

June is Men's Health Month

Men make yourself your number 1 priority



When was the last time you went to the clinic for a Physical Exam?

Is it time for your yearly exam, testing and screening? Men of all ages are encouraged to visit your Health Care Provider.

At 50 years of age and older it is time to talk to your provider about prostate Health and Colon screening.

MEN'S HEALTH DAY FAIR

@ the LEKT Clinic

JUNE 20, 2019

11:00 am to 4:00 PM

Info, Booths, Snacks, Raffles and more!!

Men's Health Day Goals:

Get your physical and get the facts.

- ⇒ Men's cancer educ.
- ⇒ Colon cancer,
- ⇒ Heart disease,
- ⇒ Oral neck cancer,
- ⇒ Diabetes
- ⇒ Blood pressure
- ⇒ Nutrition
- ⇒ Exercise
- ⇒ And much more

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