May 2022



Elwha News

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LOWER ELWHA KLALLAM TRIBE









On the morning of April 7th, staff from LEHD and KCS headed out to our first community clean-up. We were able to cover the majority of the roadsides on the Upper. We collected a total of 200 lbs. of garbage, 5 syringes, and 3 broken pipes in about 2 hours. We will be organizing some more clean-up days in the near future. If you are interested in joining us next time please contact Jessica Peterson at (360)452-4432 x7515.



Tribal Operations/Public Health Office Update

We are still in Phase 4 of our Re-Opening Plan and Yellow for mask wearing.

We're still in Phase 4 of the COVID reopening plan. Gatherings outdoors with unlimited number of participants, and gatherings indoors with no more than 40 people.

Are We Still Doing The Vaccine Support Program?

The adult vaccine support program ended. Youth and kids are still eligible for the vaccine support program www.elwha.org/COVID

Free COVID Tests

<u>Federal Government</u> is offering free COVID tests that can be delivered through the US Postal Service. To order your free tests visit: https://www.covidtests.gov/

<u>State of Washington</u> is offering Free COVID tests as well, they can be ordered here: https://www.sayyescovidhometest.org/

<u>Lower Elwha Klallam Tribe</u> is also offering free COVID tests for local community members that have a recent exposure or symptoms. To request the test to be dropped off at hour local home visit: https://app.smartsheet.com/b/form/7e651f2fbeb54e8eac868f98687d50d0
To pick up tests, you can stop by the front desk of Social Services or the Tribal Center.

Do We Still Have COVID Cases?

We have had 1 COVID case in the recent 3 weeks! To see case numbers visit elwha.org/COVID When Can Youth Get Their Vaccines?

Youth 5-17 are now all eligible for the Pfizer vaccination. Call the clinic now to schedule! 360-452-6252.

Youth 12 and older and now eligible for the booster dose if it has been 5 months since they completed their primary COVID series. Call the clinic now to schedule! 360-452-6252.

<u>Youth 5 and under</u> are still waiting for emergency authorization approval for the COVID vaccine.

Adult over 50 Second COVID Booster Dose

If you are over 50, call LEHD to see if you are eligible to schedule your 2nd COVID booster shot.

Tia Skerbeck, Tribal Operations/Public Health Officer

Elwha News—May 2022

Tribal Operations/Public Health Office Update

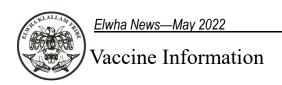
Lower Elwha Klallam Tribe's COVID-19 Pulling Forward Together Plan

The Tribe has established the below COVID-19 phased approach to opening government offices and modifying physical Distancing measures.

Distancing measures.					
	Phase 2	Phase 3	Phase 4		
	Minimum time at each phase is 2 weeks	Minimum time at each phase is 2 weeks	Minimum time at each phase is 2 weeks		
High Risk Populations	-Resume public interactions, with physical distancing and KN95/N95 mask	-Resume public interactions	-Resume public interactions		
Recreation	-Outdoor recreation with up to 7 members of same household	-Outdoor recreation activities up to 20 people	-Outdoor recreation activities unlimited participants		
	-Indoor recreation with up to 7 members of same household by reservations in gym. Masked when not exercising	-Indoor recreation, up to 20 in the gym	-Indoor recreation, no more than 40 participants		
Education	-Indoor afterschool education up to 7 students, wear 3-ply disposable masks and physically distanced	-Indoor afterschool education up to 10 students.	-Indoor afterschool education up to 15 participants		
Culture	-No outdoor culture classes	-Outdoor classes, up to 20 people	-Outdoor classes, unlimited people		
	-Indoor classes up to 7 members of same household by reservation in culture classrooms. Wear 3-ply disposable masks	-Indoor classes up to 20 people in culture classrooms.	-Indoor classes up to 40 people in culture classrooms		
Social	-Outdoor social gathering with no one from outside your household	- Outdoor social gatherings with no more than 20 people	- Outdoor social gatherings with unlimited people		
Gatherings	-Indoor social gathering with no one from outside your household	-Indoor social gathering with no more than 20 people.	-Indoor social gathering with no more than 40 people		
Travel	Limited non-essential travel within proximity of your home	Continue non-essential travel within the State of Washington	-Follow CDC's COVID-19 travel guidelines		
Gov't workplace	Staff in shared workspaces (physically distanced)	Staff in shared workspaces (physically distanced)	Staff in shared workspaces		
	-3 ply paper disposable mask/K95/KN95 mask at all times in office	-Increased COVID testing protocol for staff and some program participants	-Increased COVID testing protocol for staff and some program participants		
	-Increased COVID testing protocol for staff and some program participants	- Offices open to the public	- Offices open to the public		
	- Offices open to the public	-Resume general community meetings in dining hall or gym	-Resume general community meetings		
	-ICW follow additional COVID protocol	-ICW follow additional COVID protocol	-Resume ICW functions with additional COVID protocol		
Masks		Follow Approved Masking Guidance	Follow Approved Masking Guidance		
COVID	-Contract tracing for all LEKT community	-Contact tracing for staff, HOL student, Elder	-Contact tracing for staff, HOL student, Elder		
Response	cases	involved cases, and outbreaks	involved cases, and outbreaks		
	-Isolation/quarantine support as requested	-Isolation/quarantine support for cases with elders, immunocompromised, and infants	-Isolation/quarantine support for cases with elders, immunocompromised, and infants		

impacted

impacted



LEKT COVID Masking Guidance

	Community, Staff, Customers, Visitors	Staff that work with high risk populations or those unable to vaccinate	High Risk Populations	LEHD Staff, patients, and anyone in LEHD facilities	Transportation in shared vehicles for work or program use	You are COVID Exposed or have a COVID positive household member
GREEN	Mask Optional	Mask Optional	Talk to your healthcare provider about best mask option for you	• Follow Federal mandate	Mask Optional	Wear 3-ply paper disposable mask for 10 days from exposure to positive person.
YELLOW	Mask Optional Recommend wear 3-ply paper disposable mask when unable to distance 3 feet from others	Wear 3-ply disposable mask while working with high risk or not eligible to vaccinate	Talk to your healthcare provider about best mask option for you	• Follow Federal mandate	Wear 3-ply paper disposable mask	Wear 3-ply paper disposable mask for 10 days from exposure to positive person.
	• Wear 3-ply paper disposable mask at all times	Wear 3-ply paper disposable mask	Wear N95 or similar type mask	• Follow Federal mandate	Wear N95 or similar type mask	Wear 3-ply paper disposable mask for 10 days from exposure to positive person.

TOO-CDS 3/11/22







Vaccine Information

completing the primary series of At least 5 months after Pfizer vaccine.

> booster dose to be up to date Everyone 12+ should get their

> > Pfizer

If you got...

Adults 18+ can get a booster dose

Which booster?

Can I get a second booster?

When should I get a booster?

Who's eligible?

of any mRNA COVID-19 vaccine.

Children 12-17 should get a Pfizer

booster at least 4 months after

receiving the 1st booster.

Everyone 50+ may get a 2nd

booster.

completing the primary series of At least 5 months after Moderna vaccine.

booster dose to be up to date.

Adults 18+ should get their

Moderna

If you got...

A booster dose of any mRNA

COVID-19 vaccine.

booster at least 4 months after

receiving the 1st booster.

Everyone 50+ may get a 2nd

completing the primary series of At least 2 months after J&J vaccine.

booster dose to be up to date.

Adults 18+ should get their

Johnson &

If you got...

Johnson

primary and booster dose may get a 2nd booster at least 4 months received a J&J vaccine for their after receiving the 1st booster. Everyone 50+ and those who

any mRNA COVID-19 vaccine. A booster dose of any mRNA

vaccine is preferred over J&J for 1st booster. 2nd booster may be Westington State Department of Health Health

If you are moderately or severely immunocompromised guidelines will vary.

doh.wa.gov/Emergencies/COVID19 | April 4, 2022

ALSO HIRING FOR:

Summer Youth Coordinator





For more details, please call:

Brandy Williams, HR Professional 360-452-8471, 7427.

We're gearing up for the Summer Youth Program for

Summer of 2022

Who can apply?

- Youth ages 14 18 years old.
- Enrolled Elwha or other Native.
- First generation descendent of an enrolled parent.

Who are we looking for?

- Youth who want to acquire new skills.
- Youth who want to work hard and make money.

Our Goals:

- Help teach our Youth great work ethics.
- Help our Youth gain important tools to obtain and retain jobs.
- Get our Youth further acquainted with our community.

What to expect:

- Be aware of the application deadline (tentative date: week of June 22nd).
- We may create two groups of Summer Youth depending on how many applicants we get.
- We want the Youth to get their hours (120) within a specified period.





Making Middle School Real

- Teamwork
- Hands-On Projects
- Professional Guest Speakers

Class Options for Next School Year

STEM-X Local

Get Outside Restore Our Wetlands ID Plants & Animals





STEM-X Careers

Choose a Career Watch Video Interviews Red Cross Certification





stevens.portangelesschools.org/stemx

2022 Lower Elwha Klallam Tribe Business Committee and Chairperson Elections

One (1) Tribal Business Committee positions will be elected this year, the positions currently held by Frances G. Charles. The election will be held from the list of eligible tribal members who accepted their nomination for the 2022 Election, or voters may write in the name of any person who is eligible to hold office as an alternative to voting for a nominated candidate. The other members of the LEKT Business Committee are Russell N. Hepfer and Edward Johnson (whose term expires 2023), Anthony Charles and Steve Joaquin Robideau (whose terms expire in 2024).

The Election Committee of the Lower Elwha Klallam Tribe herby gives notice of the schedule for the 2022 elections, as follows:

Monday, April 4, 2022 – Nominations for Business Committee Candidates, 7:00 PM, at the regularly scheduled Community Council Meeting at the Lower Elwha Tribal Center. If a quorum is not present, the Election Committee will conduct the nominations.

Wednesday, April 6, 2022 – Deadline to Submit Acceptance of Nomination. Rule 5.3 of the 2022 Election Rules and Regulations requires any nominated candidate to provide written acceptance of the nomination in order to be on the ballot. If a nominee fails to provide this written acceptance by that deadline, his or her name will not appear on the ballot, but will still be eligible for election to the Business Committee as a write-in candidate. Written Acceptance of nomination may be submitted in one of three ways: (1) at the Community Council Meeting on April 7, 2022, by handing in the completed acceptance form to the Election Committee; (2) by sending the completed form in an email to election@elwha.org not later than 5:00 PM on April 6, 2022; or (3) by delivering to the Election Drop Box at the Elwha Justice Center by not later than 5:00 PM on April 6, 2022.

Saturday, May 7, 2022 – Election of Business Committee Member. There will be a polling place at the Tribal Center, which will be open from 9:00AM to 5:00 PM for in-person polling. Mail-in ballots will be also be used. All mail-in ballots must be received at the official post-office box or the polling place by Election Day (May 7, 2022). Any ballots not received by Election Day WILL NOT be counted, regardless of when they were mailed.

Saturday, May 28, 2022 – Election of Chairperson. There will be a polling place at the Tribal Center, which will be open from 9:00AM to 5:00 PM. for in-person polling. Mail-in ballots will be also be used. All mail-in ballots must be received at the official post-office box or the polling place by Election Day (May 28, 2022). Any ballots not received by Election Day WILL NOT be counted, regardless of when they were mailed.

The 2022 Election Rules and Regulations have been adopted by the Election Committee in accordance with the Tribal Constitution and have been mailed to all tribal members of voting age, and are also available on www.elwha.org.



Food Bank & Elections

From the corner of Spokwes Drive...

Lower Elwha Food Bank!

Wishing all you momma's a very Happy Mother's Day.

I am pleased to announce that I am at the Upper Elwha a little longer on Wednesday's.

At the beginning of April 2022 Food Bank received 10 Charlies Produce boxes of fresh produce.

They will be delivered 1 time a month until end of June 2022. I will post on Elwha Announcements when I receive the boxes in May 2022. They are a 1st come for serve, no holds.

If you have any suggestions, question, comments or concerns please feel free to stop by the food bank, call or email me.

I would like to hear from the community on what days & hours would be best to serve you.

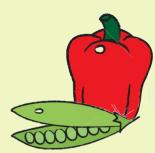
I also would like to ask our Elwha elders if a time and day would be best for just elders to come in

and utilize the food bank. I would be pleased to set a day & time just for elders.

And to remind everyone that you do not have to fill out the application on line. You are welcome to fill it out at the Food Bank.

Food Bank Days & Hours

Monday's 1:30 p.m. – 5:30 p.m. Tuesday's CLOSED Wednesday's 12:30 p.m. – 4:00 p.m. Upper Elwha (Vet Center) Thursday's 9:30 a.m. – 1:30 p.m. Friday's 9:30 a.m. – 1:30 p.m.



Dorene Charles

Food Bank Coordinator (360) 452-8471 ex 7690 Mailing Address: 3080 Lower Elwha RD Port Angeles, WA. 98363 Physical Address: 22 Spokwes Drive Port Angeles, WA. 98363



IMPORTANT ELECTION COMMITTEE ANNOUNCEMENT

There is a vacancy on the LEKT Election Committee.

A single sign-up sheet will be posted in the tribal center lobby beginning on April 8, 2022 until May 15, 2022.

All interested parties should print their name on the sign-up sheet and submit a letter of interest to the Tribal Council Executive Assistant by May 15, 2022.

Tribal Council will then appoint a new member to the LEKT Election Committee.



Nutrition & Diabetes

APRIL 2022 NEWSLETTER

KLALLAM STRONG: NUTRITION & DIABETES NEWSLETTER

Dawn Travelstead, RD, MS,CDE, Lower Elwha Health Clinic



Diabetes		HbA _{1c}	mg/dL	mmol/L
Control	@ v	14.0	380	21.1
Card	0 1	13.0	360	19.3
	A 91	12.0	315	17.4
	8	11.0	280	15.6
	- 8	10.0	250	13.7
	1 1	9.0	215	11.9
	8			
	8			
	♥ :1	6.0	115	6.3
	e	5.0	80	4.7
		4.0	50	2.6

Outsmarting Diabetes

Ways to keep your blood sugar in range of 70-180!!!

Why is this important? Reduces your risk or nerve damage, eye/ heart/kidney disease.

- Go for a 10-15 minute walk
- Get more sleep
- Try intermittent fasting
- Drink more water
- Reduce your stress
- Get into a routine
- Try a low-carb (not extreme) diet
- Make your quarterly PCP visits and your diabetes educator is also available

Did you Know?

Broccoli – 33% of its calories come from protein! Also contains vit. C, potassium, Vit. K and loads of fiber.

Add parmesan cheese or roast with olive oil, yummy!



Culinary Medicine:

The Benefits From Fish Oil and Omegas 3 fats!

Eating omega 3 fish (tuna/salmon/trout/sardines) 2 times a week is currently recommended, but do you know why?

Eating fish or taking a supplement is shown to reduce your risk of the following:

- Fatal heart attack by 35%
- Decrease your triglycerides by as much as 50%
- Cardiovascular disease by 39%
- Developing autoimmune disease by 25%

Other benefits:

- Omega 3 fats also play a huge role in brain and mental health
- Decreases chronic inflammation caused by diabetes, overweight, dementia and cancer.

How much should I take in a supplement?

Between 1500-2000 mg of a mix of EPA/DHA

Non-fish sources: walnuts, chia/flax seed

Don't forget to schedule your diabetes quarterly.

If you would like a nutrition session, please call me @ 360-912-1500.



April was Oral Cancer Awareness Month

April was Oral Cancer Awareness

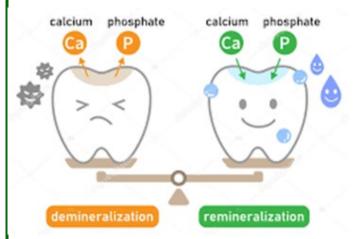
Month. Oral cancers are most common in older adults, particularly in people older than 55 years who smoke and are heavy drinkers. Letting go of tobacco use and excessive alcohol consumption will help prevent oral cancer from developing. Early detection is key to increasing the survival rate for these cancers.



Human papillomavirus (HPV) is thought to cause 70% of cancers in the back of the throat, including the base of the tongue and tonsils (called oropharyngeal cancer). HPV vaccination could prevent more than 90% of these cancers from ever developing. HPV vaccination is recommended at **ages 11-12 years** old and can be given starting at 9 years of age. More info here: https://www.cdc.gov/vaccines/vpd/hpv/public/

Minimally Invasive Dentistry

Did you know teeth can heal? We tend to think about teeth being somewhat unchanging—but they are as much alive as every other part of us! Teeth with early stages of decay are able to heal their enamel in a process called remineralization.



The dental clinic is proud to implement a variety of techniques that can help your teeth heal themselves. We call this suite of techniques minimally invasive dentistry because we can treat problems without invasive treatment like shots (anesthesia) and drilling. Early detection is key, if tooth decay goes too far then the more invasive options become the only way we can repair teeth and get you out of pain.

Even if it's been a while since you have been to the dentist, we would love to see you! We pride ourselves in creating a caring and non-judgmental environment for your čáns to get the love they need.

?a?á?il nəxwnənəčíŋəs ?iyəm'?a?yəcltáyŋxw Beautiful smiles. Strong people.

THE BRAVE WOMAN OF PYSHT

As told to Adeline Smith & Beatrice Charles by Tim Pysht

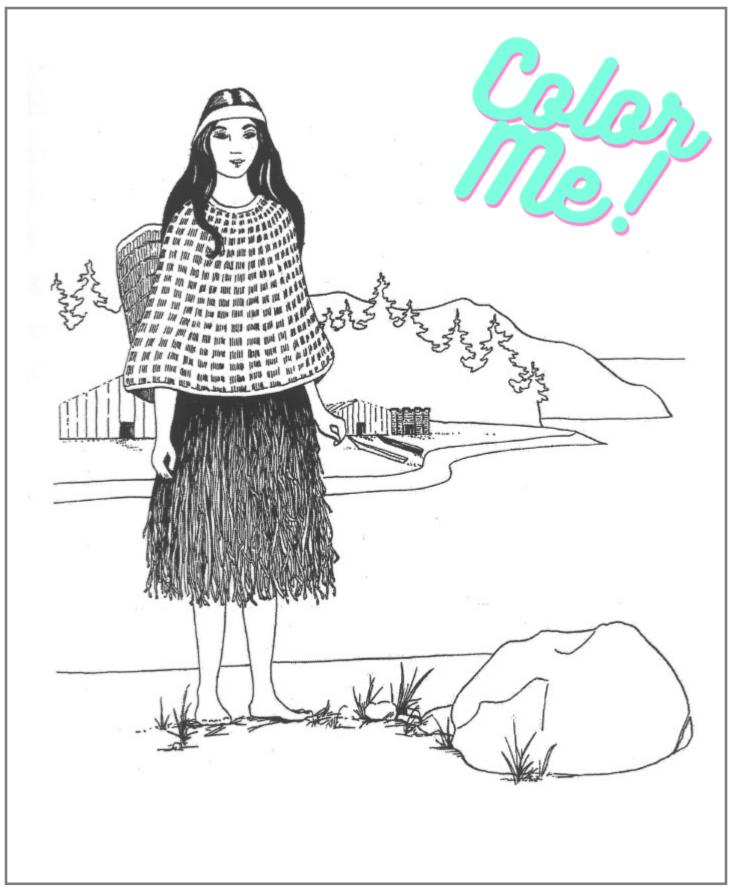
This story takes place in the Klallam Village of Pysht. An historical event took place during a time of much turmoil and change in the Pacific Northwest. With the arrival of trading, the lives of Native Peoples were changing and this caused much inter-tribal warfare. This is when many villages started to disband and move to larger village sites. The village of Pysht was an exception. Although many men were lost in warfare, the women stood their ground and protected their village and homes. Many of our Elders were born at the village of Pysht, it was a thriving village until the 1920's when the village was bulldozed and burned to the grounds. Most of the people who lived there at the time were moved to Elwha. This story of the Brave woman of Pysht was past down from Tim Pysht, $\frac{1}{2}$ amtiyáča? (who lived at Pysht) to his granddaughter, Beatrice Charles $\lambda'(\lambda)$ ixá?. She was born at Pysht. In the evening, Bea and her brother would sit by their grandfather's side as he told stories. They would hand him a stick of kindling for him to shave to look like a flower on each end, he would snap it in half and give one to each of the children to put in the kindling box to start a fire the next morning.

Long ago, I was told by my late grandfather +əmtiyáča? about the Brave young woman from Pysht. The Pysht people were being killed by strangers who had just arrived. The boys and men had become few, most had been killed. The elders and young women were very sad, they had no men left to protect them. There was a young woman, named ?ə+?ú+, who said, "We cannot be still! The strangers will come again. So I say let's get ready! They will return and when they get here again we will fight!" The elders agreed so they started to get ready. After the winter passed and summer came there was a young girl who climbed a tree and seen three canoes arriving, she climbed down and ran back to the village. She got there and said, "?ə+?ú+! ?ə+?ú+! The enemy has arrived!" So ?ə+?ú+ told the young women, "Hide the elders and the children!" They ran and and hid them in the bushes. Then she gathered the young women and ?ə+?ú+ said, "Do not show yourselves when they land, we will ambush them." Then another canoe got there and they clubbed them again. Then the third one arrived, but they had seen was happening, and turned around and went away. They did not want land. So ?ə+?ú+ said, "Let them go! When they get home they will tell everyone what happened here."

Then they returned back to the village. The elders came forward and they saw that had happened. The elders said to the young women, "Let us drag them out into the deep sea." So they went. And then the elders said, "Those big canoes throw them away, too There are lots of sharks out there." So the young women did as they were told. That is why they say the sharks are good to the Pysht people. They are friends because they were treated well.



Language & Culture



LE Head Start Page 1 o f2 May 2022

Lower Elwha Head Start & Early Head Start

360)- 452-2587 Ext 2 Early Childhood Interim Director—Lola (Ext 1 Child Care Manager/Bobi)

Health Manager: Deanna Transportation: Francess
Education Manager: Lola Prenatal Educator: (Vacant)
Family Community Partnership Manager & Enrollment: Michelle

May 2022

Lower Elwha Head Start & Early Head Start Newsletter

JOBS @ Lower Elwha Head Start

If you or someone knows of anyone looking for a job, please apply.

- Early Education & Disabilities Mgr
- Bus Driver/Teacher's Aide
- Head Start Teacher Aide
- Substitute Teacher's Aide
- ♦ Part Time Cook's Assistant
- ♦ Full Time Prenatal Educator

- * Early Head Start Lead Supervising Teacher
- * Head Start Part Time Shadow Teacher
- * Head Start Teacher's Aide
- * Head Start Floater Teacher's Aide
- * Full Time Head Start Shadow Teacher

Call Head Start: 360-452-8471 x 7471 Interim Director, Lola Moses



Susan Sullivan and her grandchild

Susan is our new LEHS Teaching Coach

am so excited to be working with the Head Start and Early Head Start programs! These are such important years in your child's life. It is my goal to draw on my 30+ years in education to help enrich the learning experiences of our students. It has been so fun getting to know your young learners and I hope to get to know you, as caregivers, a little bit too.

I am from Montana and have been in Port Angeles for over three years. In Montana, I worked with several tribal communities including Crow (Awaasúuchia) and Northern Cheyenne (Meave'ho'eno). For the Teacher Education Program at Montana State University, I taught *Indian Education for All*, helping educators develop lesson plans that included historical and modern activities from each of the Montana tribes.

As the Teaching Coach, I am always open to questions and/or suggestions from aregivers. Please don't hesitate to contact me at usan.sullivan@elwha.org

May 2022

- 13 CLOSED (Holiday) Native American Day
- 30 CLOSED (Holiday) Memorial Day

Head Start

Page 2 of 2: LE Head Start May 2022

Kindergarten Registration is Happening Now!

The Port Angeles School District is accepting applications for Kindergarten starting April 11. If your child turns 5 before September 1st (August 31st or earlier) they are able to enter Kindergarten in the fall. You will need the blue registration form filled out *completely*, a photo copy of the child's official birth certificate, and Certificate of Immunization Status (See Deanna Murray for a copy). We will be giving out copies of the blue registration forms at Head Start, or you can drop by your child's elementary school for one.

What's going on in the Bears' classroom?!

We are learning about all about bugs! In the Bears classroom, we are observing insects up close and comparing the similarities and differences of the wonderful insects outside our classroom door! Here are some pictures of our wildlife explores and the insects they've been looking at.







SAFETY REMINDER

- ⇒ Slow down in our parking lot as kids are often walking through.
- ⇒ Turn off your vehicles when going into building

Happy Spring Ravens' Families! We finished up our Dinosaur theme, which was lots of fun! We are talking about bugs and will do some planting this month. If Deanna hasn't talked to you yet, Kindergarten registration is now going on. We will have some packets available for you to grab and fill out. As many of you have noticed, the weather is acting very Spring-like, sunny, rainy and at times cold, so please remember warm coats since we try and get outside every day! Thank you for all you do.

The Ravens Teachers

LOWER ELWHA CHILD CARE

The Children's House of Learning / 291 Spokwes Drive / Program Director Bobi Clark

Phone (360) 504-3141 / Fax: (360) 504-3651

Infant (Ducks) Teacher Catherine

Enrollment Openings

The Infant classroom currently has 2 spots available

Stop by and grab a registration packet or give us a call and we can send one via email.

Preschool (Wolves) Teacher Cassie

For the month of May, the Wolves classroom will be celebrating the start to a warmer season.... (almost) SUMMER TIME! We will be exploring nature by going on a nature walk, learning about the butterfly life cycle, making butterfly arts and crafts, making flower art and so much more. Teacher Amy and I will be doing lots of hands-on crafts with our students during the month of May. Mother's Day is also right around the corner and we will definitely be making a special gift for that day too. Can't wait!

- Teacher Amy and Teacher Cassie

Toddler (Hummingbirds)

We are sad to say Goodbye to Teacher Lucy, and we wish her well on her next adventure!

If you would like to apply to be the Lead Teacher in our Toddler room, please visit www.elwha.org and fill out an application.

Afterschool (Whales) Teacher Juanita

May Theme: Spring Showers & Blooming Flowers!



Child Care will be CLOSED Monday May 30th for Memorial Day

Please come check out our free <u>CLOTHING CLOSET</u>! <u>Tuesday's from 10:00 – 1:00</u>. We have lots of clothing and shoes in all sizes from Newborn to Adult! Enter at the main entrance, sign in at the desk and enjoy some shopping in



our Whale's classroom. A Huge Thank you to the community for all of the wonderful donations!! If you would like to donate your clean, new, or gently used clothing, please call ahead to see if we have room for your items.

čən'lílu? May Salmon Berry Time

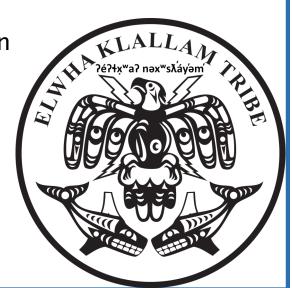


In April the Community Culture classes held were Cedar hat class, Ribbon skirt, Medicine Monday with DR January Austin.

May Classes coming: Cedar Grad caps (dates tbd), MMIW March5/5 down town on front street, Song & Dance every other Tuesday 5/10, 5/24, Land

acknowledgment and singing for Juan De Fuca Festival 5/27 5:30pm 5/28 1pm story telling and necklace making.

Contact Angelina.sosa@elwha.org



Exciting Things Are Happening at the Library this Month!

Thanks to a grant from the Washington State Library and funded through the American Rescue Plan Act, we've been able to go on quite the shopping spree over the last few weeks. The Library has received nearly 200 books so far (with more on the way) and over 20 new DVDs including some popular movies. We've also been able to upgrade our library software so that you can now search our catalog from anywhere any time! This is called an Online Patron Access Catalog, also called an OPAC, and serves as a searchable database of the Library's collection which you can access online.

Using our new Web OPAC, you can not only search our collection, but also places holds on materials you wish to check out, renew materials you already have checked out, and review materials you have checked out and what their due dates are. This is the first time our collection will be searchable from outside the Library, and we are very excited to be able to get the opportunity to provide this new service to you! To access our new website, navigate to www.15339.rmwebopac.com or to www.elwha.org/departments/elwha-library where you can find a link to the site. Please note that in order to manage your account through the Web OPAC, you will need to come in or contact us to set up an online account. As always, email Jason.morris@elwha.org or call 360-452-8471 ex. 7431 to contact us.

In addition to the new Web OPAC, we've also received numerous new books in the last couple of weeks. All of them are exciting new additions to the collection, but among the more exciting of them include:

The 1619 Project: A New Origin Story by Nicole Hannah-Jones, a reframing of US history through the lens of the slave trade and its repercussions down through history

Five Little Indians by Michelle Good (Cree), which recently won the CBC's Canada Reads book competition

Life in the City of Dirty Water by Clayton Thomas-Müller (Cree), which was also shortlisted for Canada

Reads

The Sioux Chef's Indigenous Kitchen by Sean Sherman (Oglala Lakota Sioux), "a rich education and delectable introduction to modern indigenous cuisine of the Dakota and Minnesota territories, with a vision and approach to food that travels well beyond those borders"

And so many others, too many to list here. You can find our new books and DVDs on our new website listed under New Items, and as always, you are welcome to come by for a visit to check out the new materials for yourself!

Elder Book Delivery

We are considering starting a new program at the Library which would deliver books to Tribal Elders weekly or as often as necessary. Participants in the program would select books (either through the Library's web catalog or by contacting us directly) to be delivered to their home and books will be picked up as well when finished. We are currently assessing the feasibility of such a program and would like to hear your feedback to understand how much demand exists for the program. If this sounds like a program you would be interested in participating in, please contact Jason with any feedback you might have. You can visit us during our business hours, Mon-Fri 8am-4pm, call at 360-452-8471 extension 7431, or email jason.morris@elwha.org or jessica.egnew@elwha.org. We look forward to hearing from you!

Our clients may be a person who...

...is working find a better or different job. You may even feel like you are going to get fired soon or the work environment is just not right for you.

...is hoping for a promotion. Perhaps special training or tools are needed.

...wants to go back to school. Or find work while going to college.

...wants to start their own small business, like yard work or house cleaning.

...wants to participate in vocational training such

wants to participate in vocational training such... as Commercial Driver's License or Cosmetology schools.

...wants to get a job on their own but finds they need special tools, clothes, or other costly concessions.

...is a returning client!



Some examples of disabilities that may include barriers to employment:

- Chemical Dependency or Substance Abuse and in Recovery.
- Learning disabilities such as Dyslexia, Attention Deficit Disorder, and others.
- Mental Health disabilities such as Bipolar Disorder, Post Traumatic Stress Disorder, Anxiety, Major Depression, and others.
- Physical disabilities such as Diabetes, Arthritis, Major Injuries, and more.

WHO IS TVR?

Eligibility criteria for entry into the Tribal Vocational Rehabilitation Program:

- Enrolled with a State or Federally-recognized Indian Tribe or Alaska Native Village.
- Have a documented physical or mental disability that results in a substantial impediment to employment.
- Resides on or near the service area between Clallam Bay and Sequim.
- Requires vocational rehabilitation services to obtain, maintain and retain appropriate employment.
 - · Will benefit from our services.

Services may include:

- Assessment to determine eligibility, services and skills
- Guidance and counseling
- · Communication assistance
- Job placement and retention services
- Traditional services
- Community resource counseling
- Transportation services
- Education guidance
- Support services (e.g., clothing, shortterm training, individually based)
- Assistive technology
- · Youth transition services
- · Information and referral
- · Job coaching
- · Individualized care
- Development of a service plan and goals

For More Info, or to Apply Please Contact:

Jim Allen (360) 460-7549

Jim.Allen@elwha.org

Jeremy Acosta (360) 565-7257 x7457

Jeremy.Acosta@elwha.org

Patricia Barros is the new tribal liaison for DSHS.

She is down at social services on Thursday's from 10 AM- 230 PM to help clients apply or renew their food benefits and/or cash benefits, as well as getting a new EBT card. She will take her last client at 2.

Call (360) 565-7257 Thursday morning to verify that she will be at social services.







Lower Elwha Family Advocacy Program

3080 Lower Elwha Road; (360) 460-1745; (360) 775-9346 crisis or noncrisis matters. Office (360) 565-7275 ext. 7453;

E-mail: Beatriz.arakawa@elwha.org

Greetings!

I hope you are enjoying the spring season.

I am pleased to announce that on April 12th the LEKT Business Committee approved Resolution 29-22 Authorization of OVW rural domestic violence, dating violence, sexual assault, and stalking program grant application for FY2022 for LEKT- LEFA –Lower Elwha Family Advocacy Program. Also that afternoon, the Grant Writing Dept. (Arlene, Delsen, and Craig), LEFA (Beatriz) and Social Services Director (Rebecca) completed and submitted said OVW grant application. Thank you very much to each and every one involved, including Monica Henry, Dee Koester at WSC, and Rachel Johnson.

On April 29-May 5, 2022 is National Week of Action for MMIW. Let us remember the hundreds of Missing and Murdered Indigenous Women/People Nationwide. Let's hope they will be found and return home to their loved ones. For those who have passed on, they will put to rest with dignity and respect as they deserves.

As according to WERNATIVE.ORG, study shows that: Native women face murder rates 10 times the national average, Native women face murder rates 10 times the national average, and about 4 out of 5 Native women have experienced violence. The National Crime Information Center reports that, in 2016, there were 5,712 reports of missing American Indian and Alaska Native women and girls, though the US Department of Justice's federal missing persons database, NamUs, only logged 116 cases (https://www.uihi.org/wp-content/uploads/2018/11/Missing-and-Murdered-Indigenous-Women-and-Girls-Report.pdf). In addition, approximately 1,500 American Indian and Alaska Native missing persons have been entered into the National Crime Information Center (NCIC) throughout the U.S., and approximately 2,700 cases of murder and nonnegligent homicide offenses have been reported to the Federal Government's Uniform Crime Reporting (UCR) Program, according to Interior-Press@ios,doj,gov 4/1/2021 https://www.doi.gov/news/secretary-haaland-creates-new-missing-murdered-unit-pursue-justice-missing-or-murdered-american.

What is MMIW/P? Missing and Murdered Women and People movement or advocacy to raise awareness of those you have been missing and murdered (some other refer terms as MMIW, MMIP, MMIW/G, and MMIR).

MMIW = Missing and Murdered Indigenous Women

MMIWG = Missing and Murdered Indigenous Women and Girls

MMIR = Missing and Murdered Indigenous Relatives

MMIP = Missing and Murdered Indigenous People

Do you want to get involve into MMIW awareness? Participate of events in your community. For example, LEFA, other Elwha Programs and few local agencies are collaborating in honoring and remembering the MMIW/P on **Thursday, May 5th in Port Angeles downtown**. A detail information will be sent out to Elwha social media and to Elwha staff email.



No More Missing and Murdered Indigenous Women and Girls/People/Relatives

Resources:

Rape, Abuse & Incest National Network: 1-800-656-HOPE (1-800-656-4673) **National Center for Victims of Crime:** 1-855-4-VICTIM (1-855-484-2846)

StrongHearts Native Helpline: 1-844-7NATIVE (762-8483)

Washington State Missing and Murdered Indigenous Women and People (MMIW/P) Task

Force, annie.forsman-adams@atg.wa.gov; Media Contact, Brionna Aho: (360) 753-2727

Lower Elwha Family Advocacy Hotlines: (360) 460-1745; (360) 775-9346

Elwha Crime Victim Program: (360) 775.5029

Happy Mother's Day (May 8th) and Happy American Indian Day (May 9th)

Sincerely Yours,

Beatriz Arakawa, Program Manager and Victim Advocate

3080 Lower Elwha Rd. Port Angeles, WA 98363

Office: 360-565-7257 ext. 7453; Cellular Hotline 1: 360-460-1745; Hotline 2: 360-775-9346;

Email: Beatriz.arakawa@elwha.org

Assistance to Victims of Domestic Violence, Sexual Assault, Dating Violence, Stalking, and Provide Prevention/Awareness.

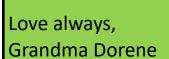
Mission: Victim's Safety and Autonomy through Advocacy and Community Awareness



Wishing my children Jessica & Roger a very happy birthday. I love you



Wishing my amazing grandson's a very happy birthday MarKeith & Jayceon I love you so so much.







Happy birthday wishes to Delicia Cheer, Yenewes Avery, Danielle Cagey, Dan Cagey, Payton Cagey, Sam Hough, Russ Hepfer, Lorna Mike and Samantha Acosta. From Mike & Elaine



"Happy Mother's Day Mama! Thank you for always being there for me! I love you!"

Love, Amy



Happy Sweet 16
Ciara Rain!!!
We love you so much,
Mom and Dad



Email Community News to
Newsletter@Elwha.org by the 3rd Friday of
every month for inclusion into the next
monthly newsletter.







Join our team! We are looking to hire two motivated people to fill the position of either an Accountant or Temporary Maintenance Assistant. You can find a full job description for both of these positions on elwha.org or indeed.com. If you have any questions concerning these openings, please contact us by phone at 360-457-5116 or email Janet at Janeth@elwhahousing.com.

INSPECTIONS





We are preparing for our annual inspections! You are required to have your residence in order according to your lease agreement. We will begin inspections starting May 16th.



We are set to begin mowing yards! In order for us to mow your yard safely and efficiently, we ask that your yard is completely clear of debris. This includes garbage, toys, leashes, and any other miscellaneous items. We are still seeing yards in need of a thorough pickup! There should be NOTHING in your grass! If your yard is not picked up, we will NOT mow it! This includes your ditch area.

Free dump funds are still available. Please utilize this opportunity!





If you still have an expired fire extinguisher, please bring it to us and we will exchange it for a new one free of charge.

We are still seeing direct phone calls to maintenance. Maintenance cannot fulfill residential requests without a work order. To create a work order, please contact Megan in Resident Services. This is necessary to properly document the work you need done and the work that has been completed.

Birthdays & Police Blotter

Service Record for L & O	Mar.	
911 Hang-Up	2	
Alarm/Alarm Check	4	
Animal Calls	4	
Business Check	191	
Citizen Assist	6	
Citizen Contact	6	
Civil	2	
Community Oriented Policing	75	
Court Paperwork/Service	8	
CPS/APS	3	
Disturbance	1	
DV	1	
Field Interview	1	
Follow Up	13	

Found/Recovered/Lost Property	1
Fraud	1
Frequent Patrol Request	17
Junk Vehicle	1
Misc. Info/False Reporting	1
Other Agency Assist	21
Overdue Person	1
Report of Open Door/Window	3
Suspicious Person/Vehicle	5
Traffic Stops	21
Trespass	1
Vehicle Accidents	1
Welfare Check	1
Warrant Attempts	1
Warrants-Non-Tribal	1
Total	394







5/2 Sam Hough 5/10 Russ Hepfer 5/27 Stephanie Lindquist

5/2 Brooke Horn 5/15 Lester (Mo) Moses 5/28 Glen Roggenbuck

5/4 Michelle Charles 5/20 Bernice Ellis 5/30 Suz Bennett

5/5 Jed Johnson 5/23 Samantha Acosta

Date	Resolution Number	LITIA		Vote For/Against/Abstain		
4-12-21	22-22	Approval of recreation and conservation office agreement between the state of Wa. By and through the Salmon recovery funding board and the recreation and conservation office and the LEKT, Tribal project #21-1094.	4	0	0	
4-12-21	23-22	Approval of Recreation and conservation office agreement between the state of Wa. By and through the Salmon recovery funding board and the recreation and conservation office and the LEKT, Tribal project #21-1094.	4	0	0	
3-29-22	24-22	Approval of Intergovernmental Agreement (GCB-3640) concerning the US 101 Elwha River Bridge Construction Project between the Washington State Department of Transportation and the Lower Elwha Klallam Tribe.	4	0	0	
3-29-22	25-22	Wa. Dept. of revenue application for Four properties used for non- economic dev. Essential government function.	4	0	0	
3-29-22	26-22	Waste water line installation under Dry Creek joint permit process with Dry Creek water association and designation of permit agent.	4	0	0	
4-12-22	29-22	Authorization of OVW Rural Domestic Violence, Dating Violence, Sexual Assault, and Stalking Program Grant Application of Fiscal Year 2022.	4	0	0	
4-12-22	30-22	Approval of Professional services contract with Ridolfi Inc. for calendar year 2022.	4	0	0	
4-12-22	31-22	Approval of Amendment no. 4 to memorandum of Understanding between the Lower Elwha Klallam Tribe and the Northwest Fisheries Science Center, NOAA and the U.S. Department of Commerce for the Examination of Resident and Anadromous Fish Communities in the Elwha River, Agreement NO. LEKT 2018-002.	4	0	0	
4-12-22	32-22	Approval of Denton Professional Services Contract.	4	0	0	
4-12-22	33-22	Appoint Tribal Court of Appeals Justice	4	0	0	
4-12-22	34-22	Approval of submission of funding application to salmon recovery funding board for Little Hoko wood restoration.	4	0	0	
4-19-22	35-22	Tribal transportation program agreement with USDI, BIA and FY 22 referenced funding agreement.	4	0	0	
4-19-22	36-22	Approval of personal services contract between LEKT and Natural systems design.	4	0	0	



Tribal Directory

Tribal Center

2851 Lower Elwha Road Port Angeles, WA 98363 360.452.8471

Executive Director

Tonya Greene, Ext. 7469

Tribal Operations Officer

Tia Skerbeck, Ext. 7420

CFO Froilan Sarmiento, Ext. 7463

Accounting

2851 Lower Elwha Road Melissa Gilman, Grants Administrator Ext. 7461 Jo Klinski, Controller/Payroll Ext. 7460

Cedar Box Smoke Shop

4779 S Dry Creek Road Leif Ellis, 360.477-1170

Children's House of Learning (Early Head Start, Head Start, Child Care, Prenatal Program)

291 Spokwes Dr
360.504.3141
Lola Moses, Interim Early Learning
Director Ext. 7471
Bobi Clark, Child Care Program
Manager Ext. 3402
Deanna Murray, Health Manager
Ext. 7470
Michelle Charles, Family and

Community Partnership Ext. 7474 Donna Goldsbury, Prenatal Program Ext. 7475

Education

Jessica Egnew, Director Ext. 7425

Elwha Peaks Cannabis

4775 S Dry Creek Rd, Port Angeles 360.912.3469

Elwha River Casino

631 Stratton Road, 452.3005 Mike Watson, General Manager

Elder Services

Samantha Acosta, Coordinator Ext. 7466

Employment Services/HR/TERO

Sandra Johnson, Director Ext. 7429 341 Spokwes Drive

Enrollment Services

Marilyn Edgington, Ext .7444

Facilities & Maintenance

Warren Stevens, Director Ext. 7432 Stormy Howell, Treatment

Gaming Commission

631 Stratton Road 360.452.5628 Elaina Begay, Director

Health Clinic

243511 Highway 101 West 360.452.6252 Lorinda Robideau, Health Services Director

Heritage Center

401 E. First Street, 360.417.8545 Nicole Volkmann, Manager Ext. 2912

Human Resources

Ext. 7430



Housing Authority

22 Kwitsen Drive, 360.457.5116 Janet Hren, Interim Director Ext. 7552

Information Technology

Ken Giersch, Director Ext. 7541

Justice Center/Tribal Court

341 Spokwes Drive 360.452.6759

Klallam Counseling Services

243613 W Hwy 101, Port Angeles 360.452.4432 Stormy Howell, Treatment Manager

Law & Order/Police Dept. Justice Center

341 Spokwes Drive 360.452.6759

Sam White, Chief of Police Ext. 2922

LOWER ELWHA FOOD & FUEL

360.477-1170

Natural Resources/Fish Hatchery

760 Stratton Road 360.457.4012 Matt Beirne, Director Ext. 7485

Planning & Development

Arlene Wheeler, Director Ext. 7437

Prevention Health/GYM

Jason Wheeler, Ext. 7440

Social Services

3080 Lower Elwha Road 360.565.7252 Becca Sampson-Weed, Director Ext. 7456 Elwha News—May 2022 Page 27



BUSINESS COUNCIL



Frances G. Charles
Tribal Chairwoman, Ext. 7411



Russ Hepfer
Vice Chairman, Ext. 7412



Ed Johnson
Secretary/Treasurer Ext. 7414



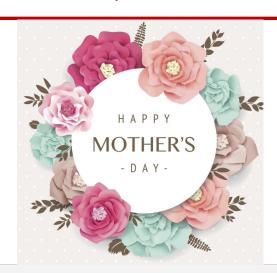
Steve Joaquin Robideau Council Member, Ext. 7413



Anthony Charles
Council Member, Ext. 7415

Dates to Remember:

- 5/5 MMIW March
- 5/7 Committee Member Election Day
- 5/8 Mother's Day
- 5/9 National American Indian Day
- 5/16 Housing Inspections Begin
- 5/27 Land Acknowledgement @ Juan De Fuca Festival
- 5/28 Storytelling & Necklace Making w/ Culture Department
- 5/28 Chairperson Election Day
- 5/30 Memorial Day



WOULD YOU RATHER NOT RECEIVE A PAPER?

We are evaluating the level of Interest for emailed newsletters. If you would rather not receive the newsletter by mail, please contact Chrissi Ducotey by email (chrissi.ducotey@elwha.org). She will begin to gather a list of those who prefer to receive electronic files only, and we will determine if this is a workable option.

Newsletter submissions and suggestions may now be received at Newsletter@Elwha.org

Lower Elwha Klallam Tribe 2851 Lower Elwha Road Port Angeles, WA 98363

Change Service Requested

ELWHA NEWS Lower Elwha Klallam Tribe ?ə?4x^wə nəx^wsXay'əm

"THE STRONG PEOPLE"

The *Elwha News* is a monthly publication of the Lower Elwha Klallam Tribe to inform, educate and stimulate interest in the Tribe and community affairs. It also raises awareness and respect for the Reservation and its resources. For news articles, please send to the address below by the third Friday of the month.

Chrissi Ducotey
Administrative Education & Training
Specialist
Elwha Klallam Heritage Center
401 E First St
Port Angeles, WA 98362
Phone: 360.417.8545
Chrissi.Ducotey@elwha.org

Note: This newsletter is uploaded monthly to the Lower Elwha Klallam Tribe webpage *elwha.org*

You can find it under the "Announcements" section titled: Newsletter

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