



September 2019

Volume 4, Issue 8-9

# Elwha News

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LOWER ELWHA KLALLAM TRIBE

## September SUPER Issue



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*One summer of fun, spent making a  
lifetime of memories.....*





## Letter from the Vice-Chair

Dear Lower Elwha Tribal Community,

Just like all the other months July was a busy one for me. It started with the General Community Council meeting on July 1. I encourage tribal members to attend our meeting held on the first Monday of every month. Unless there is a holiday or a death. This meeting is the only voice you have dealing with the Tribal Council. Of course, you can write a letter, email or give us a phone call. However, I think actually being there and having your concerns, issues or maybe a pat on the back for council would be on record. We have a few regular attendees that show up every month. I would like to see more of you. This is on par with voting. I want to hear what you have to say.

Council met with representatives from the Washington State Department of Transportation (WSDOT) concerning the new bridge the state is building over our Elwha River in the near future. We have restoration concerns as we are rebuilding our fish runs and this bridge will have an impact on those fish that are dear to us. We have cultural concerns as we had a village there pre-contact. WSDOT consulted with us by coming to our reservation and listening to our concerns and issues. As a result, we are working them out.

I attended the regular scheduled Northwest Indian Fisheries Commission (NWIFC) held last month in Quinault. Right, someone had to attend. I really like it at Quinault. They also know how to host meetings and guests. They served up razor clams for breakfast and lunch. It was very good. Oh, and we got some work done too. We met with Washington Department of Fish and Wildlife (WDF&W) and the National Oceanic and Atmospheric Administration (NOAA) around the Regional Management Plan for the next ten years. This is to protect us from a take of Endangered Species by fishing both tribal and state. Things are going slow but I feel we are getting somewhere at least.

NWIFC is holding a retreat at Tulalip to discuss what are the priorities are as far as issues and what issues to focus on. It will also be budget and strategic planning. I look forward to this retreat, as it will give us tribes a path to follow.

The Tribal Council and key staff members recently returned from our Budget Retreat held in Tulalip. With Froilan and Tonya's expertise, we went through our budget. Steve Suagee, our new COO Tia Skerbeck, Melissa Gilman and Keri Ellis also assisted with this effort. Thank all of you. It was three days of intense scrutiny, discussions and review but we are on track to finalize and approve a tribal budget for 2019-20. I want to thank the Tulalip Tribe for their generosity with providing not only meeting rooms but with our resort rooms. Tulalip always supports the Lower Elwha Klallam Tribe. My hands are up to Tulalip.

Finally, we had the Paddle to Lummi Canoe Journey 2019. I hope all participants had a good time but more importantly were safe on the water. I would like to thank Frances Charles for stepping up and coordinating the journey this year. I also want to thank the large number of volunteers we have to make this happen. We spruced up the neighborhood by cutting grass, clearing brush and building a parking lot on Charles Road. Very good projects. We sent our canoe with our youth, adults, elders, veterans and council to the Paddle to Lummi. That was a fun filled and learning experience for all. I always learn something new at Canoe Journeys.

When the three Klallam Tribes get together, it is quite an impressive sight. We are real Klallam Strong. Lummi ran a very organized hosting the approximately 10,000 participants and 100 canoes at the event. I was impressed. It was easy to get around the various grounds where different things were going on. I do not know how many golf carts they had driving around the event center. Their police force was present and visible. I did not see any violence or crime during the hosting. My hands are also up to Lummi. Of course, with that many folks together, you had to be very patient. I encourage people that have not been to Canoe Journeys to attend the next one. I think it is going to be in Vancouver Island next year.

At the time of this letter, I traveled to Palm Springs, California for the National Tribal Lands Environmental Forum (TLEF). I participated with the National Tribal Toxics Council (NTTC) of which I am a member. I will be speaking about the Water Quality Standards in Washing State and our Fish Consumption Rate all week.

NTTC presented at the conference a break out session called, "Lead Awareness in Indian Country: Keeping Our Children Healthy." Lead is still be found in many places in Indian Country and tribes may unknowingly be using products that may contain lead. For example, toys made outside of the USA and old houses that are painted with lead based paint, fishing gear containing lead, lead dust and dirt. Tribal children can be exposed to lead, however there are actions we can take to prevent this from happening. The most effective way to prevent lead poisoning is to wash and shower every day. There is NO safe exposure limit to lead.

We also had a session called, "PFAS Toxic Consumer Products and Tribal Risks and Concerns." PFAS is the chemical that provides the nonstick on your cooking pans and other products. It repels oils, water and just about

(continued on page 3)



## Letter from the Vice-Chair

everything else. It can get into your body by cooking on it. Ever wonder why your pizza does not stick to the box? PFAS prevents it from sticking. It is also very bad for your health, if you get too much of it. Some chemicals make our everyday life very easy and comfortable but many chemicals also are very dangerous to our health.

This is just a little bit of information that I have become involved. I know very little about the entire chemicals in commerce but I have fellow council members that teach me all the time. Larry Dunn is one of them. Thank you Larry. I am very grateful to them.

Thank you taking the time to read my letter. As always, I am proud to represent you in the various functions, meeting and negotiations. I do the best I can and use all the tools available to make sure I accomplish the job.

Sincerely yours,

Russell N. (RAZZ) Hepfer

Vice Chairman

P2L2019

### The State of Washington



### Proclamation

**WHEREAS**, tribal canoes will travel the traditional highways of their ancestors to the Lummi Nation for a five day celebration, July 24<sup>th</sup> – 28<sup>th</sup>, 2019, journeying from all four directions to the Salish Sea; and

**WHEREAS**, the canoes will represent approximately 50 tribes and Canadian First Nations from many locations in Washington, Alaska, and British Columbia, as well as indigenous people from other states and countries, and will arrive at the Lummi Nation Stommish Grounds on July 24<sup>th</sup>; and

**WHEREAS**, the theme of this year's Paddle to Lummi, Sqweshenet Tse Schelangen, *Honoring Our Way of Life*, celebrates and upholds the rich traditions and unique cultural heritage of Coast Salish people, and also signifies the deep connections Coast Salish tribes have with the land, water, and one another; and

**WHEREAS**, Tribal Canoe Journeys have become a vital and monumental event for Native American families to revitalize their culture and to pass on traditional knowledge and canoe teachings to younger generations, while also bringing awareness to the importance of protecting and preserving the fish, marine life, and our environment; and

**WHEREAS**, Tribal Canoe Journey is a journey of healing, hope, honor, and hospitality – relationships are strengthened, family ties renewed, and traditions are reclaimed;

**NOW, THEREFORE**, I, Jay Inslee, Governor of the state of Washington, do hereby proclaim July 24<sup>th</sup> – 28<sup>th</sup>, 2019, as

#### ***Paddle to Lummi 2019***

in Washington, and I encourage all people in our state to join me in this special observance.



Signed this 18<sup>th</sup> day of July, 2019

Governor Jay Inslee





## Tribal Council Resolution List

Number	Date	Resolution Title
63-19	6-24-19	Approval of Common Interest Agreement for Hunting Rights Litigation Planning– APPROVED
65-19	6-24-19	Approval of Eagle Bluff Path 1 and 2 Construction Contract Award with Limited Waiver of Sovereign Immunity– APPROVED
66-19	6-10-19	NAFOA Membership– APPROVED
67-19	6-24-19	Approval to submit FY 19 Mass Marking research funding proposal– APPROVED
68-19	6-24-19	Appoint Anita E. Neal as Pro Tem Judge– APPROVED
69-19	6-24-19	Indian Health Services– Tribal Management grant– APPROVED
70-19	6-24-19	Utility Easement Crossing Village Lot #307– APPROVED
71-19	6-24-19	Confirmation of Approval of Hiring Executive Director, Lower Elwha Housing Authority, Gerald Charles– APPROVED
72-19	7-1-19	2019-2021 Biennium grant application between LEKT and WA State Dept. of Natural Resources regarding forest and fish support account– APPROVED
73-19	7-1-19	Approval of closure of Wells Fargo account Casino – APPROVED
74-19	6-26-19	Submission of 2019 Indigenous community catalyst fund application to the network for landscape conservation– APPROVED
75-19	7-8-19	Approval of 5th Amendment to Bureau of Indian Affairs multi-year funding agreement for FY 2016-2020– APPROVED
76-19	7-1-19	Approval of Agreement between the Pacific States Marine Fisheries Commission and the Lower Elwha Klallam Tribe regarding Fishery Disaster Relief, Grant No. 19-137G- APPROVED
77-19	7-1-19	Approving of the ICWP child & family services plan for FY 2020-2024 for Title VI B subpart 1 grant funding under the social security act and authorizing the submission of the plan to the US DHHS administration of Children & Families Children’s Bureau- APPROVED
78-19	7-8-19	NC Machinery Non Competitive rental agreement– APPROVED
79-19	7-8-19	2019-2020 Hunting Regulations– APPROVED
80-19	7-8-19	Approval of professional services agreement between LEKT and Bargreen Ellingson for kitchen furnishings and placement at Children’s House of Learning; with a limited waiver of tribal sovereign immunity– APPROVED
81-19	7-8-19	House of Learning construction amendment for parking lot improvements– APPROVED
82-19	8-5-19	Approving Wells Fargo Master Agreement for Treasury Management Services for the Elwha River Casino– APPROVED
84-19	8-5-19	Approval of Lower Elwha Police Department Policy & Procedure Manual– APPROVED
85-19	8-26-19	Approval of Facility Participation Agreement between the Lower Elwha Klallam Tribe and United Healthcare of WA, Inc., & PacifiCare Life & Health Insurance Company with a waiver of sovereign immunity– APPROVED



S'Klallam Days

# **S'KLALLAM DAYS**

**WHEN**

**S'Klallam Royalty  
Pageant –  
Friday, September 13<sup>th</sup>  
House of Knowledge Longhouse**

**S'Klallam Days –  
Saturday, September 14<sup>th</sup>  
PGST Tribal Campus**

**FEATURING ·**

**S'Klallam Royalty Pageant  
Horse Shoe Tournament  
Seafood Chowder & Jam Contest  
Activity Booths & Friendly Competitions  
5K Fun Run  
Canoe and Bike Parade  
Talent Show  
Food & Craft Vendors  
T-shirts for all participants**

**ALL ARE  
WELCOME**

**IF YOU HAVE  
IDEAS FOR THIS  
EVENT OR CAN  
VOLUNTEER  
PLEASE ATTEND  
ANY OF THE  
FOLLOWING  
PLANNING  
DATES AT THE  
CULTURAL  
BUILDING**

**8/12 – 1:00 P.M.  
8/26 – 1:00 PM  
9/9 – 1:00 PM**

**OR CALL:**

**MARIE HEBERT  
(360) 297-6359**

**LAURA PRICE  
(360) 509-7723**



## Lower Elwha Health Department

# *Congratulations!!!!!!*

Medical Assistants Dawn Warriner and Jessica Tinoco have received their certification for Nursing Foot care Practice and Principles. They both completed 20 hours of direct care training under Dr. Julia Overstreet, DPM, FAPWCA. Jess says the instructor was amazing and easy to work with. Dawn states it was a great experience. The instructor was very informative. Dr. Overstreet stated, "you might want to go to HR because I'd hire you." They are very excited to get going utilizing their new skills. We are extremely proud of their accomplishments and dedication to excellence in patient care.

*Way to go ladies!*

*Submitted by Vanessa Goldsbury*



### Meet Dr. Steim, new Lower Elwha Dental Provider:

Some of our patients may have had the good fortune of meeting our new Dentist, Dr. Steim. If you have not, here are some great things that are being said about her:

- ♦ she has a wonderful greeting/calming presence with any and all patients which in turn helps the entire tone of the appointment
- ♦ She has a way of explaining procedures to patients that makes it clear. She also really listens to any concerns they may have.
- ♦ Her attention to detail is fantastic with whatever she may be doing; from checking restorations for imperfections to requesting a radiograph after a surgery to make sure everything is impeccable.
- ♦ She is a great addition to the Dental Team!
- ♦ Our community will, without a doubt, benefit with Dr. Steim as a quality provider.
- ♦ Old or new patients are encouraged to come in and meet the new Doc, she is about as nice as they come and very easy to talk to.



*Welcome Dr. Steim*

### *Hands Up !*



*To all the students (and parents) who came in for our Back to School sports physicals. It is amazing to see how much everyone has grown. We have so many talented athletes in our community. Huge thanks to the parents for supporting their efforts and talent.*





## Lower Elwha Health Department

### Ultraviolet Safety Month– July

July was Ultraviolet safety month. You should always protect you and your children's eyes from the ultraviolet lights. The damage can be short or long term depending on the situation and your body. Your eyes can get sunburn!! There are sunglasses that protect your eyes from Ultraviolet AKA UV rays. This is a good step in protecting your eyes. If the weather is extreme you may also want to add a shady hat. Sunny days are not the only reason you should start protecting vision health; cloudy or even snowy days may call for UV protection. Seeing your eye doctor on a routine basis can help prevent and reduce the discomfort you may experience. If you are experiencing these symptoms you should contact your eye doctor:

Eye pain	Headaches
Gritty feeling	Glare and halos around lights
Burning sensation	Sensitivity to light
Red eyes	Blurred vision
Swollen eyes and/or lids	Watery eyes



If your eyes are not feeling normal, you should tell your eye doctor. Your eyes are an important part of your life. You create memories with your eyes that you will never forget. Do what you can to protect your eyes and minimize damage.

*Submitted by Emma Bankson*

### **REMINDER**

**If you seek Health Care other than the Lower Elwha Health Clinic without an referral you will be responsible for the cost of that bill.**

If you have any concerns and/or questions please contact Vanessa Goldsbury at (360) 452-6252 before you go elsewhere.

Respectfully submitted, *Lorna J. Mike, RN Clinic Nurse Manager*

### **Foot Care**

Lower Elwha Health Clinic will be slowly working back into providing foot care for our diabetic patients. We will be taking care of elders as our first priority. Patients seeking foot care only will be seen on Thursday mornings and can expect the appointments to take approximately 2 hours to complete.

If you have any questions please feel free to contact me at  
(360) 452-6252 ext. 7629.

Respectfully submitted, *Lorna J. Mike, RN, Clinic Nurse Manager*



## Lower Elwha Health Department

### Medication Refills

When you notice you are getting low on your medications, it's important to call in your refill request right away. Please do not wait until you are out of your medications. Once you call your pharmacy and request the refill, they will fax us notice of the request and the appropriate provider will be notified.

We appreciate you helping us make this process a lot easier and quicker for you.



### **Best wishes Brittany Johnson!!**

A very big thank you to Brittany for being a part of the dental team! Brittany started as a trainee dental assistant in June 2015. Brittany picks up on things rapidly and quickly developed solid relationships to the patients and her co-workers. Brittany is bright, thoughtful, and a great asset to the community. We hope for the best as she moves on from our team into life's next adventure.

*The dental team wishes the best for Brittany -  
we will miss you!*

### Dental Care Barriers

Personal challenges to seeking dental care can vary from time limitations to extreme fear. No matter what the barrier is, chances are you and your dental team can help figure it out

- If you have a fear of the dental work, you can openly discuss this with your dental team and come up with a plan. It also helps your dental team adapt to your fear and notice what helps you.
- Please know that your dental team has a goal to prevent dental disease when possible!
- Shame of not keeping up on oral health is another barrier. Everyone has a unique routine for optimal oral health and it changes over time with body and health changes. The sooner you start the more you can prevent and recover. Please know that we welcome you wherever you are on life's journey! We are all about guidance toward wellness, not shaming or chastising.
- When you have an extremely busy schedule, you can schedule an appointment and if that does not work, you can always reschedule. Just let us know as soon as you find out it will not work. Even if you have to reschedule the appointment repeatedly, it will work eventually – your efforts will pay off! Your oral health is an integral part of your overall health and your well-being is important.



**ROAD  
CLOSED**

You can get past your barriers! If something does not work, we will try again and eventually figure it out!





## Lower Elwha Health Department

### Purchased Referred Care (formerly known as Contract Health Services)

Contact person for this position: Vanessa Goldsbury (360) 452-6252 ext. 7611 or work cell at (360) 912-3675.

Medicare reimbursement checks are distributed quarterly, every three months on the 15th. If the 15th lands on a weekend they will be distributed at the front desk the Friday *before* the 15th. We have two new tribal assistants to help sign people up with insurance: Joe Silos and Brandy Swan, who are located at Klallam Counseling Services. This will help free up some of my time. My new supervisor (recently hired Office Manager) is also happy to assist in any way that she can. Her name is Yolonda and she sits in the front desk area. Please keep in mind that every transition takes time but we are making good progress. I will be starting work in a new system come 10.01.2019 so bear with me through this new journey. Thank you for all your patience and understanding!

*Vanessa Goldsbury*



## Pool Update!

Sequim YMCA Pool is NOW available for Elwha Tribal Members who meet the medically necessary qualifications from their primary health provider.

**\*\*If you do not qualify as medically necessary and want to use the Sequim YMCA facilities, here are the admission costs.**

However, EVERYONE is given a one-time per calendar year free pass. This allows you to use the entire facility all day !!

**\*\*18 and older - \$10.00**

**\*\*12-17 years - \$5.00**

**\*\*11 years and under - \$2.00**

Please note that anyone 12-17 years old must have a guardian or parent present on admission to give permission to be unaccompanied. 11 years old and under must be accompanied by parent or guardian. They cannot be supervised by 12-17 year olds. Everyone over 18 must have a photo ID. Sex Offender database background checks is a Policy of YMCA. If found on a register, you will not be admitted.

Please see your provider if you wish to use the YMCA Swimming pool for your medically necessary health issue **and call** the Health Clinic to be placed on the Pool Pass Register for LEKT 360.452.6252

Shark-Free Water !!

# HAPPY SWIMMING !!



## Lower Elwha Health Department

### Community Conversation on Opioids ☼ October 3, 2019, 5:00 to 7:30 pm

Come join members of the Lower Elwha Health Department for our second Community Conversation on opioid prevention and treatment in the Lower Elwha Klallam community on Thursday, October 3, 2019, 5:00-7:30 pm, in the Tribal Center Dining Hall.

The focus for this second conversation is on the use of Medication-Assisted Treatment (MAT) to treat Opioid Use Disorder. The evening will begin with a panel discussion. Speakers include medical, public health, and chemical dependency treatment professionals and someone with lived experience.

The second part of the evening will be a solution-focused conversation for community input on offering MAT as part of a comprehensive treatment program that includes integrative wraparound services for treatment of Opioid Use Disorder.

Please join us for dinner and this important conversation to get your questions answered and share your thoughts and solutions for helping our community meet the opioid crisis in an effective and solution-focused way to help those in need of treatment receive the best care available.

*Aleilah P Lawson, Wellness Coordinator*

*Tribal Opioid Response Initiative*

***Come be part of the solution***

***ccíłəŋ' č'i ʔiyám' nəxʷłay'əm***

**Stand Klallam Strong**

### August was Children's Eye Health & Safety Month!

Protect your child's eye health by:

- Shield them from ultraviolet (UV) rays in sunlight & even on cloudy days — good sunglasses can protect the eyes from sun burns!
- Wear a shady hat
- Reduce screen time — more outdoor time, board games, and time with pets or friends. Ask for help in the kitchen or chores!
- Have regular eye doctor appointments to help prevent and reduce any eye discomfort your child may experience.
- Contact your eye doctor immediately if your child experiences eye pain, discomfort or irregular appearance.

### Updated Immunizations



If you haven't already, please make an appointment today to schedule an appointment with your Lower Elwha Health Clinic provider to make sure your children are up-to-date on their immunizations!

**Lower Elwha Wellness Center**  
**(360) 452-6252 — Call Today!**







## Lower Elwha Health Department Overview & Update

The past few months have been very busy, with the implementation of the new Electronic Medical Record System *NextGen*. We are pleased to announce that the new system is working well and has shown significant improvements in health care delivery, accessibility, and reporting. Thank you for your patience as we continue to implement the new Electronic Medical Record System.

The Quality Improvement Team has also been working diligently to address community and patient concerns. Thank you for filling out customer comment cards and sharing your ideas on how we can better address your needs. And thank you to those who have also shared positive experiences at the Health Clinic as well.

Regarding the patient comments received, suggestions for improvements included:

- ♦ Make sure customer service is great and respectful,
- ♦ Ensure staff are productive and organized and that staff are managed well.

These are very important considerations and LEHD continues to take steps to address these concerns.

There are many options for health care clinics, and we strive to improve our customer service so that all patients feel welcomed and heard from the very moment they enter our front door. We are proud to welcome and announce that we now have an Office Manager, Yolonda Zuniga of the *Paiute Indian Tribe* joining the LEHD Team. There were significantly more positive comments than negative comments received:

- ♦ “MA (Medical Assistant) is always pleasant and understanding not pushing or rushed. During check-in never seems rehearsed with specifics of check in. I feel I’m treated as an individual person not just the next appointment”
- ♦ “Today everyone was great, very helpful. Everyone was very thorough with explaining information.”
- ♦ “Everyone was very pleasant and respectful”
- ♦ “No complaints about my visit for this appointment”
- ♦ “Everyone is always polite and will stop to acknowledge me. I always leave with a smile and content my needs are met”

In addition, during the recent elders meeting in August, Elders commented on Referrals and Contract Health Services, along with difficulties scheduling appointments and being charged pharmacy co-payments on prescription medications by the pharmacies. LEHD employees greatly value this feedback and have taken steps to improve these areas of concern. All of these should begin to improve with our new EMR system *NextGen*. Questions were also asked about “Same Day Appointments” and “Swimming Pool options.”

**Same Day appointments are between 11:30am-12:30pm and 1:30pm-2:30pm. It is important to call first thing in the morning to schedule a same day appointment, and Elwha Tribal members have priority for these time slots.** If you need to be seen urgently, our Nurse Manager & Triage Nurse, Nurse Lorna will be able to assist in helping you to be seen. We have included a special swimming pool update article in this newsletter as well (page 9).

There have recently been some personnel changes that are important to note:

- ♦ Dr. Matthew Whitacre, former Health Services Director has chosen to depart, taking well-deserved time for self-care and family. Dr. Whitacre was a very devoted employee to LEKT, coming on as a clinical supervisor during a time of critical need and expanding his duties into the Health Director role. He guided LEHD through many daunting tasks, including ongoing implementation of *NextGen*, recruitment of many well-qualified medical providers, AAAHC reaccreditation, and the formation of employee teams to cohesively address current events, projects, and departmental needs. LEKT will be eternally grateful for Dr. Whitacre’s desire and efforts to work towards community health and well-being while employed at LEHD. Dr. Brenda Powell, current Medical Director, has graciously stepped into the Interim Health Services Director position until further recruitment takes place.
- ♦ Marissa Martin, Registered Dietitian and former LEHD Community Health employee has gained employment in another area of the country. Marissa was a dynamic personality with a gift for coordinating/organizing diabetic education and wellness events. She will do great on her new endeavors!





## Lower Elwha Health Department Overview & Update *(continued from page 11)*

- ♦ Tracey Sanchez, former Dental Receptionist/Assistant is returning to Lower Elwha Dental in an exciting new way: as the Dental Office Manager! There were many Tribal members and patients who missed Tracey's presence at the Dental Clinic and we heard those concerns loud and clear. Tracey has always been well-loved by patients and has an unparalleled connection to the community. Having Tracey back is great news for the Dental Clinic and its patients. She will be returning to her "Dental Window" to check patients in for their Dental appointments. Welcome back Miss Tracey!

Again, thank you to everyone for your comments, suggestions, concerns and ideas. There are many ways to help inform us of how we are doing:

- ♦ customer comment cards and patient satisfaction surveys, both located at the front office desks.
- ♦ Speak directly with any of the following employees: Yolonda Zuniga (new Office Manager), Dr. Zelko (QI Coordinator), Dr. Powell (Medical Director and Interim Health Services Director).

We truly value and appreciate hearing your feedback and look forward to working together to best meet your health care needs. Having this capable team in place has given us more opportunity to analyze operational issues that have had an impact on patient experience overall. Be on the lookout for upcoming community conversations, outreach to current and past patients, and solution-based interactions with the Health Department Leadership Team.

## Please Join Us: Klallam Counseling Recovery Picnic

**Come celebrate recovery month with us!**

**We will have tons of activities to keep the kids entertained. Come dunk your favorite KCS employee in the dunk tank! Family friendly event, everyone is welcome!**

**Wednesday  
September 18<sup>th</sup>**

**2:00PM-6:00PM**

**Klallam Counseling Services  
243613 W. Hwy 101  
(Next to the Lower Elwha Health Clinic)  
Port Angeles, WA 98363**

**If you have any questions please feel free to  
contact our facility**

**360-452-4432**





## Lower Elwha Health Department

The Lower Elwha Health Department is happy to welcome **Yolonda Zuniga** to the Health Department team as the Office Manager. Yolonda bring 5+ years experience in office coordination and hopes to utilize her skills working hand-in-hand with LEHD management to assess and create workflows that will enable the Lower Elwha Health Department to better serve its patients in a welcoming, caring, and organized atmosphere.



*I am Yolonda Zuniga. I am a member of the Paiute Indian Tribe of Utah and have recently joined the Lower Elwha Health Department as the Office Manager. I bring with me five years of experience as a Business Office Coordinator, having worked for my tribe. I bring with me a bachelor's degree in Healthcare Administration with an emphasis in Bio medics, and hope to continue my education, studying for my Master's degree in Healthcare Administration. I currently hold a Medical Assisting Certification, Certified Professional Coder Certification, and Phlebotomy, EKG certification as well as a Cosmetology Certification. My family and I have moved to the beautiful Pacific Northwest in hopes to continue to provide excellent care to the Native American community. I love spending time with my four children ages 22, 21, 15, 7, and my four legged child of 9 years. I look forward to being able to serve the Lower Elwha community and will work hard to ensure the best care possible is provided starting when you walk in through the door!*



Geoffery D'Onofrio Certified Medical Assistant,

We are excited Geoffery has returned to our Medical Assistant team at LEHC. He brings a vast knowledge base and he is eager to work with our community. He has background working at University of Washington ER and at Harborview Trauma Center. We couldn't be happier to have Geoffery back with us at LEHC once again.



We are happy to welcome Erica Jovick to the Dental Clinic team. Erica joined us on August 1st and has been a great addition to the health center. You will know her by her great smile and off beat sense of humor. Erica is new to the dental assisting field and she is an enthusiastic learner. Erica moved to the Port Angeles area from Yelm, WA about a year ago and is happy to be here.



My name is Corina Bolstrom I am a Lower Elwha Klallam tribal member. I have lived on the Lower Elwha Reservation most of my life. I have been working for the tribe for going on 2.5 years I spent 2 years working in Tribal Gaming and made the leap back into health care. I recently graduated with my AA from Peninsula College; I am getting ready to start my Bachelor's Degree in Business at Peninsula College at the end of September. I have a very loving and caring personality, which makes my job working here at the Lower Elwha Clinic so much easier. I hope to be around the clinic for a while, and look forward to all the wonderful changes we have coming our way.

# Welcome to Elwha



## Lower Elwha Health Department

### Lice Prevention

Having lice is not a threat to your health, but it does have side effects. The thought of lice crawling on your head can be uncomfortable. It can affect your life by disrupting concentration, sleep, and causing embarrassment. Many children suffer the side effects of lice. If you find your child has it, there is a good chance other people in your home have it too. If you have lice, you may not feel the itching for up to a few months which is why it is important to know how to look for lice and how often. Steps you can take to reduce you and your child's chances of getting lice:

- ◆ Wear hair in a pulled back, style like a braid or bun.
- ◆ Natural oils such as Rosemary, Tea Tree Oil, Olive Oil, and Coconut Oil have been shown to reduce risk of lice.
- ◆ Use hair products like mousse and hairspray.
- ◆ Do weekly checks to catch it before it becomes an infestation.
- ◆ Educate your child on best practices to avoid potential lice contamination.
- ◆ NO sharing of combs, hats, coats etc.

Lice eggs have glue on them which can cause pain when trying to pull them off. A few things you can use to loosen the eggs:

- ◆ Wash hair with shampoo and conditioner, but don't rinse out *all* the conditioner. You also don't want too much conditioner. Having too much residual conditioner will clog the comb.
- ◆ Apple cider vinegar in a spray bottle.
- ◆ Olive oil, rubbed throughout the hair.

Lice eggs take 7-14 days to hatch. A louse cannot lay an egg until it is seven days matured. To check your child for lice weekly, follow this process:

- ◆ Shampoo & condition child's hair, leaving enough conditioner to slide the eggs off.
- ◆ Starting from the roots of the hair on the top of the head, press the comb firmly and comb from top to bottom, using their skull as a guide. Do not press so firmly that it hurts. Complete this step in sections, keeping track by parting the hair as you go. This should take approximately 5-10 minutes.

If you find your child has lice, you can create a routine that works for you. Things that can be done are:

- ◆ Put the brush that will be used on the child in a Ziploc bag in the freezer after every use.
- ◆ Apply mayonnaise on the hair at least 3 nights (consecutively), covering it with a shower cap or plastic bag.
- ◆ Seal all non-washable/sprayable items in a garbage bag or Ziploc vacuum seal bags.
- ◆ Vacuum every morning.
- ◆ Eggs must be combed or pulled out. A combination of combing and manual removal needs to be done daily.

Dealing with lice can be overwhelming for the entire family. Taking steps to catch them early can help you and slow spreading to the community. If you find you are unable to get rid of the lice, make an appointment with your physician.

### Lower Elwha Health Clinic offers the following resources:

- ◆ Rid shampoo
- ◆ Lice combs
- ◆ Tee tree oil
- ◆ No appointment necessary





## Lower Elwha Health Department

Change is good, change is happening. Our new Electronic Health Records system is up and running! NextGen is an industry leader that specifically addresses issues in Tribal Health.

Tribal Council initiated and guided this change to assist you with:

- High-quality healthcare
- Regulatory compliance
- Financial stability for your clinic
- Upgrade patient privacy
- AAAHC compliance

Thank you for your patience as we  
grow to better serve you!

Our changes include a fresh start. Please bring the following for your appointment:

- Tribal ID Card or Tribal affiliation document
- Insurance card(s)
- Medication list — bottles preferred
- List of other providers

We very much appreciate your positive comments on social media and in our lobby comment box. We also encourage you to direct your comments, concerns, and suggestions for improvement to our *Quality Assurance/Quality Improvement Officer, Dr. Paul Zelko, at [paul.zelko@elwha.org](mailto:paul.zelko@elwha.org).*



### What to Do with Used Sharps in **Washington**

Washington residents - **except for residents of Seattle** - may place used sharps in a strong, plastic container - like a laundry detergent or bleach bottle - seal container with duct tape and label **DO NOT RECYCLE**. Place in the trash, not the recycling.

**Put used sharps in a strong, plastic container.**

When the container is 3/4 full, put the lid on, seal it with duct tape, and label **DO NOT RECYCLE**.



Have a needle clipper? When the needle clipper is full, it can be disposed of according to your state or local regulations. More information can be found [here](#).

**Put the plastic container in the household trash—don't recycle!**



**Sharps should never be thrown loosely into the trash or toilet.**

Sharps that retract after use, or are very small, should be disposed of like all other sharps.

If you would like to bring your sealed container to a community sharps disposal program, there are drop-off locations in several counties.



Centers for Disease Control and Prevention  
CDC 24/7: Saving Lives, Protecting People™



## Lower Elwha Health Department

### Community Conversation — Opioid Prevention & Treatment

Over 60 Lower Elwha Klallam community members gathered on June 27, 2019, for a Community Conversation on Opioid Prevention & Treatment. Guests were welcomed by Dr. Matthew Whitacre, (Health Services Director at that time) for the Lower Elwha Health Department (LEHD). After enjoying a pleasant meal, community members learned about a variety of opportunities for opioid prevention and treatment.

The evening presentations began with a moving talk by Crystal Orevitz, CDP, Klallam Counseling Services, who described her own journey through addiction and recovery. Following this, Aleilah Lawson, Wellness Coordinator, LEHD, shared information about the importance of safe medication storage and return and demonstrated the use of medication lock bags. The lock bags were given to community members to keep their prescription medications safe.



Dr. Wahji Kasten, ND, Lower Elwha Health Clinic, discussed the importance of access to and use of Narcan, an opioid overdose reversal medication. She demonstrated how to use the nasal spray version of this life-saving medication and discussed safety precautions to take when administering Narcan. Two-dose Narcan kits were given out to help community members be prepared in the event they encounter an opioid overdose.

Becky Shimko, CDP, lead counselor for Klallam Counseling Services gave an overview of detox, inpatient, and outpatient services available in the local community. Community members asked about Medicated Assisted Treatment (MAT) and whether it was supported by LEHD. Ms. Shimko shared that it can play a critical role in recovery from opioid use disorder.

A lively facilitated community discussion followed the presentations. Stormy Howell, Treatment Manager, Klallam Counseling Services, led the group through a three-part discussion on Issues, Gaps, and Solutions. People shared their heartfelt concerns and possible solutions throughout the discussion.

Among the issues identified were concerns about the need for safe needle disposal, fear of calling 911, preying on Elders, availability of opioids, not knowing what resources are available, peer pressure, stigma of addiction, and decreased family involvement. Solutions included increased drug education, including Spiritual healing in recovery, intensive family counseling to heal together, establishing an MAT program that includes counseling, sweat lodge for people in recovery, needle exchange program, and a variety of life skills, parental support, and other trainings.

Further explorations of the ideas and solutions expressed at the dinner will occur over the next few months.

Medication lock bags and Narcan kits are available at the Lower Elwha Health Clinic.

Call Aleilah Lawson at (360) 912-1560 for more information.

***The next Community Conversation on Opioid Prevention & Treatment in the Lower Elwha Community will focus on Medication Assisted Treatment (MAT) and will take place on Thursday, October 3, 2019, 5:00-7:30 pm, in the Tribal Center Dining Hall.***

***Please join us to share your voice & be part of the solution.***



*Elder Geni Black reminded the group that "Our ancestors fought for us to survive. We need to fight to save our children from addiction and to survive. We are still fighting to survive. We need to keep going on. The next generation needs aunts and uncles and we need to survive."*





## Lower Elwha Health Department



### Congratulations Cindy and Crystal!

KCS Chemical Dependency Trainees, Cindy Westmoreland and Crystal Oravetz both recently completed their required internship hours and passed their Chemical Dependency Professional licensing exams! Each Chemical Dependency Trainee is required to complete a minimum of 2,500 hours of clinical work under the supervision of a Chemical Dependency Professional before they are eligible to take the required licensing exam. Cindy and Crystal have both been working very hard to achieve their goal of becoming Chemical Dependency Professionals and Klallam Counseling Services is very proud of them!

### *KCS Employee Spotlight* *Brandy Swan, Program Assistant*



#### **How long have you worked with KCS?**

This July it was 3 years.

#### **What do you like about working at KCS?**

I like the clients and being able to see the growth that each client makes. It is great to see how much their lives change. I also really like my co-workers.

#### **What do you like to do outside of work?**

I like to exercise, watch The Bachelorette and hang out with my dogs.

If you have ever attended a KCS event, you have seen first-hand what a tremendous asset to KCS Brandy is. Brandy organized the KCS Sobriety Slam Volleyball Tournament and was instrumental in putting on the KCS Recovery Game Nights and annual KCS Recovery Month Community Event. She does all of this in addition to her regular job duties at KCS which include working at the front desk, attending Health Department meetings on behalf of KCS, instructing Pound exercise classes for KCS treatment groups and she is a certified Tribal Assistor for helping clients obtain health Insurance.

#### **Tell us a little about yourself:**

I am an enrolled Makah Tribal member. I have 10 siblings and my family is my absolute number one priority. I am also a certified Pound instructor.

### **September is Recovery Month!**

**Join us at Klallam Counseling Services on  
Wednesday, September 18, 2019 from  
2 pm – 6 pm for our second annual Recovery  
Month Community Event!**

**This is a family friendly event open to the  
community with lots of food, games, raffle  
prizes and fun!**





## Lower Elwha Health Department

### Practicing DBT Skills

**By Stormy Howell**  
**KCS Treatment Program Manager**

At Klallam Counseling Services, our curriculum is based on the DBT (Dialectical Behavior Therapy) model. DBT is an evidence based program that helps to focus on changing the recovering addict's surroundings and behavior through learning skills in the areas of: mindfulness, distress tolerance, interpersonal effectiveness, and emotional regulation. Each of these areas have a variety of more specific skills designed to achieve the overall goal of changing a person's destructive thinking, patterns and behaviors.

Our treatment groups are designed to offer education and information about the different DBT skills, but we also want to give clients an opportunity to practice some of these skills in the treatment setting through different group activities. This provides for better reinforcement of the skills and prepares clients for using them in their daily lives outside of treatment.

Recently, the KCS groups have been practicing the skills of contributing and activities (distress tolerance), participating (mindfulness) and building positive experiences (emotional regulation). Below are some examples of the many of activities used at KCS designed to reinforce DBT skills.



Intensive Outpatient Groups and Aftercare Groups at KCS also recently worked with Dr. Wahji Kasten and Aleilah Lawson from the Lower Elwha Health Clinic to make a variety of balms and saves to use in medical kits on Tribal Journeys. This not only provides an important educational component about traditional healing, herbs and natural medicine, but also helps clients practice the skills of contributing and activities by making something to use by those on Tribal Journeys. It also reinforces the skills of building positive experiences and participation by making the balms and saves together as a group.



If you have been to KCS recently, you may have seen the brightly colored painted rocks in the plant beds. Clients at KCS painted these as part of a group activity. Clients had the option to keep their finished project or donate it to KCS to become part of the facility. This group activity emphasized the skill of participation by involvement with the project, building positive experiences by doing a creative project that also allows group members to interact with each other and create positive pro-social bonds, and the skill of contributing by the client creating something to be a part of KCS.



One of the most popular treatment group projects is an art therapy project called "The Broken Bowl." Each client receives a ceramic bowl or pot, which represents his or her life before active addiction. The bowl and pots are then broken in into pieces. The broken pieces represent the broken pieces of the client's life in their active addiction. The client then writes something on each of the pieces to represent something important to them that was "broken" during their active addiction. The broken pieces are then reassembled in to their original form. The bowl or pot may not look exactly the same as it did before it was broken, but it is able to come back together. Putting the pieces back together represents the healing that a person goes through on their path of recovery – their life may not look the same as it did before, but the pieces come back together and create a new life. This is a very powerful visual representation for many clients at to where they have been and what they are working towards in recovery.



## Shine Bright Women's Conference 2019



*Shine Bright*

Women's Conference 2019

**SEPTEMBER 14**

Elks Lodge, Port Angeles

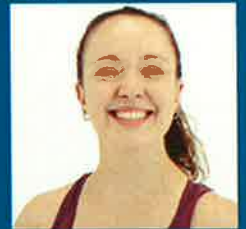
TICKETS:

[www.shinebrightconference.com](http://www.shinebrightconference.com)

Sponsored by:

*Reclaiming*  
LIGHT

A special event for women from 9am-4pm. Featuring an influential panel, a marketplace to shop from, humanitarian project, surprises throughout the day & connection to yourself and new friends!



Event will be  
Photographed by:  
Port Angeles  
Photography





## Klallam Language & Culture

### The Lost Killer Whale

ʔaʔ kʷi kʷtʰíc yaʔ tənúʔəŋ yaʔ kʷi qʰúmæčən. nən' yaʔ kʷi qʰúmæčən. Long ago the killer whales were swimming. There were many killer whales. They were swimming past cə nəxʷsłáyəm ʔəyɣwíŋxʷ stətíʔəm, the Klallam village of Jamestown. mán u ʔáyəs kʷi qʰúmæčən, the killer whales were very happy. Among the family there was a tán, mom and a ɲaʔɲáʔnaʔ, baby. sqáti yaʔ cə ʔáyəs ɲaʔɲáʔnaʔs. tənúʔəŋ yaʔ cə ɲaʔɲáʔnaʔ xʷəŋ. The happy baby was silly. The baby was swimming fast.

kʷtə táns, His mom was worried he was swimming mán' ʔuʔ yéy', too far away from the family.  
qʷáy yaʔ kʷtə táns, His mom said; "ʔáwə c ʔuʔ yéy' čì stənúʔəŋ, don't swim too far away baby!" ʔiʔ  
qʷáy yaʔ cə ɲaʔɲáʔnaʔ, and baby said, "okay Mom. I won't."

She warned him many times, and he just kept saying he wouldn't go too far, but he kept swimming further and further away from the family. niʔ suʔ tənúʔəŋ yaʔ cə ɲaʔɲáʔnaʔ, and so the baby was swimming and pretty soon it swam straight into the Dungeness spit without knowing it! It became separated from the family. ʔáwə c kʷənnəxʷ cə ɲaʔɲáʔnas kʷi táns, His mom couldn't see him. niʔ suʔ  
qiʔnúŋət yaʔ kʷtə táns, And so his mom got mad.

She didn't see him swimming into the spit. kʷán yaʔ cə ɲaʔɲáʔnaʔ, the baby was lost. haʔhúʔiʔ, He was all alone. sáyʔiʔ yaʔ cə ɲaʔɲáʔnaʔ, The baby was afraid. niʔ suʔ kʷáčəŋ yaʔ cə ɲaʔɲáʔnaʔ, and so the baby yelled; "tán! tán! ʔəxín ʔuč cə tán?! mom! mom! Where is my mom?!" But there was nobody there to answer him. mán u sənəʔəwən cə ɲaʔɲáʔnaʔ. The baby was very sad. kʷán, He was lost. xún yaʔ cə ɲaʔɲáʔnaʔ, the baby cried, as he was looking for his mom. At the same time, on the other side of the spit; kʷtə táns, his mom, noticed he was nowhere around!

ʔáwə c qiʔnúŋət kʷtə táns, his mom was not mad. sáyʔiʔ, she was scared! niʔ suʔ kʷáčəŋ yaʔ kʷtə táns, and so his mom yelled; "ɲaʔɲáʔnaʔ! ɲaʔɲáʔnaʔ! ʔəxín ʔuč cə nənəʔaʔɲáʔnaʔ!?! baby! Baby! Where's my baby?!" xún yaʔ kʷtə táns, his mom cried. At the same time, štəŋ yaʔ kʷi ʔəyčtáyŋxʷ ʔaʔ cə cáwŋən, people we're walking on the beach. yaʔyaʔnəŋ yaʔ kʷi ʔəyčtáyŋxʷ ʔaʔ kʷi qʰúmæčən, the people heard the killer whales. xʷúʔuŋ yaʔ, they were crying. kʷənnəxʷ yaʔ cə ɲaʔɲáʔnaʔ qʰúmæčən, They seen the baby killer whale. ʔiʔ kʷənnəxʷ yaʔ kʷtə táns mán' ʔuʔ yéy', and they seen his mom far away. słéʔs čì skʷənánəʔs, they wanted to help. niʔ suʔ qápt yaʔ cə ʔəčtáyŋxʷ ʔiʔ kʷənánəʔs yaʔ ʔaʔ čì qʰúmæčən, and so the people gathered and helped the killer whales. kʷənánəʔs cə ɲaʔɲáʔnaʔ, They helped baby, get around the spit and out to his family.

mán' kʷu ʔáyəs yaʔ kʷtə táns ʔiʔ mán' kʷu ʔáyəs yaʔ cə ɲaʔɲáʔnaʔ, his mom was very happy and the baby was very happy. tiə ɲaʔɲáʔnaʔ, that baby, never talked back or disobeyed his mother again.

Xəp, The end.





## Klallam Language & Culture

### The Lost Killer Whale Questions:

1) ʔəxín ʔuʔ yaʔ kʷi ɳaʔɳáʔnaʔ qʰúməčən: Where was the baby killer whale?

---

2) They swam past cə nəxʷsłáyəm ʔəyχʷínχʷ\_\_\_\_, the Klallam village of \_\_\_\_\_

- A) Nəxʷsłáyəm ʔəyχʷínχʷ ʔéʔxʷaʔ
- B) Nəxʷsłáyəm ʔəyχʷínχʷ pəšct
- C) Nəxʷsłáyəm ʔəyχʷínχʷ nəxʷqíyt
- D) Nəxʷsłáyəm ʔəyχʷínχʷ stətiʔəm

3) cán ʔay' cə słéʔs či kʷənánəʔ? who wanted to help?

- A) ʔəctáyəχʷ
- B) ʔəctiɳíxʷəŋ
- C) ʔəctiɳxʷáxʔxʷ
- D) ʔəctiɳíxʷtí tít

4) Where did ɳaʔɳáʔnaʔ qʰúməčən get lost?

---

5) In the story when did the mom get scared?



## Tribal Member Letter- Yodi ♥

Hello everybody. My name is Rose Wilson. People know me as Yodi. I am currently undergoing treatment for stage 4 lung cancer. I wanted to write to the community, and say thank you. Thank you for all your support. A lot of people have let me know they care about me and are praying for me. The fundraisers that I've held from time-to-time have went over really well. And most recently I was honored in the paddle for the battle against cancer down in Skokomish. I want to thank every single person that has sent positive thoughts and prayers, and those who have supported me and my family in general. With all my health problems over the years life has gotten pretty hard sometimes and I just want people to know how much I appreciate their kindness and support.

-Yodi



On August 18th a small group of people from Elwha pulled the Beautiful Sister Canoe in the Paddle for the battle against Cancer in Skokomish. It was a one day event that began with an 8am healing circle and then a four hour pull from Twanoh State Park to Potlatch State Park, where 7 canoes were greeted by Rita Andrews from Skokomish. A big lunch was served and there was an open mic where people could share their cancer stories. The event ended with cancer warriors who were present being wrapped in a blanket, and a beautiful prayer song.

It was great to be part of such a healing event. Many thanks to the organizers for hosting this wonderful event, the pullers and crew who woke up and left home at 4:30am to be a part of this vent and honor their family members who've battled cancer, and our Lower Elwha Tribal Council for supporting our efforts. Special thanks from Rose "Yodi" Wilson, who currently undergoing treatment for stage 4 lung cancer. It was very important to her to be there, share her story, bring awareness to the many people in our community who have fought or are fighting this terrible disease, and offer a way to recognize our cancer warriors. We hope to participate in this event again next year, and possibly work on some cancer awareness activities here at home in the near future.

-Wendy Sampson





## Tribal Vocational Rehabilitation

### Hidden Disabilities

Do you ever sit in a crowded parking lot, waiting for a space to open up, and notice someone with no visible disability utilizing a disabled parking space? It can be infuriating to see someone take advantage in that manner. However, not all disabilities are apparent to the naked eye. These are referred to as Hidden Disabilities, and make up a staggering 96% of all disabilities, according to the 2002 US Census. In fact, 73% of people living with a “severe” disability opt not to use mobility devices such as crutches or a wheelchair.

Disabilities come in many shapes and forms. They will even be categorized differently depending on which article you read or with whom you speak. There are learning disabilities that usually show up early in life. Physical disabilities that can hamper everyday tasks, mobility, and general approach to living. And there are mental health disabilities that can affect how we interact with others. There are even addictive disabilities such as Substance Use Disorder, and Substance Abuse Disorder.

Let’s talk about those 73% that choose not to use a mobility device. Why do you think that may be? Would you want your flaws and differences broadcast for anyone to see? And so, some people choose to hide theirs. They do so because they don’t appreciate the social stigma that can sometimes be directed at them from members of society who lack understanding or compassion.

No one is perfect. Some of us, less perfect than others. However, individuals with disabilities still pursue education and careers just like anyone else. They still need groceries, enjoy a night out, and appreciate the world we live in, just as much as anyone else. They just have to overcome a few more barriers to access that which the rest of society may take for granted.

So next time that parking lot gets full, and your temper gets high, give a think to the seemingly “normal” person in the disabled parking space. Maybe they require medication to walk, and each step is achingly painful. Maybe they suffer from Chronic Fatigue Syndrome, MS or epilepsy; making their stamina unreliable, even dangerous the longer they stay in the store. We’re all damaged in one way or another, some are just less visible than others.

*Chrissi Ducotey* for the Tribal Vocational Rehabilitation Program.

### Fostering Together

Our Community...Our Children. Learn how you can open your home to a Native Child in your community.

By opening your home to a Tribal youth:

- The Tribe can protect and promote the youth’s best interest.
- The Tribe can provide on-going connection to culture and traditions.
- The Tribe can often provide additional resources and support from Tribal Child Welfare Programs.

Fostering Together can help. Fostering Together is dedicated to helping ensure that every child has a safe place to stay. Homes that honor and support culture until children can return home are needed. If you are willing and able to become a resource for a family involved with child welfare, please contact us.

At Fostering Together, we are here to answer your questions, offer guidance to you during the licensing process and provide ongoing support after becoming a licensed foster parent.

Foster Parents are PROVIDED with the following:

- Support groups that help caregivers connect to share information and resources
- Training for caregivers and referrals for additional instruction
- Support foster parents at Family Team Decision-Making Meetings (FTDMs)
- Reimbursement process guidance
- Community resources and events
- A neutral bridge between the state or your private agency

All services are free to foster, adoptive and kinship caregivers.

Call 888-KIDS-414 (888-534-7414)

Visit [fosteringtogether.org](http://fosteringtogether.org)

Connect [facebook/FosteringTogetherWA](https://www.facebook.com/FosteringTogetherWA)





## Wildlife

### Wildlife Program Updates

The tribe's Wildlife Program has been busy lately, and we wanted to share some of our stories. We are actively placing 74 wildlife-monitoring cameras across the landscape, from the Elwha River on the east and Clallam Bay on the west, to help us develop monitoring methods for numerous wildlife species, including Columbian black-tailed deer, Roosevelt elk, bears, cougars, and bobcats. Our goal is to build a long-term, cost-effective, and repeatable monitoring program for culturally important wildlife species, and to prepare a "Seventh Generation Wildlife Management Plan". We also continue to study deer populations; this spring, we radio-collared 19 deer fawns and are actively tracking them. Moreover, as part of our longer-term goals, we have also been studying local predators, including mountain lions and bobcats. Tribal member Cameron Macias is in her second year of graduate school at the University of Idaho, where she is pursuing a Master's Degree in wildlife science and is focusing her research on a study of mountain lion and bobcat genetics, population size (number of animals in our study area), and population structure (numbers of males and females). Finally, we have been actively capturing, radio-collaring, and tracking cougars across our study area to understand more about their diets, genetics, and how young animals move across the landscape once they leave their mothers (called "dispersal"). In the past year and a half, we have radio-collared nine cougars, and are busily monitoring their movements, diets, and activity patterns.

We are seeking Citizen Science volunteers to help us monitor wildlife cameras, so please let us know if you are interested in participating! You can reach out to Kim Sager-Fradkin at [kim.sager@elwha.org](mailto:kim.sager@elwha.org), or 360-457-4012 X 7495. Thanks for your interest!







## Wildlife

Images obtained by the LEKT wildlife department using remote wildlife cameras.

Male cougar collared by the LEKT wildlife team, spring 2019.

Photo credit Dave Shreffler.

# Wildlife



**Over the summer furniture has been discarded at the Clallam County Transit bus stop on the north end of Stratton Road.**

Although it is very nice to have the comfort of a sofa while waiting for the bus, here are some things to consider when abandoning furniture on our land:

- In the summer it's not so bad, but when it's wet from rain & deteriorates, the roadside will look unsightly.
- Unclaimed/abandoned items can attract graffiti & other types of vandalism, including not-so-nice folks who urinate and defecate on things that other people touch.
- Encourages more litter and other bulky item dumping.
- Proper dump disposal of these items diminishes resources/\$\$ that could be used for various community needs.
- Can present a safety hazard by obstructing pedestrians, bicyclists & motorists.
- Attracts vermin, bacteria and mold (oh my!) We don't want to get our families sick.





## Announcements

### Roberta Charles, Eaglewolf House Counseling

(1) I am continuing to see clients here at Eaglewolf House Counseling, 407 Charles Road. As you know I see folks with all types of issues trying to get back on the healthy way of living as indigenous people. I see folks with relationship problems, domestic violence and other types of trauma. PTSD, anxiety and depression, bi-polar, grief and crisis issues. I also try to help folks find a good direction to take in their lives as they are working on sobriety. I will take most forms of insurance. Medicaid, Molina, BlueShield of California, Regence, Premera, Veterans Choice and others if notified ahead of time. I will do house calls but the best use of my time is here in my place. I also do hospital, convalescent, and juvie visits. If you want an appointment for any reason or any place please call me, or text at 360-460-5963 and I will get you in as soon as possible. Hoit! Roberta L. Charles MED. CAS. LMHC.

(2) We will have Interfaith Devotions here at 407 Charles Road July 11 and 25, starting at 7:00 PM. You may want to bring songs, drums, prayers or anyway you want to show your Devotion to our Lord. We are after Unity, not trying to convert anyone to a different path because all paths lead to our Creator. It is like following the Light of God, as if His Manifestation were a lamp. A lamp may change but the Light remains the same. Just like the different days of the week, different names but always the same Light! He has always been with us ancient and everlasting. We will have snacks following Devotions. Fellowship also until 8:30! Call 360-460-5963 or text for more information or to request prayers.

**Supervisory  
&  
Non-supervisory  
positions available in  
Clallam County, WA**

**\$15.00 - \$16.50 per hour**

**JOIN THE 2020 CENSUS TEAM**

**APPLY ONLINE!  
[2020census.gov/jobs](https://2020census.gov/jobs)**

**2020 Census jobs provide:**

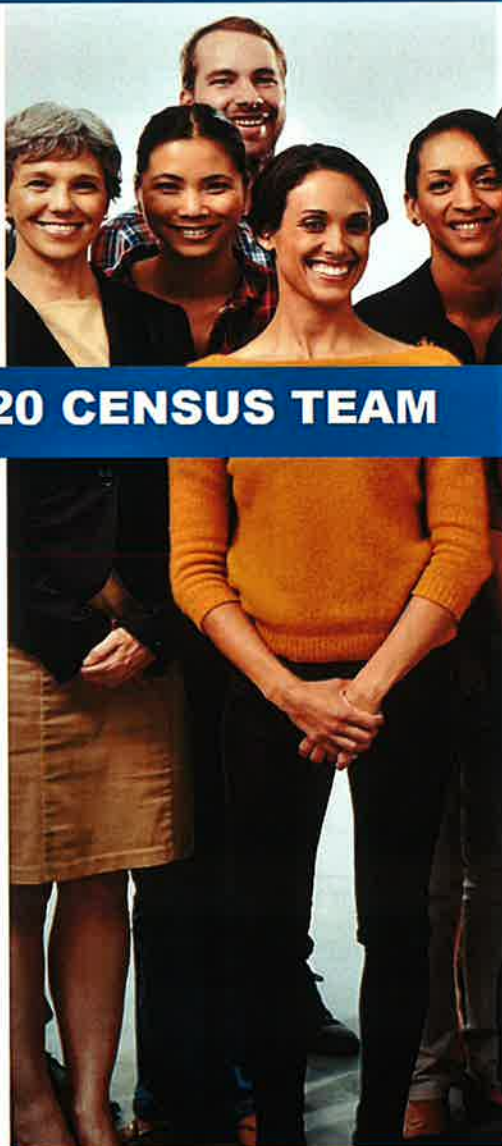
- ✓ Great pay
- ✓ Flexible hours
- ✓ Weekly pay
- ✓ Paid training

For more information or help applying, please call  
**1-855-JOB-2020 (1-855-562-2020)**

Federal Relay Service:  
1-800-877-8339 TTY/ASCII  
[www.gsa.gov/fedrelay](https://www.gsa.gov/fedrelay)

United States  
**Census  
2020**

The U.S. Census Bureau is an Equal Opportunity Employer



### **Email LEKT News:**

If you would like to receive an electronic copy of the Tribal Newsletter emailed to you, please call me and let me know.

I can be reached at:  
360-452-8471 extension 7418

Thank you for taking the time to read our news!







## June-July-August Baseball/Softball

I would like to share a few pictures and news with our tribal community, as we have a good tribal representation among teams, both players and coaches. I am proud of our athletes, coaches and families for being so involved, putting in a lot of hard work and making life a little more fun (and competitive) for our youth.



In June the 12U girls team, Boulevard Wellness, coached by Cody Bankson, Warren Stevens and Brent Robinson, were crowned champions in their league. It was a wonderful end to a busy season. Happy tears followed that amazing championship game.

Also in June, Dennis “Sully” Sullivan was honored by the North Olympic Baseball and Softball Association for his years of hard work and dedication, and he was added to the Lincoln Park Monument.



In July the PA 9U and 10U Boys' All-star teams travelled to Ellensburg to play in state tournament. Here's a pic of our PA participants:



It was very competitive tournament, in 85-90 degree weather, but our boys still had fun.

August 3-4, 2019 marked the 22<sup>nd</sup> annual Dick Brown Memorial Baseball Tournament in Port Angeles, hosting 20 teams, with 4 Port Angeles teams participating (9U, 10U, 11U, and 12U). Our boys played some great baseball, and the 12U PA team even placed #1.



I know I am probably missing some other PA team news, but I am submitting this article as a proud momma (my kids got to play with 12U Boulevard Softball & 10U-All-Star Baseball teams) and I wanted to share their successes, and others', with you all.

*-Wendy Sampson*



## Family Advocacy



### Lower Elwha Klallam Tribe - Lower Elwha Family Advocacy Program

3080 Lower Elwha Rd. Port Angeles, WA 98363

**Office: 360-565-7257 ext. 7453; Cellular Hotline 1: 360-460-1745; Hotline 2: 360-775-9346;**

**E-mail: [Beatriz.arakawa@elwha.org](mailto:Beatriz.arakawa@elwha.org)**

Assistance to Victims of Domestic Violence, Sexual Assault, Dating Violence, Stalking, and Provide Prevention/Awareness.

Mission: Victim's Safety and Autonomy through Advocacy and Community Awareness

### September 2019

First, I want to sincerely THANK YOU SO MUCH to Honorable Lower Elwha Klallam Tribal Chairwoman Frances Charles and Respective Council for allowing me to provide oral testimony on behalf of the **Lower Elwha Klallam Tribe** at the **2019 14<sup>th</sup> Annual OVW Violence Against Women Tribal Government-to-Government Consultation** in New Buffalo, Michigan on August 21-22, 2019. My heartfelt gratitude to Diane Cabrera, Prosecuting Attorney for traveling with me and all of her support. And to all of the staff, families, and community members who supported me including the victims/survivors whom I privileged to advocate, you are my strength. You were in my thoughts when I delivered the testimony in front of some Federal employees from Washington D.C., Tribal leaders, advocates, attorneys, and personnel from different Tribes/Nations and Organizations Nationwide. See attached pictures taken by Diane Cabrera.



The purposed of the **Tribal Government-to-Government Consultation** was that the Department of Justice - Office of Violence Against Women requested the Tribes/Nations to give feedback, strategies, suggestions, and/or solutions to the OVW grants' funding applications, requirements, implementations, successes, issues, and many more.

Another presentation was provided to a group of women from Port Angeles study club who wanted to know about the dynamics of domestic violence and resources to victims/survivors of abuse. Thank you to Joni M. for the invitation.

Second, I want to inform you that Angelina Sosa, Elder and Youth Mentoring Healthy Relationship Awareness and Prevention Coordinator has resigned. She has decided to move on to other job opportunity. She has worked for LEKT- Lower Elwha Family Advocacy Program for nearly a year. I want to send my sincere appreciation to Angelina and best wishes to her.

Furthermore, the **LGBTQ + Family and Friends** group (Wednesdays from 5:30 to 7:00 pm at undisclosed location), and the **Women's Open Support Gathering** (Open and walk-in – Wednesdays from 11:00 am to 12:30 pm at Social Services). Both groups are in need of participants. I will be offering activities (some are traditional) during each group session.

I want to give a heads up on LEFA up-coming October Awareness Walk. I will send out detailed



## Family Advocacy

information about the awareness walk by mail to all Tribal member households and by October newsletter.

Finally, I want you to know that the LEFA staff is committed to helping anyone impacted by domestic violence, dating violence, sexual assault, elder abuse, and stalking within the LEKT geographic area. I can provide one-in-one and/or telephonic advocacy based counseling, legal and medical advocacy, limited financial assistance, referral, and/or transportation. The information you share with me will be kept confidential unless prohibited by the law. Information and referral are always appreciated.

### Do you want to support?

*“Sign on to support October 1<sup>st</sup> as Tillie Black Bear – Women Are Scared Day! Go to <http://bit.ly/TillieSignOn>.*

*The Tillie Black Bear Women Are Sacred Day on October 1<sup>st</sup> will kick off October’s Domestic Violence Awareness Month. Tillie Black Bear was a founding mother of the NCADV and led in the national and tribal organizing efforts to establish DVAM. The intent was to connect the advocates across the nations who were working to end violence against women and children. The Day of Unity soon became an entire week devoted to a range of activities conducted at the local, tribal, state, and national levels. The activities and themes varied from location to location but included the common themes of mourning lives lost, celebrating survivors, and connecting those working to end the violence – themes that continue to shape current DVAM activities. The first DVAM month was observed in October 1987, and in 1989, Congress designated October as National Domestic Violence Awareness Month.” NIWRC – National Indigenous Women’s Resource Center, Restoration Magazine. June 2019 - Volume 16, Issue 2.*

Have a great Labor Day, National Grandparents Day, and Back to School!

Respectfully,

*Beatriz Arakawa*

Program Manager and Victim Advocate

## 2020 REAL ID

Just reminding tribal members that everyone has to have some sort of enhanced ID by October 1, 2020. If you don’t have a driver’s license, you can always bring your birth certificate, social security card, a bill from PUD proving your current address and another form of ID to prove who you are. Everyone is encouraged to get a current ID card from Enrollment and move on some sort of enhanced ID to be ready.

**Reminder!**





Limited  
Seats

Join us for Language, crafts, activities and more



# Klallam Language Elementary After School Program



Mondays & Wednesdays : first - third  
Tuesday & Thursday : fourth - sixth  
Fridays : All Students



**\*\* Application Deadline Sep, 19th**

Program Starts  
Sep. 23rd



Sep. 20th We'll contact you to let you know  
if your child(ren) made it into program

**\*Registration Form are  
available at the LEKT library**

2851 Lower Elwha Rd, Port  
Angeles, WA 98363

**Mariah Francis**  
Work Cell: 360.912.1134



## Enterprise Question of the Month

What types of positions will be available in the hotel?

The hospitality industry is quite broad. In a full-service hotel, you can expect to find a wide range of positions. Many jobs do involve dealing with customers (guests in hotels) face-to-face in a variety of ways. There are however, “behind-the scene” jobs in Maintenance & Engineering, Housekeeping, Reservations, Administration and Culinary. Management positions in our hotel (which do require experience) will or may include General Manager (sorry, this position is filled J), Director of Rooms/Hotel Manager, Front Desk Manager, Housekeeping Manager, Facilities Manager, Director of Food & Beverage, Executive Chef, Sous Chef (Banquet or Ala Carte experience), Restaurant/Lounge Manager, Banquet Manager, Director of Sales, Catering Sales Manager and Finance Manager. Non-Management positions will include Front Desk Supervisor, Front Desk Associates, Guest Service Associates (Concierge, Bellman), Reservations Agents, Housekeeping Supervisor, Room Attendants, House-Persons (cleaning and product delivery) Laundry Attendants, Maintenance Workers, Restaurant/Lounge Servers, Bartenders, Bussers, Banquet Service and Set-Up, Cooks (Breakfast/Lunch/Dinner), Dishwashers and Accounting support. We anticipate between 55 to 110 Full and Part-Time Associates will be employed, to provide adequate staffing for low and high occupancy seasons.







# Young Scientists at Play

The Middle School Elwha Science Education Program went well! 8 students participated in science and cultural activities learning about the Elwha River and surrounding area. The students participated in a canoe journey across Lake Crescent, camped at Fairholme, listened to traditional stories around a campfire, and participated in a canoe landing ceremony on the return trip. A big thank you to Justine Clifford, Mariah Francis, Wendy Sampson, Kim Sager-Fradkin and Cameron Macias for helping contribute!



The High School Elwha Summer Science Program went from August 11-14. Students got to stay at the NatureBridge campus and participate in science and cultural activities. When students participate for 2 summers, high school students receive 0.50 science credit. We moved our program from Sunday-Wednesday so students could also go to the county fair.

Please email [kristina.cain@elwha.org](mailto:kristina.cain@elwha.org) if you'd like more program information.





## Children's House of Learning- Construction

Progress photos contributed weekly by Glen Roggenbuck, Emergency Management Coordinator



First walls going up



7-24-19



7-30-19



1st trusses 8-1-19



8-5-19



Shadow Ellis, Raven's Class-

*"That's my new school! I'm going to go there when my teachers are done building it!"*

*Many of the Head Students are excited and ready for the new facility.*



8-12-19



Latest Progress 8-27-19





## Disposition of Vehicles Announcement/Opportunity

Ford Explorer



Vehicles are located and can be viewed at:

**3071 Lower Elwha Road  
(Billy Whiteshoes parking lot)**

**The sale will be on:  
September 20th, from  
1pm until 4pm.**

**Information regarding the  
status i.e. condition, etc. will be  
displayed on the windshield of  
each vehicle**

GMC Van



Bronco



## Important Notice

Bus



Chevy pickup



Jeep



Flatbed Truck



Chevy S-10





## Elder's Program

### Elder's Meeting notes: July 11<sup>th</sup>, 2019

#### Those that attended were:

- ♦ Beverly Bennett
- ♦ Charlene Charles
- ♦ Roxanne Charles
- ♦ Leon Hopie
- ♦ Gordon Charles
- ♦ Sheryl Charging-whirlwind
- ♦ Luana Arakawa
- ♦ Elva Arakawa
- ♦ Dennis Sullivan
- ♦ Cynthia Charles
- ♦ Loretta Charles
- ♦ Benjamin Charles

#### Our speakers were:

Kim Williams with Natural Resources  
McKenzie Taylor also with Natural Resources  
Jody Potter as Healthcare Management



**Wednesday**

#### Elders Shopping Day

**Yes, your coordinator will take you to do your weekly shopping.**

**Walmart, Safeway, and to pick up your Rx's on the way home too if needed.**

**9am-3pm**

**Just give me a call the day before to let me know you would like to go so I can pick you up.**

**Leona D. McKinnon 360-406-1572**

**Lower Elwha Klallam Tribe Elder Program Coordinator**

Jody and Kim shared with our Elders about the importance they feel that they get information from our elders as to:

- how much the climate has changed
- what it was like along the river while they grew up
- what was the fishing like back in their day
- how much has the river changed,
- comparing the fish species, and berries in your day
- asking if there are any Elders that would like to share their stories, and if they would be interested in letting them be recorded. These recordings will only be used for grant seeking reasons.

They are continuing their work at Bosco creek, and expressing that they are going to be doing more planting of medicinal plants; for example, devil's club.

Jody Potter shared the complete Emergency Information sheet that we would like all of our elders and their household members to complete and keep for Disaster/Weather condition variations and passed out a risk for falls sheet that all elders need to take with them to their doctors to be completed and also turned into your elder coordinator and for your household record.

We had yummy sandwiches that were put together by Leona and her son Nathaniel Bischof (summer youth work).

*Submitted by Leona Bischof*





## Elder's Program Calendar

# September 2019



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3 Drum group 4pm Tribal Center Dining Hall	4 Elder Shopping Day 9-3	5	6	7
8	9 Tribal Council Meeting 7pm	10 Drum group 4pm Tribal Center Dining Hall	11 Elder Shopping Day 9-3	12	13 Jamestown Luncheon 10-2	14
15	16	17 Drum group 4pm Tribal Center Dining Hall	18 Elder Shopping Day 9-3	19 Monthly Elders Meeting 5pm Dining Hall at The Tribal Center	20 Elder Card Day Soc. Services 9-12 Gathering Center 1-2:30	21
22	23	24 Drum group 4pm Tribal Center Dining Hall	25 Elder Shopping Day 9-3	26 Elder Coffee Social 9-1 Elders Lounge	27	28
29	30	1 Drum group 4pm Tribal Center Dining Hall	2 Elder Shopping Day 9-3	3	4	5
6	7	Lower Elwha Elders Program September 2019 If you need transportation to any of these events please call & allow 24 hrs advance notice. LEKT Elder Coordinator Leona Dolores McKinnon 360-406-1572				



## Lower Elwha Housing Authority

### Charles Hopie Lane- Dumpster:

The dumpster located at Charles Hopie Lane **is for the residents that live on Charles Hopie Lane ONLY!**

### Criminal Policy:

The purpose of this policy is to assure a safe environment for all persons residing in housing assisted by the Lower Elwha Housing Authority.

It is the intent of this policy to bar participation from all Lower Elwha Housing Authority programs of all persons who have committed a serious sexual crime, or who have engaged in drug related criminal activity, violent criminal activity, including domestic violence, dating violence or stalking, criminal activity involving burglary, or criminal activity involving the sale, distribution or furnishing of alcohol to a minor, whether on or off the housing authority premises. **UA testing is a requirement of all adult residents wishing to reside in a unit. Marijuana (including medical marijuana) is an illegal drug according to the Tribal code and our policy.** This policy is incorporated by reference into all Lower Elwha Housing Authority leases and all Lower Elwha Housing Authority homebuyer agreements.



USDA offers a once in a lifetime grant to low income seniors 62 and over for repairs and improvements that will remove health and safety hazards, or to repair or remodel dwellings to make them accessible and useable for household members with disabilities. Contact Jennifer Hutto for more information.

Watch the mail for your inspection letter as they will be scheduled beginning in September (all non-tax credit units). It's been noted that several homes have been accumulating a lot of "stuff". This can cause safety and health hazards.

Please make sure that your home has access to windows and doors to get out in case of an emergency; make sure there is nothing within 1 foot of your heaters and hot water heater and make sure you have clear access to your electric panel. If you would like a copy of our inspection check list please call and we will mail one to you or stop by to get a copy.



## Elder Announcements

*Clallam-Jefferson County Pro Bono Lawyers- Legal Clinics-*

September 14<sup>th</sup> Clallam County – 12-2pm @ The masonic temple, Port Angeles

November 9<sup>th</sup> Clallam County- Wills, Power of Attorneys, Advanced Directives

Call to schedule transportation if needed.

*Jamestown Elder's Lunch*

Friday September 13<sup>th</sup>, 2019 10am-2pm

Pick up times starting at 9am from social services

Anyone that needs transportation please sign up in the dining hall with Brandy or call your Elder Coordinator Leona M. 360-406-1572



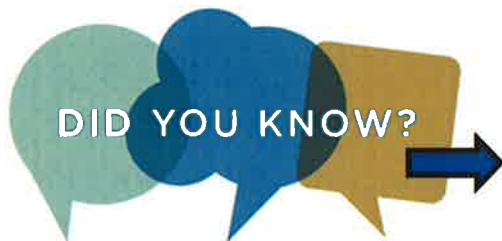
## Lower Elwha Housing Authority

**HOMEBUYERS**-Check your septic tanks periodically. Make sure and get them pumped before any backing-up-into-the-house or overflow happens!

**RENTALS**-As a renter you are not allowed to change locks on any rental unit without the prior approval from the LEHA Executive Director.

### ALL CURRENT TENANTS

If you are ever sent a hearing notice, it is important to attend and communicate with the LEHA Board of Commissioners and also following through with any recommendations or direction given by them. If you are ever forwarded to the LEKT court for non-compliance of your lease agreement with LEHA for any reason, you will be charged the applicable fees.



You don't have to remain low-income to live in LEHA housing. If a household ever becomes "non low-income" then you will be charged an extra \$100 above our max rent per unit. Our waiting list is open to **ANYONE**.

**Why, how often and the best time for Chimney Cleaning:** The job of the chimney sweep is to **remove** soot, blockages and built-up creosote from your chimney liner, firebox, smoke chamber and damper. This cleaning will help create a **safer** operation of your system during the heating system. Depending a lot on how much you use your fireplace or stove should it be cleaned. It is said that "Chimneys, fireplaces, and vents shall be inspected at least **once a year** for soundness, freedom from deposits, and correct clearances. Cleaning, maintenance, and repairs shall be done if necessary." So, even if you don't use your chimney a whole lot – birds, squirrels, raccoons and other critters may have been using your chimney making it unsafe to use without clearing out the accumulated debris from nesting activity. The Chimney Safety Institute of America says that fireplaces should be cleaned when 1/8" of sooty buildup is evident inside the chimney and flue system. Some heavy use fireplaces produce an incredible amount of soot and creosote during a cleaning. Ideally, **before the start of the burning season** during the spring, summer or early fall is a great time to get your chimney inspection and / or chimney cleaning. Before you think about building a fire or starting up your furnace because the weather has changed, is the time to call your chimney sweep.







## Justice Department- Local Crime, June 2019 Stats

Service Logs for L & O	Total
911 Hang-Up	1
Abandoned Vehicle	1
Alarm/Alarm Check	6
Animal Calls	6
Warrant Attempts	2
Assault	0
Auto Theft	1
Bar Check	0
Boating Activity	0
Burglary	0
Business Check	66
Burn Complaint	0
CA&N/Elder Abuse	1
Child Endangerment	0
Citizen Assist	3
Citizen Contact	10
Civil	2
Community Oriented Policing	36
Court Paperwork/Service	28
CPR	0
CPS	0
Courtesy Transport	2
Custodial Interference	0
Death/Unattended Death	0
Disturbance	0
Drug Violation	2
Drunkenness	0
DUI	0
DV	1
Eluding	0
Embezzlement	0
Erratic Vehicle	1
Exclusion	0
Explosion	0
Field Interview	1
Fire	0
Firework Violation	0
Fishing/Forestry Violation	0
Follow-Up	14
Forgery	0
Found/Recovered/Lost property	1
Fraud	0
Frequent Patrol Request	1
Impound	0
Junk Vehicle	1
Liquor Violation/MIP	0
Littering	0
Malicious Mischief	2
Mental/ITA	1

Medical Aid	0
Misc. Info/False Reporting	1
New Call	0
Noise Complaint	0
Officer Safety	0
Other Agency Assist	33
Overdue Person	0
Parking complaint	0
Phone Complaint	0
Placing a person in fear	0
Poss. of Stolen Property	0
Prisoner Transport	3
Prowler/Vehicle Prowler	1
Rape	1
Reckless Endangerment	0
Rendering Criminal Assistance	0
Report of open door/window	0
Repossession	0
Resisting/Obstructing/Delay	0
Robbery	0
Runaway	0
Sex Offense/Monitor	1
Search and Rescue	0
Suicide/Suicidal	0
Suspicious Person/Vehicle	1
Theft	1
Threats	1
Traffic Control/Emphasis/Hazard	2
Traffic Stops	14
Trespass	5
Unattended Hit and Run	0
Vandalism	0
Violation of Court Order	1
Vehicle Accidents	3
Vehicle Lockouts	2
Weapons Discharge/Violation	1
Welfare Check	2
Warrants- Tribal	1
Warrants-Non Tribal	1
Wires Down	0
<b>Total</b>	<b>265</b>

Arrests for June

**Dylan Bennett,**  
Violation of Court  
Order (Tribal)  
**Markus Barros,**  
CCSO warrant





## Local Crime Stats– July

Service Logs for L & O	Total
911 Hang-Up	7
Abandoned Vehicle	0
Alarm/Alarm Check	3
Animal Calls	2
Warrant Attempts	3
Assault	2
Auto Theft	1
Bar Check	0
Boating Activity	0
Burglary	0
BLS-Medical	1
Business Check	36
Burn Complaint	0
CA&N/Elder Abuse	1
Child Endangerment	0
Citizen Assist	8
Citizen Contact	8
Civil	0
Community Oriented Policing	54
Court Paperwork/Service	31
CPR	0
CPS	3
Courtesy Transport	1
Custodial Interference	0
Death/Unattended Death	0
Disturbance	4
Drug Violation	0
Drunkenness	0
DUI	0
DV	0
Eluding	0
Embezzlement	0
Erratic Vehicle	0
Exclusion	0
Explosion	0
Field Interview	0
Fire	0
Firework Violation	0
Fishing/Forestry Violation	1
Follow-Up	14
Forgery	0
Found/Recovered/Lost property	3
Fraud	1
Frequent Patrol Request	2
Impound	0
Indecent Liberties	1
Junk Vehicle	2
Liquor Violation/MIP	1
Littering	0
Malicious Mischief	1
Mental/ITA	1

Medical Aid	0
Misc. Info/False Reporting	2
New Call	0
Noise Complaint	0
Officer Safety	0
Other Agency Assist	36
Overdue Person	0
Parking complaint	0
Phone Complaint	0
Placing a person in fear	0
Poss. of Stolen Property	0
Prisoner Transport	3
Prowler/Vehicle Prowler	0
Rape	0
Reckless Endangerment	0
Rendering Criminal Assistance	0
Report of open door/window	0
Repossession	0
Resisting/Obstructing/Delay	0
Robbery	0
Runaway	0
Sex Offense/Monitor	1
Search and Rescue	0
Suicide/Suicidal	0
Suspicious Person/Vehicle	7
Theft	5
Threats	0
Traffic Control/Emphasis/Hazard	3
Traffic Stops	26
Trespass	0
Unattended Hit and Run	0
Vandalism	0
Violation of Court Order	0
Vehicle Accidents	6
Vehicle Lockouts	5
Weapons Discharge/Violation	0
Welfare Check	0
Warrants- Tribal	0
Warrants-Non Tribal	4
Wires Down	0
<b>Total</b>	<b>289</b>

### Arrests for July

**Dennis Wachendorf,**  
CCSO warrant

**Catrinna Constantine,**  
CCSO warrant

**Chanlyn Brown,**  
CCSO warrant

**Michael Guy,**  
CCSO Warrant







## Lower Elwha Police Department



I am pleased to announce that on August 10, 2019 at 10:30AM, Philip Charles a Lower Elwha Klallam Tribal Member graduated from the Bureau of Indian Affairs Indian Police Academy. Officer P. Charles completed 13 weeks of training. This is a huge sacrifice and commitment. Officer P. Charles represented the Tribe and his family name while at the academy. Officer P. Charles succeeded where several others failed. I am very proud of Officer P. Charles and happy to welcome him home. Officer P. Charles has taken the first step into a career that is hard, challenging and rewarding. Officer P. Charles will have to attend another two-week academy to meet Washington State Criminal Justice Training Center equivalency standards so he can be commissioned under the

Memorandum of Understanding with the City of Port Angeles Police Department and soon Clallam County Sheriff's Department. Please take a minute to congratulate Officer P. Charles when you next see him. He represented himself, the Police department and our Tribe with great dignity and effort.

Chief of Police,

*Samuel L. White*





## Announcements



*Happy birthday to the best “big” little brother ever, Timmy, Timon, Tillmona, “Hunkle Timmy,” Timichanga, TimDawg, T-Rex, Two-Tote Timmy, T-Lion (newly made up)*

*Thank you for caring about all of us and helping us succeed.*

*You are unmatched in your compassion and consideration of the well-being of those around you. Anybody who’s worked with you or for you knows you have the biggest heart and are the least judgmental person, truly just wanting everyone to win at life and willing to help everybody and anybody get to a good place.*

*We are lucky to have you and so thankful for the laughs you bring and the good role-model you are to all of our kids.*

*Happy Birthday Timmy, we love you!*







## Farewell Lynn Risenhoover

On Friday, June 21st, the community celebrated the end of another successful school year and also bid farewell to Lynn Risenhoover.

Lynn, you will always hold a special place in the hearts of the youth you have assisted, nurtured, and taught. Thank you making a difference in our community, we will certainly miss you!



We were also sad to say goodbye to Brian Freitag, the Librarian. Brian is a smart, friendly and helpful employee and will be an asset to his next employer. We wish you luck on your new adventures Brian!





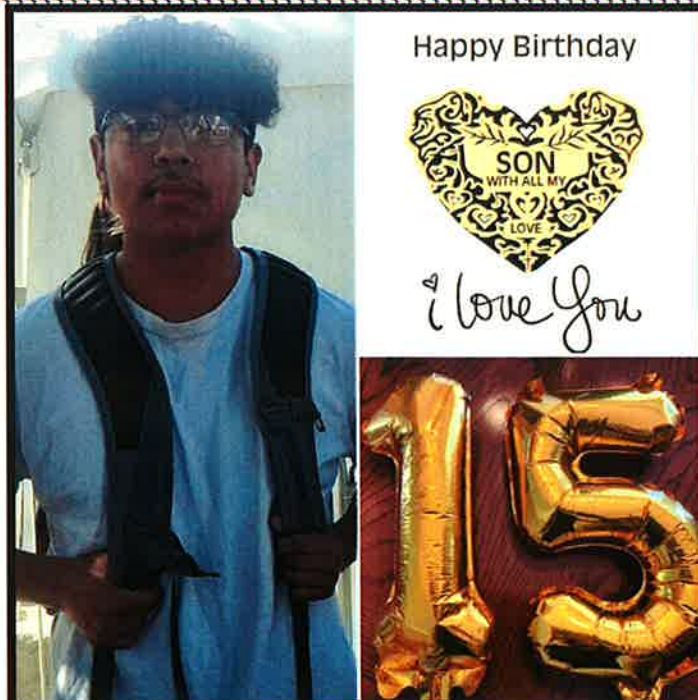


## August Birthdays- Tribal Members

8/1 Dasan Charles-Elofson	8/12 Becky Charles	8/23 Elena Turrey
8/1 Jessica Egnew	8/12 Travis Francis	8/23 Kielar Point
8/1 Debra Gloria	8/12 Romy Laungayan	8/25 George Charles
8/2 Frank Bennett III	8/13 Jonathan Arakawa	8/25 Roger Fernandes
8/2 Curtis Greene	8/15 Jada Cargo	8/25 Gerald Foster Jr.
8/2 Jesse Vail	8/16 Nylene Charles	8/25 Julian Wells
8/3 Josephina Edgington	8/16 Daniel Johnson	8/26 Alison Dick
8/3 Olivia Yazzie	8/17 Adam Kardonsky	8/26 Melonie Pearce
8/5 Sam Luce	8/18 Jean Schaeffer	8/27 Anthony Boyd Sr.
8/6 Renee Bennett	8/18 Victoria Smith	8/27 Nyle Hepfer
8/6 Deborah J. Charles	8/18 Tyson Springfield	8/27 Antonio Martinez-Boyd
8/6 Kyra Hurley	8/19 Stacie Avila	8/27 Cheyenne Wheeler
8/6 Cynthia Sampson	8/19 Stanley Johnson	8/28 Gordon Charles
8/7 Hunter Bennett	8/19 Bryce Lauderback	8/28 Alexandra Muck
8/7 Robert Elofson-Gilbertson	8/19 Franklin Lawrence	8/28 Charles Needham
8/7 Sebastian Foster	8/21 Ralena Black Crow	8/28 Matthew Needham
8/8 Samantha Dredge	8/21 William Fernandes	8/29 Garth Hopie
8/8 Matthias Sawyer-Lucas	8/21 Ava Francis	8/30 Emanuel Charging Whirlwind
8/10 Juanita Charles	8/21 Monique Hopie-Pearce	8/30 Phillip Charles Jr.
8/10 Linty Hopie	8/22 Rayin Blewett	8/30 Jenae Clifford
8/10 Gayla Johnson	8/22 Alan V. Charles	8/30 Tracie Macias
8/11 Kason Albaugh	8/22 Dorothy Sampson	8/30 Kurtis Roberts
8/11 Miles Cayenne	8/22 Duane Stephan III	8/31 Patricia Elofson
8/11 Colleen Matte	8/23 Taylor Jones	

### August Staff Birthdays-

8/15 Carol Brown  
8/16 Josh Grasseth  
8/16 Nylene Charles  
8/17 Jennifer Linde  
8/18 Darryl Svec  
8/19 Irene Peters  
8/21 Christina Matson  
8/22 Alan V. Charles  
8/25 George Charles  
8/26 Madison Shaw  
8/28 Steve Stigler  
8/28 Gordon Charles  
8/29 Korene Tejano  
8/29 Rose Jefferson  
8/30 Ashley Boss







## September Birthdays- Tribal Members

9/1 Alan Bennett	9/11 Shania Foster	9/21 Christina Matson
9/1 Rose Wilson	9/12 Anika Stephan	9/22 Ashley Pitchford
9/1 Athena Much	9/12 Ellen Charles	9/22 Deanna Sero
9/2 Maxine Sampson	9/13 Kodiak Adkins	9/23 Theresa Forbes
9/3 Marsha Cortez	9/13 Jonathan Sampson Jr.	9/23 Jeffrey Hepfer
9/3 Odessia Cargo	9/13 Marissa Rapoza	9/23 Reggie Miller-Lucero
9/4 Sheryl Charging Whirlwind	9/14 Nancy Wickham	9/24 Pierce Blackcrow
9/4 Delsen Lauderback	9/14 Lazaro Tinoco	9/24 Selena Bolstrom-Lopez
9/4 Kamia Jennings	9/15 Taeh Johnson	9/24 Robert Sullivan
9/6 Toni Kahl	9/15 Lovera Blackcrow	9/24 Riki Wachendorf
9/7 Jimmy Chester Jr.	9/16 Kelly Clark	9/24 Gregory Williams
9/7 Harmony Arakawa	9/16 Austin Muck	9/24 Denise Martinez
9/8 Rachel Hagaman	9/17 Cain Bennett	9/25 Donna Sero
9/8 Arlene Wheeler	9/17 Michael Jones	9/25 Kaiden Charles
9/8 Jeanette Wiechman	9/17 Amanda Williams	9/26 Joseph Huff
9/8 Valerie Charles	9/17 Mark Charles	9/26 Marlin Manuel
9/9 Vicki Trudeau	9/17 Melchor Gloria III	9/27 Michael Johnson
9/9 Dolanna Burnett	9/18 Ronald Bolstrom	9/27 Grant Karanovich
9/9 Tillman Goldsbury Jr.	9/18 Javier Hernandez	9/27 Gary Johnson III
9/9 Brianna Charles	9/19 Irene Peters	9/28 Robert Elofson
9/9 Justin Williams	9/19 Tyson Francis	9/28 Tyler Turrey
9/9 Makiah Foster	9/19 Donna Charles	9/29 Catherine Youngman
9/9 Justine Clifford	9/20 Claire Luce	9/29 Jody Turrey
9/9 Jon Clifford	9/21 Vivian Peters	9/29 Jami Green
9/9 Josephine Johnson	9/21 Samuel White	9/30 Carolyn Salter
9/10 Philip Bischof	9/21 Michael Peters	9/30 Dawn Stephan
9/10 Chloe Matte	9/21 Andrew Charles	9/30 Dawn Adams-Black
9/10 Dane Matte	9/21 Gabriel Youngman	
9/11 Doris Charles	9/21 Yolanda Stephan	

### September Staff Birthdays-

9/1 Ray Moses	9/8 Rachel Hagaman	9/22 Ashley Pitchford
9/1 Jimmy Hoffman	9/8 Arlene Wheeler	9/24 Tammie Stevens
9/1 Susan Alexander	9/9 Justine Clifford	9/25 Josh McCool
9/3 Sarah Lawrence	9/9 Jon Clifford	9/27 Mary Laungayan
9/4 Delsen Lauderback	9/10 Allana Tiece	9/28 Robert Elofson
9/6 Deanna Murray	9/11 Ricky Flores	9/29 Andrea Blake
9/7 Harmony Arakawa	9/12 Ellen Charles	9/30 Steve Suagee
9/7 Summer Cooper	9/18 Ron Bolstrom	9/30 Dawn Stephan
	9/21 Gabe Youngman	



## Elder's Nutrition Program Menu September

September 2019 Elders Nutrition Program Menu				
Monday	Tuesday	Wednesday	Thursday	Friday
2 <sup>nd</sup>	3 <sup>rd</sup>	4 <sup>th</sup>	5 <sup>th</sup>	6 <sup>th</sup>
Beef Stroganoff With Green beans WW Rolls Green Salad Apples	<b>Holiday Labor Day</b>	Egg salad sand- wiches on WW bread Potato soup Green salad Oranges	Fish Sandwiches on WW buns And condiments Green Salad Blackberries	Chicken adobo with brown rice Bok Choy Green salad Blueberries
9 <sup>th</sup>	10 <sup>th</sup>	11 <sup>th</sup>	12 <sup>th</sup>	13 <sup>th</sup>
Taco Salad with beef WG tortilla chips Green salad Pineapple	BBQ Oven Baked Chicken Corn bread Green Salad Blueberries	Pork Loin Roasted Veggies WW Rolls Green Salad Apples	Burger Gravy over Brown Rice mixed veggies Green salad Blueberries	<b>Jamestown Lunch- Call 452- 8471 ext. 7343</b>
16 <sup>th</sup>	17 <sup>th</sup>	18 <sup>th</sup>	19 <sup>th</sup>	20 <sup>th</sup>
Hamburger Soup with veg- gies and WW noodles Green salad Strawberries	Breakfast sand- wiches with ham on WW English muffins Green salad Applesauce	Indian Tacos Green Salad Fruit Juice	Oven Fried Pork Chops Waldorf Salad Green Salad Blackberries	Meatloaf WW rolls Broccoli Green salad Fruit salad
23 <sup>rd</sup>	24 <sup>th</sup>	25 <sup>th</sup>	26 <sup>th</sup>	27 <sup>th</sup>
Clam Chowder WW rolls Green beans Blueberries	BBQ baked chicken with WW corn bread Green Salad Fruit Juice	Baked Cod With boiled red potatoes WW rolls Green Salad Fruit Salad	Lasagna with beef sauce Garlic bread Green Salad Oranges	Braised Beef Roasted root veggies WW rolls Green salad Blackberries
30 <sup>th</sup>	October 1st	October 2nd	October 3rd	October 4th
Baked Potatoes with Taco Meat Broccoli WW Rolls Green Salad Fruit Juice	Ham and Bean Soup Corn Bread Carrots Applesauce	Creamy chicken and rice soup with Brown rice Garlic bread Green salad Fruit	Shepard's Pie With beef WW rolls Broccoli Green salad Grapes	Burrito bowls with brown rice and shredded chicken Condiments Green salad Melon





## TRIBAL DIRECTORY

### **Tribal Center**

2851 Lower Elwha Road  
Port Angeles, WA 98363  
360.452.8471

**CEO** (Interim) Tonya Greene, Ext 7469  
**COO** of Enterprise Linty Hopie, Ext 7438  
**CFO** Froilan Sarmiento, Ext 7463

### **Accounting**

2851 Lower Elwha Road  
Tonya Greene, Controller/Grants  
Administrator Ext. 7461  
Jo Klinski, Employee Benefits Specialist,  
Ext 7460

### **Cedar Box Smoke Shop**

4779 S Dry Creek Road  
Isaiah Coley, 360.452.9250

### **Child Care**

322 Stratton Road  
360.452.3562  
Deborah Hales, Director Ext 7471

### **Education**

Jessica Egnew, Director Ext 7425

### **Elwha River Casino**

631 Stratton Road, 452.3005  
Mike Watson, Interim General Manager

### **Elder Services**

Leona McKinnon, Coordinator Ext 7466

### **Employment Services/HR/TERO**

Sandra Johnson, Director Ext 7429

### **Enrollment Services**

Marilyn Edgington, Ext 7444

### **Facilities & Maintenance**

Warren Stevens, Director Ext 7432

### **Gaming Commission**

631 Stratton Road  
360.452.5628  
Elaina Begay, Director

### **Head Start/Early Head Start**

463 Stratton Road,  
360.452.2587  
Deborah Hales, Director Ext 7471

### **Health Clinic**

243511 Highway 101 West  
360.452.6252  
Dr. Matthew Whitacre, Health Services Dir.

### **Heritage Center**

401 E. First Street, 360.417.8545  
Suzie Bennett, Ext. 2908

### **Human Resources**

Lorinda Robideau, Ext 7430

### **Housing Authority**

22 Kwitsen Drive, 360.457.5116  
Gerald Charles, Director Ext. 7551

### **Information Technology**

Ken Giersch, Director Ext. 7541

### **Justice Center/Tribal Court**

341 Spokwes Drive  
360.452.6759

### **Klallam Counseling Services**

243613 W Hwy 101, Port Angeles  
360.452.4432  
Stormy Howell, Treatment Manager

### **Law & Order/Police Dept.**

**Justice Center**  
341 Spokwes Drive  
360.452.6759 Ext 2922  
Sam White, Chief of Police

### **LOWER ELWHA FOOD & FUEL**

Isaiah Coley, 360.452.9250

### **Natural Resources/Fish Hatchery**

760 Stratton Road  
360.457.4012  
Matt Beirne, Director Ext 7485

### **Planning & Development**

Arlene Wheeler, Director Ext 7437

### **Prevention Health/GYM**

Jason Wheeler, Ext. 7440

### **Social Services**

3080 Lower Elwha Road  
360.565.7252  
Becca Weed, Interim Director

## BUSINESS COUNCIL



Frances G. Charles

Tribal Chairwoman, Ext. 7411



Russ Hepfer

Vice Chairman, Ext. 7412



Anthony Charles

Secretary/Treasurer Ext. 7415



Steve Joaquin Robideau

Council Member, Ext. 7413



George Charles

Council Member, Ext. 7414

Lower Elwha Klallam Tribe  
2851 Lower Elwha Road  
Port Angeles, WA 98363

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**ELWHA NEWS**  
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## “THE STRONG PEOPLE”

The *Elwha News* is a monthly publication of the Lower Elwha Klallam Tribe to inform, educate and stimulate interest in the Tribe and community affairs. It also raises awareness and respect for the Reservation and its resources. For news articles, please send to the address below by the 18th of the month.

Keri Ellis  
Executive Administrative Assistant  
2851 Lower Elwha Road  
Port Angeles, WA 98363  
Phone: 360.452.8471  
Fax: 360.452.3428

Note: The newsletter is uploaded monthly to the Lower Elwha Klallam Tribe webpage [elwha.org](http://elwha.org)  
You can find it under the “Announcements” section titled: **Newsletter**