

Volume 3, Issue 10



Elwha News

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LOWER ELWHA KLALLAM TRIBE



On September 20, 2018, the LEKT Business Committee Members met in a special and rare joint session with the Port Angeles City Council where the final vote and signing of the purchase agreement on the sale of downtown property on Front Street took place. The Tribe intends to hold this property and develop it for economic purposes including a hotel and related facilities. This purchase marks another step in the Tribe's desire to expand its social, cultural and economic presence in Port Angeles and along the harbor and waterfront, and to function as a strong partner with the City, Port, and larger community. Since 2009 the City of Port Angeles has actively sought the presence of a Tribal facility in downtown and we are excited to be a part of fulfilling that vision.

With this purchase, we continue to strengthen our contribution in the revitalization of downtown Port Angeles and the opportunity to help increase tourism and further economic development opportunities for our Tribe and the whole region. The next step in this project will involve the environmental cleanup and remediation of all hazardous substances on the site, which will begin as soon as possible. The tribe will also continue to work to finalize plans on the construction of an 80-room hotel that will also include a restaurant and lounge. In addition to the planned hotel project, LEKT is also a partner in the waterfront performing arts and educational campus project that includes the Port Angeles Performing Arts Center and the Feiro Marine Life Center / Marine Discovery Center. As a part of that partnership, LEKT plans to build a performing arts longhouse that is intended to feature Native American performing art acts from around the region and beyond.

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Lower Climba Kialiam Tribo, 2851 Lower Climba Hoad, Port Angelos, WA 98363

RESOLUTION No. 129-18



INDIGENOUS PEOPLES' DAY PROCLAMATION

WHEREAS. the Lower Elwha Triba! Community, also known as the Lower Elwha Khillam Triba ("the Tribe"), is a federally recognized, self-governing Indian tribe in accordance with the Treaty of Point-No-Point of January 26, 1855, its Constitution and By-laws, approved by the Secretary of the Interior on April 29, 1968, and the Indian Reorganization Act of June 18, 1934; and

WHEREAS, the Lower Elwha Klallam Tribal Business Committee of the Lower Flwha Community Council is the constitutionally and duly elected representative body of the Tribe, and is responsible for ensuring the health, safety, education, welfare, social and economic development, law and order, judicial services, and housing of its tribal citizens: and to preserve and protect the culture, treaty rights, natural resources, and otherwise promoting the welfare and interests of its tribal citizens: and

WHEREAS, under Article IV. Section 1 of the Tribe's Constitution, the Tribe has the authority to administer the affairs of the Tribe and the Lower Elwha Reservation; and

WHEREAS, The City of Port Angeles acknowledges that Lower Elwha Klallam Tribe and our ancestors have occupied the lands of the Olympic Peninsula and surrounding areas since time immemorial; and

WHEREAS, The Lower Elwha Klallam Tribe and the City of Port Angeles are working toward collaborative efforts of acknowledging the contributions of Indigenous People; and

THEREFORE BE IT NOW RESOLVED THAT, the Lower Elwha Kiallam Tribe supports the City of Port Angeles in their honorable efforts to acknowledge Indigenous People by moving forward with changing Columbus Day (second Monday in October) to Indigenous Peoples' Day; and.

HE IT FURTHER RESOLVED, that the Tribe will observe Indigenous Peoples' Day as a paid holiday and that the Human Resources Director is instructed to make the necessary amendment to Section 701.1 of the Lower Elwha Kiallam Tribal Government Employee Handbook.

Elwha Youth Coalition Elects New Officers



On September 27, 2018, at the Annual Meeting for the Elwha Youth Coalition, elections were held for the position of Co-Chair and Secretary. By unanimous vote, Jasmine Jefferson was elected Co-Chair and Kirsten Charles was elected Secretary. This team of young leaders includes Jonathan Arakawa who also serves as Co-Chair.

The Coalition also welcomes two new Youth Sector Representatives, Leandra Cable and Myles Bowechop.

Please congratulate our new officers and representatives on their new positions!

Our hands go up to **Frances G Charles**, serving as Co-Chair since October 2015, and **Arlene "Pebs" Wheeler**, serving as Secretary since December 2015. há?nəŋ cn for your good service.

— Aleilah P Lawson, Elwha Youth Coalition Coordinator

Tribal Business Committee Resolution List

Number Date	Resolution Title
92-18	340B Contract Pharmacy Agreement between the Lower Elwha Klallam Tribe and Safeway Inc with Waiver of Sovereign Immunity - Tabled
93-18 8/6/2018	Fuel supply agreement between LEKT and APP - Approved
94-18 8/6/2018	Transaction processing agreement between LEKT and APP - Approved
95-18 7/3/2018	LEKT Police Dept. policies and Procedures in compliance with the WSP access policy, including the FBI criminal justice security information - Approved
96-18 6/28/2018	Revisions to LEKT Housing Authority ordinance - Approved
105-18 8/6/2018	Office for Victims of Crime FY 18 tribal Victim Services set-aside program - Approved
106-18 8/15/2018	Point of sale agreement between Cake Corporation and LEKT with a limited waiver of sover eign immunity - Approved
107-18 8/6/2018	Authorization to submit FY18 Pacific salmon treaty implementation project proposal and FY17 annual report - Approved
108-18 8/6/2018	Public works barn and yard facility site dedication - Approved
109-18 8/15/2018 proved	Submission of FY18 Western Washington treaty tribal wildlife funds grant to the NWIFC - Ap-
110-18 8/6/2018	Establishing moratorium on certain adoptions - Approved
111-18 9/5/2018	Potlatch fund 2018 Native Arts - Approved
112-18 9/5/2018	Approval of advanced practice provider search agreement between LEKT and Jackson physician search, LLC with a limited waiver of sovereign immunity - Tabled



Women have a Choice.

If you are like me, your to-do list is always bigger than the time you have to tackle it.

October 30th the Lower Elwha Health Clinic will be hosting Women's Health Day 8AM to 5 PM

We will be offering Mammograms at the Olympic Peninsula Radiology Clinic on First Street. Lower Elwha Health Clinic will be scheduling women for their mammograms. If you are over 39 and have not had a mammogram in the last 2 years make an appointment by calling the clinic or Birdie at 360-452-6252 extension 7631. We need you to sign up early to get a secured spot on the list.

Like so many other things in life, it's easy to lose track of getting your routine mammogram.

Before you know it, several years have gone by without taking advantage of one of the best ways to detect breast cancer early.

That's why we want to help make it possible for every woman who needs one to get a mammogram, regardless of income.

You have a choice:

Do you need a clinical breast exam? Yes or No?

Schedule to meet with a doctor to decide what is best for you. You can request 15 minutes with the doctor or registered dietitian to discuss your health concerns. The doctor will be providing education and support.

This is a great opportunity so call as soon as possible.

Red Ribbon Week @ Elwha — October 22nd through 26th

Elwha Youth! Come join us the week of October 22nd for a variety of after -school activities to celebrate Red Ribbon Week! We will have different activities each day to celebrate choosing to Stand Klallam Strong and Be Drug Free. Monday through Thursday we meet from 2:30 pm to 4:30 pm in the Tribal Center. Friday is 2:30 pm to 8:30 pm!

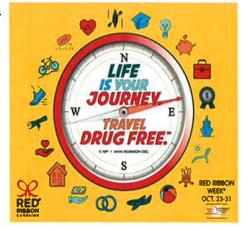
Monday — October 22nd — Poster Day

Tuesday — October 23rd — Making Digital Stories

Wednesday — October 24th — Kickin' Addiction Kick Ball

Thursday — October 25th — Plant the Promise

Friday — October 26th — Walk for Awareness, Pizza Party, and Movie Night!



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Letter from CEO William (Bill) White



Lots of things going on this last month so I'm going to list a bunch of highlights, but will be a little slim on details.

Budget – Your business council finalized its 2018-19 annual budget recently. Thanks go out to Froilan Sarmiento for his contin-

ued excellent work in finance management on behalf of this Tribe. We are on sound financial footing. We are finalizing the numbers and preparing graphics to help present this information to you and program staff. They should be available by next month's Newsletter.

pening up at the clinic. Six months ago the discussions on the clinic were filled with doubt and despair. Concerns about staffing levels, wait times, lack of providers filled every conversation. Rumors of pending shutdown were floating around.

Yesterday, I instructed the company we had retained to search nationwide for health care providers to stand down. Between the locum tenens program (a mechanism to hire temporary medical assistance thru a national placement organization), our own staff, and word of mouth we are near full staffing. Wait times are well with reasonable limits. We have several medical doctors now on staff, supported by a number of nurse practitioners and physician assistants. Meanwhile, the other wellness center services, mental health, dental, KCS, are doing well. In fact, see article on national recognition of our KCS manager, Stormy Howell, in this edition.

you all to know that I really appreciate their patience as we worked out the staffing issues. Their dedication, especially when the days were the darkest and the temptation of hired pay at other jobs was strongest, they stayed with us. That is one of the clearest examples I can point to that demonstrate their commitment to the organization, and to the people they serve.

If you are one of those who sought care elsewhere during some of those harder days, consider taking another look at your clinic. May not be a race car, but definitely running on all cylinders.

Holidays – a reminder we are going into the Holiday season, which means holidays and office closures. And, this week, the council proclaimed Oct 8 as Indigenous Peoples Day, which added a new paid holiday for staff, so I thought you might like to see how services will be impacted over the next few months. Remember, this only applies to Tribal government functions, not the retail/enterprise/casino operations: Oct 8 – Indigenous Peoples' Day (coincides with Columbus Day) is a national and tribal holiday, so all Clinic – In case you haven't noticed, something is hap- offices will be closed and only essential services (law enforcement, skeletal crew for hatchery if needed) will be provided. Head Start, child care, social services, courts, and administrative buildings will be closed.

> Nov 11 – Veteran's Day (observed on the 12th) is a national and tribal holiday. All offices will be closed and only essential services (law enforcement, skeletal crew for hatchery if needed) will be provided. Head Start, child care, social services, courts, and administrative buildings will be closed.

Nov 22-23 – Thanksgiving (two - day holiday). All offices will be closed and only essential services (law enforcement, skeletal crew for hatchery if needed) will be provided. Head Start, child care, social services, courts, and administrative buildings will be closed. Decisions on office closures for the day after Thanksgiving will be addressed later.

Dec 25 – Christmas. All offices will be closed and only I have shared this with the staff at the clinic, but want essential services (law enforcement, skeletal crew for hatchery if needed) will be provided. Head Start, child care, social services, courts, and administrative buildings will be closed. Because Christmas day falls mid-week, decisions about office closures for the preceding Monday and the day after Christmas will be addressed later.



News

Please join us for the

Klallam Language Program

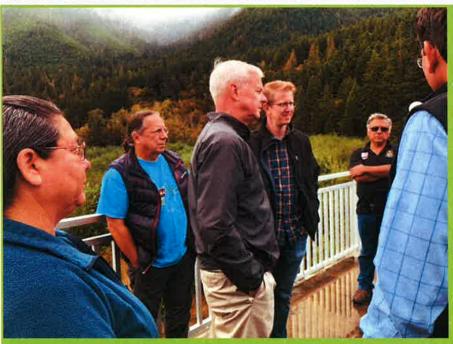
Community Dinner

Thurs. 10/11/18, 4:30-6:30pm in Dining Hall

The Klallam Language Program needs your input on what kind of language project you'd like to see in our community.

Please join us for dinner at 4:30pm, a group planning session on language program needs, and raffle prizes for all ages.

For more info contact Wendy Sampson (36)775-9434 or wendy.sampson@elwha.org



On a September 16, members of the LEKT Council and staff participated in Congressmen Derek Kilmer and Steve Womack's trip to the Olympic Peninsula as a part of the American Congressional Exchange Program organized by the Bipartisan Policy Center. Representative Steve Womack from Arkansas, Republican chair of House Budget Committee and co-chair of the eight-person Joint Select Committee on Budget and Appropriations Process Reform, joined Rep. Derek Kilmer. D-Gig Harbor to learn

Derek Kilmer, D-Gig Harbor to learn about the issues the Olympic Peninsula and Puget Sound face when compared

to his own district. ACE gives members of Congress the opportunity to visit colleagues of the opposite party in their districts with the goal of developing a shared experience to act, an avenue to build trust, and a foundation to find common ground. A van ride and tour up to the site of the former Glines Canyon Dam was part of the tour and a great way to spend a short visit to share particular issues facing tribes.



Education & Library

Our children at Dry Creek are learning and talking about.......



Change your words....

Change your mindset

Instead of," I made a mistake"... we can say, "Mistakes help me improve".

Instead of," I'm not good at this"...we can say, "What am I missing?"

Zones of Regulation.... ways I can

manage my feelings

I can take a big breath.

I can get a drink of water.

I can take a break.

https://zonesofregulation.com/index.html



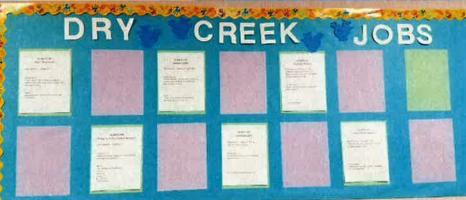
In our calming center our counselor, Laura Lilly, teaches our children how to manage their feelings!



The Calming Center



Ask your child if they have applied for a Dry Creek job? They just need to fill out an application. All children 2nd thru 6th grade may apply.

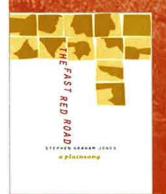


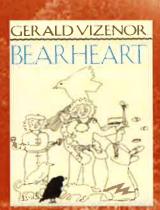


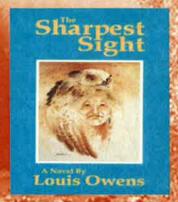
Fall has arrived and here are a couple of fun Autumn facts from our library collection of books!

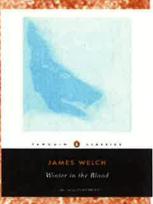
Did you know??

- * The yellow and orange colors you see actually always exist in leaves but they are overpowered by the abundance of green from chlorophyll. The amount of chlorophyll starts to decrease as the sun weakens and the days grow shorter. Red and purple leaves are only that color because of the presence of sugars and sap that are trapped within the leaves. These sugars provide plants with the energy they need to survive.
- *Many birds will prepare for their winter migration during the fall. The distance they can travel is impressive; the Arctic Tern travels 11,000 miles each way for its annual migration. That's no small feat.
- *There's no better feeling than being drawn into a good book while sitting by the fire, wrapped up in blankets with some hot chocolate. So, with that, here are a few book suggestions for you to curl up by the fire and read this autumn. Enjoy!









Library Services

Internet Services - Research & Internet Assistance

Computer Assistance

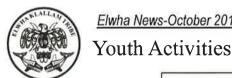
All type books (fiction, non-fiction, Native American, children, young adult, and reference)

Audio Books on tape or cd's

DVDs

Music CDs

We welcome you to come-in and browse, read, research, share a good story or post some interesting LEKT Community news!!



Healing of the Canoe Day Camp update

On August 27th we had a great opportunity to have a Healing of the Canoe day camp for youth ages 12 to 24. We spent the day together engaged in rich conversation about life and what our youth look for in their life's journey.

Healing of the Canoe (HOC) Curriculum is designed by local tribes, including Suguamish and Port Gamble S'Klallam Tribes, in collaboration with Alcohol & Drug Abuse Institute and the University of Washington. The HOC curriculum was designed with the intent to provide culturally grounded life skills to youth with the opportunity to develop skills to help them make choices that motivate positive actions, while avoiding the hazards of alcohol, tobacco and other drugs.

We started out discussing the metaphor of the canoe journey and how it can be applied to life's journey and learning about the importance of traditional protocols. Starting with the preparation for canoe journey, we looked at what it takes to get ready to attend and represent your people in a good way.

Preparing for a canoe journey, or life we will need: planning, communication, funding, timing, transportation, training, safety, mental/physical/emotional/spiritual preparation.

On our journey we will need: teamwork, family, friends, community support, elders, peers, mentors, teacher, and counselor -all could be represented as skipper, pullers, ground crew.

Community support the youth identified as a support or need: Tribal center open, youth advocate, 24/7 support/mentor/ counseling, shuttle, place to talk to someone "Safe place", Friday food bag, peer support, language and culture, elders, singers, dancers and protocols.

We discussed what our lives would look like if we were not being productive in our daily lives- they shared possibilities of: being homeless, no job, depression, suicide, no friends/support, sad, stressful, no culture, poor physical health, use of alcohol and/or drugs, no sleep, starve (no food). We also discussed what a productive daily life would look like: planning ahead, ask questions, learn, be involved, save money, have a job, and go to school, positive attitude.

Values our youth have expressed are of importance to them are:

Getting youth involved, keeping our language alive, treaty rights, respecting our elders, drug & alcohol free, provide for each other, and keeping our culture alive.

Here are ways our youth feel we all can strengthen our community:

Stay alcohol and Drug Free, Be involved in your culture, be kind, don't judge, be a leader, participate in activities, understand your treaties and rights, provide for each other, attend council meetings, be involved in Elwha Youth Council, leadership, sports, acting/modeling, school, conferences, canoe journey, learn about culture, learn our family trees, listen to your aunties and uncles or speakers on the floor, learn responsibility, build stronger relationships with other communities and work together.

A special thanks to our surprise guest speaker: Hereditary Chief of the Esquimalt Nation Edward Thomas. Your presence and humble words were an honor to all of us. há?nəŋ cən





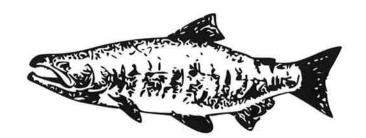
Natural Resources

Return of the First Salmon Ceremony 2018

It was an overcast morning, and a bit on the chilly side. The river was clear and quite low. While visiting with one of our younger tribal elders, a huge eagle soared across the river and went up towards the bluffs located on the west side of the river. More tribal elders, members, and staff began to show up and be part of the ceremony.

After the ceremony began, it was explained how the ceremony was reinitiated, and when. After a brief explanation, there was a request put forward for a prayer to be shared. After a song and prayer were shared by Luana Arakawa, all were invited to help weave the cedar boughs that had been gathered for the ceremony. Weaving of the boughs began, and many thanks to Tashena Frances, Melissa Gilman, and Little Joe Nathan. After 1 huge bough was woven, the four sets of remains were placed on the bough. It was awesome as there were two males and two females and recognizing how the creator wants all things in balance. There was a bit of time spent climbing down the steep river bank, as the winter floods have diminished the bank at the end of Elwha road. But eventually the bough was handed down to both individuals standing on the bank, and both placed the bough into the river and pushed it out as far as could be done without taking a swim in the river. After the release was completed, I walked down the trail to check with Sonny Francis and Mel Elofson who were working on the salmon counter. Both happily reported that the large bough had traveled around the bend and rapids and was approaching the lower mouth area. The Tribe would like to thank the following individuals for their assistance in making sure that the ceremony was a success. Thanks to Mel Elofson, Sonny Sampson, and Wilson Wells who caught the fish for the Tribe. Thank you Mike McHenry, Ron Bolstrom, Terry Stevens, Dennis Hagaman, Tashena Francis, Melissa Gilman, Joe Nathan, Luana Arakawa, and Bobby Charles. Thank you to all elders, tribal members, and other participants who came and supported the Tribe's effort to give thanks to the creator for our salmon and our mighty Elwha being restored. We appreciate all of you.

Many blessings to you and yours...
Rachel Hagaman on behalf of
Elwha Fisheries Committee





Elwha Health Clinic

LEHD Welcomes Back

Dr. Patricia McEachrane-Gross



By Keri Ellis, Health Administrative Coordinator, LEHD

The Lower Elwha Health Department is very proud to announce the return of Dr. McEachrane-Gross. She was welcomed back at the LEHD All-Staff meeting on 9/6/18 by health department employees, William White (CEO), and Frances Charles (Tribal Chairwoman).

Having such extensive clinical and administrative experience makes Dr. McEachrane-Gross a true asset to the tribe and its overall wellness goals. Among the many hats she's worn: Primary Care Physician, Active Duty Air Force Family Physician, Business Owner, Medical Director, Health Services Director, Executive Director, Co-Producer, Teacher, Researcher, etc. Dr. McEachrane-Gross has too many talents to list here! She also has very impressive educational achievements. One of her greatest gifts is her ability to connect with the people around her.

Dr. McEachrane-Gross has prior experience with the Lower Elwha Klallam Tribe as the Health Services Director from 2007-2010. She has been remembered fondly by past patients who are eager to re-establish care with her and is affectionately referred to as Dr. "Mc-G."

We will all be seeing more of Dr. McEachrane-Gross in the community and at the clinic. Please be sure to welcome her back warmly. We are very lucky to have such a caring and esteemed doctor choose us!



Health Department

Lower Elwha Health Department

Health Administrative Coordinator Updates

By Keri Ellis, Health Administrative Coordinator, LEHD

Positive Changes to Wrap-Up Fiscal Year 2018!



Greetings Lower Elwha Tribe community members! Exciting things are happening here at the Lower Elwha Health Department.

In our mission to keep communication transparent with patients, community members, and leadership, we would like to tell you about some of the great things taking place:

At the end of July, Dr. Matthew Whitacre returned as the Health Services Director. Dr. Whitacre has tackled some enormous tasks and helped them come to fruition in the short time he's been here. It has been wonderful to witness his enthusiasm and passion for healthcare being evidenced by results that are moving us in a very positive direction.

It was a relief to hire a couple locum tenens and know patients would continue receiving the healthcare they need. There is truly a shortage of providers, especially in rural areas. We owe many thanks to the Tribal Council for their willingness to explore these options and really partner with us in providing the care our community deserves. Our hands go up to you, Tribal Council!

We hired a locum, Jennifer Smith-Grady, ARNP. Jennifer has been a terrific provider. Patients are happy with the care and kindness they receive from her. Not only is Jennifer great at providing quality care, she is also an easy and comfortable fit into our workplace environment and community.

Rebecca Parker, ARNP was also brought on temporarily by Dr. Whitacre. Becca has been doing great, easing some of the workload our permanent providers had taken on during the times we were short-staffed. We are thankful to Becca for traveling here and also the others who stepped up and did more than expected.

JD Aldrich, RN has returned to work at the Clinic, taking on a variety of roles and responsibilities. Originally returning as Community Health RN, he's recently been transferred into the Nurse Manager position. We are excited to have JD's expertise back in-house. JD will continue to do partial Community Health outreach and duties as his schedule permits.

Dr. Patricia McEachrane-Gross was welcomed back as a locum provider and took on the additional responsibility of Acting Medical Director. Dr. McEachrane-Gross has earned tremendous respect from both community members and patients. She has extensive experience, both clinically and administratively. Her compassion and consideration for others is breathing new inspiration into the rest of us!

Joshua McCool, CDP has been added back to the Klallam Counseling Services team. We had missed Josh, his sense of humor, and his connection with clients. Josh's schedule consists of assessments so we can more easily get new patients in. This has been hugely successful since it frees up the other CDPs to see their established clients for more individual appointments. This type of quality care, convenience and attention is what sets KCS apart from the rest!

Joseph Silos was hired at KCS as the Patient Services Representative. Joseph was a great fit from the very beginning. He is helpful, willing to work hard to find answers, and knows exactly how to be a team player. Thanks for choosing us Joey, we are happy you're here.

Stormy Howell, KCS Treatment Program Manager was the recipient of a Local Impact award from the National Indian Health Board for Annual Heroes in Health. Stormy has been pioneering some integrative medical/chemical dependency efforts here at KCS and we look forward to seeing what she has in store for the future. If her first year is any indication, we can count on some huge successes from KCS. Stormy is pretty fantastic.

Dr. January Austin, ND has been moved to a full-time provider schedule. She has been such a blessing in Community Health. It's nice to have her seeing more patients, and she will also continue limited Community Health outreach projects.

As always, we are so thankful for leadership support. Thank you Frances, for always being here to help. Also, a big thanks to William White for your guidance. Stay healthy, my friends!



The Two Deaf Fisherman

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su? kwčánats ca ná?cú?, "txwéyn cxw?uč hiyá? u cxw hiyá? u cxw lácu."

su? qwáys cə ná?cu? "?áwə. hiyá? cən Xácu."

su? qwáys cə ná?cu? "o, naxčnín tə ʔaʔ či ʔənshiyá? Xácu."



Two deaf men were apparently going fishing. They met.

Then one hollered,
"where are you going?
Are you going?
Are you going fishing?"

The other one said, "no. Im going fishing."

The other one said,
"oh, I thought you were going fishing."



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HOLLERED

OH

FISHERMAN

FISHING



Klallam Language

OCTOBER 2018

SUH	MON	TUE	WED	THU	FRI	SAT
	1	Practice 4:30 p.m.	3	4	5	⁶ Crab Fest
7	8	Practice 4:30 p.m.	10	11	12	13
14	15	Practice 4:30 p.m.	17	18	19 Intertribal @Elwha 5:00 p.m.	20
21	22	Practice 4:30 p.m.	24	LEKT Hal- loween Par-	26	Halloween Jam @
28	29	Practice 4:30 p.m.	31			

LOWER ELWHA KLALLAM SONG & DANCE GROUP

Practice Every Tuesday (Oct. 2, 9, 16, 23 & 30) 4:30 pm in the dning hall Light snacks served.

Inter-tribal Klallam song and dance practice Friday, October 19th 5 p.m. in the dining hall Full dinner served.

-Volunteers for setup and cleanup always needed.
-Transportation home available upon request.

For more information call Wendy Sampson at 775-9434. Join our group on Facebook Lower Elwha Song & Drum Group

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Elders 1	Lunch Menu			
OCT 1 st	OCT 2 nd	OCT 3 rd	OCT 4 th	OCT 5 th
Hawaiian chick-	Beef enchilada	Tuna Fish Sand-	Burgers on WW	Pork stir fry
en sandwiches	Casserole with	wiches on WW	buns with condi-	Over brown rice
on WW buns	black beans	bread	ments and top-	Green salad
Coleslaw	Green salad	Veggie soup	pings	Fruit
Green salad	Fruit	Green salad	Sweet potato	
Fruit		Fruit	fries	
			Green salad	
			Fruit	
OCT 8 TH	OCT 9 TH	OCT 10 TH	OCT 11 TH	OCT 12 TH
Garlic Sesame	Clam Chowder	Chicken and	Lasagna with	Build your own
Chicken with	with HM WW	dumplings	garlic bread	sandwich on
Brown rice	rolls	Cauliflower	Green salad	WW bread
Asian style veg-	Green salad	Green salad	fruit	Potato Soup
gies	Fruit	Fruit		Green Salad
Green salad				Fruit
Fruit				
OCT 15 TH	OCT 16 TH	OCT 17 TH	OCT 18 TH	OCT 19 [™]
Pot Roast with	Salmon burgers	Black bean and	Creamy chicken	Cheesy taco
roasted root	with condiments	quinoa enchila-	and rice soup	WW pasta
veggies	On WW buns	da bake	with Brown rice	Tortilla chips
WW Rolls	Baked fries	(Vegetarian)	Garlic bread	and salsa
Green salad				
Fruit	Fruit	Fruit	Fruit	Fruit
OCT 22 ND	OCT 23 RD	OCT 24 TH	OCT 25 TH	OCT 26 TH
Chicken burrito	Baked fish	Indian Tacos	Braised beef	Roasted Turkey
bowls with	Boiled red pota-	Green Salad	with roasted	breast with
brown rice	toes	Fruit	veggies	Mashed pota-
W/Condiments	Broccoli		WW rolls	toes and gravy
Tortilla chips	Green Salad		Green salad	WW rolls
Green salad	Fruit		Fruit	Green salad
Fruit				Fruit
OCT 29 TH	OCT 30 TH	OCT 31 ST	NOV 1 st	NOV 2 nd
Cheese tortellini	Chicken adobo	Sloppy Joes	Ham and bean	Taco Salad w/
with Italian sau-	over brown rice	On WW bun	soup with WW	chicken and con-

Sweet Potato

Green salad

fries

Fruit

corn bread

Green Salad

Fruit

diments

chips Fruit

WW Tortilla

Asian style veg-

Green salad

gies

Fruit

sage and toma-

to sauce

Fruit

Green Salad



Elwha Health Clinic



FROM THE DESK OF THE WIC COORDINATOR/CHR-

ROBERTA KIMBERLY

What is the Women, Infant and Children Program (WIC)

The WIC office is located at the beautiful Lower Elwha Health Clinic. It would be a pleasure to work with you and aid you in the most important and joyous time of a women's life. We are here to give you support, nutrition education and help you to become a very healthy family. The Lower Elwha Health Clinic is proud to serve our families by providing WIC services.

WIC is here to assist you if you are pregnant, or recently given birth, or you have a child under the age of 5 years old. WIC provides at no cost to you – nutritious foods to supplement your diet, information on healthy eating, a Registered Dietitian, a Lactation Educator providing support and supplies, referrals to health care and Maternity Support Services.

WIC provides benefits for you and your baby during critical times of growth and development. The information you get from WIC will help you choose healthy foods for yourself and your family throughout your entire life. WIC encourages you and your children to get regular health care. Pregnant or breastfeeding women and infants need certain nutrients. What you eat can make a difference in your health and your baby's birth weight. Good nutrition also protects against many health problems.

WIC serves many low income families. The WIC checks will provide more than 3 gallons of milk, 1 pound of cheese, 2 cans of frozen juice, 1 dozen eggs, 36 ounces of cereal, 1 pound of beans or one jar of peanut butter, 1 pound of a whole grain food, and eight to ten dollars for fresh fruits and vegetables each month for each client.

WIC provides a Registered Dietitian, Marissa Pratt to answer all your nutritional and health concerns and Roberta Kimberly a Lactation Educator to provide support and equipment for all you breastfeeding questions and information. We would be more than happy to assist you and your family. WIC is here to help.

For more information call Roberta Kimberly at 360-452-6252 extension 7631.

I hope that you have a pleasant and enjoyable Thanksgiving Holiday with good people and good food. Warm thoughts and best wishes,

Sincerely, Birdie Kimberly

"Listen! The wind is rising, and the air is wild with leaves, we have had our summer evenings, now for October eves!" - Humbert Wolfe



LOWER ELWHA KLALLAM TRIBE

faffix's not all'ay'em "Strong People"

(960) 452-8471 Fax: (360: 452-3126

LOWER ELWHA HOUSING AUTHORITY TWO (2) BOARD OF COMMISSIONERS (BOC) VACANCY POSITONS OPEN.

> WRITE A LETTER of interest: TO TRIBAL COUNCIL TURN LETTER INTO ELAINE MCFADDEN

POSTED - Sign-up Sheet on 09/28/18

Open: September 28th Closes: October 12th. 2018



Klallam Culture

Drum Making Volunteers

We would like to give a very big shout out to those who volunteered during our Klallam Language Immersion Culture Class to make drums for our canoe journey give away. Especially to Lori Arakawa, Benie Black, Cheryl Charles, Tammy Hesshughes, Lorna Mike ‡ Patricia Osterberg.





















Klallam Language Immersion Class

Klallam Language Immersion Culture Class

-- October 2018 - Traditional Crafts--

<u> </u>	OCTOD.	LI ZVI	7 II U	ultiona	I Gluic	3-M
Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3	4	5	6
7	8 Class 4-6	9 Class 4-6 Drum Group	10	11	12	B
14	15 Class 4-6	16 Class 4-6 Drum Group	17	18	M Intertribal @ Elwha	20
21	22 Class 4-6	23 Class 4-6 Drum Group	24	25	26	27
28	29 Class 4-6	30 Class 4-6 Drum Group	31			

Monday & Tuesday 4-6 pm in the LEKT Dining Hall

☆─November 2018 - Calendar Making—☆

Wednesday & Thursday 4-6 pm in the LEKT Dining Hall

☆—December 2018 - Wool Weaving—☆

First two weeks of December 4-6 pm in the LEKT Dining Hall

For information contact Harmony Arakawa at: (360) 452-8471 ext. 7422 or harmony.arakawa@elwha.org

Summer Food program update! This summer we were able to serve 822 meals to children in our community! Thank you kitchen staff for all of your work and dedication to serving nutritious meals to our community!

September Highlights of the month:

Juliette Charles-Elofson has received her diving certificate will start diving with Kenny Elofson-Gilbertson.

Henry Cross is now employed with Lopez Construction! Join us in congratulating them on their success!

Lower Elwha Klallam Tribe Food Pantry News

The tribe's food pantry has been expanding its resources lately. We meet monthly with the area Peninsula Food Coalition. This has helped us to make new connections with various food sources. Here is a list of programs that the tribe's food pantry is now working with.

Emergency Food Assistance Program (EFAP) https://agr.wa.gov/foodprog/efap.aspx. This is through the state and where the food pantry funds come from.

The Emergency Food Assistance Program (TEFAP) https://www.fns.usda.gov/tefap/emergency-food-assistance-program-tefap. This is through the federal govt. This is what we get from OlyCAP towards the end of the months. The more we use, the more we will receive from them.

Food Lifeline. https://foodlifeline.org/. We order food from them weekly. Some items are donated and are free. Other items have a low cost. They deliver our order to Port Angeles Food Bank and we pick up and bring to the food pantry every Tuesday.

Port Angeles Food Bank. We sometimes receive extra food from them.

Sequim Food Bank. We will receive extra farm food from them in the future.

Forks Food Bank. We sometimes get extra food from them.

Wild Edge Farm. We buy some produce from them at the end of the month. They plant what we ask for. They deliver their fresh produce towards the end of the months.

Local farmers. We receive excess produce from local farmers, via the Port Angeles or Sequim Food Banks.

Gleaning. We work with Washington State University's local gleaning program to collect leftover or excess produce from farms. The gleaners keep some and the rest is donated to the food pantry or elder's program. Volunteer gleaners meet at the Social Services bldg. at 9am on Thursdays. Sign up first.

In the works

Northwest Harvest. http://www.northwestharvest.org/. They are similar to Food Lifeline, but they will deliver once a month and their food is mostly the more commonly used items. We are in the process of starting a partnership with them. They will also send product based on what we use. So, the more we use, the more we will receive from them also.

Commodity Supplemental Food Program (CSFP). This is sometimes called senior commodities. This is an over the age of 60 food supplement program that OlyCAP wants to start by early next year. We have been asking them to adopt this program in this area and soon they will. We want to be ready when they are.

Senior Farmers Market Nutrition Program. This is a free \$40 voucher that can be used in the Port Angeles Farmers Market downtown for produce for elders. This is a program that runs through OlyCAP, but only lasts from about May to September. We were late applying for vouchers our first time this year, but next year OlyCAP knows we want some of these vouchers.

Another food program

Food Distribution Program on Indian Reservations (FDPIR). https://www.fns.usda.gov/fdpir/food-distribution-program-indian-reservations-fdpir. Sometimes called "Commodities," with the big blocks of cheese. This is what STOWW (Small Tribes of Western Washington) delivers. Fill out individual applications at Social Services. Your household can receive this or SNAP (food stamps) program, but not both. STOWW delivers to homes (for now) and they have an order list. STOWW says you get more food through "commodities" than food stamps.

Elwha Police Department

Service Logs for L & O	Total
911 Hang-Up	4
Alarm/Alarm Check	9
Animal Calls	5
Arrest Warrant & Attempts	14
Burglary	2
Business Check	131
Burn Complaint	1
Citizen Assist	17
Citizen Contact	47
Civil	4
Community Oriented Policing	32
Court Paperwork/Service	12
CPS	1
Courtesy Transport	10
Disturbance	6
DUI	1
DV	1
Erratic Vehicle	1
Fishing/Forestry Violation	1
Follow-Up	17
Found/Recovered/Lost property	2
Fraud	1
Frequent Patrol Request	1
Junk Vehicle	2
Littering	1
Malicious Mischief	1
Mental/ITA	2

Misc. Info/False Reporting	10
Noise Complaint	2
Other Agency Assist	28
Prisoner Transport	5
Prowler/Vehicle Prowler	4
Runaway	1
Sex Offense/Monitor	1
Suicide/Suicidal	2
Suspicious Person/Vehicle	5
Theft	2
Threats	2
Traffic Control/Emphasis/Hazard	5
Traffic Stops	63
Trespass	3
Violation of Court Order	1
Vehicle Accidents	2
Vehicle Lockouts	3
Weapons Discharge/Violation	1
Welfare Check	10
Total	476

Arrests for August Kenneth Charles- DUI Leslie Huff-Violation of Court Order Mariesa Charles-Violation of Court Order James Jensen-Violation of Court Order Donna Sero-Violation of Court Order





Tribal Members Birthday List for October 2018

10/1	Lonnie Jay Charles	strom		ger		10/26	Brittany Elizabeth
10/1	Nicholas Charles	10/9	David Ramon Bol-	10/18	Valerie Ann Ramirez	Johnson	
Kasaka		strom J		10/18	Eli Scott Tipler	10/26 -Karrer	Rachel Erin Schaeffer
10/2 kley	Serena Leilani Bar-	10/9 sky	Jason Charles Kardon-	10/18	Jesse Clayton Vail	10/27	Levi Mitchell Charles
10/3	Daniel Charles Ben-	10/11	Cody Gene Bankson	10/19	Norma Verna Adams	10/27	Wesley Aaron Wilson
nett Sr 10/3	Luella Mae Charles	10/11 strom	Lucien Damian Bol-	10/19 yan	Jhene' Rose Launga-	10/28 Charles	Christina Martha Jane Bennett
10/3	Anthony Michael	10/12	Charles Eugene Mike	10/19	Kody Daniel Muck	10/28	Kirsten Ravae Charles
Francis		Jr.	C	10/19	Chelsea Faye Sanders	10/28	Jallicynn Rae-Brooke
10/4	Robert Lewis Charles	10/13 Chace I	Kenneth Lagrande	10/20	Jacqueline Michelle	Clark	,
10/4	Samantha Rose Daw-			Hodge		10/29	Thomas Henry Carter
son		10/13	Dale Foster Charles	10/20	Daniel John Romero	10/29	Frank Daniel Charles
10/4	Janet Marie Francis	10/13 Sampso	Christina Katherine	10/21 tinez	Oliver William Mar-	10/29	Benjamin Kenneth
10/4	Joleen Anne Svec	10/14	Darrell Wayne		T 11 D C1'CC 1	Charles	
10/4 liams	Molly Elizabeth Wil-	Charles		10/22	Janelle Ravae Clifford	10/30	Mary Stella Contreras
10/5	Nellie Francesca Glo-	10/14	Robert Joseph Reyn-	10/22 Gloria	Joey Anthony Ray	10/30	Alvin Charles Francis
ria	Neme Prancesca Gio-	olds,		10/23	John Joseph Gasper	10/30	Cydne Marie Moore
10/5	Caige Gregory Lovell	10/14	Terry Lynn Stevens	10/23	Maurice Pitchford	10/30	Margie Lee Sampson
10/5	Robin Lee Ryan	10/15	Dorene Rene Charles	10/23	Ariel Quinn Springer	10/31	Luana Lynn Arakawa
10/7	Crystal Carolann Dam	10/15	Joshua Lee Charles			10/31	Robert James Lee
10/7	Mario Joseph Launga-	10/15	Emily Deann Deason	10/23	Kiara Bree Springer	Francis	IV
yan	mano voseph Zaunga	10/15	Preston Earl Poirier	10/24	Kelsie Nicole Gish	10/31 rey	Joseph Anthony Tur-
10/8	William Michael Ben-	10/17	Carla Jo Elofson	10/24	Dennis R. Sullivan	103	
nett		10/17	Teyah Renee Elofson-	10/25 Runnin	Nicholas Orlando		
10/8 strom	Teagan Rylee Bol-	Cross		10/25	Maximus Xzavior		
10/8	Kaleenah Bri Holden	10/17	Melissa Ann Gilman	Sero	WIAMINUS AZAVIOI		
10/8	Jordynn Jennifer	10/17	Cathy Aileen Hervin	10/25	Jayden Michael		
Spence		10/17	Steve Duane Lauder-	Tejano			
10/9	Jesse Thomas Bol-	back	V 1 34	10/26	Paisley Jo Charles		
		10/18	Keeoma Lee Messen-				

Staff Birthday List for October 2018

10/2	Mike McHenry	10/12	Wendy Walsh	10/18	Debbie Hales
10/3	Jo Klinski	10/12	Shawn Harris	10/21	Darla Owens
10/6	Patrick Graham	10/13	Becky Shimko	10/21	Katrina Ayala
10/6	Nancy Hamilton	10/13	Hwey Lin	10/26	Kelsie Richie
10/7	Beatriz Blue Arakawa	10/15	Carolyn St James	10/27	Nick Boss





Announcements

Personnel Changes – finally, I had to bid farewell to one of my most treasured assets here recently. Sherry Curran, executive secretary for the last 9 ½ years, resigned to take a job with the City of Port Angeles. I will be launching the effort to refill the position, and am confident I can find someone with the skills and abilities, but I know I will not find another Sherry. She was my right hand and will be missed greatly. And be patient with me in the near future as I struggle to keep things afloat without her.

I am also feeling the full impacts from the retirement of COO, Tracey Hosselkus. Each morning, as I face the mountain of forms needing signature and approvals, I miss her. When trying to sort out complex issues, I miss her as a sounding board. I know none of us are indispensable, but in these two cases, their absence left a hole that is going to be hard to fill.

- Bill White, CEO



It Takes a Village

We have a beautiful land to be thankful for. The tribe continues to improve the houses and buildings. Our community is stronger than others because we get to live on this land together. We have an advantage most communities don't, we are closer. We see the same people, our neighbors, coworkers, family and friends around at gatherings or around town.

The celebrations our tribe puts on for us is not common for regular communities. In our gatherings we see the same people and are able to socialize with many community members. We can work together to raise our children as a village. Your children don't act the same way around you as they do in other settings, so make sure they know they need to listen to other community members. The adult may not always be right, so children should also know how to respectfully speak up for themselves.

Our ancestors sacrificed a lot for us to have this land and keep our cultural heritage alive. Respecting and appreciating our land and each other is something we can teach our children, and by doing this honor that sacrifice. When we have our gatherings the tribe provides food and gifts; cleaning up after yourself sets a good example and respects this beautiful land. By working together we can reduce liter that is left in and out of buildings

and teach our children to value our home.

The litter is something we as a community need to address and prevent. Teach your children that littering is disrespectful to or ancestors, tribal leaders, and community members. Let's take pride in what we have. Show mother earth the love she deserves.

Reminder: Elder's Meetings are every 3rd <u>Thursday</u> of the month.

Elder's cards can be picked up every 3rd Friday of the month. We'll be at:

Social Services from 9am—12pm, or at the Gathering Place from 1pm—2:30pm.

Anyone interested in fundraising for jackets should contact Leona at (360)452-8471 x7466 to find out how you can help!

It has been a busy summer for us at KCS! Here are some of what we have been up to.



Klallam Counseling Services is now on Facebook! Check us out and give us a like to keep up to date on news and events at KCS.

Joe Silos started in July as the KCS Patient Services Representative. Since starting at KCS, Joe has welcoming everyone as they walk through the front doors. If someone needs an appointment or has questions about services at KCS, Joe is the person to call. He is a great addition to the KCS team and we are excited he is here!





In August, KCS welcomed back Josh McCool into the position of Chemical Dependency Professional. Josh has stepped into the position of being the KCS assessment and intake CDP. When someone is seeking chemical dependency services, the first step is often getting an assessment to determine what level of care is most appropriate for that individual. With Josh in this new position at KCS, we have been able to dramatically reduce the wait time for people to get an assessment which also aids in getting people into services faster. This has been a tremendous asset to our clients and to the entire KCS program.

September was an important month for us at KCS as it marked

One year in our new building!





KCS

September was National Recovery Month. In recognition of National Recovery Month, and to celebrate our first year in our new building, KCS hosted a community event. This was a family friendly event that was open to everyone and included food, face painting, decorate your own cupcake, art projects and the highlight – a dunk tank where you could dunk your favorite KCS employee. The event was a huge success and we want to thank everyone that attended. We are going to make this an annual event and hope even more people will join us next year!



From Left to Right: KCS CDP Jessica Peterson grilling up some burgers, KCS Program Assistant Brandy Swan about to be dunked on the dunk take and a proud creation from the decorate your own cupcake table.

Also in September, KCS Treatment Program Manager, Stormy Howell, traveled to Oklahoma City to receive a Local Impact Award from the National Indian Health Board at the Annual Heroes in Heath Awards Gala. Stormy was nominated and selected by the Board of Directors of the National Indian Health Board to receive this award.

This award recognizes an individual or organization whose work has affected change or impacted health care on the local and or Tribal level

The nomination stated: "Stormy is a huge asset to the Health Department, tribal people, and members of the surrounding community. She's integrated health and wellness with chemical dependency treatment in a way that reaches those in active addiction and recovery. She's nurtured relationships with neighboring agencies, has credibility within the court system and most importantly, connected with the recovery community in a way that changes lives."









Announcements

Take Back Your Meds & Family Kick Ball Day

Keep Your Family & Community Safe!



Come enjoy a fun day of Family Kick Ball and other activities to raise awareness of the need for safe disposal of medications.

ccíləŋ' či ʔiyəm' nəxwðay'əm!

Stand Klallam Strong!

Did you know?

1 in 5 teens experiment with prescription drugs. 2/3 of teens who misuse pain meds get them from the home medicine cabinet, friends, and family.

Proper disposal of unused prescription and over-the-counter medicines, vitamins, and other items listed to the right helps to keep your family, community, and environment safe!

Come learn about Safe Use, Safe Storage & Safe Disposal. Info & resources available at the event.

This event is co-sponsored by the Elwha Tribal Police, Elwha Youth Coalition, Elwha Youth Recreation, and Elwha Strong Youth Drug-Free Initiative.

For more information, contact aleilah.lawson@elwha.org, 360.912.1560

Saturday,

October 27, 2018

10 am-2 pm

Billy Whiteshoes

Ball Field

Items Accepted

- Prescription Medicines
- ☑ Over-the-Counter Medicines
- ☑ Vitamins
- Pet medicines
- ☑ Medicated ointments & lotions
- ☑ Inhalers
- ☑ Liquid medicines in glass or leak-proof containers (up to 12 oz.)

GYM LOST & FOUND

Items will be donated to Goodwill if not claimed.





October Gym Calendar







Fall Spody Weekly Mini Campy

Tuesday - Volleyball

2:30-3:30pm

Thursday - Soccer (Field)

2:45-3:45pm

Friday - Flag Football (Field)

2:45-3:45pm

Mini Camp Breakdown

30 Min Warm up and Sport related training
30 Min Scrimmage Game
Mini Carros will an through October

- *Mini Camps will go through October*
- *Sunshine we'll be at the field*
 - *Rain we'll be in the gym*



TRIBAL DIRECTORY

Tribal Center

2851 Lower Elwha Road Port Angeles, WA 98363 360.452.8471

CEO William (Bill) White, Ext 7469 **CEO** of Enterprise Michael Peters,
Ext 7417

COO of Enterprise Linty Hopie, Ext 7438 **CFO** Froilan Sarmiento, Ext 7463

Accounting

3080 Lower Elwha Road Tonya Greene, Controller/Grants Administrator Ext. 7461 Jo Klinski, Employee Benefits Specialist 366-452-8471, Ext 7460

Cedar Box Smoke Shop

4779 S Dry Creek Road Isaiah Coley, 360.452.9250

Child Care

322 Stratton Road Deborah Hales, Ext 7471 360.452.3562

Education

Jessica Egnew, Ext 7425

Elwha River Casino

631 Stratton Road, 452.3005 Shawn Johns, General Manager

Elder Services

Leona McKinnon, Ext 7466

Employment Services/HR/TERO

Sandra Johnson, Ext 7429

Enrollment Services

Marilyn Edgington, Ext 7444

Facilities & Maintenance

Warren Stevens, Ext 7432

Gaming Commission

631 Stratton Road 360.452.5628 Elaina Begay

Head Start/Early Head Start 463 Stratton Road, 360.452.2587 Deborah Hales, Ext 7471

Health Clinic

243511 Highway 101 West 360.452.6252 Dr. Matthew Whitaker, Health Director

Heritage Center

401 E. First Street, 360.417.8545 Suzie Bennett, Ext. 2908

Human Resources

Lorinda Robideau, Ext 7430

Housing Authority

22 Kwitsen Drive, 360.457.5116

Information Technology

Ken Giersch, Ext. 7541

Justice Center/Tribal Court

341 Spokwes Drive 360.452.6759

Klallam Counseling Services

243613 W Hwy 101, Port Angeles Stormy Howell, 360.452.4432

Law & Order/Police Dept.

Justice Center, 341 Spokwes Drive Chief Jeffrey Gilbert, 360.452.6759 Ext 2922

LOWER ELWHA FOOD & FUEL

Isaiah Coley, 360.452.9250

Natural Resources/Fish Hatchery

760 Stratton Road

Matt Beirne 360.457.4012 Ext 7485

Planning & Development

Arlene Wheeler, Ext 7437

Prevention Health/GYM

Jason Wheeler, Ext. 7440

Social Services

3080 Lower Elwha Road Kelly Bradley 360.565.7252

BUSINESS COUNCIL



Frances G. Charles
Tribal Chairwoman, Ext. 7411



Russ Hepfer
Vice Chairman, Ext. 7412



Anthony Charles
Secretary/Treasurer Ext. 7415



Steve Joaquin Robideau Council Member, Ext. 7413



George Charles
Council Member, Ext. 7414



Halloween Safety

The Lower Elwha Community is safe for our children in day to day activities. There many reasons to Trick-or-Treat on the reservation. Our elders would love to see our children dressed up in their costumes. We would create less vehicle traffic on the very busy day. It's more meaninaful to get a compliment on a costume from people who are familiar and you are comfortable with.

As Halloween gets closer here are some things to keep in mind:

Have safety rules for your children such as be aware of surroundings, plan the route Always have a plan if your child gets separated from you or the group they are with Have comfortable shoes and warm clothes

Wear something reflective or glow sticks that can be seen by cars

Since there are a lot of houses on automatic lights outside there will be orange flags available at housing. Please place these flags at the end of your driveway if you want Trick-or-Treaters. Or Put this picture of a Jack-O-Lantern in your window!





Have a Safe and Happy Halloween!





Trick-or-Treaters Welcome!

Lower Elwha Klallam Tribe 2851 Lower Elwha Road Port Angeles, WA 98363

Change Service Requested

ELWHA NEWS Lower Elwha Klallam Tribe ?ə?+x^wə nəx^ws Xayəm

"THE STRONG PEOPLE"

The Elwha News is a monthly publication of the Lower Elwha Klallam Tribe to inform, educate and stimulate interest in the Tribe and community affairs. It also raises awareness and respect for the Reservation and its resources. For news articles, please send to the address below by the 18th of the month.

Phone: 360.452.8471 Fax: 360.452.3428

Upcoming Events:

10/8: Indigenous People's Day, Tribal Offices

Closed

10/11: Klallam Language Program Community

Dinner

10/22—10/26: Red Ribbon Week

10/25: Halloween Party

10/27: Take Back Your Meds & Family Kickball Day

10/30: Women's Health Day @ Clinic

10/31: Halloween



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Port Angeles, WA
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