

Elwha News

LOWER ELWHA KLALLAM TRIBE

OPEN

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Lower Elwha Klallam Tribe
2851 Lower Elwha Road
Port Angeles, WA 98363

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ELWHA NEWS
Lower Elwha Klallam Tribe
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“THE STRONG PEOPLE”

The *Elwha News* is a monthly publication of the Lower Elwha Klallam Tribe to inform, educate and stimulate interest in the Tribe and community affairs. It also raises awareness and respect for the Reservation and its resources. For news articles, please send to the address below by the third Friday of the month.

Chrissi Ducotey
Administrative Education & Training
Specialist
Elwha Klallam Heritage Center
401 E First St
Port Angeles, WA 98362
Phone: 360.417.8545
Chrissi.Ducotey@elwha.org

Note: This newsletter is uploaded monthly to the Lower Elwha Klallam Tribe webpage elwha.org

You can find it under the
“Announcements” section titled:
Newsletter

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January 2022

Elwha News

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LOWER ELWHA KLALLAM TRIBE

On December 11th Sergeant Johnson, Officer Hamrick and Glen Roggenbuck participated in the 3rd Annual Shop With A Cop program.

Over 85 children, 18 of which came from the Elwha Klallam tribal community, participated this year along with over 200 uniformed officers and members of the Coast Guard.

Each child was paired up with an officer and allowed to spend \$100. They also had a chance to take a picture with Santa and enjoy hot cocoa.

A huge thank you to the following :

- Walmart for hosting the event.
- The Roughnecks M/C club for their generous fund raising
- Val Brooks from the Clallam County Youth Center Child Advocate Program
- And Detective Swift Minks of the Port Angeles Police Department.

A great time was had by all.





Tribal Operations/Public Health Office Update

FREEZERS

The larger chest freezers are delayed in shipment. Many of you are still waiting for these freezers. I understand your frustration and wish I had good news for you, but as of right now all the news we have is that they are shipped and the shipment is delayed.

YOUTH 5-11 COVID VACCINES ARE NOW AVAILABLE!!

Youth 5-11 are now eligible for the Pfizer-BioNTech COVID-19 vaccine. Although fewer children have been infected with COVID-19 than adults, children can be infected with the virus, spread the virus to others, and get sick or die from COVID-19. Therefore, it's important for our whole community that all eligible people—adults and children— **get vaccinated.**



Children aged 5-11 may now receive the COVID-19 vaccine. This Pfizer-BioNTech vaccine is safe and effective and modified for this age group: same ingredients, but a smaller dose. The US Centers for Disease Control and Prevention (CDC) have recommended this vaccine for children after carefully reviewing and discussing clinical trial data featuring the vaccine in children.

Currently, no other brands of COVID-19 vaccines are available for this age group. Adolescents age 12 and up are also able to get the Pfizer vaccine. They get the same formula as adults. You may have questions about the vaccine for your children.

Visit VaccinateWA.org/kids to learn more. When you and your child are ready to get the vaccine, call the Lower Elwha Health Department at 360-452-6252.



BUSINESS COUNCIL



Frances G. Charles
Tribal Chairwoman, Ext. 7411



Russ Hepfer
Vice Chairman, Ext. 7412



Ed Johnson
Secretary/Treasurer Ext. 7414



Steve Joaquin Robideau
Council Member, Ext. 7413



Anthony Charles
Council Member, Ext. 7415

Dates to Remember:

1/1: New Years Day

1/17: Martin Luther King Jr Day

1/26: Treaty Day



WOULD YOU RATHER NOT RECEIVE A PAPER?

We are evaluating the level of Interest for emailed newsletters. If you would rather not receive the newsletter by mail, please contact Chrissi Ducotey by email (chrissi.ducotey@elwha.org). She will begin to gather a list of those who prefer to receive electronic files only, and we will determine if this is a workable option.

**Newsletter submissions and suggestions may
now be received at
Newsletter@Elwha.org**



Tribal Directory

Tribal Center

2851 Lower Elwha Road
Port Angeles, WA 98363
360.452.8471

Executive Director

Tonya Greene, Ext. 7469

Tribal Operations Officer

Tia Skerbeck, Ext. 7420

CFO Froilan Sarmiento, Ext. 7463

Accounting

2851 Lower Elwha Road
Melissa Gilman, Grants
Administrator Ext. 7461
Jo Klinski, Controller/Payroll
Ext. 7460

Cedar Box Smoke Shop

4779 S Dry Creek Road
Leif Ellis, 360.477-1170

Children's House of Learning (Early Head Start, Head Start, Child Care, Prenatal Program)

291 Spokwes Dr
360.504.3141
Lola Moses, Interim Early Learning
Director Ext. 7471
Bobi Clark, Child Care Program
Manager Ext. 3402
Deanna Murray, Health Manager
Ext. 7470
Michelle Charles, Family and
Community Partnership Ext. 7474
Donna Goldsbury, Prenatal
Program Ext. 7475

Education

Jessica Egnew, Director Ext. 7425

Elwha Peaks Cannabis

4775 S Dry Creek Rd, Port Angeles
360.912.3469

Elwha River Casino

631 Stratton Road, 452.3005
Mike Watson, General Manager

Elder Services

Samantha Acosta, Coordinator
Ext. 7466

Employment Services/HR/TERO

Sandra Johnson, Director Ext. 7429

Enrollment Services

Marilyn Edgington, Ext. 7444

Facilities & Maintenance

Warren Stevens, Director Ext. 7432

Gaming Commission

631 Stratton Road
360.452.5628
Elaina Begay, Director

Health Clinic

243511 Highway 101 West
360.452.6252
Lorinda Robideau, Interim Health
Services Director

Heritage Center

401 E. First Street, 360.417.8545
Nicole Volkmann, Manager
Ext. 2912

Human Resources

Ext. 7430



Housing Authority

22 Kwitsen Drive, 360.457.5116
Janet Hren, Interim Director
Ext. 7551

Information Technology

Ken Giersch, Director Ext. 7541

Justice Center/Tribal Court

341 Spokwes Drive
360.452.6759

Klallam Counseling Services

243613 W Hwy 101, Port Angeles
360.452.4432
Stormy Howell, Treatment
Manager

Law & Order/Police Dept.

Justice Center

341 Spokwes Drive
360.452.6759
Sam White, Chief of Police Ext.
2922

LOWER ELWHA FOOD & FUEL

360.477-1170

Natural Resources/Fish Hatchery

760 Stratton Road
360.457.4012
Matt Beirne, Director Ext. 7485

Planning & Development

Arlene Wheeler, Director Ext. 7437

Prevention Health/GYM

Jason Wheeler, Ext. 7440

Social Services

3080 Lower Elwha Road
360.565.7252
Becca Sampson-Weed, Director
Ext. 7456



Tribal Operations/Public Health Office Update

YOUTH 5-11 COVID VACCINE PROMOTION! -\$200 WALMART GIFT CARD-

Eligibility:

- COVID-19 fully vaccinated Enrolled Lower Elwha Klallam Tribal members,
- COVID-19 fully vaccinated Lower Elwha descendants (first generation),
- COVID-19 fully vaccinated household members of Enrolled Lower Elwha Klallam Tribal members, employees, and first generation descendants.



Apply: www.tinyurl.com/elwha5-11

WHAT PHASE ARE WE IN??

We are still in Phase 2 of the re-opening plan. Our efforts remain focused on limiting social interactions to:

- Help slow the spread of COVID-19
- Support students in-person learning
- Continue to be able to provide services to the LEKT community

This newest resolution brought many restrictions including

- No social gathering indoors with anyone from outside your household
- Only outdoor gathering with no more than 5 from outside your household per week (masked and socially distanced).
- The majority of the Tribal government facilities are closed to the public again

VACCINE BOOSTER PROMOTION!

Have you received your COVID booster? Apply for the \$200 check here:

www.tinyurl.com/elwhaadultbooster

Adult fully vaccinated: www.tinyurl.com/elwhaadult

Youth 12-17 vaccinated: <https://tinyurl.com/elwhayouth12-17>

Youth 5-11 vaccine: www.tinyurl.com/elwha5-11



COVID-19 Updates

Pediatric COVID-19 Vaccines What Parents/Guardians Should Know

COVID-19 vaccination is now authorized for children ages 5 and up.

Why should children get vaccinated?

Since March 2020, about 1.5 million children in the United States have gotten COVID-19. Children account for over 20 percent of new COVID-19 cases.

Getting vaccinated will help children stay safer while at school and hanging out with friends and family. They'll be much less likely to get seriously ill, be hospitalized, or die from COVID-19.

Clinical trials proved that this vaccine works very well at preventing COVID-19 in youth.

How do I get my child vaccinated?

Ask your child's pediatrician or regular clinic if they carry the COVID-19 vaccine.

You can also visit **VaccineLocator.doh.wa.gov** and use the filter to see a list of places near you that have the pediatric vaccine.

How does this impact schools?

Washington state does not currently require children be vaccinated against COVID-19 to enter school. The Washington State Department of Health and the state Board of Health will tell people if this changes in the future.

Fully vaccinated students who do not have symptoms after COVID-19 exposure do not need to be quarantined and may not require testing.

How will this help at home?

The COVID-19 vaccine can keep kids protected from the disease, meaning indoor gatherings can be safer to host or attend.

Families should continue following other recommended safety measures for the best protection.



Which vaccine should children get?

At this time, the Pfizer COVID-19 vaccine is the **only** brand authorized for kids ages 5-17.



- Children **ages 5-11** get a pediatric dose, which is a different amount than the adolescent and adult version.
- Children **ages 12-17** are eligible for the adolescent/adult dose.

Do children or teens need a second shot?



Yes, both the pediatric and adolescent Pfizer vaccine is given in two doses at least 21 days apart. The person is considered fully vaccinated when it's been two weeks after their second dose.

To get your questions answered:



Visit: VaccinateWA.org/kids



Call: 1-833-VAX-HELP (1-833-829-4357), Press #

Language assistance is available.

**Vaccinate
WA**
CovidVaccineWA.org



Council Resolutions 2021

Date	Resolution Number	Title	Vote		
			For	Against	Abstain
11-22-21	136-21	Approval of audit and nonattest services between Moss Adams LLP and the LEKT for the Tribes general purpose financial statements and governmental dept. financial statements as of and for the years Sept. 30th 2021, 2022 and 2023.	3	0	0
11-22-21	137-21	Approval of engagement letter between Moss Adams LLP and the LEKT for the purpose of Compliance and requirement with the Wa. State Dept. of Licensing with respect to the Fuel tax agreement for the years ending Sept. 30th 2021, 2022 and 2023.	3	0	0
11-22-21	138-21	Approval of engagement letter between Moss Adams LLP and the LEKT for the purpose of compliance with the requirements cited in the Cigarette tax contract between the Tribe and the Washington State Dept. of Revenue for each of the years ended Sept. 30th 2021, 2022 and 2023.	3	0	0
11-22-21	139-21	Approval of the opening of first insured cash sweep account at 1st Security Bank.	3	0	0
12-7-21	140-21	Approval of LEKT membership with National Indian Gaming Association	4	0	0
12-7-21	142-21	Approval and adoption of the amended and restated Elwha River Casino 401(k) plan.	4	0	0
12-7-21	143-21	Public health order to remain in phase 2 in response to the rise in COVID cases	4	0	0



LOWER ELWHA
FOOD & FUEL





Birthdays & Police Blotter

Service Record for L & O	Nov.
911 Hang-Up	5
Abandoned Vehicle	2
Animal Calls	4
Business Check	176
Citizen Assist	12
Citizen Contact	13
Civil	13
Community Oriented Policing	60
Court Paperwork/Service	4
CPS/APS	1
Courtesy Transport	1
Drug Violation	1
DUI	1
Firework Violation	1
Follow Up	6
Found/Recovered/Lost Property	2

Fraud	1
Frequent Patrol Request	2
Malicious Mischief	1
Misc. Info/False Reporting	1
Other Agency Assist	18
Prisoner Transport	1
Report of Open Door/Window	1
Suicide/Suicidal	1
Suspicious Person/Vehicle	3
Theft	1
Traffic Control/Emphasis/Hazard	4
Traffic Stops	22
Trespass	4
Violation of Court Order	1
Welfare Check	3
Warrant Attempts	2
Total	368

**STAFF & ELDER BIRTHDAYS!**

1/1 Steven Lauderback

1/12 Zacheaus Avery

1/18 Cheryl Langland

1/3 Loretta Charles

1/13 Christine Peters

1/19 Arnold Rhodes

1/5 Teresa Erickson

1/13 Jonathan Hoff

1/23 Frances Charles

1/6 Stormy Howell

1/14 Sofia Maldonado

1/23 Lora Jackson

1/8 Tia Skerbeck

1/16 Marie Goldsbury

1/27 Julia Charles

1/10 Sara Moore

1/17 Geri Charles

1/27 Frank Fernandes

1/10 Denver Gouge

1/17 Daniel Muck

1/30 Lorinda Robideau

1/11 Charlene Hawk

1/17 Julie Wilkinson

1/30 Dena Spencer

1/11 Allyce Miller

1/18 Geophrey Charles



COVID-19 Updates

FREQUENTLY ASKED QUESTIONS ABOUT PEDIATRIC COVID-19 VACCINE

Is COVID-19 really a risk to my child?

Although fewer children have been infected with COVID-19 compared to adults, children can:

- Be infected with the virus that causes COVID-19
- Get sick or die from COVID-19
- Spread COVID-19 to others
- Get serious complications from COVID-19, such as “long COVID” or a dangerous inflammatory disease called MIS-C

The vaccine was shown to have very few side effects in this population, and it protects them very well from the disease. The benefits of vaccination far outweigh the risk of getting COVID-19.

Is the vaccine safe for my child?

Yes, the vaccine is considered very safe for children. No serious side effects were detected in clinical trials of the vaccine in 5-11 year olds. The studies are ongoing, and the U.S. has very strong vaccine safety systems to catch any warning signs early.

What are the common side effects of the vaccine in children?

The health risks if children are infected with COVID-19 are much higher than the risk of vaccine side effects.

Like other vaccines, the most common side effects are a sore arm, tiredness, headache, and muscle pain. These symptoms are usually mild.

[In clinical trials](#) more children reported side effects after the second dose than after the first dose. Side effects were generally mild to moderate in severity and occurred within two days after vaccination, and most went away within one to two days.

What do children need to bring to their appointment?

In most cases, parents and guardians will need to provide consent to vaccination for someone under age 18. They should ask the vaccine location what they need for consent.

Clinics may ask for the child’s ID, an insurance card, or Social Security number, but you do not need to give them.

Children do not need to be U.S. citizens to get the vaccine. Vaccine locations cannot ask for anyone’s immigration status. Personal data will only be used for public health purposes.

I have more questions. Where can I go?

Find answers to more questions at VaccinateWA.org/kids. You can also talk to your child’s regular health care provider.



DOH 825-013 November 2021

To request this document in another format, call 1-800-525-0127. Deaf or hard of hearing customers, please call 711 (Washington Relay) or email civil.rights@doh.wa.gov



COVID-19 Updates

Lower Elwha Klallam Tribe



BOOSTER

18+

COVID-19 Vaccine Promotion

\$200 Check

ELIGIBILITY

COVID-19 Fully Vaccinated and recieved booster

- Enrolled Lower Elwha Klallam Tribe Members
- Lower Elwha Klallam Tribe employees
- First generation Lower Elwha Klallam Tribe descendants
- Significant partners of Lower Elwha Klallam Tribal Members, descendants, and Lower Elwha Klallam Tribal Employees.



-Must provide proof of vaccination-

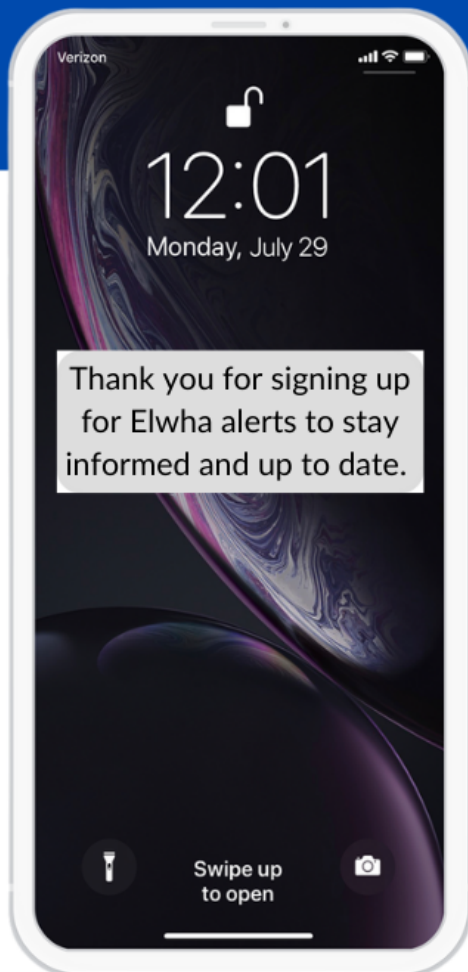
Apply at <https://tinyurl.com/elwlhabooster>



Elwha Alerts

Always Be Notified

Sign up for Elwha Alerts and receive important notifications.



TRAFFIC UPDATES



EVENT REMINDERS



SEVERE WEATHER ALERTS



EMERGENCY
NOTIFICATIONS



**Text: ElwhaAlerts
To: 78015**



Community News



*Happy 10th
Birthday Makai J!!
We love you so
much!!*



Mom, Grandpa and Tonio

To Randy,
I Love You big
as sky.
Have a very
happy
birthday!
Love,
Mom



**Happy Birth-
day Demeree
(Toodles)!!**



Love, Garnet

*Happy Birthday Nando, Omari
and Yandel!*

Love Rosie, Tonio and Makai

*Happy 12th Birth-
day*

Elvira!

*Love Auntie Rosie,
Tonio and Makai*



*Happy 90th Birthday to
our Nana!!*

We love you sooo much!

*Love....Rosie, Tonio and
Makai*



**Happy Birthday to Zach Avery,
Marie Goldsbury, Shila Moore
and Tia Skerbeck!**

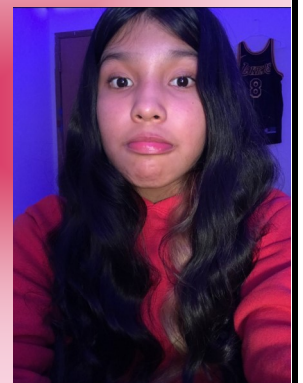
Love, Mike & Elaine McFadden

HAPPY BIRTHDAY

**Happy birthday to my beautiful
granddaughter,**

Elvira Rose.

**Love, Grandma
Dorene**





COVID-19 Updates

Lower Elwha Klallam Tribe



YOUTH

5-11 year old

COVID-19 Vaccine Promotion

\$200 Walmart gift card



ELIGIBILITY

COVID-19 Fully Vaccinated
5-11 year old:

- Enrolled Lower Elwha Klallam Tribe members,
- Lower Elwha descendants (first generation),
- Household members of Enrolled Lower Elwha Klallam Tribe members,
- Household members of Lower Elwha Klallam Tribe employees

-Must provide proof of vaccination-

Youth 5-11 vaccine: www.tinyurl.com/elwha5-11

Youth 12-17 vaccinated: <https://tinyurl.com/elwhayouth12-17>

Adult booster: www.tinyurl.com/elwhaadultbooster

Adult fully vaccinated: www.tinyurl.com/elwhaadult



Public Works

TRANSPORTATION IMPROVEMENT PLAN 2022-2025

Below are the transportation improvement projects planned for the next four years. Your feedback is welcome and appreciated. If there are projects that you would like to see included, contact Susan Matthews at Susan.Matthews@elwha.org or 360-452-8471*7468 or visit Public Works at 465 Stratton Road.

Active Projects

Lower Elwha Road Pedestrian Path Project

- Engineer and construct a walkway or widen shoulder for pedestrian travel between Stratton Road and Billy Whiteshoes Ballfield. Fencing and lighting will be added.



Tribal Center Parking Lot Project

- Engineer and pave Tribal Center South East Parking lot
- Reconstruct access to Southeast lot from existing lot to the Northeast access point from Lower Elwha Road.
- Access loop connecting Southwest and Southeast parking areas

Spokwes Road Transit Stop Project

- Engineer and construct Transit Stop at the corner of Lower Elwha Road and Spokwes Drive

Street Light Installation Project

- Phase 2 – Planning phase in process to install new street lights on; Snowcaps Lane, Tower Housing, Hopie Lane, Kwyensen, Hupt, Kwitsen, Mimwheeten, Seamit, Cagey

Proposed Projects

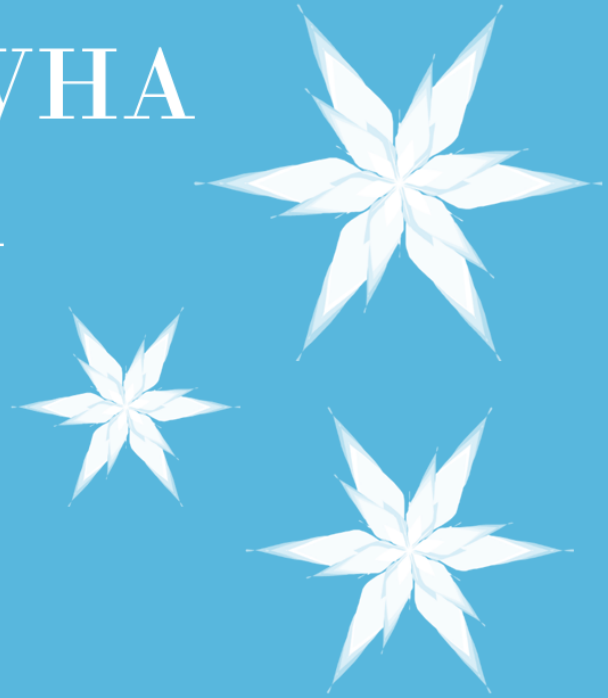
- Reconstruct Sampson Road
- Reconstruct Charles Road
- Reconstruct NS'Klallam Drive
- Pave all gravel roads on the Reservation and Homestead Trust lands that serve 3 or more homes
- Construction retaining wall on Lower Elwha Road Hillclimb
- Construct Hwy 112 Turn Lane at Elwha River Road
- Construct Hwy 101 Turn Lanes – Sisson Addition/Elwha Project Lands
- Extend Lower Elwha Road South to Health Campus via Gagnon Road
- Construction Pedestrian Bridge from Lower Elwha Road to The Place





Food Bank

LOWER ELWHA FOOD BANK 2022



Monday 1:30 p.m. – 5:30 p.m.

Thurs 10:00 a.m. – 2:00 p.m.

Fri 9:00 a.m. – 1:00 p.m.

Upper Elwha Veterans Center

Wednesdays

1:00 p.m. - 4:00 p.m.

22 Spokwes Drive Port Angeles, WA. 98363





Heritage Training Center



CDL CLASS A

Begins March 14th, 2022



Hosted by the Lower Elwha Klallam Tribe at the
Heritage Training Center

For more information, please call

360-417-8545 x2912

Space is very limited.

Lecture: 3/14- 3/17 | 6am - 4:30pm

Elwha Klallam Heritage Training Center

401 E First St

Port Angeles, WA 98362

EVERY Class day MUST BE attended in order to complete state
required hours for CDL training.

Drive Time: 3/21 - 4/7 | 6am - 4:30pm

Trucks will be stationed in Port Angeles. Students will decide
driving groups during the first week of class.

Cost: \$5394.00

Requirements:

State regulation requires that all students must submit either a
government issued Certified Birth Certificate or US Passport In order
to obtain A CDL permit. No photocopies accepted. CDL DOT Physical
and Drug screenings must be within 30 days of the start of the class,
Costs are included in the tuition pay





Natural Resources



Natural Resources, Fisheries Department, was awarded a grant from the Bureau of Indian Affairs, Endangered Species Program entitled “Development of In-River Selective Fisheries Techniques for the Elwha River. The proposed work will inform LEKT Natural Resources about the fishing methods providing the best opportunity to meet Tribal harvest objectives and protect non-target fish during that fisheries.

Project Goals

The goal of this project is to develop an effective in-river selective fisheries technique for the Elwha River that provides the Tribe harvest opportunities while allowing salmonid stock population expansion in the Elwha River.

Objective 1: Hold up to two workshops with Tribal fishers, natural resource staff, and summer youth to develop multiple potential selective in-river fisheries techniques for the Elwha River.

Objective 2: Construct, test, and evaluate the effectiveness of selected techniques to assess catch-per-unit-effort (CPUE) and post-capture survival of non-target fish.

Objective 3: Provide job and fishing training for Tribal summer youth workers.

LEKT Natural Resources along with USFWS and John McMillan will host at least one and potentially multiple workshops with local Tribal harvesters, (paid through this proposed work) and two summer youth. This project proposal will pay up to a maximum of five Tribal fishers. The summer youth will learn about fishing from the experienced fishers and conservation issues from the natural resource staff.

For more information contact Raymond Moses at (360) 457-4012 ext 7494 or email at

Ray.moses@elwha.org





Nutrition & Diabetes

DECEMBER 2021 NEWSLETTER

KLALLAM STRONG: NUTRITION & DIABETES NEWSLETTER

Dawn Travelstead, RD, MS,CDE, Lower Elwha Health Clinic

In this issue:

- Lowering of blood sugar
- Did you know?
- Food & Mood



Ways to Lower Your Blood Sugar

1. Are you taking your medicine/insulin at the right time? Fast-acting insulin should be taken 15 minutes before the meal and your oral meds at the meal.
2. Exercise. Can lower blood sugar 30-50 points in just 10-15 minutes. Exercise makes your muscles more sensitive to insulin and burns carbs.
3. Stay hydrated with water. Blood sugars >200 can cause dehydration.
4. Choose lower glycemic foods such as oatmeal, beans, whole grains instead of white flour processed food items.
5. Eat foods high in Magnesium: dark leafy green, whole grains, fish, dark chocolate.
6. Eat foods high in Chromium: egg yolk, whole grains, nuts, green beans, broccoli

Can food lift your mood?

Holidays can be a stressful time. Studies show that people who eat a healthy diet were less likely to have depression symptoms. This includes:

- Omega 3 fatty foods/ shellfish
- Whole grains
- Nuts
- Fiber from fruits and vegies
- Adding 'good' bacteria: kefir, yogurt, sauerkraut, garlic and onions.



Check your blood sugars. "What gets measured gets managed".

Did you Know?

The mood-related hormone serotonin is usually thought of as a brain chemical, but more than 90% of it is made in your GI tract.

Eat your way happy!

Reminder: If you haven't had your A1C tested in the past 4 months, please make an appointment with your provider. You can be eligible for a swim pass and a bottle of Vitamin D while supplies last.

If you would like a nutrition session, please call me @ 360-912-1500.





Family Advocacy

progress and narrative reports; collaborated statewide and posted two missing Native American Indian women; provided support group via zoom; attended many webinars/virtual meetings and trainings; assisted in a grant writing application; created and submitted newsletter articles that informed community members about LEFA events and services and an intent to education people about domestic violence, sexual assault, and stalking as prevention measures; and rendered many direct clientele services who are victims of DV/SA, stalking, dating violence, & elder abuse within the Port Angeles area.

Lastly, THANK YOU to so many individuals, like you, Business Council, co-workers and supervisor at Social Services department, stakeholders, Elwha programs, and community members who have blessed me with your/their unconditional support. I could not have done all of the above activities and have not had an award without your support in many ways. Many thanks to Indian Health Services Portland area for a 6-years of grant-funded support and to Lower Elwha Klallam Tribe – (Clinic and Business Council/CEO departments) for providing COVID-19 vaccinations and for vaccine support.

April 16 - Sexual Assault Awareness

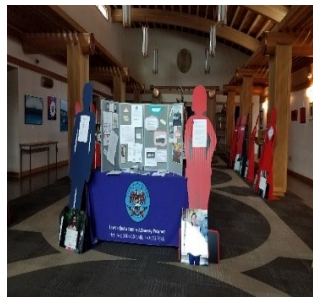


May 05 – MMIW/P Awareness



May 20- Received award from NSVRC

October 25-Nov 03 - Domestic Violence Awareness



January is National Stalking Awareness Month. A virtual awareness will be held on January 27th at 1-2:30 pm. Here is a free zoom link to attend: Beatriz Arakawa is inviting you to a scheduled Zoom meeting. Topic: January National Stalking Awareness month

Time: Jan 27, 2022 01:00 PM Pacific Time (US and Canada); Join Zoom Meeting: <https://us06web.zoom.us/j/88554715105?pwd=ZjEvOVMrR3ExT3dyK0ljT2tENWYvUT09>

Meeting ID: 885 5471 5105; Passcode: 045861 One tap mobile+12532158782, 88554715105#,,,,*045861# US (Tacoma)+17207072699,,88554715105#,*045861# US (Denver)

In solidarity, **Beatriz Arakawa**, Program Manager and Victim Advocate



Family Advocacy



Lower Elwha Family Advocacy Program

3080 Lower Elwha Road; (360) 460-1745; (360) 775-9346 crisis or non-crisis matters. Office (360) 565-7275 ext. 7453;

E-mail: Beatriz.arakawa@elwha.org

May you have many blessings during this holiday season! Happy New Year!

Review and Highlights of the Year 2021

As we mourned the loss of so many loved ones, we persevered through so many challenges, especially the COVID-19 coronavirus pandemic crisis. We stood strong, and we completed task after task. Despite of LEFA staff obstacles, I (Beatriz) am pleased to share a review and highlights of my activities last year:

January 28th, I participated on the annual county Homeless Point-in-time count.

March 26, on-site virtual training “Strong mind - ʔiyám’ xčǵín” with Jam Olmstead and Birdie Wermey, Behavioral Health Project Manager NW Tribal Epidemiology Center.

In April I was honored and awarded by the National Sexual Violence Resource Center “Visionary Voice Award”. April 15-17, I partnered with Elwha Law Enforcement, Crime Victims, Elwha Food and Fuel, and many donors from different sectors and individuals within Port Angeles. Staff conducted surveys.

4/28, hosted another virtual training with Anne Forsman Adams, WomenSpirit Coalition

May 5th partnered with Crime Victim/Elwha Police department and provided awareness about MMIW/ P missing and murdered indigenous women/people

September, collaborated and partnered with Language program in which LEFA helped provide drum making supplies and shadowed Angelina Sosa during traditional drum making class. The 9th participated on the National Domestic violence count; 9/28 & 30 partnered with Healthy Transition and Kitsap Strong for virtual training about Neuroscience, epigenetics, ACEs, and resiliency and Trauma informed.

I finalized and submitted community surveys to Indian Health Board Services in Portland. Two grants, Indian Health Services Domestic Violence Prevention Initiative grant has ended September 29th) and Department of Justice Office of Violence Against Women grant (continue implementation until September 30th 2022).

10/25-11/2nd displayed Silhouettes as part of educational awareness as we honored the National Domestic Violence Month to remember those who died, missing, and still suffering due to domestic violence and sexual assault.

For the first time, I made a short video for Mental Health awareness and submitted to Nancy Hamilton for their program website.

3/25 and 11/05 I presented at IHS-ECHO project & Northwest Coast Tribal Partnership.

I continued my duties as Board of Director member of WomenSpirit Coalition – Washington State Native American Coalition Against Domestic Violence and Sexual Assault; submitted four grants’



Language & Culture

Klallam Language & Culture Program Elementary Update:

As of December we currently visit three schools (Dry Creek, Jefferson & Crescent) Weekly. Visiting a total of 27 classes and over 500 kids. We are currently working with the teachers of Franklin to begin lessons in their classes after the new year.

Thank you to all the parents who have reached out to their teachers and principals to encourage them to bring us into their classroom.

háʔnəŋ cn (thank you)

Ashley Pitchford

Klallam Language Teacher / Department Manager





Klallam Language Secondary Level Newsletter

Submitted by Jonathan J. Arakawa, Klallam

Language Department

Stevens Middle School Klallam Language Class

The Klallam Language class at Stevens Middle School continues to be successful. In December, we had a new student enter our class. This brings us to 14 students. Very exciting! This is a semester long class. So after this semester ends after winter break, we will have a new group of students.

Lincoln High School Weekly Klallam Cultural Classes

The weekly Klallam Cultural Classes at Lincoln High School have been going amazing! In November, the class was introduced to the 9th-12th grade students at Lincoln High School. This was created in collaboration with Lincoln High School/ Seaview Academy Principal, Cindy Crumb, and Seaview Academy Support Staff, Coco Carlson. We will soon introduce the class to the 7th-12th grade students at Seaview Academy. When we first started, we had a total of 20 students each week.



Weekly Cultural Outreach in the SMS Stem-X Global Class



Library

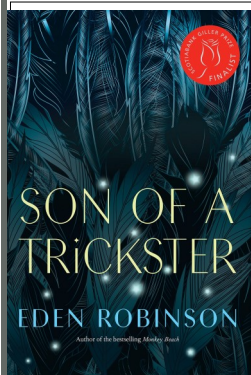
The Library has gotten a facelift!

We look forward to having visitors when tribal government facilities reopen in Phase 3.

Until then, did you know that January 2nd is National Science Fiction Day?

Check out the recommendations below. Jason Morris is available by phone or email for reading suggestions as well as research assistance!

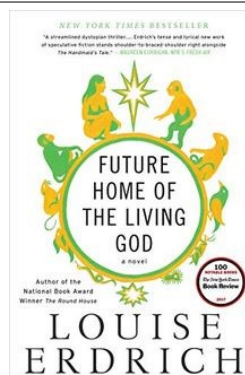
360-452-8471 x7431 or Jason.Morris@elwha.org



The first in a trilogy, *Son of a Trickster* is a coming-of-age fantasy about Jared, who's easily dismissed as just a local stoner. Jared doesn't care what people think about him — he's too busy dealing with his parents and mourning the loss of his dog. But there's something about Jared that's unexpected. Something that happens when he loses chunks of time, or talks

to ravens. And after a lifetime of being a nobody, Jared is about to discover who he really is.

Eden Robinson is a member of the Haisla and Heiltsuk First Nations.



In this fascinating novel by National Book Award-winner Louise Erdrich, evolution reverses itself as women across the planet give birth to babies that aren't recognizable as humans.

Cedar Hawk Songmaker is four months pregnant. Cedar hasn't told her adoptive parents, although she intends to. But first, Cedar wants to tell Mary Potts, her Ojibwe biological mother. As chaos un-

ravels the world she was raised in, Cedar visits the reservation to uncover the truths about her history, and her baby's future.

Louise Erdrich is a member of the Turtle Mountain Band of Chippewa.





EDUCATION NEWS

Have you been considering going to Peninsula College but you have prior fines or fees preventing you from returning? Now is the time to apply to Peninsula College. Currently there are a couple of funding options to help people in such a situation.

Fresh Start Program: The PC Foundation has provided the college with funds to “forgive” or pay off the prior debts of students who wish to re-enroll at PC, provided they successfully complete one quarter of class(es). No application form is required. Students can inquire about this opportunity through the Financial Aid Office.

HEERF/CARES: emergency grant funds are available to enrolled students through Spring quarter 2022.

If you require more information on either program above please reach out to either Jessica Egnew (360) 452-8471 ext. 7425 or Jessica.Egnew@elwha.org or the Financial Aid Office at Peninsula College, (360) 417-6390 or financialaid@pencol.edu.

You may submit FAFSA now for next school year 2022-2023. Please contact Federal Financial Aid at <https://fafsa.ed.gov>.

MYTH:

My parents make too much money, so I won't qualify for any aid.

MYTH:

I support myself, so I don't have to include my parent's info on the FAFSA® form.

MYTH:

I should wait until I'm accepted to a college before I fill out the FAFSA® form.

FACT:

The reality is there's no income cut-off to qualify for federal student aid.

FACT:

Even if you support yourself, live on your own, or file your own taxes, you may still be considered a dependent student for FAFSA® purposes.

FACT:

Don't wait. You can start now! As a matter of fact, you can start as early as your senior year of high school.

FINANCIAL AID MYTHS:

LEARN MORE AT [FAFSA.GOV](https://fafsa.gov)

MYTH:

If I didn't receive enough money for school, I'm just out of luck.

MYTH:

There's only one FAFSA® deadline and that's not until June.

MYTH:

I only have to fill out the FAFSA® form once.

FACT:

You still have options, like scholarships! Visit fafsa.gov to learn more.

FACT:

Nope! There are at least three deadlines you need to check: your state, school, and federal deadlines.

FACT:

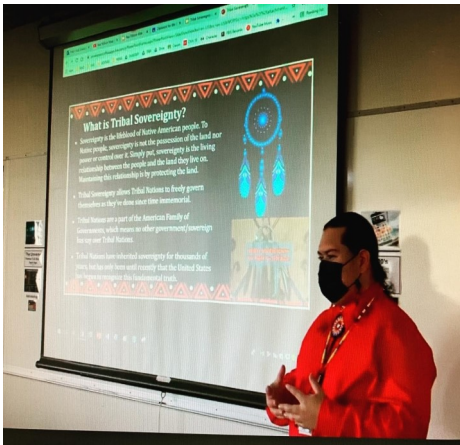
You have to fill out the FAFSA® form every year you're in school in order to stay eligible for federal student aid.



Language & Culture

SMS Stem-X Global Teacher, Dan Lieberman, and I lead a weekly Sharing Circle. Prior to starting, we explained the cultural significance of a sharing circle. Every week, a language and cultural lesson is chosen to align with the weekly theme of the class.

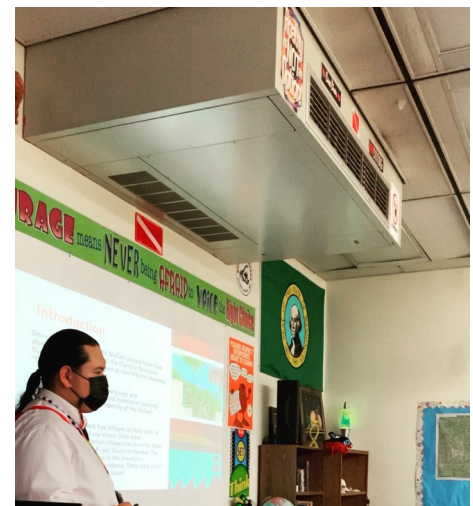
Tribal Sovereignty Overview Presentation in the SMS Civics Class



On October 25, 2021, I had the opportunity to do a presentation on Tribal Sovereignty to the SMS Civics Class. This is a history class for students in 8th grade. 130+ 8th grade students learned about Tribal Sovereignty! This presentation will occur next semester with another group of 8th graders in the spring.

History of the Klallam People Presentation in the SMS Washington State History Class

On November 4, 2021, I had the opportunity to do a presentation on the History of the Klallam People to the SMS Washington State History Class. This is a history class for students in 7th grade. 130+ 7th grade students learned about the History of the Klallam People! This presentation will occur next semester with another group of 7th graders in the spring.





Lower Elwha Head Start & Early Head Start

(360)- 452-2587 Ext 2 Interim Early Education Director: Lola

(Ext 1 Child Care Manager/Bobi)

Health Manager: Deanna Transportation: Francess

Education Manager: Temp. Vacant Prenatal Educator: Donna

Family Community Partnership Manager & Enrollment: Michelle

xəw'əsčič'ánəŋ 2022

January 2022

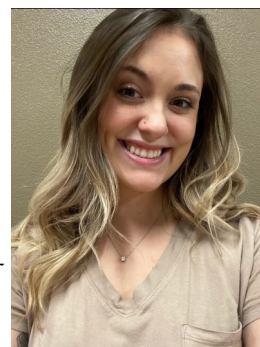
Lower Elwha Head Start/ Early Head Start Newsletter



Welcome Lancia Charles to the Lower Elwha Head Start staff. Lancia is a teacher's aid and bus aid. Lancia is an enrolled Lower Elwha Klallam tribal member. Her favorite part of the job is loving how much potential the kids still have in their life. Lancia's favorite song is "Sunny (just friends)" by Musiq Soulchild. In her spare time, Lancia loves to clean and organize then also spend time with her three amazing children. Her dream vacation is laying on a hot beach with white sand. Her advice to the Head Start children is *"take advice from people who inspire you."*

We are thankful to have her on our Head Start team, welcome Lancia!

Welcome Devon Scribner to our Lower Elwha Head Start staff full time permanently as a teacher aid. She was previously an on-call staff member, so we are happy to have her permanently now. We asked her what she likes about this job and she said "EVERYTHING!!" Devon's dream vacation is going to Bora Bora. Currently Devon is also going to school for nursing in labor and delivery. Her advice to these children when they grow up is "Reach for the stars and you will succeed." Welcome Devon!



****Ask about our recent \$2/hour increase in pay**** Are you looking for a job? We are always looking for subs and have a few positions open now. Look online at elwha.org

HEAD START JOBS AVAILABLE

- * Early Education Coach
- * Early Head Start Supervising Lead Teacher
- * Head Start Part-time Shadow Teacher (3)
 - * Substitute Teacher Assistant
 - * Substitute Kitchen Assistant
- * Early Learning Director (Updated)



Education

Lower Elwha Head Start Page 2 of 2 January 2022 Newsletter

2021-22 Lower Elwha Head Start Parent Policy Committee

Chairperson: Danielle Moses

Secretary: Mariah Francis

Head Start Rep 1: Kyle Hutto

Early Head Start Rep 1: Monte Dujue

Community Member: Lester “Mo” Moses

Vice Chairperson: Angelina Sosa

Treasurer: Karrin Francis

Head Start Rep 2: Jared Moses

Early Head Start Rep 2: Tamera Luce

Thank you all for accepting and committing to serve on the newly elected LEHS parent policy committee. We appreciate your dedication. The voice of the parents is important to this program.

DAILY REMINDER

BE COURTEOUS

Reminder: Pick your child up on time as most teachers are on a set, limited, daily schedule. Please let teachers know if you will be late, even if it is 5-10 minutes of being tardy pickup.

háʔnəŋ cn, nəscáʔčaʔ



Safety reminder:

PLEASE

Slow down in school zone, use seat belts, car seats, no texting & driving.

Turn car off when picking up child at head start and child care.

New services coming to Lower Elwha Head Start soon..... Lower Elwha Head Start is currently working with the Lower Elwha Mental Health Program to set up a schedule to work collaboratively to support our program. This step is exciting and will be helpful to our program.

IMPORTANT

Send your children with warm winter appropriate clothes, including jackets, gloves/mittens, shoes, socks and hats during this colder and windier weather. You can always send an extra set of clothing too, if not, we have limited spare clothes here at Head Start.

