is to provide the Elwha youth with healthy meals and snacks for Elwha sponsored programs. Planning the meals and snacks we will use the USDA food guidelines whenever possible. There will be some exceptions. The committee wants to make sure we are providing a healthy environment for our youth as we are trying to eliminate processed foods and sugar whenever possible.

If you have any questions, you can call me at 360-912-1500.





Language & Culture Calendar

endy Contact Wendy Sampson for more info wendy.sampson@elwha.oro ith ednesdays

Drop-In

For High School Students **Summer Culture Craft Classes**

11am-3pm @ LEKT Carving Shed From July 6-August 31, 2022 (behind tribal center)

Emergency Contact Form/Liability Waiver Required County and tribal transit schedules available. No Transportation or food provided

uly candacqs: coho salmon time

wendy.sampson@elwha.org

ES: Elementary students Harmony.arakawa@elwha.org

CC: Community Culture classes- 13 & up without adult Angelina.sosa@elwha.org

MS: Middle school age group- <u>Jonathan.arakawa@elwha.org</u>

Culture & Language Program

						31
	CC: Weaving 1-4pm	ES: Upper 10-3pm MS: Lower 10-3pm CC: Beading 3-5pm	ES: Upper 10-3pm MS: Lower 10-3pm HS: Crafts at canoe shed 11-3pm	ES: Lower 10-3pm MS: Upper 10-3pm CC: Drum group 5pm	MS: Upper 10-3pm	
30	29	28	27	26	25	24
Canoe practice at log cabin 10am-12pm	CC: Weaving 1-4pm	ES: Upper 10-3pm MS: Lower 10-3pm CC: Beading 3-5pm	ES: Upper10-3pm MS: Lower 10-3pm HS: Crafts at canoe shed 11-3pm	ES: Lower 10-3pm MS: Upper 10-3pm CC: Drum group 5pm	ES: Lower 10-3pm MS: Upper 10-3pm	
23	22	21	20	19	18	17
16 Canoe practice at log cabin 10am-12pm	15 CC: Weaving 1-4pm	14 ES: Upper 10-3pm CC: Beading 3-5pm	13 ES: Upper10-3pm HS: Crafts at canoe shed 11-3pm	ES: Lower 10-3pm CC: Drum group 5pm Overnight camp	11 ES: Lower 10-3pm School Nature Bridge	10 Helping at Middle
9	CC: Weaving 1-4pm	7 ES: Upper 10-3pm CC: Beading 3-5pm	6 ES: Upper 10-3pm HS: Crafts at canoe shed 11-3pm	ES: Lower 10-3pm CC: Drum group 5pm	4 Holiday. Closed	w
2	1					
Saturday	Friday	Thursday	Wednesday	Tuesday	Monday	Sunday

group. For community classes children 13 and under must be accompined by adult, Light snacks will be provided. No transports except for drum

Elementary students k-1 need to be accompined by older sibling or adult.

Summer Reading Program

Kids can join the Library this summer in our summer reading program! This year we are doing book bingo. Stop by the Library to pick up a bingo card. The rules are simple. For each square, pick a book which fits the description in the square. For the square "Book with an animal" for instance, you might pick one of the Dog Man books by Dav Pilkey. (Note that each book only counts for one square. You can't use one Dog Man book for two squares; you can use one for the animal square, and a different book in the series for the "Graphic novel or comic" square.) Once you've read for at least 20 minutes, mark down the name of the book in the square and have a parent sign to confirm. For each square you mark, you can earn a ticket in our weekly prize drawing. If you finish the book, you can earn two tickets! Tickets will be drawn every Friday, and winners can choose their prize from our prize selection (visit the Library to see what prizes you could earn). We will also have a grand prize drawing at the end of the summer. To be entered into the grand prize drawing, you must get a bingo, that is, five boxes filled out in a row, column, or diagonal. We will also be giving out books (to keep!) which fit the themes of the bingo squares, so drop by the Library to pick one up and to get recommendations for other books to read. If you have any questions, come into the Library or contact Jason at jason.morris@elwha.org or 360-452-8471 ex. 7431. The summer reading program will run until August 19, which will also be the day of the grand prize drawing.

NASA @ Your Library

Drop by for fun programming through July 8 about our solar system! You can get a feel for the scale of the solar system (it's huge!), learn how solar and lunar eclipses work, take a look at the sun through our sun-oculars (for those 13 and up), and more! Stop by any time during our business hours for a fun and interactive learning experience!

Seal Skeleton

Also, for August, beginning on the 8th, the Library will have a real seal skeleton. This will be part of a larger program of learning about marine mammals like seals. These will tentatively be Tuesdays and Fridays at 1-2pm, and the skeleton will be on display for drop in visits. If you cannot make it to the Library at these times and would like to suggest a different time for us to host these sessions, please contact Jason at jason.morris@elwha.org or extension 7431.

Elder Book Delivery

We are considering starting a new program at the Library which would deliver books to Tribal Elders weekly or as often as necessary. Participants in the program would select books (either through the Library's web catalog or by contacting us directly) to be delivered to their home and books will be picked up as well when finished. We are currently assessing the feasibility of such a program and would like to hear your feedback to understand how much demand exists for the program. If this sounds like a program you would be interested in participating in, please contact Jason with any feedback you might have. You can visit us during our business hours, Mon-Fri 8am-4pm, call at 360-452-8471 extension 7431, or email jason.morris@elwha.org or jessica.egnew@elwha.org. We look forward to hearing from you!

LE Head Start Page 1 of 2 July 2022

Lower Elwha Head Start & Early Head Start

360)- 452-2587 Ext 2 Early Childhood Director—Lola

(Ext 1 Child Care Manager/Bobi)

Health Manager: Deanna Transportation: Francess Education Manager: (Vacant) Prenatal Educator: Darla Family Community Partnership Manager & Enrollment: Michelle

July 2022 čən'q'əčqs

CONGRATULATIONS 2022 GRADUATES

We hosted our first walk thru with our local high school graduates and our head start graduates heading into kindergarten at our House of Learning on June 8. Our 5-year old head start graduates walked with our high school graduates outside together in front of family, they were dressed in their caps and/or regalia.

We hosted a drive-thru graduation for our Head Start students on June 15. Many families participated and witnessed these events.

Thank you to the Elwha Drum group singing during the drive thru head start graduation. Thank you to Jason Wheeler for video and Nancy Hamilton for photographs! Thank you Elwha River Casino for your continued support with our events. Thank you Ralena Cornelson for your help with our first walk thru graduation at head start.



Head Start and Early Head Start applications are being accepted for the next school year. Submit by July 29, 2022

INCOME VERIFICATION IS REQUIRED FOR ALL APPLICATIONS

Page 2 of 2: LE Head Start July 2022

Congratulations Lola

Lola Moses has been selected as the new Children's House of Learning Director. Lola is a member of the Lower Elwha Klallam Tribe and was born and raised on the reservation. Lola's the daughter of Roman and Serena Antioquia. Her bloodlines include Klallam, Tlingit, Makah and Confederated Tribes of the Siletz. Her Tlingit name is Gunaantaas. She is married to Raymond Moses and together they are raising three daughters Tatum, McKenzie and Kaylee Jane. She graduated from Washington State University with a BA in Criminal Justice and Sociology. Lola also graduated from Peninsula College with an AAS in Criminal Justice. She has been serving as the Interim Director since October 1, 2021





JOBS @ Lower Elwha Head Start

If you or someone knows of anyone looking for a job, please apply.

- ♦ Early Head Start Lead Supervising Teacher
- ♦ Bus Driver/Teacher's Aide
- Early Head Start Lead Teacher
- Early Head Start Teacher's Aide
- ♦ Early Head Start Full Time Shadow Teacher
- ♦ Substitute Teacher's Aide

- * Head Start Floating Teacher's Aide
- * Head Start Part Time Shadow Teacher
- * Head Start Teacher's Aide
- * Teacher's Aide/Bus Aide
- * Education Manager

Call Head Start: 360-452-8471 x 7471 Director, Lola Moses

Infant

(Ducks)

Lead Teacher Catherine

Teacher Assistant Amy

Welcome to our new Teacher Assistant Cara!

Toddler

(Hummingbirds)

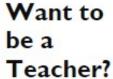
A bright welcome to our new Lead Teacher Deanndra!

Teacher Assistant Julie

Teacher Assistant Kelsie

July Newsletter

Closed Monday July 4th! Lower Elwha Child Care



We are currently looking for teachers to add to our staff. Please go to Elwha.org and look under Employment Opportunities.



The Children's House of Learning

Lower Elwha Child Care ... 291 Spokwes Drive

291 Spokwes Dilve

(360) 504-3141

Fax (360) 504-3651

Program Director Bobi Clark

Administrative Assistant Deann Lester

Receptionist Tiana Fieldsend



Preschool

(Wolves)

Lead Teacher *Open Position*

Welcome back to our Teacher Assistant Jada!

Teacher Assistant Tatiana

Reminders

Please Drive Slow through the Parking Lot - Turn your engine off when parked & Never leave your child unattended.

If your child is on Drop-In status please call ahead to make sure we have availability.

Clothing Closet

We are still hosting our Clothing Closet every Tuesday from 10:00 - 1:00. We have clothing in all sizes from newborn to adult. If you would like to donate your new or gently used (no stains or holes) items, please drop off at our front desk during business hours.



Afterschool

(Whales)

Lead Teacher Juanita

Welcome to our new Teacher Assistant Karalynn!

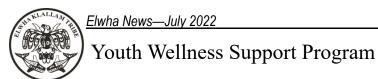
LOWER ELWHACHILD CARE RATES

	INFANT	TODDLER	PRESCHOOL	SCHOOLAGE
	1-11 Months	12-29 Wonths	30-60 Months	5yrs-12yrs
FULL DAY RATES	\$66.12	\$59.16	\$54.52	\$41.66
(OVER 5 HOURS)	'\$49.59	'\$44.37	'\$40.89	*\$31.25
	w/discount	widiscount	w/discount	w/discount
HALF DAY RATES	\$33.06	\$29.58	\$27.26	\$20.83
	*\$24.80	*\$22.19	'\$20.45	"\$15.63
	w/discount	widiscount	witiscount	w/discount
ANNUAL REGISTRATION FEE	\$50.00	\$50.00	\$50.00	\$50.00

*Tribal members and Tribal Employees receive 25% off tuition fees

Ν E W R Α Т E

Effective July 1st, the Lower Elwha Child Care rates will increase to match the state subsidy rates for our region and to stay in compliance with our Federal Child Care and Development Fund.











Elwha Summer Science Camp

Middle School Camp (Going into 7th/8th grade)

July 10 - July 14, 2022

Enrich your summer by coming to NatureBridge for 5 days and 4 nights this summer to participate in science and cultural activities! Transportation, food, and wilderness supplies provided.

Daily Schedule:

July 10th: Meet at Swain's at 1:00 pm to pick out your hiking shoes. Please bring all of your extra clothes and overnight gear. We will leave Swain's at 3 pm to head to NatureBridge.

July 10th-14th: Set up cabins at NatureBridge for the week. Students will stay overnight at the NatureBridge campus. We will have cultural and science activities with the help of NatureBridge staff and Elwha Language and Culture staff.

Interested in registering? Pick up and turn in the Enrollment Packet in the Tribal Library. There are only 14 spots available (first come, first served, LEKT members get priority).

Questions? Contact the Education Department – 360-452-8471 Ext. 7425 or email <u>jessica.egnew@elwha.org</u> or <u>kristina.cain@elwha.org</u>

We will need overnight chaperones as well as Elders to present in the evening hours. There is a stipend for both. Please reach out to Kristina Cain (x7426) or Jessica Egnew (x7425) if you are interested. (360) 452-8471. Thank you!



Healthy Transitions

Are you 16 – 25 years old (or do you know someone who is)?

Are you looking for concrete support or mental health services?

Healthy Transitions Wants to Support You!

Healthy Transitions is a program within the Lower Elwha Klallam Tribe's Social Services Department that launched in 2019, and was created specifically to meet the needs of youth and young adults ages 16-25. The program offers services to both tribal and non-tribal youth and young adults, and aims to reduce barriers to access by providing multiple service locations, including out in the community.



The Healthy Transition Program is available to provide support and

services throughout Clallam County to youth and young adults who struggle with mental health concerns, trauma, intellectual and/or developmental disabilities, substance use disorders and/or co-occurring disorders. In addition to mental health support, the program also offers concrete supports and services.

Services We Provide:

- Mental Health, Recovery, Case Management Services
- Vocational/ Educational Resources
- Housing Resources/ Advocacy
- Job Training Resources
- Community Activities/ Engagement
- Transportation
- Advocacy

Get In Touch:

(360) 565-7257 ext 7668 HealthyTransitions@Elwha.org

Message Us on Facebook: Facebook.com/HealthyTransitionsClallam/





Olympic Peninsula Rowing Association



June marks the beginning of the summer season for the Olympic Peninsula Rowing Association. Registration is open for youth age 12-18 and adults 18 and over. With a sliding seat, rowing is an amazing sport that uses your entire body for power and people can row simply for the joy of being on the water or youth and adults can both row competitively.

For youth, practice times are Monday, Wednesday, and Friday from 3:30-5:00. This might expand if there is sufficient interest. The cost is \$250 for the summer season, which lasts until school starts in September. Scholarships are available based on need the application can be found at pocockfoundation.org/scholarship.

For adults, members can enter the times when they are available in a club spreadsheet, and whenever there are enough interested rowers and a qualified person to drive the safety boat (a Zodiac with 25 hp outboard motor), all of them can go out rowing. Members can also meet to use the rowing machines. The cost for the summer season is \$150.

Registration for both youth and adults is available online at <u>regattacentral.com/clubs/?</u> org id=3812, or people can just bring a check to practice.





Want to recognize these girls for a great year in softball. Railee Charging Whirlwind, Nikki Elofson-Gilbertson, Eli Bera, Zoey Henderson, Teigan White, Chloe Holloway and their number 1 fan Sadie River Reed.





Klallam Language at Stevens Middle School!

Register for Klallam Language during the 2022-2023 school year!!!



Questions?

Contact Dana Christenson <u>dchristenson@portangelesschools.org</u> and Jessica Elofson <u>jelofson@portangelesschools.org</u>.

What are the benefits?

- Students can earn elective credits
- Klallam is a semester long class
- Students can learn language first thing in the morning
- Jump start before taking language at Port Angeles High School
- And so much more!!!



CONGRATULATIONS
WENDY ON
GRADUATING! WE
ARE ALL SO PROUD!
YOU DID IT!!

Happy Birthday wishes to:

Oohsh Goldsbury, Leelah Smith River Charles, Loki Ellis, Marilyn Edgington, Ed Johnson, Keith Lauderback, Caitlin Charles and Joni Francis.

HAPPY BIRTHDAY

Sergeant Johnson participated in the 2022 torch run to kick off the start of the Special Olympics.

This run starts west of Port Angeles and gets passed over the Hood Canal bridge to the next first responding agency.







Elwha Klallam Tribal Police Department

341 Spokwes Drive

Port Angeles, WA 98363

360~452~6759 Telephone 888~822~4365 Fax

I am pleased to announce that on June 13, 2022, Officer Daniel LaTourette of the Lower Elwha Klallam Police Department was with Officer of the Year Award from the International Footprint Association – Olympic Peninsula Chapter 74 out of Sequim Washington. I was given the honor to present this award at the ceremony. There was awards given to the Sheriff's Department, Port Angeles Police Department, Corrections Department, Police Dispatch, All districts of Fire Departments all receiving awards. Lower Elwha Klallam Officer LaTourette was chose by his pears and due to his work ethics and drive to serve our community.



Sincerely,

Chief of Police, Samuel L. White

Pepsi with Police

The community is invited to enjoy refreshments with our Police Officers.

Date: 7/6/22

Time: 3-4pm

Place: Elwha Justice Center



Bring your comments, concerns or suggestions

or

Just come enjoy some refreshments on us.



Birthdays & Police Blotter

Service Record for L & O	May
911 Hang-Up	3
Abandoned Vehicle	1
Alarm/Alarm Check	3
Auto Theft	2
Business Check	176
Citizen Assist	15
Citizen Contact	14
Civil	3
Community Oriented Policing	69
Court Paperwork/Service	8
CPS/APS	1
Custodial Interference	1
Follow Up	10
Found/Recovered/Lost Property	1
Frequent Patrol Request	10

Junk Vehicle	1
Mental/ITA	2
Misc. Info/False Reporting	
Other Agency Assist	
Prisoner Transport	5
Report of Open Door/Window	2
Runaway	1
Suspicious Person/Vehicle	6
Theft	2
Threats	2
Traffic Control/Emphasis/Hazard	4
Traffic Stops	37
Vehicle Accidents	
Welfare Check	
Warrant Attempts	
Total	408







STAFF & ELDER BIRTHDAYS!



7/3 Roger Hopie Jr	7/12 Katelyn Roberts	7/24 Steve Robideau
7/4 Ty Boe	7/13 Rachel Johnson	7/24 Keith Lauderbeck
7/5 Wendy Sampson	7/14 Charlene Graham	7/24 Chelsea Bender
7/7 Collen Geiger	7/15 Rosie Boyd	7/26 Wahji Kasten
7/9 Marilyn Edgington	7/18 Chrissi Ducotey	7/26 Vashti White
7/12 Mariah Francis	7/20 Ed Johnson	7/29 Sandra Stokes
7/12 Karrin Francis	7/21 Francess Thompson	7/30 Joni Francis
7/12 Christine Matte	7/24 Samantha Rae	7/31 Bucky Johnson

Date	Resolution Number	Title	For/A	Vote gainst/	Abstain
5-16-22	43-22	Appointment of ATNI delegate and alternates	2	0	0
6-14-22	44-22	Approval of Universal Agreement between Agilysys, NV, LLC and Lower Elwha Klallam Tribe d/b/a Elwha River Casino with a Limited Waiver of Sovereign Immunity	4	0	0
6-14-22	45-22	Authorization of application to Dept. of Justice Office of Violence against women FY 2022 grant to Indian tribal governments program	4	0	0
6-14-22	46-22	Approval of purchase agreement between Table Trac, Inc and LEKT dba Elwha River casino to cover added games for expansion	4	0	0
6-14-22	47-22	Approval of master supplier agreement between Incredible technologies Inc and LEKT dba Elwha River Casino	4	0	0
6-14-22	48-22	Approval of Co-management Agreement with Washington Department of Fish and Wildlife for Damage Hunts in the Pysht GMU	4	0	0
6-2-22	49-22	Appointment of Christia Skerbeck as the LEKT representative to the Clallam Co. Board of Health	3	0	0
6-2-22	50-22	Recognition of Juneteenth national independence day as a Tribal holiday	3	0	0
6-14-22	51-22	SORNA	4	0	0
6-14-22	52-22	Approval of 2022-23 hunting regulations	4	0	0
6-14-22	53-22	Approval of 2022 Engagement letter for Hogan Lovell's law firm	4	0	0
6-14-22	54-22	Approval of helicopter services agreement regarded 2022 Deep creek restoration project between LEKT and Columbia helicopters, Inc	4	0	0

Free COVID-19 Self-Tests

Residential households in the U.S. are now eligible for another order of free COVID-19 self- tests on <u>USPS.com</u>

- Each order now includes 8 rapid antigen COVID-19 tests
- Your order will come in 2 separate packages (4 tests in each package),
 each with its own tracking number
- Packages will ship free

Self- tests for COVID-19 give rapid results and can be taken anywhere, regardless of your vaccination status or whether or not you have symptoms.



Tribal Directory

Tribal Center

2851 Lower Elwha Road Port Angeles, WA 98363 360.452.8471

Executive Director

Tonya Greene, Ext. 7469

Tribal Operations Officer

Tia Skerbeck, Ext. 7420

CFO Froilan Sarmiento, Ext. 7463

Accounting

2851 Lower Elwha Road Melissa Gilman, Grants Administrator Ext. 7461 Jo Klinski, Controller/Payroll Ext. 7460

Cedar Box Smoke Shop

4779 S Dry Creek Road Leif Ellis, 360.477-1170

Children's House of Learning (Early Head Start, Head Start, Child Care, Prenatal Program)

291 Spokwes Dr 360.504.3141

Lola Moses, Early Learning Director Director Ext. 7471

Bobi Clark, Child Care Program Manager Ext. 3402

Deanna Murray, Health Manager

Ext. 7470
Michelle Charles, Family and
Community Partnership Ext. 7474
Donna Goldsbury, Prenatal
Program Ext. 7475

Education

Jessica Egnew, Director Ext. 7425

Elwha Peaks Cannabis

4775 S Dry Creek Rd, Port Angeles 360.912.3469

Elwha River Casino

631 Stratton Road, 452.3005 Mike Watson, General Manager

Elder Services

Samantha Acosta, Coordinator Ext. 7466

Employment Services/HR/TERO

Sandra Johnson, Director Ext. 7429 341 Spokwes Drive

Enrollment Services

Marilyn Edgington, Ext .7444

Facilities & Maintenance

Warren Stevens, Director Ext. 7432 Stormy Howell, Treatment

Gaming Commission

631 Stratton Road 360.452.5628 Elaina Begay, Director

Health Clinic

243511 Highway 101 West 360.452.6252 Lorinda Robideau, Health Services Director

Heritage Center

401 E. First Street, 360.417.8545 Nicole Volkmann, Manager Ext. 2912

Human Resources

Ext. 7430



Housing Authority

22 Kwitsen Drive, 360.457.5116 Janet Hren, Interim Director Ext. 7552

Information Technology

Ken Giersch, Director Ext. 7541

Justice Center/Tribal Court

341 Spokwes Drive 360.452.6759

Klallam Counseling Services

243613 W Hwy 101, Port Angeles 360.452.4432 Stormy Howell, Treatment Manager

Law & Order/Police Dept.

Justice Center

341 Spokwes Drive 360.452.6759 Sam White, Chief of Police Ext. 2922

LOWER ELWHA FOOD & FUEL

360.477-1170

Natural Resources/Fish Hatchery

760 Stratton Road 360.457.4012 Matt Beirne, Director Ext. 7485

Planning & Development

Arlene Wheeler, Director Ext. 7437

Prevention Health/GYM

Jason Wheeler, Ext. 7440

Social Services

3080 Lower Elwha Road 360.565.7252 Becca Sampson-Weed, Director Ext. 7456 Elwha News—July 2022 Page 27

BUSINESS COUNCIL



Frances G. Charles
Tribal Chairwoman, Ext. 7411



Russ Hepfer
Vice Chairman, Ext. 7412



Ed Johnson
Secretary/Treasurer Ext. 7414



Steve Joaquin Robideau Council Member, Ext. 7413



Anthony Charles
Council Member, Ext. 7415

Dates to Remember:

7/4 Fourth of July

7/6 Pepsi With Police

7/8 "NASA at Your Library" Ends

7/11 Summer Youth Begins

7/16 Canoe Practice

7/18 Middle School Language Drop-In Begins

7/23 Canoe Practice



WOULD YOU RATHER NOT RECEIVE A PAPER?

We are evaluating the level of Interest for emailed newsletters. If you would rather not receive the newsletter by mail, please contact Chrissi Ducotey by email (chrissi.ducotey@elwha.org). She will begin to gather a list of those who prefer to receive electronic files only, and we will determine if this is a workable option.

Newsletter submissions and suggestions may now be received at Newsletter@Elwha.org

Lower Elwha Klallam Tribe 2851 Lower Elwha Road Port Angeles, WA 98363

Change Service Requested

ELWHA NEWS Lower Elwha Klallam Tribe ?ə?4x^wə nəx^wsxayam

"THE STRONG PEOPLE"

The *Elwha News* is a monthly publication of the Lower Elwha Klallam Tribe to inform, educate and stimulate interest in the Tribe and community affairs. It also raises awareness and respect for the Reservation and its resources. For news articles, please send to the address below by the third Friday of the month.

Chrissi Ducotey Administrative Education & Training Specialist Elwha Klallam Heritage Center 401 E First St Port Angeles, WA 98362 Phone: 360.417.8545 Chrissi.Ducotey@elwha.org

Note: This newsletter is uploaded monthly to the Lower Elwha Klallam Tribe webpage *elwha.org*

You can find it under the "Announcements" section titled: Newsletter

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Olympic Mailing
Services

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