



June 2022

Elwha News

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LOWER ELWHA KLALLAM TRIBE



The Lower Elwha Community and representatives from throughout Clallam County came together on April 26th and April 27th in support of Sexual Assault Awareness. We recognized a need being voiced by sexual assault survivors for more supporter visibility.

During the two days of the event, staff from our Sexual Assault Response Team, Family Advocacy Program, and Healthy Transitions provided resource materials, contact information, and different ways for everybody to show their support. One of those was by holding signs that said “Your Voice Matters” and “We Believe You”, next to 8 foot teal ribbons made by students from Port Angeles High School.

Thank you Elwha River Casino for purchasing T-shirts for this event and providing a beautiful basket for our raffle winner Melanie Lockhart.

If you are reading this and you are a sexual assault survivor, or you know someone who is, there are options if you need help. Please use the following contacts for survivor support:

Beatriz Arakawa- Domestic Violence and Family Advocacy Program- 360-460-1745

Nancy Hamilton- Sexual Assault Response Team Coordinator- 360-912-1302

Jessica Guthrie- Crime Victim Advocate Specializing in Sexual Assault - 360 -775-5029

#MyVoiceMatters



Tribal Operations/Public Health Officer Update

We are in Phase 4 of our Re-Opening Plan and Yellow for mask wearing.

We're still in Phase 4 of the COVID reopening plan. Gatherings outdoors with unlimited number of participants, and gatherings indoors with no more than 40 people. Visit www.elwha.org/COVID

When Can Youth Get Their Vaccines?

Youth 5-17 are now all eligible for the Pfizer vaccination. Call the clinic now to schedule! 360-452-6252.

Youth 5 and older and now eligible for the booster dose if it has been 5 months since they completed their primary COVID series. Call the clinic now to schedule! 360-452-6252.

Youth 4 and under are still waiting for emergency authorization approval for the COVID vaccine.

Youth are still eligible for the vaccine support program

The adult vaccine support program ended

	Phase 4 Minimum time at each phase is 2 weeks
High Risk Populations	-Resume public interactions, with physical distancing and KN95/N95 mask
Recreation	-Outdoor recreation activities unlimited participants -Indoor recreation, no more than 40 participants
Education	-Indoor afterschool education up to 15 participants
Culture	-Outdoor classes, unlimited people -Indoor classes up to 40 people in culture classrooms
Social Gatherings	- Outdoor social gatherings with unlimited people -Indoor social gathering with no more than 40 people
Travel	-Follow CDC's COVID-19 travel guidelines
Gov't workplace	Staff in shared workspaces -Increased COVID testing protocol for staff and some program participants - Offices open to the public -Resume general community meetings -Resume ICW functions with additional COVID protocol -ICW follow additional COVID protocol
Masks	Remove mask indoors
COVID Response	-Contact tracing for staff, HOL student, Elder involved cases, and outbreaks -Isolation/quarantine support for cases with elders, immunocompromised, and infants impacted



Tribal Operations/Public Health Officer Update



LEKT COVID Masking Guidance

	Community, Staff, Customers, Visitors	Staff that work with high risk populations or those unable to vaccinate	High Risk Populations	LEHD Staff, patients, and anyone in LEHD facilities	Transportation in shared vehicles for work or program use	You are COVID Exposed or have a COVID positive household member
GREEN	<ul style="list-style-type: none">Mask Optional	<ul style="list-style-type: none">Mask Optional	<ul style="list-style-type: none">Talk to your healthcare provider about best mask option for you	<ul style="list-style-type: none">Follow Federal mandate	<ul style="list-style-type: none">Mask Optional	<ul style="list-style-type: none">Wear 3-ply paper disposable mask for 10 days from exposure to positive person.
YELLOW	<ul style="list-style-type: none">Mask OptionalRecommend wear 3-ply paper disposable mask when unable to distance 3 feet from others	<ul style="list-style-type: none">Wear 3-ply disposable mask while working with high risk or not eligible to vaccinate	<ul style="list-style-type: none">Talk to your healthcare provider about best mask option for you	<ul style="list-style-type: none">Follow Federal mandate	<ul style="list-style-type: none">Wear 3-ply paper disposable mask	<ul style="list-style-type: none">Wear 3-ply paper disposable mask for 10 days from exposure to positive person.
RED	<ul style="list-style-type: none">Wear 3-ply paper disposable mask at all times	<ul style="list-style-type: none">Wear 3-ply paper disposable mask	<ul style="list-style-type: none">Wear N95 or similar type mask	<ul style="list-style-type: none">Follow Federal mandate	<ul style="list-style-type: none">Wear N95 or similar type mask	<ul style="list-style-type: none">Wear 3-ply paper disposable mask for 10 days from exposure to positive person.

Free COVID Tests

Lower Elwha Klallam Tribe is also offering free COVID tests for local community members that have any need for a test. Visit any tribal facility to pick up a test or to request the test to be dropped off at your local home visit: <https://app.smartsheet.com/b/form/7e651f2fbeb54e8eac868f98687d50d0>

Federal Government is offering free COVID tests that can be delivered through the US Postal Service. To order your free tests visit: <https://www.covidtests.gov/>

State of Washington is offering Free COVID tests as well, they can be ordered here: <https://www.sayyescovidhometest.org/>



Tribal Operations/Public Health Officer Update

Do We Still Have COVID Cases?

We have seen quite an uptick in COVID cases in the past month, averaging a daily case of 5. Remember to mask up when around large groups, when you have any symptoms and when around vulnerable or the unvaccinated.

To see case numbers visit elwha.org/COVID

Adult over 50 Second COVID Booster Dose

If you are **over 50**, call LEHD to see if you are eligible to schedule your 2nd COVID booster shot.

Do I need a BOOSTER?

	Who's eligible?	When should I get a booster?	Can I get a second booster?	Which booster?
If you got... Pfizer	Everyone 12+ should get their booster dose to be up to date.	At least 5 months after completing the primary series of Pfizer vaccine.	Everyone 50+ may get a 2nd booster at least 4 months after receiving the 1st booster.	Adults 18+ can get a booster dose of any mRNA COVID-19 vaccine. Children 12-17 should get a Pfizer booster.
If you got... Moderna	Adults 18+ should get their booster dose to be up to date.	At least 5 months after completing the primary series of Moderna vaccine.	Everyone 50+ may get a 2nd booster at least 4 months after receiving the 1st booster.	A booster dose of any mRNA COVID-19 vaccine.
If you got... Johnson & Johnson	Adults 18+ should get their booster dose to be up to date.	At least 2 months after completing the primary series of J&J vaccine.	Everyone 50+ and those who received a J&J vaccine for their primary and booster dose may get a 2nd booster at least 4 months after receiving the 1st booster.	A booster dose of any mRNA vaccine is preferred over J&J for 1st booster. 2nd booster may be any mRNA COVID-19 vaccine.

If you are moderately or severely immunocompromised guidelines will vary.

doh.wa.gov/Emergencies/COVID19 | April 4, 2022

Infographic Publication Number: 826-024. To request this document in another format, call 1-800-525-0107. Deaf or hard of hearing customers, please call 711 (Washington Relay) or email ehd.right@doh.wa.gov

Washington State Department of Health

Tia Skerbeck, Tribal Operations/Public Health Officer



Vaccine Information

Pediatric COVID-19 Vaccines What Parents/Guardians Should Know

COVID-19 vaccine now authorized for children ages 5 and up.

Why should children get vaccinated?

Since the beginning of the pandemic, over 12 million children in the United States have gotten COVID-19. New COVID-19 variant surges led to peak COVID-19 hospitalizations among youth.

Clinical trials proved that this vaccine works very well at preventing COVID-19 in youth. They'll be much less likely to get seriously ill, be hospitalized, or die from COVID-19.

Check out this [Talking about Vaccines guide](#) for tips on how to have a conversation about vaccines with youth and families.

How do I get my child vaccinated?

Washington state provides all recommended vaccines at no cost for children through age 18. Ask your child's pediatrician or regular clinic if they carry the COVID-19 vaccine.

Families who do not have a health care provider already can call the **Help Me Grow WA Hotline at 1-800-322-2588** or go to **ParentHelp123.org** to find a health care provider, clinic, or other health resources. This service is free and language assistance is available.

You can also visit [VaccineLocator.doh.wa.gov](https://vaccineLocator.doh.wa.gov) and use the filter to see a list of places near you that have the pediatric vaccine.

How will this help at home?

The COVID-19 vaccine can keep kids protected from the disease, meaning indoor gatherings can be safer to host or attend.

Getting vaccinated will help children stay safer and protect family members in the household.



Families should continue following other recommended safety measures for the best protection.

How many shots do children need?

All children are recommended to receive at least two-doses. Additional doses may be recommended to be considered up-to-date.



- Children **ages 5-11** get a pediatric dose, which is a different amount than the adolescent and adult version.
- Children **ages 12-17** are eligible for the adolescent/adult dose.



Children ages 5+ who are moderately or severely immunocompromised should receive an additional primary dose and children ages 12+ should receive a booster dose. Additional doses for other groups may be recommended in the future.



To get your questions answered:

Visit: VaccinateWA.org/kids



Call: 1-833-VAX-HELP (1-833-829-4357), Press #
Language assistance is available.

**Vaccinate
WA**
CovidVaccineWA.org



COVID-19 Information

Lower Elwha & Clallam County
are seeing a rise in COVID
cases.



If you are sick and your home test is negative, we **strongly encourage** you to get test at the Lower Elwha Health Department with a PCR test.

A PCR test is more sensitive (accurate) and can pick up COVID better than a home COVID test

Call 360-452-6252 to schedule a test





MMIW/P

On May 5th tribal members from across the North Olympic Peninsula gathered at the Vern Burton Community Center in Port Angeles to raise awareness for Missing, Murdered Indigenous Women/People. Coordinated by Angelina Sosa, participants marched to the Gateway Transit Center, where the song and drum group performed, speeches were made, and victims memorialized. It was a somber event that evoked many emotions. We were joined by several community members, stopped traffic, and elicited honks of support along the entire route.





Craft Fair

Jamestown S'Klallam Native and Non-Native Art and Craft Fair

Date: Saturday, November 5th, 2022 from 9 a.m. – 4 p.m.

Place: Blyn Bay and Cedar Rooms, 7 Cedars Hotel

Here are the details you'll need to decide whether you want to apply to participate with us!

- **Vendor Application schedule:**
 - Through July 15th: Submit application, photos and fee for juried show. If you are accepted, we will send you a postcard. If you are not accepted, we will return your check and photos to you.
- **All items must be original, handmade work.** Please send photos with your application (unless you are selling the same things you sold last year).
- **The fee for one table is \$50. If you are an enrolled Tribal citizen of an Indian Tribe, the fee is \$30. New this year, we provide larger tables! Our tables measure 30 x 72" with built-in electrical outlets. Because we are in a much larger room, each vendor will have more space around their table than in previous years. More details on this once we map the floor plan.**
- **The Fair is a fundraiser. Each vendor must bring one or more baked good packaged for sale. Please bring either a family sized item (a plate of 12-15 cookies, pie, loaf or cake to sell for \$5 - \$10) or five single-sized servings (single serving is a baggie of 3 cookies or a slice of cake to sell for \$1). If you like to bake, we appreciate additional donations to the bake sale – it is very popular and we sell out everything that we make available! People also love gluten-free, sugar-free and savory options.**
- **Each vendor must donate one item (with a value of at least \$15) for the Fair Raffle.**
- **We will have a food bank donation station set up, and encourage vendors and customers to donate non-perishable food and non-food personal hygiene products.**
- **Set up time is from 3-7 p.m. on Friday Nov. 4th, and/or from 7:30-8:45 a.m. on Sat. Nov. 5th**
- **Your booth must be open and staffed from 9 a.m.-4 p.m. during the sale.**



Contact person: Betty Oppenheimer, Jamestown S'Klallam Tribe
1033 Old Blyn Highway, Sequim, WA 98382
Phone: 360-681-3410 or by E-mail: boppenheimer@jamestowntribe.org

Please fill out the form below, detach and mail to the address above with your check for \$30 (Tribal vendors) or \$50 (Non-Tribal vendors) made out to Jamestown S'Klallam Tribe, and photo(s) of your work. If you prefer, you may email the photos.

CUT HERE. RETAIN THE UPPER PORTION OF THIS APPLICATION FOR YOUR RECORDS.

VENDOR APPLICATION FOR THE JAMESTOWN S'KLALLAM ART AND CRAFT FAIR

Name: _____
Native American? ☐ No ☐ Yes. If so, what Tribe? _____
Address: _____

Phone: _____
E-mail: _____
Describe what you plan to sell at the art and craft fair: _____



Food Bank

Happy Fathers Day to all you fathers!

The Commodity Supplemental Food Program will be delivered the 3rd week of the month.

There are 26 elders that receive these boxes that come from OlyCAP. A person 60 and older can still sign up for these boxes. A nutrition box that has canned fruits & vegetables, cereal, cheese and juice, items may change at times.

The application is at the Elwha Food Bank.

Just a reminder the Food Bank is **CLOSED** on Tuesdays. As Tuesdays are the days I am able to get work done out of the office that needs to be done. And every 1st Thursday of the month is the monthly Food Bank meeting that may cause the food bank to be closed. All information is posted on Elwha announcements.

There is delivery 1 time a week to the food bank with a produce box from Charlie's Produce. 10 boxes are delivered weekly and will continue until the end of June 2022. We also have fresh farm produce that will be delivered from local farmers. They will deliver whatever is in season and this will run through October 2022. We have 2 local farmers that we use, Wild Edge Farm located west of Port Angeles and Sawtooth Ranch. Both of these you can read about online. Both fresh farms have received a grant to help out local food banks, and they have offered Elwha to use them.

The Lower Elwha Food Bank is open countywide. And can deliver to enrolled tribal elders and those of disability, living on the reservation. Forms can still be filled out online or at the food bank.

Please let me serve the Elwha community better and let me know how the food bank can better help you, by stopping by and giving me suggestions of days/hours that would work best for you. I also would like to ask if an **ONLY ELDERS** day and hours would be fit for the elders. I can set a day and time just for elders. I am trying later in the day for those that work, but it has not been a good turnout. On Mondays I am open until 5:30pm, but with it not getting used that late I will be changing the hours, which will be announced later.

Below are the web addresses for the 2 farmers that are donating to the Elwha food bank.

wildedgedfarm@gmail.com
<http://www.thesawtoothranch.com>

Food Bank Days & Hours

Monday's 1:30 p.m. – 5:30 p.m.

Tuesday's **CLOSED**

Wednesday's 12:30 p.m. – 4:00 p.m. Upper Elwha (Vet Center)

Thursday's 9:30 a.m. – 1:30 p.m.

Friday's 9:30 a.m. – 1:30 p.m.

Dorene Charles

Food Bank Coordinator

(360) 452-8471 ex 7690

Mailing Address:

3080 Lower Elwha RD

Port Angeles, WA. 98363

Physical Address:

22 Spokwes Drive

Port Angeles, WA. 98363





Nutrition & Diabetes

MAY 2022 NEWSLETTER

KLALLAM STRONG: NUTRITION & DIABETES NEWSLETTER

Dawn Travelstead, RD, MS, CDE, Lower Elwha Health Clinic

In this issue:

- Sleep quality
- Recipe
- Did you know
- Hunger hormones



Peanut Butter Banana Baked Oatmeal

3 ripe bananas, mashed

1/2 c peanut butter

2 eggs

1 1/2 c non-dairy milk of choice

2 c. rolled oats

1 tsp cinnamon & 1/4 tsp salt

Preheat oven to 350. Pam spray a 9x9 baking dish. Whisk wet ingredients in a bowl till creamy. Then stir in PB till creamy, whisk eggs and milk. Add dry ingredients until well combined.

Pour into pan and bake for 40 minutes. Either scoop out and eat right away, or cool for 20 minutes and cut into squares.

Top with yogurt and berries!! YUM



Importance of Quality Sleep

Getting 7-8 hours of quality sleep a night can be a challenge for some, but so important.

Studies have shown that people who don't get enough sleep have higher rates of weight gain.

Lack of sleep impacts hunger by **increasing** a hormone called *ghrelin* that stimulates hunger; and **decreases** a hormone called *leptin* that is suppose to suppress appetite.

These hormone changes increase our desire for high-calorie foods and we tend to eat more the next day without a good night's sleep.

Other problem factors related to lack of sleep are:

- Hypertension
- Heart disease
- Type 2 diabetes
- Colds
- Obesity

If you aren't getting adequate sleep, please talk to your provider.

Did you Know?

Walnuts

Contain healthy fats, fiber and vitamins. Eating a handful 5 times a week can help your heart.

Don't forget to schedule your diabetes quarterly.

If you would like a nutrition session, please call me @ 360-912-1500.





Dental Clinic

Has it been a while since you've seen the dentist?

The dental clinic would love to see you! We understand that a visit to the dentist might not be the most exciting idea, but we have an amazing clinic here and we would love to see you! Here are some good reasons to come visit us:



- **If you have ongoing medical issues** you may be more susceptible to problems like gums disease and tooth decay
- **If you are pregnant**, hormonal changes can also put you at risk for swollen gums and tooth decay
- **If your jaw hurts, pops or locks** we might be able to help with a splint (guard) to wear during the day or night.
- **If there are things you don't like about your mouth**, we can help! From dry mouth and bad breath to crooked, stained or chipped teeth, there are a wide variety of things we can do to help you get to a place where you are happy with your smile again.
- **If you have dentures, partial dentures, implants, crowns or bridges** then having regular dental check-ups is key to making sure all the work you have had done in the past lasts and remains in good condition.

Even if you don't have any concerns about your teeth, having regular dental check-ups is a great way to help maintain your teeth and protect your smile for years to come.

I AM IMMUNOCOMPROMISED				
Am I recommended to get these doses?				
		Should I get a 3rd dose?	Can I get a booster?	Total doses
If you got...				
Pfizer	Two doses administered 21 days apart for ages 5 and older.	Yes , people age 5+ who are moderately or severely immunocompromised should get an additional dose 28 days after their 2nd shot.	No , not recommended for those aged 5-11. Yes , an mRNA booster is recommended 3 months after the last dose to be up to date. A 2nd mRNA booster may be received 4 months after the 1st booster for those 12 and older.	3 5
If you got...				
Moderna	Two doses administered 28 days apart for ages 18 and older.	Yes , people age 18+ who are moderately or severely immunocompromised should get an additional dose 28 days after their 2nd shot.	Yes , an mRNA booster is recommended 3 months after the last dose to be up to date. A 2nd mRNA booster may be received 4 months after the 1st booster for those 18 and older.	5
If you got...				
Johnson & Johnson	One dose, authorized for ages 18 and older.	Yes , people age 18+ who are moderately or severely immunocompromised should get an additional dose with Pfizer or Moderna vaccine 28 days after 1st dose of J&J.	Yes , an mRNA booster is recommended at least 2 months after the last dose for those aged 18 and older to be up to date. If you received a primary and booster dose of J&J, a 2nd booster of mRNA vaccine may be received 4 months after the 1st booster.	4



Klallam Counseling

Learn More About Fentanyl

The use of illegally-made fentanyl is fueling a national health crisis. People are using it unintentionally and dying from overdoses as a result. Even if you don't use non-prescribed drugs, chances are that you know someone who has been impacted by the current crisis.

What is Fentanyl?

Fentanyl is a potent lab-made opioid, up to 50X stronger than heroin.

Isn't Fentanyl legal?

Some fentanyl is medication that is prescribed by a doctor, but others are illegally made in unauthorized facilities and mixed in with counterfeit and illicit drugs.

How is this different from other drugs?

Even small doses of fentanyl, i.e. as small as 2 milligrams equivalent to 2 grains of sand, can be fatal, and some drug dealers are adding fentanyl to other commonly used street drugs, i.e. people are dying from unintentional fentanyl use.

Why should I be worried if I don't use fentanyl?

Fentanyl is commonly added to party drugs and fake prescription pills everywhere, such as counterfeit pills purchased online (e.g., anti-anxiety, antidepressants, opioids, stimulants). For this reason many people are unintentionally using, and in many cases overdosing from, fentanyl.

What can I do about this?

- Educate your loved ones on the dangers and prevalence of fentanyl
- If you are a parent or caregiver, learn how to recognize and respond to symptoms of mental health struggles in young people
- The Surgeon General urges more Americans to carry and learn how to administer naloxone—a medication that rapidly reverses an opioid overdose. Many recovery community organizations provide local training, or you can take online courses through organizations like the Red Cross.
- Rapid test strips can determine if drugs are mixed or cut with fentanyl, and with the CDC's help, many states and communities have programs to make these test strips available. You should use these programs to always test any drugs before use. Learn to recognize the signs of overdose and be prepared to call for help.

Practically all of the pills seized by law enforcement are fake, and 40% contain a potentially lethal amount of fentanyl.

Illegally made fentanyl is the primary driver of the recent increase in all U.S. overdose deaths. Fentanyl-involved deaths are fastest growing among 14-23 year olds.

Fentanyl is involved in more deaths of Americans under 50 than any other cause of death, including heart disease, cancer, and all other accidents.

Fake pills have been found in all 50 states. Assume any prescription med you see online is fake, including Oxy, Percocet, and Xanax.



Handle with Care

Supporting children exposed to traumatic events

Handle With Care (HWC) enables first responders to notify schools when encountering children at traumatic incidents, so schools can provide immediate trauma-sensitive support.



✓ The Problem: Childhood Trauma

- 60% of U.S. children have been exposed to violence, crime, or abuse.
- Childhood trauma, or Adverse Childhood Experiences (ACEs) occur when children experience traumatic events. Example: Domestic Violence, a house fire, a medical emergency, police response
- Traumatic events increase children's risk of falling behind in school and engaging in risky behavior.

✓ A Solution: Handle With Care

1. First Responders encounter children at scene-It starts with documentation

First Responders encounter a child at a traumatic event. First responders are trained to document the child's name and date of birth and notify their HWC representative of the contact (Example: School Resource Officer).

2. HWC representative sends notification to designated school Point of Contact

Confidential email notification is sent within 24-hours to the school Point of Contact containing the child's name, date of birth, and the words "Handle With Care." No further details of the event will be disclosed.

3. Schools receive and distribute notification

The designated school point of contact will disseminate the notification on a need-to-know basis to those who may encounter the involved child. This may include teachers, nurses, counselors, or other staff.

4. PASD Staff will provide "Trauma-sensitive passive support" for children. What does this mean?

- Maintain a usual structure and routine in the classroom
- Meet basic needs such as clothing, hygiene, food, a place to rest/sleep/self-regulate if needed
- Observe the student and provide supportive care as appropriate-take cues from student
- Maintain confidentiality-do not ask the student directly about the traumatic event
- Refer to a school counselor or school nurse if further assessment for mental/physical health is indicated
- Refer to other resources such as school navigators or other community programs as appropriate

- ✓ Background: HWC started in West Virginia in 2013. Now more than 100 school districts, cities, counties, and states implement HWC. In Washington State, nearby Kitsap County started HWC two years ago.

HWC Partners: In Port Angeles, HWC involves a diverse team of agencies and organizations committed to helping children thrive including: The Clallam County Sheriff's Office, Clallam Resilience Project (United Way), Lower Elwha Klallam Tribal Police Department, Port Angeles Fire Department, Port Angeles Healthy Youth Coalition, Port Angeles Police Department, and the Port Angeles School District.

Additional Resources:

Trauma Aware Schools: <http://traumaawareschools.org/>

National Child Traumatic Stress Network: <https://www.nctsn.org/>

Handle with Care Salud America: <https://salud-america.org/>



Lower Elwha Head Start & Early Head Start

360)- 452-2587 Ext 2 Early Childhood Interim Director—Lola
(Ext 1 Child Care Manager/Bobi)

Health Manager: Deanna Transportation: Francess

Education Manager: Lola Prenatal Educator: (Vacant)

Family Community Partnership Manager & Enrollment: Michelle

June 2022

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JOBS @ Lower Elwha Head Start

If you or someone knows of anyone looking for a job, please apply.

- ♦ Early Head Start Lead Supervising Teacher
- ♦ Bus Driver/Teacher's Aide
- ♦ Head Start Teacher Aide
- ♦ Substitute Teacher's Aide
- ♦ Part Time Cook's Assistant
- * Head Start Part Time Shadow Teacher
- * Head Start Teacher's Aide
- * Head Start Floater Teacher's Aide
- * Full Time Head Start Shadow Teacher

Call Head Start: 360-452-8471 x 7471 Interim Director, Lola Moses

June 2022

- * June 7/Tues, 9:00-12:00 Regalia Pictures
- * June 8/Weds, 10:45 am Walk thru with High school graduates at the House of Learning
- * June 15/Weds Last day of Head Start
- * June 15/Weds 5:30pm Drive thru graduation for Lower Elwha Head Start

Head Start and Early Head Start applications are being accepted for the next school year.

What do you need to make sure your application is COMPLETE?

- ♦ All household income verification (3 paystubs or recent tax return)
- ♦ Tribal enrollment documentation (not required to be a student but children receive points for being Native)
- ♦ Court documents if child is in foster care

INCOME VERIFICATION IS REQUIRED FOR ALL APPLICATIONS



Head Start

Page 2 of 2: LE Head Start June 2022

The Bears are continuing to practice Klallam Songs with Our Culture TeachersWe are moving into Learning about 5 senses onto Ocean Theme. Our Bears are continuing to reach developmental milestones . This year has flew by fast we our at your list few weeks as Bears and absolutely have appreciated our time learning together in the Bears Den.. Thank you for gibing us this opportunity to work with all of them children this year. Each one unique in their own way have made growth across the board.. We blinked and the year is coming to an end yet we know they shall continue to blossom as they move into the next class....Again our hands are up to reach and every child and family for a great year and your understanding as we continued to walk through another year making it through all obstacles in your paths we succeeded...Congratulations Bear Cubs...

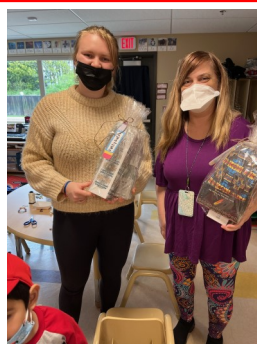


The K'weynsen class hopped out of the Ocean and into Spring this past month. We explored many animals that live in the sea and discovered the birth of new life that spring brings. We will end the school year with spring animals on the farm.



THANK YOU ELWHA RIVER CASINO

Our Elwha River Casino supported us at the Children's House of Learning and honored all our teachers for "Teacher Appreciation Week" Thank you especially to Rena "Deshus" Barkley and Randall Scott and the casino for your support on making our staff feel very special. Our teachers received something from them every day. Coffee, doughnuts, pizza, sub sandwiches, beautiful gifts were just some of the items that the teachers received. We appreciate your support, Elwha River Casino, thank you!





Child Care

LOWER ELWHA CHILD CARE

The Children's House of Learning / 291 Spokwes Drive / Program Director Bobi Clark

Phone (360) 504-3141 / Fax: (360) 504-3651

Infant (Ducks) Teacher Catherine

Enrollment Openings

The Infant classroom currently has 1 spot available

Stop by and grab a registration packet or give us a call and we can send one via Email.

Toddler (Hummingbirds)

If you would like to apply to be the Lead Teacher in our Toddler room, please visit www.elwha.org and fill out an application.

Preschool (Wolves) Teacher Cassie

Yay! It's starting to finally get warm, and the WOLVES class is ready to celebrate. For the month of June, we will be doing a bunch of hands-on outdoor activities like gardening. Our class will also be doing an 'I See, I wonder, It Reminds me of' outdoor game by using our senses and communication skills to find flowers and tell one another what we see/notice about them. ☺

- Teacher Amy and Teacher Cassie
Teacher Cassie will be leaving us in June and we wish her well on her next adventure and future career path!

We would like to Thank Bernice for her many years here at Child Care. Congratulations on your retirement and we wish you the best on your new journey! You will be missed.



Clothing Closet Open Every Tuesday



9:00 – 1:00



NatureBridge



Elwha Summer Science Camp

Elementary School Day Camp (Going into 4th/5th/6th grade) June 20 - June 24, 2022

Enrich your summer by coming to NatureBridge for 5 days this summer to participate in science and cultural activities! Transportation, lunch, and wilderness supplies provided.

Daily Schedule:

June 19th: Meet at Swain's at 5:00 pm to pick out your hiking shoes.

June 20th-24th: Meet at Tribal Center at 9:00 am each day to go to NatureBridge. Students will return to the Tribal Center each day by 4:45 pm. We will have cultural and science activities with the help of NatureBridge staff and Elwha Language and Culture staff.

Interested in registering? Pick up and turn in the permission slip to Kristina Cain at Dry Creek Elementary. There are only 14 spots available (first come, first served, LEKT members get priority).

Questions? Contact the Education Department – 360-452-8471 Ext. 7425 or email jessica.egnew@elwha.org or kristina.cain@elwha.org



Library

Come to the Library for Fun and Educational Programs All Summer Long!

We have some fun plans for June and beyond in the Library, so make sure to check back in the News-letter for announcements for July and August. The most up-to-date announcements, including those for June can also be found on the Library's webpage, <https://www.elwha.org/departments/elwha-library/>. June is Great Outdoors Month, and Librarian Jason is planning some fun activities to celebrate the Great Outdoors. Final plans for those programs are TBA and will be announced on the Library webpage and on the Lower Elwha Announcements Facebook page.

Also coming in June, courtesy of the Washington State Library, is the NASA @ My Library STEM kit, which includes materials to facilitate learning about the solar system and the wider universe. The kit will be available starting June 20th, with programming available on a drop-in basis, along with scheduled, more in-depth programs, schedules TBA.

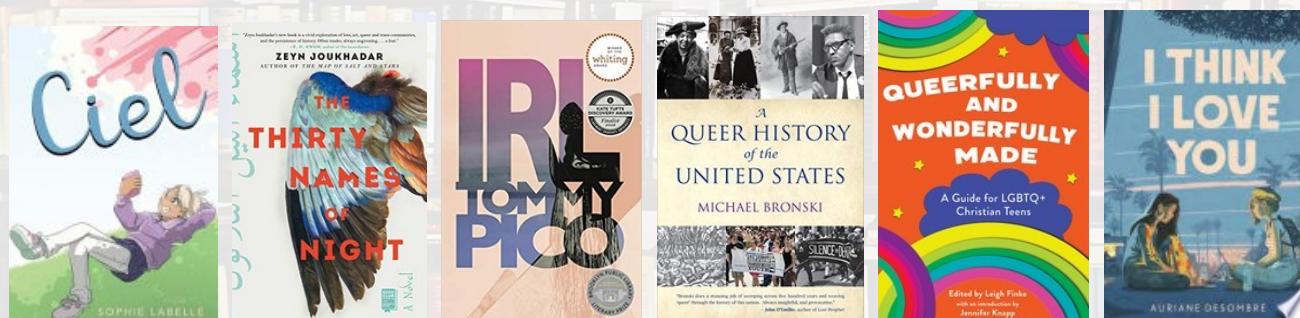
Celebrate LGBTQ+ Pride Month in the Library

June is LGBTQ+ Pride Month and the Library is celebrating by featuring books by and about LGBTQ+ people.

Ciel, by Sophie Labelle: "Ciel, a gender non-conforming transgender kid with a popular YouTube channel, navigates high school, friendship, and a long-distance relationship. A book for middle graders about a trans character that doesn't focus on the character's transition, or dwell exclusively on negative aspects of being trans."

IRL by Tommy Pico (Kumeyaay Nation): "Composed as a long text message, this poem asks what happens to a modern, queer indigenous person a few generations after his ancestors were alienated from their language, their religion, and their history."

A Queer History of the United States by Michael Bronski: "A Queer History of the United States is groundbreaking and accessible. It looks at how American culture has shaped the LGBT, or queer, experience, while simultaneously arguing that LGBT people not only shaped but were pivotal in creating our country. Using numerous primary documents and literature, as well as social histories, Bronski's book takes the reader through the centuries--from Columbus' arrival and the brutal treatment the Native peoples received, through the American Revolution's radical challenging of sex and gender roles--to the violent, and liberating, 19th century--and the transformative social justice movements of the 20th."



These are just a few of the titles featured this month, so stop by and check out our wonderful collection of LGBTQ+ books!



Vaccine Promotion

Lower Elwha Klallam Tribe



YOUTH

5-11 year old

COVID-19 Vaccine Promotion

\$200 Walmart gift card (1st 2 shots)

\$100 Walmart gift card (booster shot)

ELIGIBILITY

COVID-19 Fully Vaccinated

5-11 year old:

- Enrolled Lower Elwha Klallam Tribe members,
- Lower Elwha descendants (first generation),
- Household members of Enrolled Lower Elwha Klallam Tribe members,
- Household members of Lower Elwha Klallam Tribe employees

-Must provide proof of vaccination-



Apply at www.tinyurl.com/elwha5-11



Planning



Arlene Wheeler, Planning Department Director
Delsen Lauderback, Grant Writer/Planner Trainee

The Planning Department is looking for skateboarders, skaters, BMX scooter riders and WCMX athletes to help plan and design a new skate park! The Skatepark Project is a foundation started by Tony Hawk with the primary mission to help underserved communities create safe and inclusive public skateparks for youth. The Skatepark Project funds skateparks that:

- Are designed and built from concrete by qualified & experienced skatepark contractors
- Include local skaters throughout the planning, fundraising, and design process
- Are in underserved areas
- Don't require skaters or their parents to sign waivers
- Encourage skaters to look after their own safety & the safety of other without restricting their access to the park or over-regulating their use of it.

Skate Park Meeting – Monday June 13 – Gathering Place at the Upper Rez
4 pm to 6 pm

**** Pizza and drinks will be served ****

What is an Indirect Cost Rate?

An Indirect cost rate is the ratio between total indirect expenditures and direct cost base. This rate is used within the boundaries of sound administrative principles, what proportion of indirect cost each program should bear. An indirect cost rate is negotiated with the Department of the Interior, Interior Business Center (IBC) through Tribe's Indirect Cost Rate Proposal. The IBC reviews the proposed rate to make sure that the Indirect Cost is being applied/allocated fairly across Tribal Funds, Federal Funds, State Funds and other Grant funds.

The Indirect Cost Rate Proposal is supported by budgets and actual expenditures of the departments funded by Indirect Cost, and budget and actual expenditures of Tribal Funds, Federal, State and other Grants funds. It is also supported with the audited financial statements.

- Indirect cost mainly address operational needs, such as overhead, maintenance and administrative costs.
- Each grant that the tribe applies for is charged indirect cost at the percent of the Tribe's negotiated rate. The tribe can only utilize indirect cost if is approved negotiated and approved by the Department of the Interior, Interior Business Center.

Some funding agencies only allow a certain percent of indirect cost, it depends on the federal or state agency and the funding requirements.



Coloring Contest

ʔáý sčáy to our Lower Elwha COVID-19 Vaccine

COLORING CONTEST WINNERS!

Lower Elwha COVID-19 Vaccine
COLORING CONTEST



LOWER ELWHA COVID-19 VACCINE
COLORING CONTEST



Lower Elwha COVID-19 Vaccine
COLORING CONTEST



Lower Elwha COVID-19 Vaccine
COLORING CONTEST



Lower Elwha COVID-19 Vaccine
COLORING CONTEST



Lower Elwha COVID-19 Vaccine
COLORING CONTEST



2 Years old and under:

Isla McMahon—1st place

Isaac Gildow—2nd Place

9-10 Years Old:

Shyana Manuel—1st Place

Valerie Charles—2nd Place

3-4 Years old:

Jonathan Ermineskin—1st Place

Oosha Goldsbury—2nd Place

11-13 Years Old:

Elsie Kilmer—1st Place

Isaac Charles—2nd Place

5-6 Years Old:

Ellie Gildow—1st Place

Vanna Tom—2nd Place

14-16 Years Old:

Rayin Blewett—1st Place

Rylan Sampson—2nd Place

7-8 Years Old:

Zyrriah Lock—1st Place

Tiadosa Tom—2nd Place

18 Years Old +

Tiana Fieldsend—1st Place

Christina Sampson—2nd Place

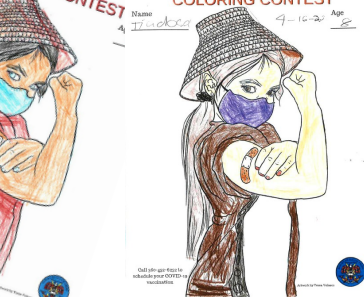
Lower Elwha COVID-19 Vaccine
COLORING CONTEST



Lower Elwha COVID-19 Vaccine
COLORING CONTEST



Lower Elwha COVID-19 Vaccine
COLORING CONTEST



Lower Elwha COVID-19 Vaccine
COLORING CONTEST



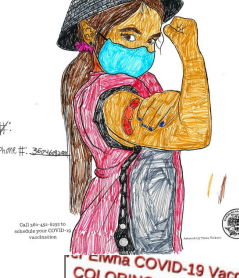
Lower Elwha COVID-19 Vaccine
COLORING CONTEST



Lower Elwha COVID-19 Vaccine
COLORING CONTEST



Lower Elwha COVID-19 Vaccine
COLORING CONTEST



Lower Elwha COVID-19 Vaccine
COLORING CONTEST



Lower Elwha COVID-19 Vaccine
COLORING CONTEST





Community News



**Congratulations to Port Angeles Illusion on getting
to Space Coast Cup!
6/22—6/26 Super Regional Championship in
Melbourne, FL!!
Love You, Grandma**



**Happy Birthday to Ryan James, Leanne Moyle, Mike McFadden,
Bill Cagey, Deacon Charles, Shadow-man Ellis, and Zayden
Oatfield.**



**Congratulations to Oliver Martinez for
being selected to participate in the
Dream All-American Future Stars
Showcase at Cowboy Stadium in Dal-
las, TX! Your whole tribe and family
are so proud of you. We love you, and
keep up the good work. Dreams don't
come easy.**



**Congratulations Payton Cagey
on earning your first Letter in HS Baseball!**





Housing



Join our team! We are looking to hire three motivated people to fill the position of an Accountant, Temporary Maintenance Assistant, and a Resident Services Coordinator. You can find a full job description for any of these positions on elwha.org or indeed.com. If you have any questions concerning these openings, please contact us by phone at 360-457-5116 or email Janet at Janeth@elwhahousing.com

Congratulations Jennifer Hutto on being promoted to Executive Director of the Lower Elwha Housing Authority! We are so excited to see what the future holds!



We are collaborating with Social Services, The Mental Health Program, Public Works, and the Ground Crew to clean up the reservation. There will be several opportunities this summer to volunteer at these Community clean-ups

If your house has already been inspected, maintenance will be reaching out to schedule repairs that were noted. If your house has not yet been inspected and is in need of repairs, please call the main office to create a work order.

Free dump funds are still available. Please utilize this opportunity!



If you still have an expired fire extinguisher, please bring it to us and we will exchange it for a new one free of charge.

We have 10 small mailboxes leftover for anyone who needs one. Give us a call or stop by and get one!



ATTENTION FAMILIES WITH HOMES THAT WERE BUILT IN 1994

We still have leftover cabinets, drawers, and one lazy susan. This is your last chance to take these home free of charge. The Housing Authority will keep these items until the end of June. Any leftover material will be disposed of. Feel free to call us at 360-457-5116 if you have any questions!



Birthdays & Police Blotter

Service Record for L & O	Apr.
911 Hang-Up	7
Abandoned Vehicle	1
Alarm/Alarm Check	4
Animal Calls	2
Burglary	1
Business Check	179
Citizen Assist	10
Citizen Contact	16
Civil	1
Community Oriented Policing	70
Court Paperwork/Service	10
Disturbance	1
DV	3
Follow Up	15
Found/Recovered/Lost Property	3
Frequent Patrol Request	25
Junk Vehicle	3
Mental/ITA	1

Misc. Info/False Reporting	2
Other Agency Assist	29
Parking Complaint	1
Prisoner Transport	3
Report of Open Door/Window	5
Sex Offense/Monitor	2
Suicide/Suicidal	1
Suspicious Person/Vehicle	12
Theft	2
Threats	1
Traffic Control/Emphasis/Hazard	4
Traffic Stops	31
Trespass	2
Vehicle Accidents	1
Welfare Check	1
Warrant Attempts	4
Warrants-Tribal	2
Warrants-Non-Tribal	1
Total	456

**STAFF & ELDER BIRTHDAYS!**

6/1 Tashena Francis

6/3 Mary Klock

6/5 Mary Rose Larson

6/7 Katie Allen

6/7 Christin Newton

6/10 Alisha Adams

6/11 Dawn Travelstead

6/12 Corina Clifford

6/14 Amy Johnson

6/16 Yolanda Cambridge

6/16 Maurice Raub

6/18 Gretchen Van Blair

6/22 Caleb Lucas

6/26 Janet Cameron

6/28 Christina Sampson

6/28 Diane O'Hara

6/28 Halie Wilson

6/29 Jim Bolstrom

6/29 Garth Hopie

6/30 Jessica Wright

6/30 Angela Raycraft



Resolution List

Date	Resolution Number	Title	Vote		
			For/Against/Abstain		
5-17-22	37-22	Preliminary negotiations for update of the 2007 waste agreement with the City of Port Angeles	3	0	0
5-17-22	38-22	Approval of LEKT youth wellness support program	3	0	0
5-17-22	39-22	Approval of audit and nonattest services between the LEE d/b/a LEFF and Cedar box smoke shop and Moss Adams LLP as of and for the years ending Sept. 30th 2021, 2022, and 2023, with a limited waiver of sovereign immunity	3	0	0
5-17-22	40-22	Adoption of LEKT fishing ordinance third edition of 2007, as revised by resolution 45-14, 27-21 and 13-22	3	0	0
5-17-22	41-22	Approval of contract for educational services provided by Careerstep for the LEHD	3	0	0
5-16-22	42-22	Appointment for ATNI Delegate and alternates	2	0	0

**5-11 COVID
BOOSTER
SHOTS**



**CALL LEHD TO SCHEDULE!
360-452-6252**

COVID Vaccine Support Program, \$100 Walmart gift
card for booster shots





Tribal Directory

Tribal Center

2851 Lower Elwha Road
Port Angeles, WA 98363
360.452.8471

Executive Director

Tonya Greene, Ext. 7469

Tribal Operations Officer

Tia Skerbeck, Ext. 7420

CFO Froilan Sarmiento, Ext. 7463

Accounting

2851 Lower Elwha Road
Melissa Gilman, Grants
Administrator Ext. 7461
Jo Klinski, Controller/Payroll
Ext. 7460

Cedar Box Smoke Shop

4779 S Dry Creek Road
Leif Ellis, 360.477-1170

Children's House of Learning (Early Head Start, Head Start, Child Care, Prenatal Program)

291 Spokwes Dr
360.504.3141
Lola Moses, Interim Early Learning
Director Ext. 7471
Bobi Clark, Child Care Program
Manager Ext. 3402
Deanna Murray, Health Manager
Ext. 7470
Michelle Charles, Family and
Community Partnership Ext. 7474
Donna Goldsbury, Prenatal
Program Ext. 7475

Education

Jessica Egnew, Director Ext. 7425

Elwha Peaks Cannabis

4775 S Dry Creek Rd, Port Angeles
360.912.3469

Elwha River Casino

631 Stratton Road, 452.3005
Mike Watson, General Manager

Elder Services

Samantha Acosta, Coordinator
Ext. 7466

Employment Services/HR/TERO

Sandra Johnson, Director Ext. 7429

Enrollment Services

Marilyn Edgington, Ext. 7444

Facilities & Maintenance

Warren Stevens, Director Ext. 7432

Gaming Commission

631 Stratton Road
360.452.5628
Elaina Begay, Director

Health Clinic

243511 Highway 101 West
360.452.6252
Lorinda Robideau, Health Services
Director

Heritage Center

401 E. First Street, 360.417.8545
Nicole Volkmann, Manager
Ext. 2912

Human Resources

Ext. 7430



Housing Authority

22 Kwitsen Drive, 360.457.5116
Janet Hren, Interim Director
Ext. 7552

Information Technology

Ken Giersch, Director Ext. 7541

Justice Center/Tribal Court

341 Spokwes Drive
360.452.6759

Klallam Counseling Services

243613 W Hwy 101, Port Angeles
360.452.4432
Stormy Howell, Treatment
Manager

Law & Order/Police Dept.

Justice Center

341 Spokwes Drive
360.452.6759
Sam White, Chief of Police Ext.
2922

LOWER ELWHA FOOD & FUEL

360.477-1170

Natural Resources/Fish Hatchery

760 Stratton Road
360.457.4012
Matt Beirne, Director Ext. 7485

Planning & Development

Arlene Wheeler, Director Ext. 7437

Prevention Health/GYM

Jason Wheeler, Ext. 7440

Social Services

3080 Lower Elwha Road
360.565.7252
Becca Sampson-Weed, Director
Ext. 7456



BUSINESS COUNCIL



Frances G. Charles
Tribal Chairwoman, Ext. 7411



Russ Hepfer
Vice Chairman, Ext. 7412



Ed Johnson
Secretary/Treasurer Ext. 7414



Steve Joaquin Robideau
Council Member, Ext. 7413



Anthony Charles
Council Member, Ext. 7415

Dates to Remember:

6/7 Head Start Regalia Pictures
6/8 High School Graduation Parade
6/13 Skate Park Meeting
6/15 Head Start Graduation Parade
6/15 End of the School Year BBQ
6/19 Father's Day
6/20-6/24 Elwha Science Education Program
(4th—6th grade)



WOULD YOU RATHER NOT RECEIVE A PAPER?

We are evaluating the level of Interest for emailed newsletters. If you would rather not receive the newsletter by mail, please contact Chrissi Ducotey by email (chrissi.ducotey@elwha.org). She will begin to gather a list of those who prefer to receive electronic files only, and we will determine if this is a workable option.

**Newsletter submissions and suggestions may
now be received at
Newsletter@Elwha.org**

Lower Elwha Klallam Tribe
2851 Lower Elwha Road
Port Angeles, WA 98363

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ELWHA NEWS
Lower Elwha Klallam Tribe
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“THE STRONG PEOPLE”

The *Elwha News* is a monthly publication of the Lower Elwha Klallam Tribe to inform, educate and stimulate interest in the Tribe and community affairs. It also raises awareness and respect for the Reservation and its resources. For news articles, please send to the address below by the third Friday of the month.

Chrissi Ducotey
Administrative Education & Training
Specialist
Elwha Klallam Heritage Center
401 E First St
Port Angeles, WA 98362
Phone: 360.417.8545
Chrissi.Ducotey@elwha.org

Note: This newsletter is uploaded monthly to the Lower Elwha Klallam Tribe webpage elwha.org

You can find it under the “Announcements” section titled: **Newsletter**

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