

# Elwha News

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## LOWER ELWHA KLALLAM TRIBE

## **ELWHA RIVER CASINO BEGINS EXPANSION PROJECT**

PORT ANGELES, WA -- The Lower Elwha Klallam Tribe is excited to announce the expansion of Elwha River Casino. The existing 10,000 square foot property originally opened in March 2009 and the 12,130 square foot expansion will be added to the existing casino building, increasing the property's Class II Gaming count to 300 total gaming terminals.

The new additions will include more gaming floor space with a new dining and bar experience. The River's Edge Bar & Lounge will be relaunching with a new menu, alcohol service, larger dining room, outdoor seating, and a live entertainment area. Woodstone, Inc. will provide the construction management oversight, while Bergman Walls and Associates and the owner worked together to provide the architectural design and concepts to bring the project to fruition. The expansion of the casino will also add an estimated 15 to 20 new job positions.

Construction for the project is scheduled to begin with a groundbreaking ceremony on March 2, 2022 with an estimated completion in early 2023. For more information, please follow Elwha River Casino on social media sites or visit their website at www.elwharivercasino.com.

Elwha River Casino is known as the friendliest casino on the Peninsula and is nestled in the heart of the pristine Elwha River Valley. It is a favorite spot for casino gaming with 138 Vegas-style games, dining, promotions, and seasonal events. Elwha River Casino is located just 7 minutes west of Port Angeles, Washington.







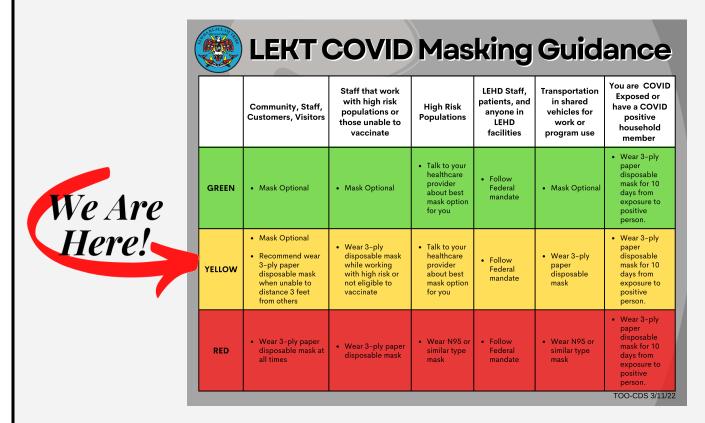
## Tribal Operations/Public Health Office Update

## We've moved to Phase 4 of the New Re-Opening Plan!

The tribe has adopted a new phased re-opening plan. This plan has given metrics that have to be met before we can move forward to the next phase of opening. A few of the metrics include case counts in the past 2 weeks in the LEKT community and Clallam County.

## **New Masking Guidance**

We've developed new mask wearing guidance (see below), that allows us with the flexibility to scale up and roll back our level of mask wearing.



## Are We Still Doing The Vaccine Support Program?

**This program will be ending on April 26<sup>th</sup>.** You still have time to get your booster and apply! The links to the online form are found on <u>www.elwha.org/</u> <u>COVID</u>



Tribal Operations/Public Health Office Update

#### Free COVID Tests

The <u>Federal Government</u> is offering free COVID tests that can be delivered through the US Postal Service. To order your free tests visit: <u>https://www.covidtests.gov/</u>

<u>State of Washington</u> is offering Free COVID tests as well, they can be ordered here: <u>https://www.sayyescovidhometest.org/</u>

<u>Lower Elwha Klallam Tribe</u> is also offering free COVID tests for local community members that have a recent exposure or symptoms. To request the test to be dropped off at a local home visit: <u>https://app.smartsheet.com/b/form/7e651f2fbeb54e8eac868f98687d50d0</u> To pick up tests, you can stop by the front desk of Social Services or the Tribal Center.

## Do We Still Have COVID Cases?

Community cases are starting to drop off finally, currently we have had only 1 active case in the past 3 weeks! To see case numbers visit elwha.org/COVID

## When Can Youth Get Their Vaccines?

Youth 5-17 are now all eligible for the Pfizer vaccination. Call the clinic now to schedule! 360-452-6252.

<u>Youth 12 and older and now eligible for the booster dose</u> if it has been 5 months since they completed their primary COVID series. Call the clinic now to schedule! 360-452-6252.

<u>Youth 5 and under</u> are still waiting for emergency authorization approval for the COVID vaccine.

## Why Haven't I Gotten My Freezer Yet?!

The appliance company is getting the last of the upright and small chest freezers into homes this week, to make room for the large chest freezers!! This is great news, those of you who have been waiting for a large chest should be getting a call soon to set up you delivery.



Vaccine Information

## Protect Your Child With a COVID-19 Vaccine



Children 5 years and older can now get the most effective tool we have to fight COVID-19 and the highly contagious variants.

The best way to keep your child safe from COVID-19 is to get them vaccinated.

Get a free, safe, and effective COVID-19 vaccine here today.

To get the most protection from the vaccine, your child will need 2 doses, 21 days apart.

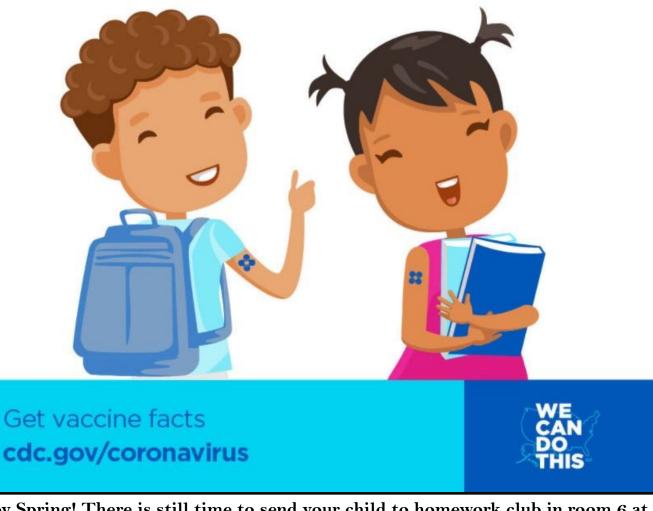
Talk to a doctor if you have questions about the vaccine.





## Vaccine Information & Homework Club

There's no way to know how COVID will affect your child, but we do know that vaccines will help protect them from severe illness, hospitalization, and death.



Happy Spring! There is still time to send your child to homework club in room 6 at Steven's Middle School. We provide a small snack and academic support from 3pm-4pm Monday-Thursday. Please reach out to me via email or phone if you have any questions, <u>shayla.nagel@elwha.org</u> or 360-565-1806.



Shayla Nagel LEKT Academic Support Steven's Middle School





NatureBridge



## NatureBridge. Elwha Summer Science Camp

Students can enrich their summer by coming to NatureBridge for 5 days to participate in science and cultural activities! This summer we will have a 5-day camp for elementary students, a 5-day and 4-night camp for middle school students, and a 5-day and 4-night camp for high school students.

Elementary School Day Camp (Ages 11 & younger) June 20 - June 24, 2022

Middle School Overnight Camp (Going into 7<sup>th</sup>/8<sup>th</sup> grade)

July 10 - July 14, 2022

High School Overnight Camp (Going into 9<sup>th</sup>/10<sup>th</sup>/11<sup>th</sup>/12<sup>th</sup> grade) August 7 - August 11, 2022

Each student will receive their own pair of hiking shoes, backpack, and water bottle. High school students will receive 0.25 science credit towards graduation!

Interested in registering? Pick up and turn in the permission slip at the Tribal Library. Each camp will be limited to 14 students (first come, first served, LEKT members get priority).

Questions? Contact the Education Department – 360-452-8471 Ext. 7425 or email jessica.egnew@elwha.org or kristina.cain@elwha.org

## Basketball News

Elwha Port Angeles High Schools Boys Basketball Players for the 2021-2022 Season.

Senior: Quanah Wheeler (Jason & Rachelle Wheeler) Junior: Nathanial Surina (Wihinna Robideau) Sophomore: Kason Albaugh (Kevin Albaugh) Freshman: Javier Hernandez (Nylene Charles) and Roger Wheeler (Melaine Wheeler).

Varsity players: Quanah, Nathaniel and Kason (swing player) JV players: Kason and Javi (swing player) and C Team players: Javi and Roger.

Varsity team made it to the state tournament, placing 6th place for the boys 2A division. Overall record for the season 20-8 and conference record 13-1.

JV team overall record for the season 15-4 and conferenced record 14-4.

C team overall record for the season 12-0, undefeated season.

Season highlights: Quanah was named "Olympic League Honorable Mention," he was also selected to play in the West Sound All Star game. Nathaniel lettered this year in boys basketball, his teammates, coaching staff and family are proud of the growth they have seen in him this season and are excited to watch him continue to grow and play in his senior season nexts season. Kason also lettered this year in boys basketball.

Thank you for supporting these boys during their season!



March Madness – Reno, NV. Makai Mcafee (Rosie Boyd), Elvira Tinoco-Wheeler (Melaine Wheeler) and Garrett Brown (Brianna Perez) all made the long trek to play in the March Madness in Reno. They played some tough teams from the local area, and played their hearts out. It was a great experience for all the kids. We would like to thank the community for their support in helping these kids get to their tournament.

MOL



## Gym Calendar

	APRIL 2022							
•	SUN	MON	TUE	WED	ТНИ	FRI	SAT	
		Gym Hours Mon-Fri 6:30am- 8:30pm	Highlighted = At the Field	<u>Phase 3</u> 20 Gym Users Max <u>Phase 4</u> 40 Users Max		<b>1</b> Mushroomball Movie Night Spider-Man No Way Home	2	
	3	<b>4</b> Capture the Flag	<b>5</b> Deer Park Field Trip TBD		<b>7</b> Defy Field Trip TBD	<b>8</b> Deer Park Field Trip TBD	9	
		←	SPI	RING BRE	AK —	<b>→</b>		
				Mini Hoop 3on3		Mini Hoop Dunk Contest		
	10	<b>11</b> Dodgeball	<b>12</b> Kickball Matball	13 Capture the Flag	<b>14</b> Mushroomball	<b>15</b> Kickball Mushroomball	16	
		Mini Hoop Knockout		Tic Tac Toe	Team Dodgeball	Mario Kart		
	17	<b>18</b> Tic Tac Toe Pin Soccer	<b>19</b> Mushroomball	<b>20</b> Mini Hoop King/ Queen of the Court 3on3	21 Matball	<b>22</b> Super Smash Bros Tournament Mini Hoop Dunk Contest	23	
	24	<b>25</b> Team Dodge- ball	<b>26</b> Pin Soccer Kickball	27	28 Flag Football	<b>29</b> Mushroomball Super Smash Bros Tournament	30	



Food Bank

Lower Elwha Food Bank News

Just a reminder the days and hours have changed for the Food Bank.

I was able to get 14 elders 60 and over signed up for the OlyCAP program.

Any elders 60 and over can still sign up. It is for a nutrition box that will be delivered to the elder 1 time a month. For more information please contact me at the Food Bank.

I am glad to inform you that a person from Sawtooth Ranch in Joyce is coming to the Food Bank 1 time a week with fresh produce donations. As we get closer to the season he will have more produce. He also has donated stinger nettles to the culture program.

The Elwha Food Bank is open 3 days a week at the Spokwes location and Wednesday's at the Upper

Mondays open 1:30p.m. – 5:30 p.m. Tuesday's **CLOSED** Wednesday's Upper Elwha Vet Center 1 p.m. – 3 p.m. Thursday's & Friday's open 9:30 a.m. – 1:30 p.m.

I would like feedback from the community as to days and hours. I would like to meet the hours that work best for everyone, so please fill out a survey at the food bank or Vet Center.



Dorene Charles Food Bank Coordinator (360) 452-8471 ex 7690 Mailing Address 3080 Lower Elwha RD Port Angeles, WA. 98363 Physical Address 22 Spokwes Drive

Port Angeles, WA. 98363

## LOW COST SPAY NEUTER CLINIC!

SPAY TO SAVE MOBILE SPAY NEUTER CLINIC

## cat neuter \$10, cat spay \$20, dog neuter \$30,

## dog spay \$30, feral/free roaming cats FREE!!

Dogs and cats must be at least 8 weeks old and weigh over 2 lbs. CATS MUST BE IN SECURE CARRIERS.

Contact Kate at 360-477-0574 or kate@spaytosave.org today for information, to see if you qualify (services are for lower income residents), clinic dates/locations and to schedule an appointment.

## If you know of a feral/free roaming cat colony <u>contact Trap-Neuter-Return (TNR)</u> <u>Manager, Marion at 360-550-7855 or marion@spaytosave.org for assistance</u>.

Spay To Save is a nonprofit, 501(c)3 organization, dedicated to saving animals' lives through spay neuter.

Visit www.spaytosave.org and follow us at www.facebook.com/spaytosavemobilespayneuterclinic

Please donate to keep our prices affordable for those who need us most.

Donations can be sent to: Spay To Save, P.O. Box 2453, Port Angeles, WA 98362



Nutrition & Diabetes

#### MARCH 2022 NEWSLETTER

## KLALLAM STRONG: NUTRITION & DIABETES NEWSLETTER

Dawn Travelstead, RD, MS, CDE, Lower Elwha Health Clinic

- In this issue:
- Healthy fat
- Riddle
- Fruit for Diabetes
- Did you know!



Lifestyle Goal #3: Eating Healthy Fat!

The best fats are those that aren't processed. Smoking or overheating oil (frying) leads to oxidation of the fat. What does that mean? The harmful compounds caused by frying at high heat can increase your risk of diabetes, heart disease and cancer.

#### How to balance the right fats:

Americans are not eating enough omega 3 fats. Omega 3 fats reduce inflammation in the body, while omega 6 fats increase inflammation.

#### Increasing Omega 3 fats:

Salmon/halibut/trout/cod/sardines

Pasture-raised meats

Flaxseed & Chia seed Walnuts

Decreasing Omega 6 fats:

Corn/soybean/safflower oils

Conventionally raised meats

Adding Monounsaturated fats:

Olives & olive oil Avocados

Peanuts

Sesame seeds

Riddle: What is the wealthiest nut? Cashew!

#### Best Fruits for Diabetes

These fruits have the lowest sugar content. Try for 1 serving a day!

- Raspberries
- Blackberries
- Strawberries
- Plums
- Kiwi
- Blueberries
- Cuties/ Clementine's
- Pear
- Apple

#### Did you know???

One of the best ways to balance your blood sugar is to not skip breakfast. A balance of fiber and protein is the perfect combination.





Health Department

# LEKT HOMESCOVID-19COVID-19HOME TESTSDOME TESTS

Pick up from front desk of the Tribal Center, Social Services, Or Food Bank

Self-Test

At Home

Results In

15 Mins

At Home

Results In

15 Mins

4 Tests per household

Health COVID-19 Antigen Rapid Test

If you are sick, please call 360-452-6252 to schedule a test at LEHD or text 360-797-3627 to request a home test delivery



Requirements for consideration

- Enrolled Lower Elwha Tribal Member
- Living in Clallam County
- Treatment Complete (No fillings, sealants, etc. needed)
- Had at least two current hygiene appointments (staying on schedule for the healthiest gums and education is important for successful orthodontics)



2022 Orthodontics Program is Open!

Space is limited!

The program is limited to 10-15 tribal members

#### Start Saving!

The tribe generously pays for a large portion of treatment, but for many cases even this doesn't cover the entire cost. It's a good idea to save \$1,000— \$2,000 to cover potential remaining costs.

Call now to schedule your screening appointment! (360) 452-6252 x2



Health Department

## Farewell FNP Lora Jackson

As of April 11th, Family Nurse Practitioner Lora Jackson will be practicing fulltime in the Veteran's Administration in Tacoma. She has served the Lower Elwha community for 3 years. She came here as a student and stayed as a provider, delivering comprehensive primary care to adults and children.

FNP Jackson has worked hard for the health of the Lower Elwha Community. She has touched many lives. She was a driving force in designing our large COVID testing clinics, and when the focus became vaccination, she turned that innovation to providing rapid access.

We wish her happiness and success in her new adventure. Her skill, dedication, compassion, and enthusiasm will be missed.

Dear Lower Elwha Klallam Tribal members,

It has been an honor and pleasure to care for so many of you during my time at the Lower Elwha Health Clinic. But, sadly it is time for me to leave and work closer to home where I have a loving husband whom I miss dearly.

As many may already know, I am a member of the Citizen Potawatomi Nation. I am grateful that you have accepted me into your culture and allowed me the honor of sharing your culture, so much so that I feel a true connection that I never thought possible.

In the traditional words of my tribe: Migwetch jayek gbgedneshem bidek gde-widoktadwen mine gkendasyan gete neshnabe zhechewnen. Kyetnam gwi-metsenenem (Thank you everyone for allowing me inside your community and for learning your ways. I will really miss you all).

Translated to your beautiful native language: há?nəŋ cn ?a? cə ?ánətəŋ cn či nəs?áła? ?i? ?əsk<sup>w</sup>úk<sup>w</sup>əl cn ?a? cə snəx<sup>w</sup>sλ<sup>´</sup>ayʻəm'əł mán<sup>′</sup> cn ?u? x<sup>w</sup>á?x<sup>w</sup>əm<sup>′</sup> ?a? nək<sup>w</sup> (Literal translation: I thank you for allowing me to be here and teaching me the Klallam culture. I will really miss {be lonely for} you).

With both sadness and looking forward to the future, I am

Forever grateful,

Lora Jackson, ARNI



Lora,

P.S.

I feel so blessed and so honored to have worked with you at LEHD as your MA.

You have taught me so much; not just within the medical field, but also with everyday life. I am heartbroken that you are leaving LEHD; but also very excited for your new adventure. Love you & I wish you the best.

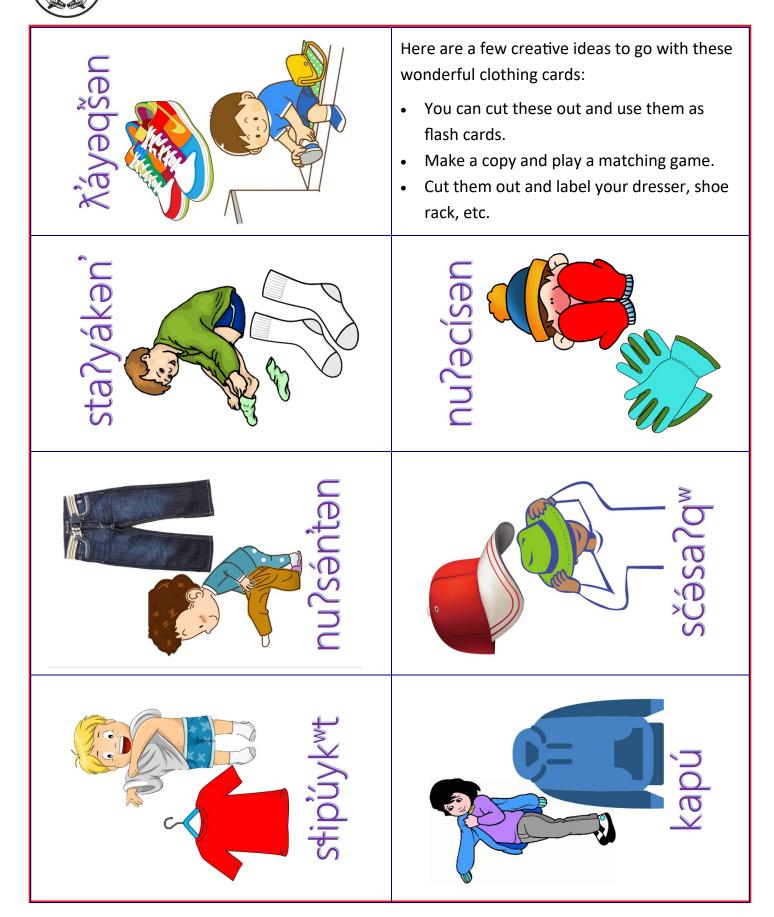
From Your Favorite & Never Replaceable MA, Jessica Laungayan

Tell Dr. Allin I'm angry at him for taking you from me!





Language & Culture





Language & Culture



# LETS GET BACK TOGETHER EVERY OTHER TUESDAY

WHERE: Culture & Language building 322 Stratton Rd, Port Angeles, WA 98363 WHEN: 4:30pm-6:30pm

We will still have COVID-19 Restrictions, wearing a mask, social distancing, covid screening and waiver, no transportation or meals provided.

Under the age of 13 must be accompanied by and adult. For more information contact Angelina.sosa@elwha.org or ashley.pitchford@elwha.org





## Language & Culture



## Klallam Language Department Middle School Klallam Language Update

Dear Elwha Community,

The Klallam Language Department is proud to report that we have been convening in meetings with the Port Angeles School District. The most recent meetings are in regards to planning to pilot a middle school tribal history project at Stevens Middle School. The project is in continuation of the work started last year by our outstanding Elementary Klallam Language Teachers, Ashley Pitchford and Harmony Arakawa. Rooting from the Since Time Immemorial: Tribal Sovereignty in Washington State curriculum, the elementary and middle school curriculum are place-based and includes much of our Klallam history. The plan is to pilot the elementary program next year throughout all 5 elementary schools across the district.

This work has started because Washington school districts are required under state law, specifically Senate Bill 5433, to teach tribal history in K-12 classrooms. Our school district and tribal leadership are ensuring it happens which has resulted in monthly meetings with tribal language staff, district and school administrators, and elementary teachers from May 2021 to current.

My ultimate goal, as Middle School Klallam Language Teacher, is to possibly begin piloting the program next school year, 2022-23, also. The commencement of these efforts will depend on the response from the administrators and history teachers at Stevens. I plan to engage directly with both, administrators and teachers, to assure a swift pilot program to continuously ensure our full and accurate history is taught in our schools. It is our vision that teachers will teach this curriculum to their students in years to come. Through my position, I will assist the teachers through this important process once we start the work.

Currently, I am in the "mapping and development" stage of the curriculum, creating lessons and teachers instructions for the middle school curriculum. The development of the lessons drive from the essential questions and goals established early on when our retired PAHS Klallam Language and History Teacher, Jamie Valadez, provided professional development to PASD staff.

Watch for more updates as we move forward with the mission and vision of our work! If you have any questions regarding the work being done, please email me at Jonathan. Arakawa@elwha.org. We are incredibly excited for this land of oppor-tunity!

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Jonathan Arakawa Klallam Language Teacher Lower Elwha Klallam Tribe



Education

## Lower Elwha Head Start & Early Head Start

<u>360)- 452-2587</u> Ext 2 Early Childhood Interim Director—Lola (*Ext 1 Child Care Manager/Bobi*)

Health Manager: Deanna Transportation: Francess Education Manager: Lola Prenatal Educator: (Vacant) Family Community Partnership Manager & Enrollment: Michelle

## čən'má?əxw

## (Time for Horsetail)

April 2022

#### **JOBS @ Lower Elwha Head Start**

If you or someone knows of anyone looking for a job, please apply.

- Early Education & Disabilities Mgr
- Bus Driver/Teacher's Aide
- Head Start Teacher Aide
- Substitute Teacher's Aide
- Part Time Cook's Assistant
- Full Time Prenatal Educator

- \* Head Start Teacher's Aide\* Head Start Floater Teacher's Aide
- \* Full Time Head Start Shadow Teacher

\* Head Start Part Time Shadow Teacher

\* Early Head Start Lead Supervising Teacher

Call Head Start: 360-452-8471 x 7471 Interim Director, Lola Moses

ča?mús (Otters) Hello everyone, we are ready to move on to spring in the Otter's class, so I have just a few reminders for families. Please keep sending coats with the children, as we never know what our weather may bring us day by day. The children are having fun playing outside and taking walks when the weather permits. We just received some new toys for the classroom, and the children are having so much fun enjoying them. I would also like to remind families to please call or text the teachers when your child will be absent from school. We are just finishing up our Winter Parent/Teacher conferences and our next ones will be in May, so if you have not yet met with your child's teacher for a conference, please schedule on as soon as possible. Parent/Teacher Conferences are required by our program.

#### April 2022

 4-8 Spring Break (no school) Return Ap 11/Mon
 13/W Health Advisory



Here are a few pictures of the Ravens class watching a spider outside and enjoying our new classroom easel.

Teacher Sarah



## Education

#### Page 2 of 2: LE Head Start April 2022

The Lower Elwha Head Start Health Services Advisory Committee is meeting via Zoom on Wednesday, April 13th at noon. This is our first meeting since the COVID shutdown and this time will be for planning going forward. Our goal is to look at the current health issues affecting our community and what Head Start's role should be in promoting wellness.

For more information, or the link to the meeting, please contact Deanna Murray, Health Manager at 360-452-8471, ext. 7470 or deanna.murray@elwha.org .



#### Kindergarten Registration is Happening Now!

The Port Angeles School District is accepting applications for Kindergarten starting April 11. If your child turns 5 before September 1<sup>st</sup> (August 31<sup>st</sup> or earlier) they are able to enter Kindergarten in the fall. You will need the blue registration form filled out *completely*, a photo copy of the child's official birth certificate, and Certificate of Immunization Status (See Deanna Murray for a copy). We will be giving out copies of the blue registration forms at Head Start, or you can drop by your child's elementary school for one.



Library

#### April is National Poetry Month

Join the Library in celebrating Native poets this National Poetry Month! This year, both the US and Washington State Poets Laureate are Native women. The Poet Laureate serves as the official poet of the US and the State, respectively. The US Poet Laureate is Joy Harjo, a member of the Muskogee Nation, and the Washington Poet Laureate is Rena Priest, a member of the Lhaq'temish (Lummi) Nation. We have books of Harjo's poetry currently available, including a brand new one we just received, and we also have Priest's books on the way. We also have a number of other poetry collections from Native poets, including Eric Gansworth (Onondaga), Gloria Bird (Spokane), Nora Marks Dauenhauer (Tlingit), and others.

#### We've Got Some New Books!

Thanks to a grant from the National Science Foundation and administered by the University of Nebraska-Lincoln Library, we've been able to purchase a number of new books on climate change, social justice, and deep time. There are some really interesting and exciting new books, including Generation Brave: The Gen Z Kids Who Are Changing the World by Kate Alexander, The Wondrous Workings of Planet Earth by Rachel Ignotofsky, The Cartoon Introduction to Climate Change by Grady Klein and Yoram Bauman, The Whale Child by Keith and Chenoa Egawa (Lummi and S'Klallam), and many more. Special thanks also to Bonnie Roos, the Librarian at the Jamestown S'Klallam Tribal Library, who notified me of this opportunity. I hope to see you soon to check out some of these amazing books!



#### **Elder Book Delivery**

We are considering starting a new program at the Library which would deliver books to Tribal Elders weekly or as often as necessary. Participants in the program would select books (either through the Library's web catalog or by contacting us directly) to be delivered to their home and books will be picked up as well when finished. We are currently assessing the feasibility of such a program and would like to hear your feedback to understand how much demand exists for the program. If this sounds like a program you would be interested in participating in, please contact Jason with any feedback you might have. You can visit us during our business hours, Mon-Fri 8am -4pm, call at 360-452-8471 extension 7431, or email jason.morris@elwha.org or jessica.egnew@elwha.org. We look forward to hearing from you!

Child Care



## LOWER ELWHA CHILD CARE

The Children's House of Learning / 291 Spokwes Drive / Program Director Bobi Clark

Phone (360) 504-3141 / Fax: (360) 504-3651

Infant (Ducks) Teacher Catherine	Toddler (Hummingbirds) Teacher Lucy
Enrollment Openings The Infant classroom currently has 3 spots available	Week 1 – All Things Spring Week 2 – Seeds and Plants Week 3 – Easter Egg Hunt Week 4 – Earth Day
Preschool (Wolves) Teacher Cassie For the month of April in the Wolves Preschool classroom, we'll be focusing on Easter and what it means/why people celebrate. Teacher Amy and I will be putting together a class Easter egg hunt the Friday before the holiday (April 15 <sup>th</sup> ), as well as doing hands-on art activities that are Easter oriented throughout the whole month. We can't wait to decorate eggs and celebrate the coming of spring time and warmer weather! © -Teacher Cassie	Afterschool (Whales) Teacher Juanita This month we will be focusing on spring and Easter crafts. Party plans will be announced.



We are looking for On Call Substitutes. Stop by and grab an application or apply online at <u>elwha.org</u>

Happy Birthday to our Child Care Manager Bobi,

And Teacher Tatiana!!

Please come check out our <u>FREE CLOTHING CLOSET!</u> Every <u>Tuesday from 10:00 – 1:00</u>. We have lots of clothing and shoes in all sizes from Newborn to Adult! Enter at the main entrance, sign in at the desk and enjoy some shopping in our Whale's



classroom. A Huge Thank you to the community for all of the wonderful donations!! If you would like to donate your clean, new, or gently used clothing, please call ahead to if we have room for your items.



Family Advocacy



#### Lower Elwha Family Advocacy Program 3080 Lower Elwha Road; (360) 460-1745; (360) 775-9346 crisis or noncrisis matters. Office (360) 565-7275 ext. 7453; E-mail: Beatriz.arakawa@elwha.org

Dearest Community Members and Readers,

April is National Sexual Assault Awareness Month – this is a critical time for sexual assault programs throughout the Nation as providers raise many types of education information and activities to remember and to ensure sexual assault survivors, those who have passed away, their families, and community members are being heard, represented, and supported with respect.

For a second year, the Elwha Police Department/Crime Victim, Lower Elwha Family Advocacy Program, Elwha River Casino, and Lower Elwha Food and Fuel Store (joining with us this year is the Klallam Counseling Services) have partnered for two days of educational awareness. Together with volunteers, we will have awareness booths in front of the Lower Elwha Food and Fuel on April 20th and 21st, 2022 from 9:00 AM until early afternoon. Limited t-shirts will be given to those who are willing to take aerial photo at Klallam Counseling Services garden at 2 pm on 21st. Please check the Lower Elwha Police Department Facebook page for more information on the Sexual Assault Awareness event.

What is Sexual assault? According to the https://www.justice.gov/ovw/sexual-assault, "sexual assault means any nonconsensual sexual act proscribed by Federal, Tribal, or State law including when the victim lacks capacity to consent."

#### **National Resources:**

Rape, Abuse & Incest National Network 1-800-656-HOPE (1-800-656-4673) Advocates are also available to chat 24/7.

National Center for Victims of Crime 1-855-4-VICTIM (1-855-484-2846)

FYI, Earth Day is an annual event on April 22 to demonstrate support for environmental protection. It is a day to learn about and remember the importance of protecting health and the environment. Earth Day was first held on April 22, 1970. <u>www.epa.gov/earthday</u>. Respect the earth as we respect our body!

#### Happy Good Friday and Easter Sunday for those who celebrate them!

In Solidarity, Beatriz Arakawa, Program Manager and Victim Advocate 3080 Lower Elwha Rd. Port Angeles, WA 98363 Office: 360-565-7257 ext. 7453; Cellular Hotline 1: 360-460-1745; Hotline 2: 360-775-9346; E-mail: Beatriz.arakawa@elwha.org Assistance to Victims of Domestic Violence, Sexual Assault, Dating Violence, Stalking, and Provide Prevention/ Awareness. Mission: Victim's Safety and Autonomy through Advocacy and Community Awareness





## Housing



**Get a jump on spring cleaning!** We've noticed several yards that are still in need of clean-up in preparation for April yard mowing. Please utilize free dump funds as they are still available.

In addition to decluttering, it is important to take preventative measures to keep your home happy and healthy.

Completing simple daily cleaning tasks can alleviate potential future stress. Tasks you can do daily to keep up on your home include: Washing dishes, doing a load of laundry, wiping down stove/countertops, sweeping or vacuuming, and taking your garbage out. When washing dishes or laundry, please remember to only use septic safe liquid detergents. Using powder detergents and doing more than one load of laundry in a day could



clog pipes and put your septic system at risk of malfunction.

Weekly cleaning would include tasks such as dusting, mopping, deep cleaning your bathroom, wiping down kitchen appliances, and picking up your yard. Tackle one job every day so you're not doing everything all at once. Keeping your house clean and clear of garbage keeps ants,

bugs, and rodents away.

**Have a maintenance issue?** Please call the office so a work order can be completed. We've had several tenants calling maintenance directly but we need you to call the office so it can be documented in your file.

Do you have an expired fire extinguisher? Bring yours in and we will swap yours out for a new one free of charge.

#### We would like to welcome our 3 new full time staff members...

Joey Surina has worked with LEHA in the past as a summer youth employee, he was hired as a temporary Maintenance employee and is now a full time Maintenance Assistant. Joey has lived in Port Angeles his entire life and enjoys working for the community that he grew up in. He said that winning the lottery would make his life easier. Megan Elefante is our new Resident Services Coordinator. Megan said one thing she likes working at housing is interacting with people in the community. She grew up in Dixon, IL and when she decided to move to Washington she packed her car up and drove here with \$1000 to her name.

Bucky Johnston is our new Maintenance Supervisor. Bucky said that one thing he likes about working at housing is there is no shortage of things to repair. He grew up across the Elwha River on Sisson Road. One interesting thing about Bucky is he's been coaching girls fast pitch with Warren Stevens for 5+ years and he still likes him. One thing that would make his life easier is basic home maintenance.

We are extremely happy to have these new staff on board and part of our team.



Community News

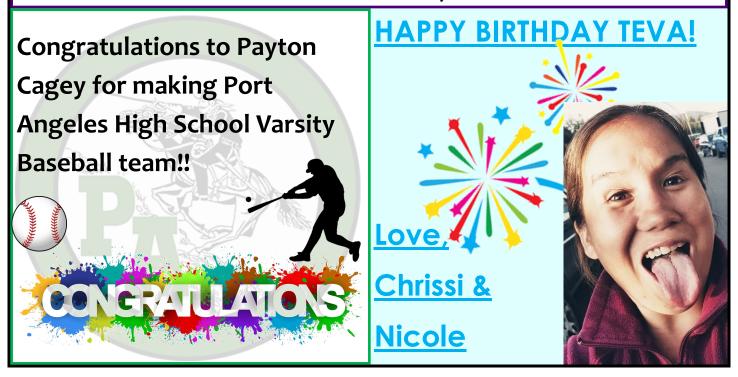


# Happy Top of the Hill Birthday! I love you big sky.—G



Alan Charles, Vanessa Goldsbury, Nevaeh Korsomo, Josiah James, Leif Ellis. Crystal Hren & Brandi Williams.

A Special Happy Birthday to our mom in Heaven, Viola B. Cagey, We all love you and miss you with all our hearts. May you rest in peace. - Elaine, Mike & Payton





# COVID-19 Adult (%) Vaccine Support Program



## www.elwha.org/covid

## Tips from the Dental Clinic: Iodine for teeth??

It turns out that 10% povidone iodine (Betadine is a common brand name) can work wonders for stopping dental decay. You **don't** want to use it like a mouth rinse (yuck!), but applying a little bit (like the saturated end of a q-tip) to dry teeth 3-4 times per year can do a lot to help prevent dental decay. When applied this way there is hardly any taste.

This medicine works particularly well with fluoride varnish, so you might find us offering this in addition to fluoride the next time you come in for a dental cleaning!





## Birthdays & Police Blotter

2022 Service Record for L & O	Feb.
911 Hang-Up	4
Alarm/Alarm Check	2
Assault	1
Boating Activity/Hunting	1
Burglary	1
Business Check	153
Citizen Assist	5
Citizen Contact	5
Civil	1
Community Oriented Policing	92
Court Paperwork/Service	4
Courtesy Transport	2
Disturbance	1
Follow Up	14
Found/Recovered/Lost Property	1
Toulid/ Recovered/ Lost Floperty	

Frequent Patrol Request	1
Malicious Mischief	2
Misc. Info/False Reporting	4
Other Agency Assist	27
Report of Open Door/Window	1
Suicide/Suicidal	1
Suspicious Person/Vehicle	6
Theft	1
Traffic Control/Emphasis/Hazard	1
Traffic Stops	12
Trespass	1
Violation of Court Order	1
Vehicle Accidents	2
Weapons Discharge/Violation	1
Welfare Check	3
Warrant Attempts	1
Warrants-Non-Tribal	1
Total	354









4/3 Warren Stevens 4/4 Bobi Clark

4/9 Sky Arakawa

4/10 Detavius Woods

4/10 Joseph Luce Jr

4/12 Cassandra Charles 4/12 Gina Williams 4/20 Tyann Bush 4/20 Lora Burke 4/22 Crystal Hren

STAFF & ELDER BIRTHDAYS!

4/22 Sateva Henderson 4/24 Brandy Williams 4/25 Jared Moses 4/30 Adam Lovik



## Resolution List & Heritage Training Center

Date	Resolution Number	Lifle		Vote For/Against/Abstain		
2-15-22	12-22	Signing authority for closing documents acquisition of property located at 101 E Front Street	4	0	0	
2-24-22	13-22	Approval of amendments to Geoduck Provisions in Fishing Ordinance	4	0	0	
2-24-22	14-22	Approval of FY 2022 Washington Recreation & Park Association Sum- mer Experiences & Enrichment for Kids (SEEK) Fund Application	4	0	0	
2-24-22	15-22	Approval of Maximum Guaranteed Price for Elwha River Casino Expan- sion Project and Maximum Guaranteed Price Amendment for Agree- ment between Tribe and Wood stone	4	0	0	
2-24-22	16-22	Approval of Professional Service Contract between LEKT and Red plains	4	0	0	
3-3-22	17-22	Approval of settlement agreement w/ D.D.De Notta, LLC	4	0	0	
3-8-22	18-22	Approval of the Closure of the Tribe's Accounts at Bank of America, Account Numbers 138110432896, 138110434807, 69037117, 69037216, 69037414, 69037505, 69037513, 69037406, 138110431826, 10304509	4	0	0	
3-8-22	20-22	Approval of the Blue stone contract for the development of the 2022 LEKT comprehensive strategic plan	4	0	0	
3-16-22	21-22	Approval of tribal directed employee benefit custody agreement be- tween the ERC and Charles Schwab bank.	4	0	0	



On Tuesday, March 8th, 2022 the Lower Elwha Klallam Tribe was presented with this framed poster to commemorate the burgeoning relationship with Commercial Driver School (CDS). The Heritage Training Center has now hosted two CDL Class-A trainings to date (with more planned for the future), and certified 15 people become professional truck drivers. The Business Council would like to thank Nicole Volkmann for facilitating this relationship.

If you are interested in training and certifications available through the Heritage Training Center, please contact : Heritage.Center@elwha.org or (360) 417-8545 x2912.



#### Tribal Directory

Tribal Center 2851 Lower Elwha Road Port Angeles, WA 98363 360.452.8471 Executive Director Tonya Greene, Ext. 7469 Tribal Operations Officer Tia Skerbeck, Ext. 7420 CFO Froilan Sarmiento, Ext. 7463

Accounting

2851 Lower Elwha Road Melissa Gilman, Grants Administrator Ext. 7461 Jo Klinski, Controller/Payroll Ext. 7460

**Cedar Box Smoke Shop** 4779 S Dry Creek Road Leif Ellis, 360.477-1170

Children's House of Learning (Early Head Start, Head Start, Child Care, Prenatal Program)

291 Spokwes Dr 360.504.3141 Lola Moses, Interim Early Learning Director Ext. 7471 Bobi Clark, Child Care Program Manager Ext. 3402 Deanna Murray, Health Manager Ext. 7470 Michelle Charles, Family and Community Partnership Ext. 7474 Donna Goldsbury, Prenatal Program Ext. 7475

**Education** Jessica Egnew, Director Ext. 7425

**Elwha Peaks Cannabis** 4775 S Dry Creek Rd, Port Angeles 360.912.3469 Elwha River Casino

631 Stratton Road, 452.3005 Mike Watson, General Manager

**Elder Services** Samantha Acosta, Coordinator Ext. 7466

Employment Services/HR/TEROJustice Center/TribSandra Johnson, Director Ext. 7429341 Spokwes Drive

Enrollment Services Marilyn Edgington, Ext .7444

Facilities & Maintenance360.452.4432Warren Stevens, Director Ext. 7432Stormy Howell, Treatment

**Gaming Commission** 631 Stratton Road 360.452.5628 Elaina Begay, Director

Health Clinic 243511 Highway 101 West 360.452.6252 Lorinda Robideau, Health Services Director

Heritage Center 401 E. First Street, 360.417.8545 Nicole Volkmann, Manager Ext. 2912

Human Resources Ext. 7430



#### Housing Authority

22 Kwitsen Drive, 360.457.5116 Janet Hren, Interim Director Ext. 7552

Information Technology Ken Giersch, Director Ext. 7541

Justice Center/Tribal Court 341 Spokwes Drive 360.452.6759

Klallam Counseling Services 243613 W Hwy 101, Port Angeles 360.452.4432 Stormy Howell, Treatment Manager

Law & Order/Police Dept. Justice Center 341 Spokwes Drive 360.452.6759 Sam White, Chief of Police Ext. 2922

**LOWER ELWHA FOOD & FUEL** 360.477-1170

Natural Resources/Fish Hatchery 760 Stratton Road 360.457.4012 Matt Beirne, Director Ext. 7485

Planning & Development Arlene Wheeler, Director Ext. 7437

**Prevention Health/GYM** Jason Wheeler, Ext. 7440

Social Services 3080 Lower Elwha Road 360.565.7252 Becca Sampson-Weed, Director Ext. 7456



## **BUSINESS COUNCIL**



Frances G. Charles Tribal Chairwoman, Ext. 7411



Russ Hepfer Vice Chairman, Ext. 7412



Ed Johnson Secretary/Treasurer Ext. 7414



Steve Joaquin Robideau Council Member, Ext. 7413



Anthony Charles Council Member, Ext. 7415

## Dates to Remember:

4/4-4/8 Spring Break
4/11 Kindergarten Registration Begins
4/20-4/21 Sexual Assault Awareness Event
4/22 Earth Day
4/26 Vaccine Support Program Ends



#### WOULD YOU RATHER NOT RECEIVE A PAPER?

We are evaluating the level of Interest for emailed newsletters. If you would rather not receive the newsletter by mail, please contact Chrissi Ducotey by email (chrissi.ducotey@elwha.org). She will begin to gather a list of those who prefer to receive electronic files only, and we will determine if this is a workable option.

Newsletter submissions and suggestions may now be received at Newsletter@Elwha.org Lower Elwha Klallam Tribe

2851 Lower Elwha Road

Port Angeles, WA 98363

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#### ELWHA NEWS Lower Elwha Klallam Tribe

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#### **"THE STRONG PEOPLE"**

The *Elwha News* is a monthly publication of the Lower Elwha Klallam Tribe to inform, educate and stimulate interest in the Tribe and community affairs. It also raises awareness and respect for the Reservation and its resources. For news articles, please send to the address below by the third Friday of the month.

Chrissi Ducotey Administrative Education & Training Specialist Elwha Klallam Heritage Center 401 E First St Port Angeles, WA 98362 Phone: 360.417.8545 Chrissi.Ducotey@elwha.org

<u>Note</u>: This newsletter is uploaded monthly to the Lower Elwha Klallam Tribe webpage *elwha.org* 

You can find it under the "Announcements" section titled: Newsletter

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